

Official Newsletter of
Rotary Club of Manila

balita

ISSUE NO. 3994 | JANUARY 25, 2024



RCMANILA FOUNDATION, INC.

Kabalita

The Rotary Club of Manila has wisely created and formally registered a juridical entity, a foundation, which shall serve as a reliable arm for its fund sourcing activities to enable Asia's First Club to successfully prosecute and sustain its worthwhile projects. Since its creation, RC Manila Foundation, Inc. has indeed worthily served and continues to be the RCM boat's dependable oar as it continues to steadily navigate the vast seas of ministrations and service. A foundation of inspiration, that is what RCMFI is.



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PROGRAM TIMETABLE

25th Weekly Membership Meeting

Rotary Year 2023-2024
Thursday, January 25, 2024, 12:30 -2:00 PM
TURF ROOM, MANILA POLO CLUB

RCMFI DAY

Moderator: TREASURER KARLO EUGENE JOSEF CASTRO

PART I

12:30 PM	Call to Order	PRESIDENT RAFAEL M. ALUNAN III
	Invocation and Special Prayers	RTN./PRESIDENT WILFREDO PELIÑO
	Philippine National Anthem	AVP of RCM Members
	Manila Rotary Hymn	RCM WF Music Chorale
	The Four (4) Way Test	RTN./ASST. TREAS. MICHAEL ROXAS
	Welcome Song	RCM WF Music Chorale
	<u>RC Manila Birthday Celebrants for the week</u>	
	Jan. 20	Rtn. Butch Tamayo
		Rtn. Rocco Sarmiento
	Jan. 21	Rtn. Butch Alcantara
	Jan. 22	Rtn. Jop Esquivas
	Jan. 23	Rtn. Butch Campos
	Jan. 25	PD Abe Pascual
		Rtn. Paolo Magpale
		STAR Rtn. Toti Cortez
	Maligayang Bati / Happy Birthday Song	RCM WF Music Chorale



PROGRAM TIMETABLE

25th Weekly Membership Meeting

PART II	PRESIDENT'S TIME	PRESIDENT RAFAEL M. ALUNAN III
PART III	INTRODUCTION OF RCMFI CHAIRMAN	IPC JOSE NUÑEZ, JR.
	PT JOSELITO SIBAYAN CHAIRMAN, RCManila Foundation, Inc.	
	TOPIC: Current State of RCManila Foundation, Inc.	
	OPEN FORUM	TREASURER KARLO EUGENE JOSEF CASTRO
	PRESENTATION OF THE CERTIFICATE OF APPRECIATION	PRESIDENT RAFAEL M. ALUNAN III DGE JOAQUIN C. RODRIGUEZ, SR. Programs Committee Chairman
	PLAY THE RCM GOLF CUP VIDEO	
PART IV	RAFFLE DRAW	RTN./TRUSTEE ANTON MAURICIO TRUSTEE/PE EDUARDO ENRIQUEZ
	ADJOURNMENT	PRESIDENT RAFAEL M. ALUNAN III

EDITOR'S NOTE

Achieving foundational strength.

In various health and fitness articles, achieving foundational strength is often emphasized. Enthusiasts and those who frequent the gym to improve and/or maintain their physical fitness are reminded and guided to perform foundational exercises to get them stronger. "The foundational movements of an exercise program are the most basic movements you perform, but they're often parts of more complex movements or exercises too. Learning how to do these basic movements correctly can help prevent injuries and enable you to do more advanced movements as you get stronger." We are also told that "foundational weight training exercises serve as the basis for more advanced and challenging routines — mastering them will help you build strength and power, becoming the strongest, best version of yourself."

Based on the guidance and instructions of fitness trainers, it is quite clear that going back and doing basic exercises is how we improve foundational strength. Trainers, coaches and mentors are actually have lamented the tendency or trainees and athletes to forget the basics, and fall prey to suddenly jumping into advanced exercises and gimmickry.

Go back to the basics, they say.

Build your foundational strength, they say.

And how do we achieve this?

First, ensure mobility.



Raoul C. Creencia
Editor-in-Chief, balita

According to fitness gurus, "mobility should be a staple in everyone's program. Continually working to improve/maintain mobility will keep muscles and joints healthy and keep you training pain free."

Second, strive for structural balance.

It has been correctly observed that "one of the most common reasons for injury and pain is structural imbalance. x x x It is important that in the early stages of your training you set about correcting these imbalances."

Third, develop stability.

Stability in physical fitness parlance normally refers creating a solid position. Indeed, "whether you are squatting, dead-lifting or benching you are trying to create as much tension throughout your body so that you can hold a solid position under the load of the lift."

In fine, mobility, developing structural balance and stability play a key role in achieving foundational strength and physical fitness. But come to think of it, the same principles and learnings can actually and equally be applied towards achieving a healthy Rotary Club.

24th WEEKLY MEMBERSHIP MEETING: A RECAP

January 18, 2024



PROGRAM MODERATOR



PDG Vicente "Vince" Carlos served as the week's Program Moderator, who efficiently navigated the sequence of the meeting. The program commenced with him greeting and inviting Manila Rotarians and guests to be seated.

24th WEEKLY MEMBERSHIP MEETING: A RECAP

January 18, 2024

CALL TO ORDER



Sounding the bell, **Pres. Rafael "Raffy" M. Alunan III** called the 24th weekly membership meeting to order.

INVOCATION



With a beautifully composed prayer, **Rtn. Victor "Vic" G. Garcia** led the invocation, setting the tone for the meeting.

24th WEEKLY MEMBERSHIP MEETING: A RECAP

January 18, 2024

PHILIPPINE NATIONAL ANTHEM/RCM HYMN



Rotary Members and guests took a position of respect as they sang the Philippine National Anthem.

FOUR-WAY TEST



Rotarians were again reminded of their commitment to live by the Four-Way Test, with the recitation of this mantra led by **AS Rami Chahwan**.

THE ROTARY CLUB OF MANILA HYMN and WELCOME SONG



Manila Rotarians heartily sang the Rotary Club of Manila Hymn and the Welcome Song.

24th WEEKLY MEMBERSHIP MEETING: A RECAP

January 18, 2024

PRESIDENT'S TIME



President Raffy shared some uplifting news in regard to RCM's Mid-Year Report. According to him, out of the 12 governor's challenges and citations for the RCM at the start of the Rotary Year, 9 of them have already been met or accomplished. The remaining three challenges for the next six months revolve around reaching the target membership number of 250. Currently, there are 240 members. He added that if each member can bring in at least one potential member, RCM will achieve the target.

The Club President also mentioned the TRF goal of \$25,000.00 for the year, equivalent to \$100.00 per capita per member. He mentioned discussing this with AT Karlo Castro, who informed him that RCM has \$12-13k in the kitty, placing them halfway to the goal. For the remaining amount, RCM still needs 12 Rotarians to become Paul Harris Fellows; otherwise, 12 RCM members may continue donating to fill the gap.

Regarding the Rotary Citation, RCM has accepted 12 of the 17 citations and has already surpassed the requirements. RCM has achieved 13 of the 12 roles they accepted, exceeding expectations. President Raffy promised that RCM will continue striving to meet all 17 citations. He congratulated everyone in the meeting for achieving RCM's goals and thanked every member for their contributions.

Finally, President Raffy revealed that preparations are on-going for the forthcoming 105th year of RCM, which also marks RCM's Charter anniversary. Before concluding his speech, he disclosed the members of the Organizing Committee, viz: PDG Vince Carlos, PDG Alex Cureg, PDG Obet Pagdanganan, PDG Rudy Bediones, DGE Jackie Rodriguez, VP Reggie Yu, PE Jujut Enriquez, VPE Joel Valdes, Treas. PJ Garcia, and DE Rod Valencia.

24th WEEKLY MEMBERSHIP MEETING: A RECAP

January 18, 2024

INTRODUCTION OF THE GUEST OF HONOR & SPEAKER



BLA Raoul C. Creencia introduced the guest of honor and speaker, Ambassador of Thailand to the Philippines, H.E. Tull Traisorat.

GUEST OF HONOR AND SPEAKER



In his informative and animated speech, **H.E. Tull Traisorat** underscored Thailand's continuing desire to nurture the close relations between the two nations. He likewise emphasized his country's pursuit toward strengthening and expanding its economic and business activities in the Philippines.

24th WEEKLY MEMBERSHIP MEETING: A RECAP

January 18, 2024

OPEN FORUM



Amb. Tull Traisorat gamely responded to the thought-provoking questions of (below photos, from left) DE Rod G. Valencia, PP Freddie Borromeo (RC Makati), IA Nick Locsin, PD Beda Fajardo, and DGE Jackie Rodriguez.



24th WEEKLY MEMBERSHIP MEETING: A RECAP

January 18, 2024

TOKEN OF APPRECIATION



Pres. Rafael Alunan presented the club's token of appreciation to **Amb. Tull Traisorat**. Witnessing this are (from left) **BLA Raoul Creencia**, **DGE Jackie Rodriguez**, **AS Rami Chahwan**, and **Rtn. Vic Garcia**

ADJOURNMENT

After thanking the guest speaker and all attendees, and noting another well-conducted meeting, the weekly official gathering was adjourned by **Pres. Raffy Alunan**.

24th WEEKLY MEMBERSHIP MEETING: A RECAP

January 18, 2024

MEETING FELLOWSHIP





CLUB ADMINISTRATION

RCM Members' Attendance Report RY 2023-2024

JANUARY 2024	January 04, 2024 BSP GOV. ELI M. REMOLONA, JR.	January 11, 2024 CDC PRES. & CEO ATTY. AGNES VST DEVANADERA	January 18, 2024 THAILAND TO THE PHILIPPINES AMBASSADOR H.E. TULL TRAISORAT
MEMBERS PRESENT	64	50	37
MAKE UP ATTENDEES	8	6	31
EXEMPTED FROM ATTENDANCE	7	1	2
ON LEAVE	0	0	0
Total Active Members	65	55	66
Total # of Members	241	241	241
TOTAL ATTENDANCE %:	27%	23%	27%
ROTARACTORS	3	1	2
MEDIA	0	4	8
EMBASSIES / DIPLOMATIC CORPS	0	0	0
DG, DGE, DGN, PDG	0	1	2
GOHS / GS	3	3	2
Visiting Rotarians	0	0	0
Guests of RCM MEMBERS	20	7	3
TOTAL ATTENDEES	90	61	44



CLUB ADMINISTRATION

LIST OF ATTENDEES

1	Albaña, Michael Jaey C
2	Alunan III, Rafael M.
3	Carlos, Vicente J.
4	Castro, Karlo Eugene Josef M.
5	Chahwan, Rami
6	Chotrani, Johnny N.
7	Creencia, Raoul C.
8	Cureg, Alexander P.
9	Cutter, John Michael
10	Davis, Raymond N.
11	Eldebs, Issam
12	Fajardo, Beda G.
13	Garcia, III Victor G.
14	Go, Henry S.
15	Goco, Raoul Roberto P
16	Koh, Paul Anthony T
17	Locsin, Arsenio Z.
18	Lonzaga, Reinerio C.
19	Magsaysay, Francisco D.

20	Matschuck, Guenter Gerhard G.
21	Mauricio, Antonilo DC
22	Nolido, Ramon Alberto B.
23	Nones, Romeo C.
24	Nuñez, Jr., Jose A.
25	Obrado, Daniel Calzado
26	Pascual, Abraham F.
27	Peliño, Wilfredo M.
28	Pineda, Jr. Patricio F.
29	Reynolds, David J.
30	Rodriguez Sr., Joaquin C.
31	Serapio, Carlos G.
32	Sibayan, Joselito H.
33	Valencia, John Nico P.
34	Valencia, Rodolfo G.
35	Yu, Reginald Tieng
36	Simon, Juanito A.
37	Co, Val Constantine L.

CLUB ADMINISTRATION

LIST OF ABSENTEES

1	Aboy, Valentino G.	52	Dela Cruz, Joseph Emmanuel A.
2	Abriam, Ariel	53	Diokno, Benjamin E.
3	Acosta, Crispiniano G.	54	Dionisio, Rafael Ignacio S.
4	Agnes, Jerry A.	55	Domingo, Rico V.
5	Alberto, Raymund Arnold S.	56	Dominguez III, Carlos G.
6	Alcantara, Isidro C.	57	Dy, Manuel C.
7	Alday, Albert Singson	58	Echavez, Antonio V.
8	Alingog, Aldous A.	59	Egan, Brendan W.L.
9	Ampil, Alvin R.	60	Engelbrecht, Francois
10	Andal, Avelino L.	61	Enriquez III, Eduardo V.
11	Ang, Richard T.	62	Esguerra, Herminio S.
12	Angara, Marius	63	Esquivias, Joaquin Pablo A.
13	Aragon, Joshua Reuben	64	Eugenio, John Emyl G.
14	Arguelles, Pablo C.	65	Evaristo, Frank
15	Aventura Jr. Avenilo L.	66	Fernandez, Antonio Jaime Jose V.
16	Balanay, Aries B.	67	Flameño, Franco Martell Sacramento
17	Bartolome III, Arsenio M.	68	Follosco, Ceferino Jr. G.
18	Batur, Sinan	69	Garcia, Herbert Joey
19	Bautista, John Jr. I.	70	Garcia, Paul Joseph M.
20	Bediones, Rodolfo P.	71	Garcia, Theodore Q
21	Bella Jr. Geronimo P.	72	Gaspar, Fernando L.
22	Benedicto III, Bernardo T.	73	Gierran, Dante A.
23	Benedicto, Sixto T.	74	Go, Daniel C.
24	Bertelsen Bertel, Ingmar	75	Go, Michael G.
25	Bhalla, Pardeep	76	Gonzalez, Michael Raymond L.
26	Biltz, Olivier	77	Guarin, Michael Arcatomy H.
27	Blanco, Manuel M.	78	Guevara, Jr., Domingo S.
28	Bogovich, Jason M.	79	Guevara, Ricardo S.
29	Bolton, Wilhelm	80	Hallare, Jr., Delfin T.
30	Branellec, Jacques	81	Hallare, Nicolo S.
31	Buendia, Carlos C.	82	Hallerbach, Mathias
32	Caasi, Jr., Urbano S.	83	Harle, Wolfgang Kurt
33	Cabangon, Edgard A.	84	Hernandez, Edwin H
34	Cabuñag, Rogelio R.	85	Hesse, Uwe
35	Camat, Nathaniel	86	Hortaleza, Rolando B
36	Campos, Jr., Joselito D.	87	Ibuyan, Benedict Julius F.
37	Camus, Jose Fernando B	88	Jang, Jae Jung
38	Canon, Raul Jr. E.	89	Joseph, Ralph Lim
39	Carranceja, Arvin Arik B	90	Joseph, Robert Ian M
40	Catalan, Rodillo R.	91	Jucaban, Jeric J.
41	Cenica, John T.	92	Juico, Francis E.
42	Chien, Liang-Tah Steve	93	Kalaw, Teodoro Alejandro Y IV
43	Co, Ferdinand C.	94	Katigbak, J Alfonso Leonor
44	Coyiuto, Jr., Robert G.	95	Klebs, David
45	David, Virgilio	96	Kunack, Lutz H.
46	Dayang, Jr Juan E.	97	Lacambacal, Alvin D.
47	De Castro, Juan Arturo Iluminado C.	98	Lacson, Sebastian Arsenio R.
48	De Venecia, Jr., Jose C.	99	La'o Emilio, Gonzales
49	Del Rosario Sr., Oscar A.	100	Laurel, Ricardo P.
50	Del Valle, Randolph T	101	Laya, Jaime C.
51	Dela Cruz, Artemio F.	102	Lazaro, Juan Miguel G



CLUB ADMINISTRATION

LIST OF ABSENTEES

103	Ledda, Jaime Victor B.	154	Sarasola II, Jose Ma. I.
104	Lee, Richard L.	155	Sarmiento, Ricardo M.
105	Li, Richard Joseph Chang	156	Schmitz, Stefan
106	Liamzon Jr., Romeo Thaddeus R.	157	Schneider, Bernd
107	Lim, David Eduardo T.	158	Schoucair, Farid Alain
108	Lim, Richard	159	Sevilla, Luis Angelo L.
109	Locsin, Roberto R	160	Shimoda, Shigeru
110	Lopa, Antonio A.	161	Sicat, Michael Allan E.
111	Lopez, Antonio S.	162	So, Warren S.
112	Lopez, Arthur M.	163	Sobrepeña, Robert John L.
113	Macapagal, Michael T	164	Soler, Jose Antonio A.
114	Macatoman, Abdulgani M.	165	Stranathan, Ike Edward
115	Magbanua, Gerry P.	166	Syjuco, Jr., Jose A.
116	Magpale, Jose Paolo A	167	Tagaysay, Hector O.
117	Magsaysay, Jesus Vicente E.	168	Talampas, Jose Angel L.
118	Manalaysay, Cesar P.	169	Talusan, Ferdinand E
119	Mangalile, Senen T.	170	Tamano, Shalimar H.
120	Martinez, Ronald	171	Tamayo, Victor L.
121	Meloto Jr., Antonio	172	Tan, Eusebio V.
122	Mendoza, Estelito P.	173	Tan, John G.
123	Mendoza, Miguel	174	Tan, Lawrence Li
124	Mendoza, Raymund Joseph Ian O.	175	Tang, Jimmy T.
125	Mommaerts, Steve	176	Tanglao, Noel V.
126	Montel, Juan Manuel C.	177	Taylor-Dormond, Marvin
127	Mueller, Klaus	178	Tee, Teddy Jr. B.
128	Ocampo, Teodoro J.	179	Tejuma, Sham Michael
129	Ong, Jovee K.	180	Tillmann, Hansel Joseph Michael L.
130	Ong, Phillip L.	181	Uy, Ivan John Enrile
131	Ozaeta, Miguel Antonio L.	182	Valdes, Joel C.
132	Pagdanganan, Roberto M.	183	Valdez, Amado D.
133	Palacios, Albert C.	184	Valdez, Jason Rolando N.
134	Pallasigue, John Brian	185	Vazquez, Evaristo Jr.
135	Pañares, Ben Thomas P.	186	Villarica, Henry R.
136	Patterson, Colin David	187	Villegas, Raoul A.
137	Payumo, Felicito C.	188	Wombwell, Philip B
138	Pineda, Jr., Jesus M.	189	Yap, Enrique Y. Jr.
139	Pizaras, Jordan M.	190	Yu, Geoffrey C.
140	Preysler, Jr., Fausto R.	191	Yujuico, Brendon M.V.
141	Pujalte, Jr., Jose S.	192	Zaldarriaga, Felix Francisco S.
142	Quisumbing, Ramon De Jesus DP	193	Zeitouni, Nagi
143	Ramos, Claver P.	194	Zheng, Zhi Hao
144	Rast, Tobias	195	Zalcita, Xavier Y.
145	Recto, Philip H.	196	Zimmer, Christopher
146	Reyes, Crispino P.	197	Cortez, Lorenzo
147	Robertz, Constantine Franz Josef	198	Steley, Colin
148	Rodriguez, Gerard Sean	199	Yasushi, Iwata
149	Rodriguez, Joaquin Anthony H.	200	Nomura, Kazuhiro
150	Romualdez, Ferdinand Martin G.	201	Almelor, Manuel G. MD
151	Romualdez, Jose Manuel G.	202	Bello, Christian Cesar P.
152	Roño, Marlon R.	203	Lorenzana, Delfin
153	Roxas, Michael D.	204	Zosa, Rolando M.

CLUB ADMINISTRATION

List of Members Who Have Paid Their Annual Dues for RY 2023-2024

(As of January 24, 2024)

FULLY PAID

1	Aboy, Valentino "Val" G.
2	Abriam, Ariel
3	Acosta, Crispiniano "Cris" G.
4	Albaña, Michael Jaey "Mike"
5	Alberto, Raymund Arnold S.
6	Alcantara, Isidro "Butch"
7	Alday, Albert S.
8	Alingog, Aldous "Rex" A.
9	Alunan, Rafael "Raffy" M.
10	Ampil, Alvin R.
11	Andal, Avelino L. "Billy"
12	Angara, Marius
13	Aragon, Joshua
14	Arguelles, Pablo
15	Aventura, Avenilo, Jr. "Jun" L.
16	Balanay, Aries
17	Bartolome, Arsenio III "Archit" M.
18	Batur, Sinan
19	Bautista, John
20	Bediones, Rodolfo "Rudy" P.
21	Bella, Geronimo, Jr. "Jun" Dela Paz
22	Bello, Christian Cesar "Chris"
23	Benedicto, Sixto "Noy" T.
24	Bertelsen, Bertel Ingmar
25	Blanco, Manuel "Manny" M.
26	Bogovich, Jason M.
27	Bolton, Wilhelm "Bollie"
28	Branelec, Jacques
29	Cabangon, Edgard
30	Cabuñag, Rogelio R. "Roger"
31	Camat, Nathaniel
32	Campos, Joselito, Jr. "Butch" D.
33	Camus, Fernando "Nando"
34	Canon, Raul Jr. E. "Butch"
35	Carlos, Vicente "Vince" J.
36	Carranceja, Arvin Arik
37	Castro, Karlo Eugene Josef "Karlo"
38	Catalan, Rodillo "Teng"
39	Cenica, John
40	Chahwan, Rami
41	Co, Ferdinand
42	Co, Val Constantine "Val"
43	Cortez, Lorenzo Ruiz
44	Coyiuto, Robert, Jr. "Jun" G.
45	Creencia, Raoul
46	Cureg, Alexander "Alex" P.
47	Cutter, John Michael "Michael"
48	Davis, Raymond "Rey" N.
49	Dayang, Juan E. "Jed"
50	De Castro, Juan Arturo Ilumindo C. "Johnny"
51	De Venecia, Jose Jr. "Joe"
52	Del Rosario, Oscar
53	Dionisio, Rafael Ignacio
54	Domingo, Rico V.

55	Dominguez, III, Carlos "Sonny" G.
56	Dy, Manuel "Manny" C.
57	Egan, Brendan "Bren" W.L.
58	Eldebs, Issam "Sam"
59	Enriquez, Eduardo III "Jujut" V.
60	Esguerra, Herminio "Hermie" S.
61	Esquivias, Joaquin Pablo "Jop" A.
62	Eugenio, John Emyl "Emyl" G.
63	Fajardo, Beda G.
64	Fernandez, Antonio Jaime Jose V. "JJ"
65	Flameno, Franco Martell S.
66	Follosco, Ceferino, Jr. "Jun" G.
67	Garcia, Herbert Joey "Joey" D.
68	Garcia, Paul Joseph "PJ"
69	Garcia, Theodore Q. "Teddy"
70	Garcia, Victor III G. "Vic"
71	Go, Daniel "Danny" C.
72	Go, Henry Sy
73	Go, Michael Guy
74	Goco, Raoul
75	Guarin, Michael Arcatomy "Mike" H.
76	Guevara, Domingo, Jr. "Boy" S.
77	Guevara, Ricardo "Ricky" S.
78	Hallare, Delfin, Jr. "Jun" T.
79	Hallare, Nicolo "Nic" S.
80	Hallerbach, Mathias
81	Hernandez, Edwin
82	Hortaleza, Rolando
83	Ibuyan, Benedict Julius "Ben"
84	Iwata, Yasushi
85	Joseph, Ralph L. "Raf"
86	Jucaban, Jeric J.
87	Kalaw, Teodoro Alejandro IV "Teddy" A. Y.
88	Katigbak, Alfonso Leonor
89	Klebs, David
90	Koh, Paul Anthony
91	Kunck, Lutz H.
92	Lacambacal, Alvin D.
93	Lacson, Sebastian "Basty"
94	La'o, Emilio Gonzalez
95	Laurel, Ricardo "Ricky" P.
96	Laya, Jaime "Jimmy" C.
97	Lazaro, Juan Miguel "Miguel"
98	Ledda, Jaime Victor "Jet" B.
99	Lee, Richard "Dick" L.
100	Li, Richard Joseph Chang
101	Liamzon, Romeo Thaddeus "Thad" R.
102	Lim, David Eduardo Ty
103	Lim, Richard
104	Locsin, Arsenio "Nick" Z.
105	Locsin, Roberto R. "Boj"
106	Lonzaga, Reinerio "Ner" C.
107	Lopez, Antonio "Tony"
108	Lopez, Arthur "Art" M.



CLUB ADMINISTRATION

List of Members Who Have Paid Their Annual Dues for RY 2023-2024

109	Macapagal, Michael "Mac"
110	Macatoman, Abdulgani "Gani"
111	Magbanua, Gerry
112	Magpale, Jose Paolo A.
113	Magsaysay, Francisco "Paco" D.
114	Magsaysay, Jesus Vicente Enciso "JV"
115	Manalaysay, Cesar P "Citos"
116	Mangalile, Senen
117	Martinez, Ronald
118	Matschuck, Guenter "Gunter" G.
119	Mauricio, Antonilo "Anton"
120	Mendoza, Estelito "Titong" P.
121	Mendoza, Miguel "Mico"
122	Mendoza, Raymund Joseph Ian "Raji" O.
123	Mommaerts, Steve "Momo"
124	Montel, Juan Manuel C.
125	Nolido, Ramby
126	Nones, Romeo "Romy" C.
127	Nunez, Jose, Jr. "Pepo" A.
128	Obrado, Daniel C.
129	Ocampo, Teodoro "Teddy" J.
130	Ong, Phillip "Phil" L.
131	Pagdanganan, Roberto "Obet" M.
132	Palacios, Albert "Hans" C.
133	Pallasigue, John Brian "JB"
134	Pañares, Ben Thomas "Toby" P.
135	Pascual, Abraham "Abe" F.
136	Patterson, Colin David
137	Payumo, Felicito C.
138	Peliño, Wilfredo "Willie" M.
139	Pineda, Jr., Jesus "Susang" M.
140	Pineda, Jr., Patricio "Bebot" F.
141	Pizarra, Jordan M.
142	Preysler, Fausto, Jr. R.
143	Pujalte, Jose Jr. "Brix"
144	Quisumbing, Ramon "Mon" J.
145	Ramos, Claver P.
146	Rast, Tobias "Tobi"
147	Recto, Philip H.
148	Reyes, Crispino P. "Babes"
149	Reynolds, David John "Dave"
150	Rodriguez, Joaquin "Jack" H.
151	Rodriguez, Joaquin "Jackie" C.
152	Romualdez, Ferdinand "Martin"
153	Romualdez, Jose Manuel "Babe" G.
154	Roño, Marlon

155	Roxas, Michael D. "Mike"
156	Sarasola, II, Jose Ma. "Joey" I.
157	Sarmiento, Ricardo Manuel M. "Rocco"
158	Schimitz, Stefan
159	Schneider, Bernd
160	Serapio, Carlos G. "Caloy"
161	Sevilla, Luis Angelo "L.A." L.
162	Shimoda, Shigeru
163	Sibayan, Joselito "Lito" H.
164	Simon, Juanito Ayson
165	So, Warren
166	Sobrepeña, Robert John I. "Bob"
167	Soler, Jose Antonio Andaya
168	Souvlakis, Nicolas
169	Steley, Collin
170	Stranathan, Ike Edward "Ike"
171	Syjuco, Jose, Jr. "Joey" A.
172	Tagaysay, Hector "Chito"
173	Talampas, Jose Angel "Joel"
174	Talusan, Ferdinand "Inov"
175	Tamano, Shalimar "Shah" H.
176	Tamayo, Victor "Butch" L.
177	Tan, Eusebio "Ebot" V.
178	Tan, John G.
179	Tanglao, Noel V.
180	Taylor-Dormond, Marvin
181	Tee, Jr., Teddy B.
182	Tejuma, Michael "Mike"
183	Tillmann, Hansel Joseph Michael "Hansel"
184	Valdes, Joel C.
185	Valdez, Amado "Amading" D.
186	Valencia, John Nico "Nico" P.
187	Valencia, Rodolfo "Rod" G.
188	Vazquez, Evaristo Jr. "Junjie"
189	Villarica, Henry R.
190	Villegas, Raoul A.
191	Wombwell, Philip Brian
192	Yap, Enrique, Jr. "Rickie" Y.
193	Yu, Geoffrey C. "Geof"
194	Yu, Reginald "Reggie" T.
195	Yujico, Brendon M.V.
196	Zaldarriaga, Felix Francisco "Chito" S.
197	Zeitouni, Naji
198	Zheng, Zhihao "Jerry"
199	Zialcita, Xavier "Xavy" Y.
200	Zimmer, Christopher "Chris"

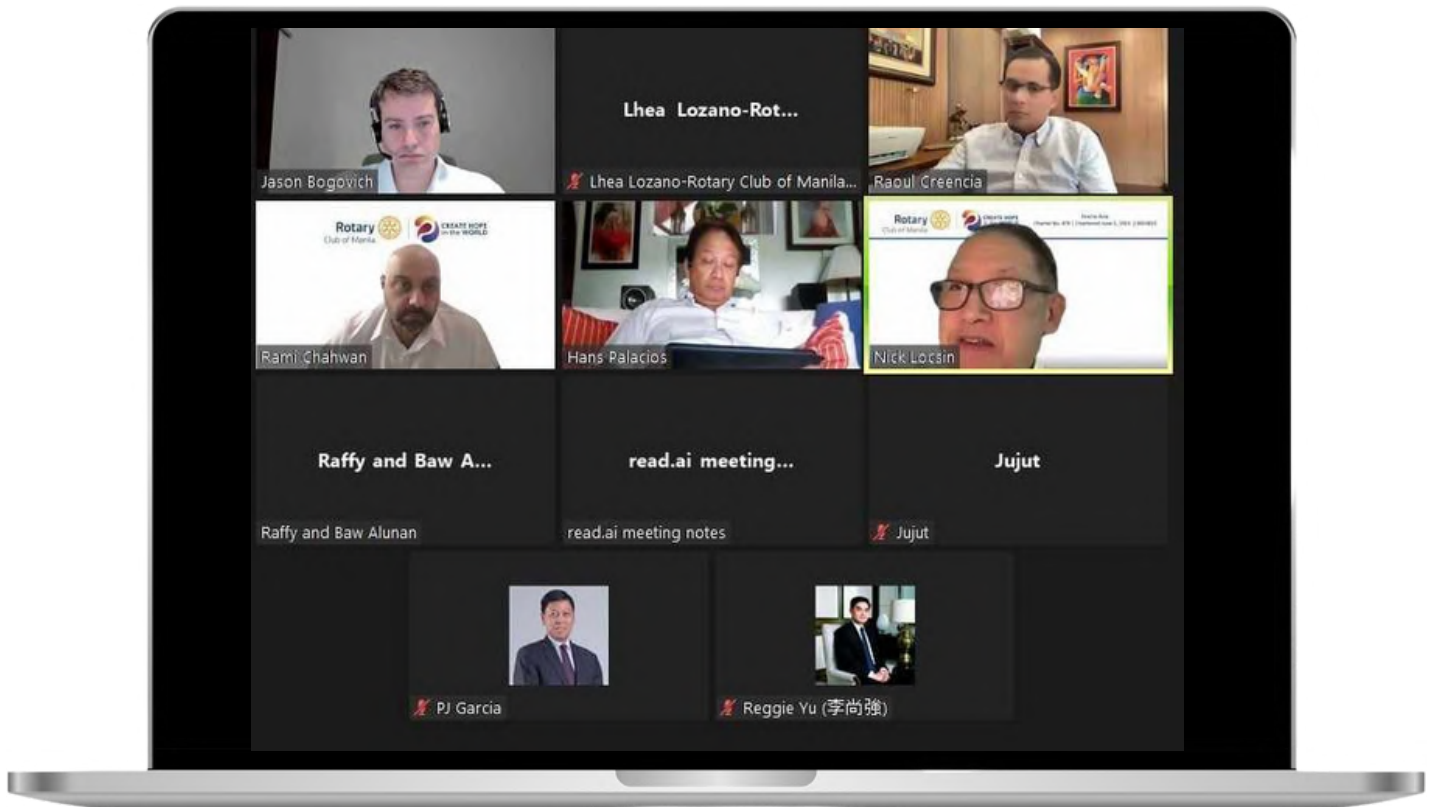
PARTIALLY PAID

1	Agnes, Jerry A.
2	Buendia, Carlos C. "Caloy"
3	Chotrani, Johnny N.
4	Dela Cruz, Artemio F "Art"

5	Dela Cruz, Joseph Emmanuel A. "Emman"
6	Tan, Lawrence Li "Lance"
7	Valdez, Jason Roland N.

CLUB ADMINISTRATION

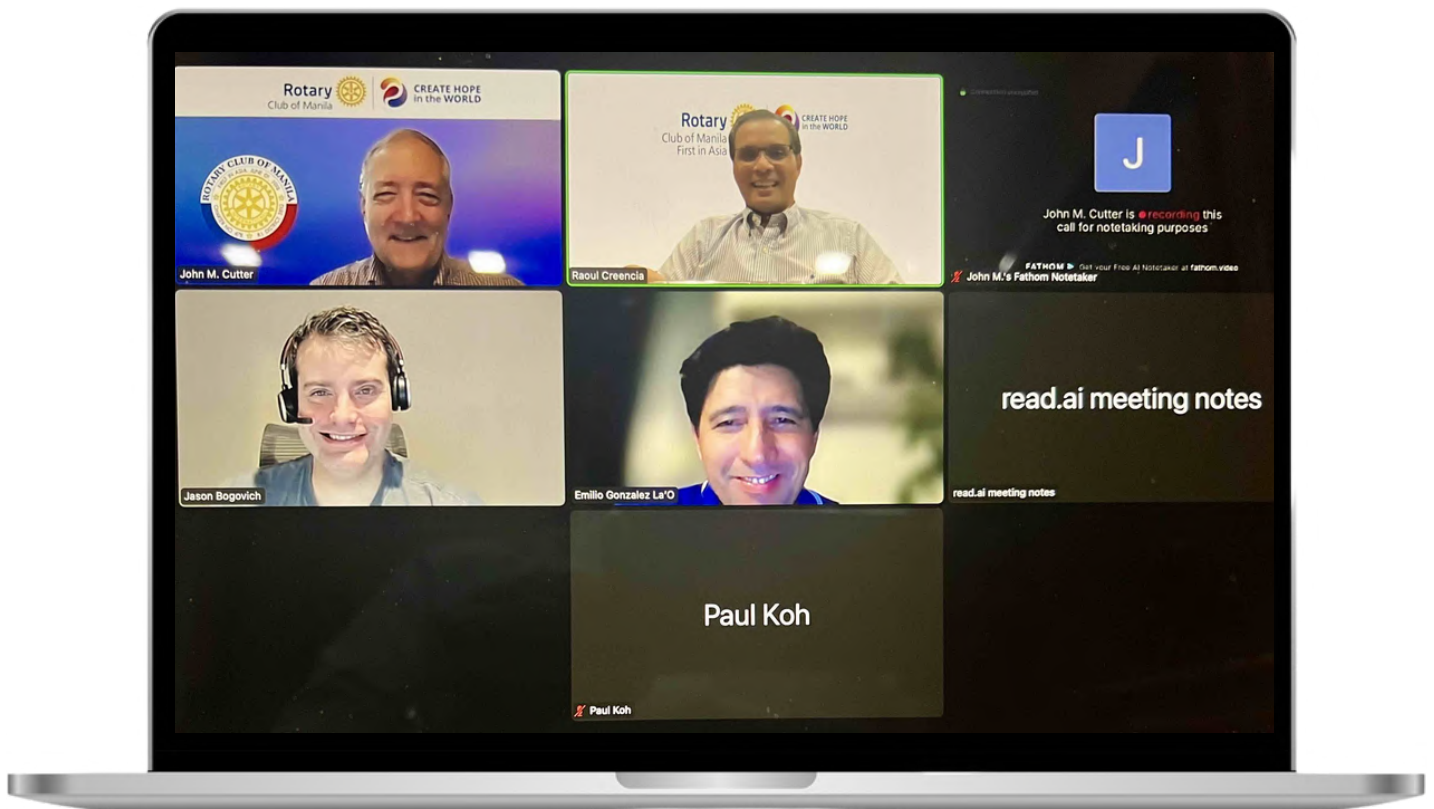
Executive Committee Meeting of the Board



The Executive Committee Meeting of the Board was held last Thursday, January 11, 2024, at 8 AM via Zoom. Present at the meeting were Pres. Raffy Alunan, BLA Raoul Creencia, AS Rami Chahwan, Dir. Hans Palacios, Dir./PE Jujut Enriquez, Treas. PJ Garcia, IA Nick Locsin, SAA Jason Bogovich, PT/Chair RCMFI Lito Sibayan and VP Reggie Yu.

CLUB ADMINISTRATION

Children's Cancer Care & Oral Hygiene Committee meeting



MATERNAL AND CHILD CARE

Food and Vitamin Distribution at Sta. Isabel Elem. School in Kawit, Cavite



Food and Vitamin Distribution at Sta. Isabel Elem. School in Kawit, Cavite, led by Rtn./Dr. John Cenica. Joining Rtn. John and his wife, Ms. Joan Cenica, are volunteer classmates from elementary (from left): Mr. Ruben Encarnacion, Ms. Irma Ibañez, Ms. Esper Olaz, Ms. Fe Filomeno, and Ms. Marlene Obtera.

This project benefited 600+ elementary and kindergarten students.

MATERNAL AND CHILD CARE

Food and Vitamin Distribution at Sta. Isabel Elem. School in Kawit, Cavite



MATERNAL AND CHILD CARE

Food and Vitamin Distribution at Sta. Isabel Elem. School in Kawit, Cavite



Rtn./Dr. John Cenica and Ms. Hazel Bernardo (Kindergarten Teacher), along with her kindergarten students, who are among the 600+ beneficiary students at Sta. Isabel Elem. School. They are part of the Food and Medicine distribution project of RCM, led by Rtn. John Cenica.



Joining also is Ms. Fem Lonzaga, wife of PD Ner Lonzaga

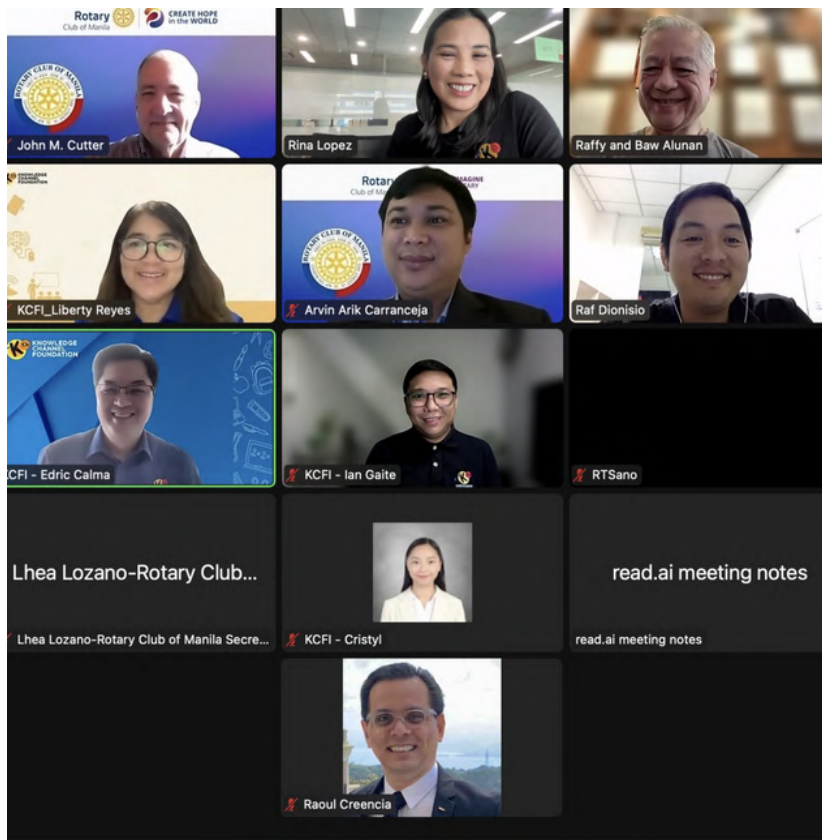
MATERNAL AND CHILD CARE

Food and Vitamin Distribution at Sta. Isabel Elem. School in Kawit, Cavite



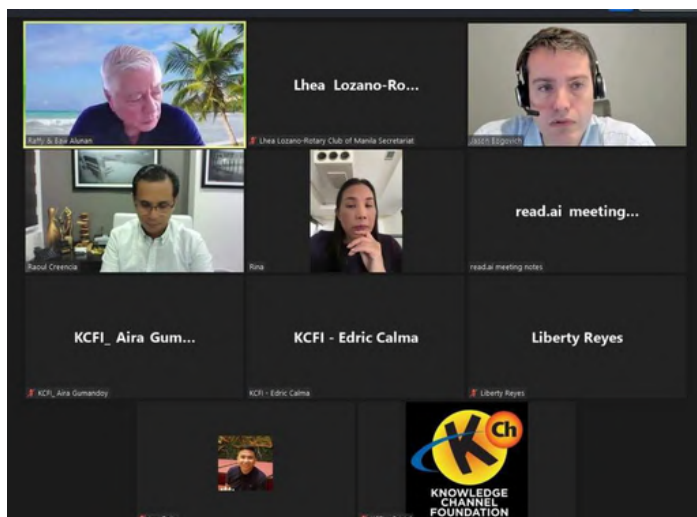
BASIC EDUCATION & LITERACY

RC Manila and Knowledge Channel Foundation Collaborative Meeting for Awareness Building & Education



Various committees of RC Manila held a meeting on January 19, 2024 at 10AM via Zoom to explore possibilities of collaboration with Knowledge Channel Foundation regarding Awareness Building and Education.

The attendees included RCM Pres. Raffy Alunan; Chairman of Disease Prevention & Treatment PD John Cutter; Vice Chair/SAA Jason Bogovich; Chairman on Water, Sanitation & Hygiene BLA Raoul Creencia; Economic & Community Development Chairman Rtn. Arik Carranceja; Chairman on Environment Rtn. Raf Dionisio; ABC Tech representative Mr. Renz Sano; and representatives from Knowledge Channel such as President and Executive Director Ms. Rina Lopez, VP Director of Operations Mr. Edric Calma, Resource Mobilization Manager Ms. Liberty Reyes, and In-charge of Context Productions Mr. Ian Gaite.



Status update meeting with Knowledge Channel Foundation held on January 23, 2024 via Zoom

WATER, SANITATION & HYGIENE

WASH Project Status Update Meeting



WASH Project status update meeting with school principals of Lakan Dula Elementary School and F. Benitez Elementary School in Tondo, Manila.

YOUTH SERVICE

Rotaract Clubs' Mid-Year Review



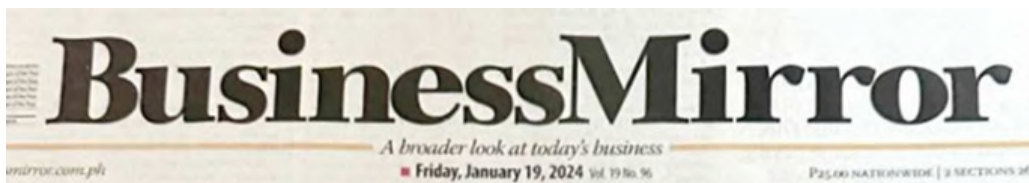
The Hope Creating Presidents of the three sponsored Rotaract clubs of the Rotary Club of Manila, namely the Rotaract Clubs of De La Salle University-Manila, Manila, and Pamantasan ng Lungsod ng Maynila, successfully delivered their mid-year reports last January 20 at the Children and Youth Center, Imus Cavite. The Mid Year Review is an avenue for the Rotaract Clubs of District 3810 to showcase their clubs' achievements during the last 6 months.

Standing, from left: HCP Angel Macasieb of RAC PLM, HCP Lene Wong of RAC DLSU, HCP Arvin Reyes of RAC Manila

Seated, from left: Rtn. Christian de Borja, Rtn. Erica Paywan-Florendo, DRR Raymart Cacho



PR NEWS CLIPPING



*Business Mirror | January 19, 2024
By Nonoy Lacza*



THAI ENVOY AT ROTARY Ambassador Extraordinary & Plenipotentiary H.E. Tull Traisorat of the Embassy of the Kingdom of Thailand to the Philippines receives a warm welcome from Rotary Club of Manila (RCM) President Rafael "Raffy" Alunan during the RCM's 24th weekly meeting held at Manila Polo Club in Makati City. NONOY LACZA

621 ■ CHINA 7.7836 ■ SINGAPORE 41.6623 ■ AUSTRALIA 36.6898 ■

PUBLIC IMAGE

Clark's investment prospects in focus at Asia's First Rotary Club

Published on Clark Development Corporation's Facebook page | January 19, 2024



Clark Development Corporation

January 19 at 12:06 PM · 🌐

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Clark's investment prospects in focus at Asia's First Rotary Club

MAKATI CITY – Clark Freeport's estate manager highlighted investment opportunities and prospects within the area at the Asia's first Rotary club.

At the recent Rotary Club of Manila meeting, Clark Development Corporation's (CDC) President and CEO, Atty. Agnes VST Devanadera, emphasized Clark's economic potential and its growing significance in the region.

In her address, Atty. Devanadera emphasized a shift from regulators to enablers within the regulatory framework.

"With all these developments from a regulator, we have decided that there should be a mind shift. From regulators, we should be enablers. We ensure that regulations are friendly, aiming to keep people, things, and processes in order."

Shifting the focus to the CDC's strategic approach, Atty. Devanadera added, "We did not go on road shows abroad. We did not aim for entirely new investors. Instead, the strategy adopted was to focus on existing locators. It is easier to attract them if they have had positive experiences with Clark, and indeed, many have expanded."

"Our emphasis is on inclusive growth. As we earn and as our locators prosper, our advocacy is to achieve inclusive growth. Therefore, one of our key focuses this year is the Corporate Social Responsibility (CSR) programs of our locators and Clark itself," Atty. Devanadera said.

The Rotary Club of Manila, led by its president and former Interior and Local Government Secretary Rafael Alunan III and renowned for hosting influential leaders, provided a platform for Atty. Devanadera to share insights into the CDC's vision and contribute to discussions on promoting sustainable growth in the region.



RECOGNITION CORNER

Joaquin "Quinito" Henson mentioned IPP Hermie Esguerra in his Philippine Star column as among the "generous and kind donors" for the *Pasko sa Enero* event.

10 hours travel for 'Pasko Sa Enero'

It took "Pasko Sa Enero" first-prize winner Luisito Vallo five hours to travel from Calasiao, Pangasinan to Starbucks Molito, Alabang to claim his P10,000 cash and a big bagful of goodies last Sunday morning and another five hours to go back home. But Vallo, a librarian in the municipal government, said the experience was worth the trip.

Vallo, 50, joined 18 other winners in the awarding of prizes that was capped by a raffle and an open-house treat at Starbucks. The only winner who couldn't attend was Zyrenn Irigayen from Tuguegarao, Cagayan. He couldn't find a representative to pick up his P3,000 cash and a bagful of presents. The cash has been sent to Irigayen by GCash and the bag by delivery.

Vallo said he first joined our annual Christmas contest in 2019. He's a big PBA fan who idolizes

Robert Jaworski and Terrence Romeo. For "Pasko Sa Enero" in partnership with the Philippine Sports

Commission, he correctly answered the three questions – Arvin Tolentino as the PBA Commissioner's Cup top local scorer; \$1 million as EASL's first prize for the current home-and-away inaugural season and Scottie Thompson and Jordan Clarkson as Arena Plus' endorsers. In the essay question asking his choice for the next Gilas coach and why, Vallo didn't name anyone and instead, described what type of coach the national team needs, leaving the selection to SBP. He said the next national coach should serve for at least a four-year term so there is continuity with a long-term program in place.

Several winners came from outside Metro Manila – Cavite, Quezon, Bulacan, Pampanga, Laguna, Bataan and Pangasinan. One winner

SPORTING CHANCE



By JOAQUIN M. HENSON

Raymond Bustamante is an OFW based in Saudi Arabia and was represented by his nephew Shawn. Another winner coach Kalvin Sangalang was in Laoag working as NBTC North Luzon Regional Championship commissioner and his wife Joanna came in his place. Everyone went home happy. We held a surprise raffle as a bonus and gave away a Molten official leather basketball, Boston Celtics T-shirt, Asics backpack and more. The Starbucks treat is now a tradition and we nearly cleaned out the food shelves.

Aside from giving away cash and prizes to the 20 winners, we will also donate P10,000 each to St. Jerome Emiliani and Sta. Susana Parish in Alabang, Sacred Heart of Jesus Parish in Cupang and Padre Pio Shrine in Sto. Tomas, Batangas. Additionally, we're scheduled to deliver a cartload of goodies to Casa Miani San Jose orphanage today.

This contest wouldn't have been possible without the support of our generous and kind donors – Philippine Sports Commission P50,000; PLOT Chairman Manny Pangilinan P20,000; sportsman Hermie Esguerra P20,000; Terrafirma P15,000; NorthPort P15,000; NLEX P10,000; TNT P10,000; POC president Mayor Bamol Tolentino (50 grocery packs); Rain or Shine (caps, shirts, umbrellas, tumblers); Phoenix (coffee press pots, jerseys); Ever Bilena (body spray, whitening papaya

FELLOWSHIP COMMITTEE

Fellowship Committee Gathering at Z Lounge



The Fellowship Committee celebrated the third Thursday of January (January 18, 2024) with an afternoon drink and some serious fun in preparation for the 1st Homeside socials hosted by PP Boy Guevara at the Z-Lounge, Edsa, Mandaluyong City. Those present were: Fellowship Committee Chair AS Rami Chahwan, Dir/PE Jujut Enriquez, Rtn Nico Valencia, Rtn Warren So, IA Nick Locsin, Dir Hans Palacios, DE Rod Valencia, Rtn Mike Roxas, and DGE Jackie Rodriguez.

FELLOWSHIP

Golf Committee Fellowship at Tagaytay Midlands



Golf Committee Fellowship at Tagaytay Midlands prior to the First Homeside Socials at PP Boy's residence in Ponderosa, Silang Cavite. Tee-off time started at 8:30 am on January 19, 2024. Present were Rtn./RCMFI Pres. Willie Pelino, Rtn. Romy Nones, PT/RCMFI Chair Lito Sibayan, Rtn. Warren So, BLA Raoul Creencia, Rtn. Ben Ibuyan, Rtn. Mike Roxas, Rtn. Toti Cortez, Rtn. Jop Esquivias, Rtn. Emman Dela Cruz, Rtn. Noy Benedicto, Rtn. Miguel Lazaro, Rtn. Nico Valencia, IA Nick Locsin, Treas. PJ Garcia, Sec. Edwin Hernandez, and Rtn. Micray Gonzalez. Other RCM Golfers were PT Pepo Nunez, Rtn. Ricky Guevara, PD Abe Pascual, PP Archit Bartolome, Rtn. Joel Talampas, and Rtn. Noel Tanglao.



FELLOWSHIP

Golf Committee Fellowship at Tagaytay Midlands



FELLOWSHIP

First Homeside Social for 2024

Hosted by PP Boy and Ann Monette Guevarra

January 19, 2024 | Ponderosa Leisure Farms, Silang, Cavite



FELLOWSHIP

First Homeside Social for 2024 Hosted by PP Boy and Ann Monette Guevarra



FELLOWSHIP

First Homeside Social for 2024 Hosted by PP Boy and Ann Monette Guevarra



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First Homeside Social for 2024

Hosted by PP Boy and Ann Monette Guevarra



FELLOWSHIP

First Homeside Social for 2024 Hosted by PP Boy and Ann Monette Guevarra



FELLOWSHIP

First Homeside Social for 2024 Hosted by PP Boy and Ann Monette Guevarra



FELLOWSHIP

Fellowship of RCManila Foundation, Inc.

Hosted by Chairman Lito Sibayan, President Willie Pelino, and IPC Pepo Nunez

The Bewy, 2289 Chino Roces Ave., Makati City | January 23, 2024



FELLOWSHIP

Fellowship of RCManila Foundation, Inc.





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