

Official Newsletter of  
Rotary Club of Manila

# balita

ISSUE NO. 3928 | AUGUST 11, 2022

## GUEST SPEAKERS



**RTN. JOSE "Brix" SICAT PUJALTE, JR., M.D.**

Medical Center Chief II  
Philippine Orthopedic Center  
Department of Health



**ROMEO LLOYD TROVELA ROMERO, M.D.**

Diplomate of the Philippine Board of Urology  
Fellow of the Philippine Urological Association  
Medical Specialist II,  
Casimiro A. Ynares Sr. Memorial Hospital

## KABALITA

To enable each Rotarian to serve and give the best of himself to his community, it is imperative to prioritize his health and wellness. When one is not in the pink of health, when one is constantly unwell, his vision of servant-leadership will be difficult to realize. The individual state of health of each Manila Rotarian invariably has a huge impact on the collective ability of the Club to accomplish its mission. Our bodies, like a garden, must be tended and taken care of. William Shakespeare in fact said that "our bodies are our gardens. Our wills are our gardeners." Let us thus exhibit the will to take care of our health, which is a state of body, and ensure our wellness, which is a state of being.



[www.rcmanila.org](http://www.rcmanila.org)

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# 6th WEEKLY MEMBERSHIP MEETING



## Rotary Year 2022-2023

Thursday, August 11, 2022, 12:30 PM

### *Program Timetable*

#### Part I

|                 |                                                               |                                                    |
|-----------------|---------------------------------------------------------------|----------------------------------------------------|
| <b>12:30 PM</b> | Registration & Zoom In                                        |                                                    |
|                 | Program Moderator                                             | <b>RTN. ROBI JOSEPH</b>                            |
|                 | Presentation of Meeting Protocol/<br>Zoom Meeting House Rules |                                                    |
|                 | Call to Order                                                 | <b>PRES. HERMINIO "Hermie" S. ESGUERRA</b>         |
|                 | Invocation and Special Prayers                                | <b>RTN. JOEY HERBERT GARCIA</b>                    |
|                 | Philippine National Anthem                                    | <b>AVP of RCM Members</b>                          |
|                 | RCM Hymn                                                      | <b>AVP of RCM WF Music Chorale</b>                 |
|                 | Philippine Rotary Hymn                                        | <b>AVP</b>                                         |
|                 | The Four (4) Way Test                                         | <b>STAR RTN. MICHAEL RAYMOND "Micray" GONZALEZ</b> |
|                 | Introduction of Guests & Visiting Rotarians                   |                                                    |
|                 | Welcome Song                                                  |                                                    |
|                 | RC Manila Birthday Celebrants for the week                    |                                                    |
|                 | RTN. HENRY VILLARICA                                          | August 5                                           |
|                 | RTN. RAY DAVIS                                                | August 5                                           |
|                 | SECRETARY EDWIN HERNANDEZ                                     | August 7                                           |
|                 | RTN. ROMY NONES                                               | August 9                                           |
|                 | RTN. JAPPY PASCUAL                                            | August 10                                          |
|                 | Sergeant-At-Arms NAGI ZEITOUNI                                | August 10                                          |
|                 | RTN. LUIS ANGELO SEVILLA                                      | August 10                                          |
|                 | Past Vice President FARID SCHOUCAIR                           | August 11                                          |
|                 | Maligayang Bati/Happy Birthday Song                           | <b>AVP of RCM WF Music Chorale</b>                 |
|                 | President's Time                                              | <b>PRES. HERMINIO "Hermie" S. ESGUERRA</b>         |

# 6th

## WEEKLY MEMBERSHIP MEETING



### Part II Introduction of First Speaker

Presentation

**RTN. ALVIN AMPIL**

**RTN. JOSE "Brix" SICAT PUJALTE, JR., M.D.**  
MHA CESE FPOA FPCS FACS  
Orthopedic Surgeon  
Medical Center Chief II  
**TOPIC:** CREAKY JOINTS and BRITTLE BONES

### Introduction of Second Speaker

Presentation

**STAR RTN. PAUL ANTHONY T. KOH, M.D.**

**DR. ROMEO LLOYD TROVELA ROMERO**  
DIPLOMATE OF THE PHILIPPINE BOARD OF UROLOGY  
FELLOW OF THE PHILIPPINE UROLOGICAL  
ASSOCIATION  
**TOPIC:** MEN'S HEALTH SPECIFICALLY ISSUES  
WITH PROSTATE AND ERECTILE DYSFUNCTION

Open Forum

Presentation of Certificate of Appreciation

**PRES. HERMINIO "Hermie" S. ESGUERRA**  
**IPD AMADO "Amading" D. VALDEZ**  
Programs Committee Chairman

Attested by:  
**SECRETARY EDWIN HERNANDEZ**

**2:00 PM** Closing Remarks and Meeting Adjournment

**PRES. HERMINIO "Hermie" S. ESGUERRA**



# GUEST SPEAKER'S PROFILE

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**RTN. JOSE "BRIX" SICAT PUJALTE, JR.**  
**M.D., M.H.A., C.E.S.E., F.P.O.A., F.P.C.S., F.A.C.S.**

**Orthopedic Surgeon  
Medical Center Chief II  
Philippine Orthopedic Center  
Department of Health**



- Fellow, Philippine Orthopedic Association 1997
- Fellow, Philippine College of Surgeons 1999
- Fellow, American College of Surgeons 2006
- Grade School & High School – La Salle Green Hills, 1976, 1980
- Pre-Medicine, University of the Philippines, Diliman 1984
- Medical School, University of the Philippines-Philippine General Hospital 1990
- Orthopedic Residency - Philippine Orthopedic Center 1994
- Master in Hospital Administration (MHA) Ateneo Graduate School of Business 1996
- Career Executive Service Eligible (CESE) 2008

## **Research and Clinical Fellowships**

- Shoulder Surgery, Nobuhara Hospital & Institute of Biomechanics, Hyogo Japan, 1995
- Total Joint Replacement, Hennepin County Medical Center, Minneapolis, Minnesota, USA 1996-97
- Spine Surgery & Total Joint Replacement, Nuffield Orthopaedic Centre, Oxford University, Headington, Oxfordshire, England 1998

## **Organizations & Government Positions**

- Rotary Club of Manila 1998
- Founding President, Philippine Shoulder Society 1997
- Founding Member, Philippine Spine Society 1995
- Member, Philippine Hip & Knee Society 2002
- President, Philippine Orthopedic Association 2009
- President, ASEAN Orthopaedic Association 2010
- Former Medical Columnist, Manila Bulletin "If Symptoms Persist" (1998-2021)

## **Academic Positions**

- Assistant Professor in Orthopedics  
Far Eastern University – Nicanor Reyes Medical Foundation (FEU-NRMF)  
Institute of Medicine (1996 -2007)
- Special Lecturer in Orthopedics  
UP Manila College of Allied Medical Professions (1998 -2006)
- Associate Professor and Chairman  
Department of Orthopedics, San Beda College of Medicine (2005-2009)

# GUEST SPEAKER'S PROFILE

## ROMEO LLOYD TROVELA ROMERO M.D.

**Diplomate of the Philippine Board of Urology  
Fellow of the Philippine Urological Association**



### Active Positions

1. Medical Specialist II, Casimiro A. Ynares Sr. Memorial Hospital - Present
2. Uroscopy, Chair/Editor-in-Chief, Philippine Urological Association

### Educational Background

|           |                                                                 |
|-----------|-----------------------------------------------------------------|
| 2008-2012 | University of Santo Tomas, Manila Graduate, Doctor of Medicine  |
| 2004-2008 | University of Santo Tomas, Manila Graduate, B.S. Sports Science |
| 2000-2004 | St. Mary's College of Quezon City Secondary Education           |
| 1994-2000 | St. Vincent School, Quezon City Elementary                      |

### Licensure

Physician Licensure Examination, August 2013

### Positions Held

- Chief Resident, VMMC Department of Surgery, Section of Urology - 2020
- Public Relations Officer, Philippine Urological Residents Association - 2020
- Executive Council, Philippine Urological Residents Association - 2019
- Liaison Officer, Post Graduate Internship, University of Santo Tomas Hospital - 2013
- Batch Representative, College of Rehabilitation Science Student Council, University of Santo Tomas - 2008
- Class President, Sports Science, University of Santo Tomas - 2008

### Training/Certification

- Urology Resident-in-Training, Section of Urology, Department of Surgery, Veterans Memorial Medical Center 2016 - 2020
- General Surgery Resident-in-Training, Section of General Surgery, Department of Surgery, Veterans Memorial Medical Center 2014 - 2016
- Southeast Asian Urology Residents Course - 2019
- Course of Observation at the Department of Urology of Binh Dan Hospital on PCNL, Ho Chi Minh City, Vietnam 2019
- Urodynamics Reader, Bristol Urological Institute, 2018 Asian Urology Residents' Course, Kyoto, Japan 2018
- Post Graduate Internship Program, University of Santo Tomas Hospital, 2012-2013

### Member Societies

- Philippine Urological Association
- European Association of Urology Member
- Société Internationale d'Urologie Member
- Philippine Medical Association
- Taguig Medical Association

# GUEST SPEAKER'S PROFILE

## ROMEO LLOYD TROVELA ROMERO M.D.

**Diplomate of the Philippine Board of Urology  
Fellow of the Philippine Urological Association**



### Research, Publications and Presentations

1. Partial Penectomy Performed in a Progressive Case of Penile Calciphylaxis (Video Abstract), R. Romero, MD, People's Choice, Best in Video Philippine Urological Association, 2020
2. The impact of COVID-19 Pandemic on Urology Residency Training Programs in the Philippines. RL. Romero, MD, DK. Koa, MD. ASJ. Uy, MD
3. Penile Calciphylaxis: 2 Case Reports and Review of Related Literature, RL. Romero, MD, M. Alpas, MD.
4. Inguinoscrotal Hernia of the Urinary Bladder with Cystolithiasis, A case Report. RL. Romero, MD. JE. Yadao, MD, BS. Blas, MD. ASJ. Uy, MD. Philippine Journal of Urology 2020
5. A Rare case of Mucinous Adenocarcinoma of the Bladder: A Case Report. RL. Romero, MD. RJ. Tuazon, MD. M. Alpas. MD
6. Single Institution Experience on Supine Percutaneous Nephrolithotomy, R. Romero, MD, KM Tan, MD, S. Sergio, MD. Unmoderated Poster Philippine Urological Association 2018
7. Supine PCNL in the Morbidly Obese, (Video) R. Romero, MD, EP. Madrona, MD, KM Tan, MD, S. Sergio, MD, M. Alpas, MD, People's Choice, Best in Video Philippine Urological Association, 2019
8. Male Lower Urinary Tract Symptoms in Correlation with age, quality of life scores, Parameters of Uroflowmetry and Prostate size, R. Romero, MD, KM Tan, MD, FPUA, M. Alpas III, FPUA, Presented as Poster at the Société Internationale d'Urologie, Athens, Greece 2019, Philippine Journal Of Urology 2019
9. Urethral Dilatation after Urethrotomy for Urethral Stricture : A VMMC Protocol, R. Romero, MD, KM Tan, MD, FPUA, M. Alpas III, FPUA, Presented as Poster at the Société Internationale d'Urologie, Seoul, South Korea 2018, World Journal of Urology 2018
10. Endourology Progress: Technique, Technology and Training, Eddie She-yin Chan, Tadashi Matsuda, Part 3, Chapter 31, Thulium: Yag Laser Resection for Benign Prostatic Hyperplasia, Co-Author

### Hospital Affiliations

- Allied Care Experts (ACE) Medical Center Quezon City
- Fatima University Medical Center Antipolo
- Marikina Doctors Hospital and Medical Center, Inc.
- St. Victoria Hospital
- Urology Center of the Philippines
- Veterans Memorial Medical Center

# PRESIDENT'S DIARY

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Dear Fellow Manila Rotarians,

It has been another productive week for the Rotary Club of Manila, and I am pleased to share that we are continuing to work on our community service projects. I am very proud of the work that our Club is doing, and I know that we are making a difference in the lives of those we serve.

I would like to encourage everyone to continue supporting our projects and invite others to join the Rotary Club of Manila. We are always looking for new members who are passionate about giving back to the community.

Meanwhile, here are some of the highlights from the past seven days' events and activities that I attended.



# PRESIDENT'S DIARY

## Rotary Club of Dasmarinas Cavite's 31st Handover and 32nd Induction Ceremonies (Wednesday, August 3, 5:00 p.m.)

I attended the 31st Handover and 32nd Induction Ceremonies of the Rotary Club of Dasmarinas Cavite. It was great to witness the Club officers and members work together to ensure a smooth transition of leadership.



# PRESIDENT'S DIARY

## **RCM RY 2022-2023 5th Weekly Membership Meeting** (Thursday, August 4, 12:30 p.m. to 2:00 p.m.)

I presided over the RCM RY 2022-2023 5th Weekly Membership Meeting. We had a Classification Talk by STAR Rtn. Michael Raymond "Micray" Gonzales while Sports Committee Chairman Nagi Zeitouni presented the Sports Program. We also conducted nominations for the RY 2023-2024 Board of Directors.



# PRESIDENT'S DIARY

## Meeting with Personnel Management Association of the Philippines (PMAP) (Thursday, August 4, 3:00 p.m.)

Personnel Management Association of the Philippines (PMAP) invited us to a Zoom meeting which was also attended by President Ellen Pulido, PP Lucy Tariela, Sarah Niguas (PMAP Manager for Research and Publication), Rene Gener (PMAP Executive Director) and Richard Mamuyac (PMAP Training Manager).

We discussed the following during the meeting:

1. Long-term partnership between PMAP and RCM. At the moment, our collaboration is only on an ad hoc basis and we would like to formalize it. Also, the TOWER Awards planning requires more time. We agreed to sign a Memorandum of Agreement (MOA).
2. PMAP plans to make a presentation to RCM on the other professional services and advocacies they are doing.
3. I informed them that the TOWER Awards will still be chaired by PP Susing Pineda and the ceremony will be held on April 27, 2023, as approved by the RCM BOD.
4. They will email us the proposed Partnership Agreement.

It was a productive meeting and we are looking forward to further strengthening our partnership with PMAP.

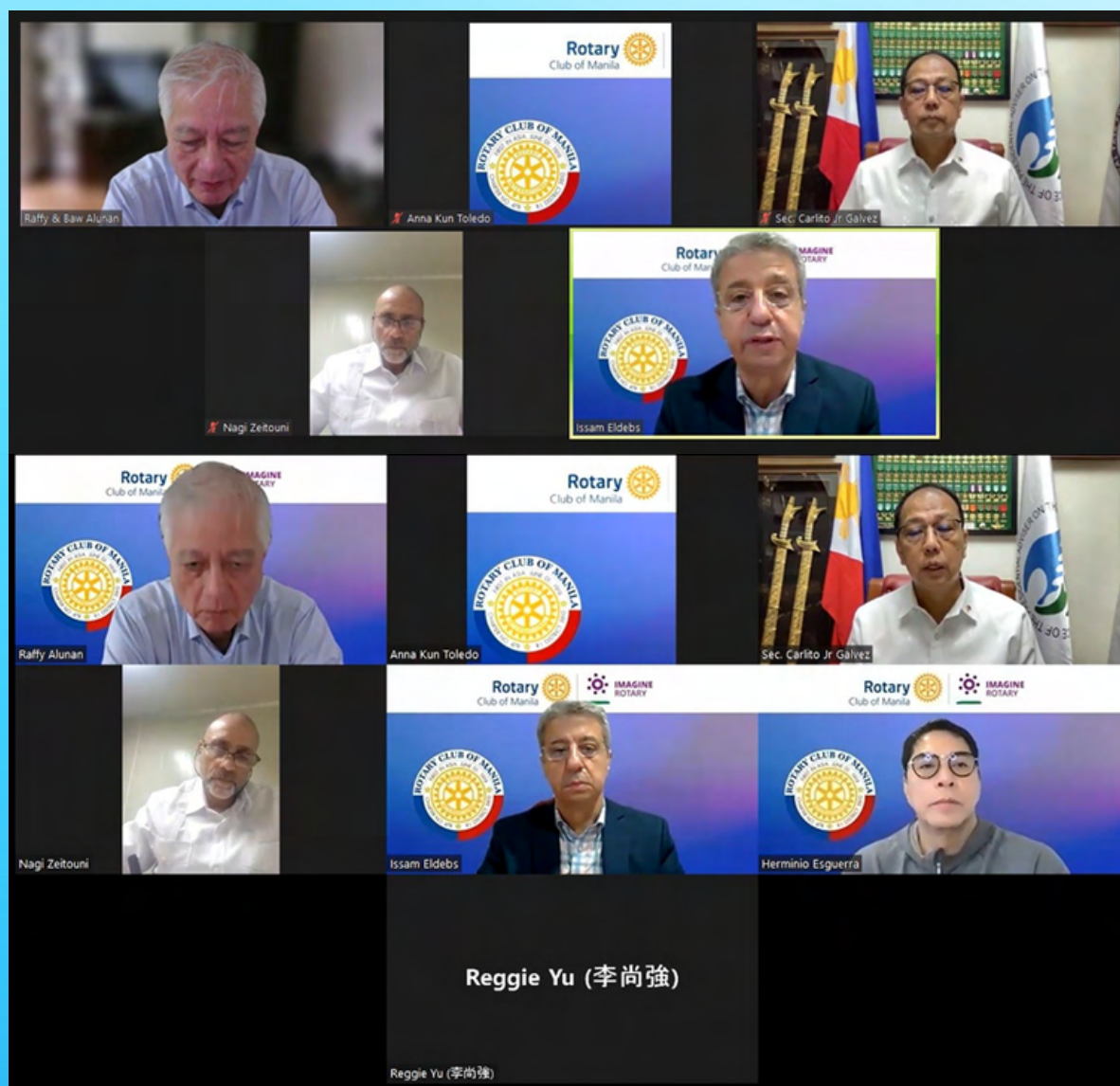


# PRESIDENT'S DIARY

## Peace and Conflict Resolution Committee Virtual Meeting

(Friday, August 5, 2:00 p.m.)

I attended the meeting of the Peace and Conflict Resolution Committee via Zoom with Hon. Secretary Carlito "Charlie" Galvez (Presidential Adviser on Peace, Reconciliation, and Unity). Also present during the virtual meeting were Dir. Raffy Alunan, Peace and Conflict Resolution Committee Chairman/PD Issam Eldebs and Co-Chairman/SAA Nagi Zeitouni.

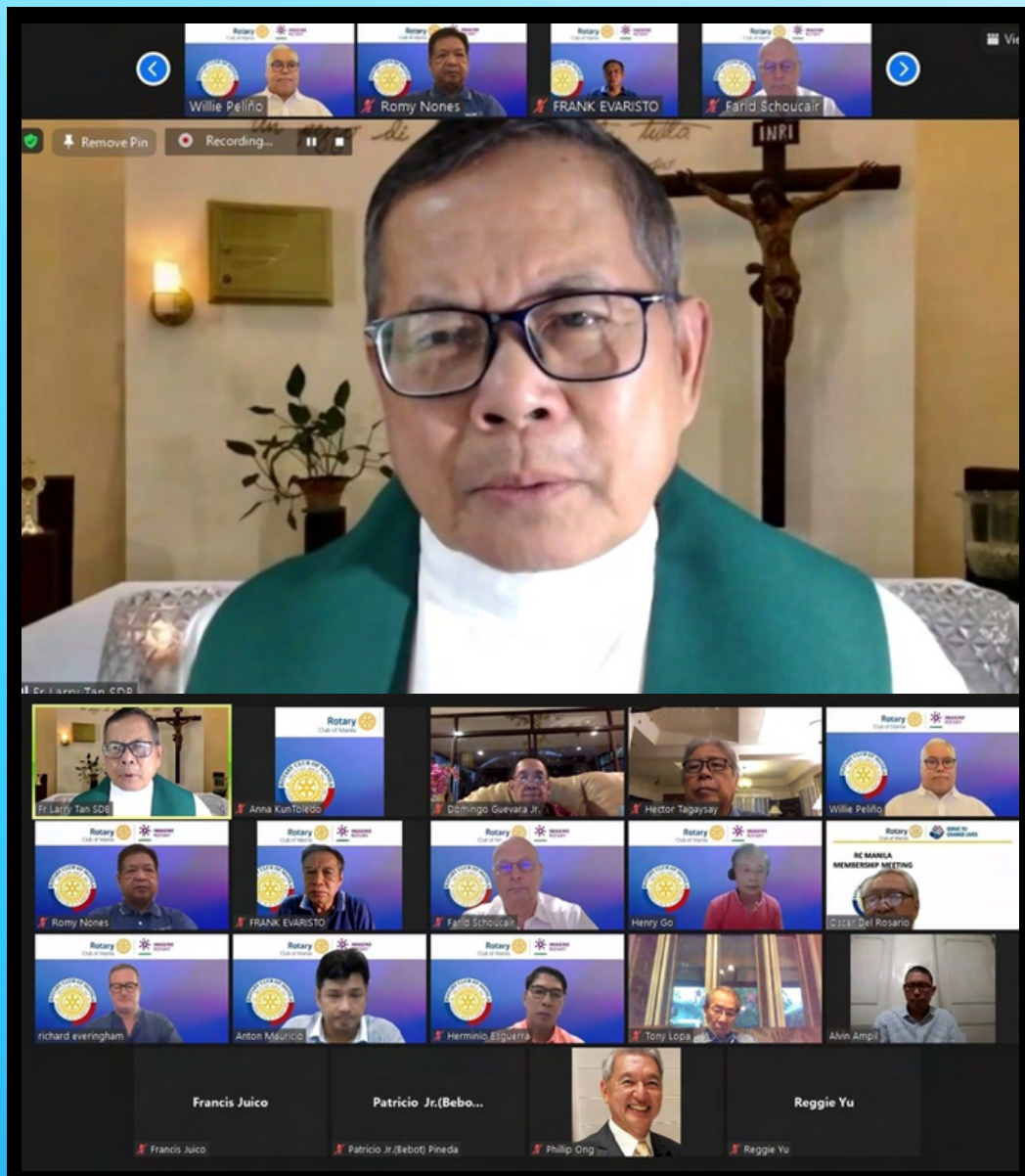


# PRESIDENT'S DIARY

## First Friday Mass for August 2022

(Friday, August 5, 5:30 p.m.)

The Rotary Club of Manila held the traditional First Friday Mass via Zoom, officiated by Rev. Fr. Larry Tan, SBD. I was in charge of reciting the Prayer for Spiritual Communion. Also present were PP Boy Guevara (Commentator), VP Reggie Yu (led the Intercessory Prayer), Rtn. Willie Pelino (First Reading and Responsorial Psalm), PVP Farid Schoucair (Prayer of the Faithful), Rtn. Romy Nones (led the Prayer for *Oratio Imperata*), PAS Henry Go (led the First Friday Novena Prayer), PDG Obet Pagdanganan, PP Frank Evaristo, PP Francis Juico, PD Oscar del Rosario Sr., PD Bebot Pineda, PD Phillip Ong, PT Chito Tagaysay, PDSAA Tony Lopa, Rtn. Alvin Ampil, Rtn. Anton Mauricio and STAR Rtn. Richard Everingham.



# PRESIDENT'S DIARY

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## **Memorial Service for Former Philippine President Fidel V. Ramos**

*(Saturday, August 6)*

Manila Rotarians attended the necrological service for Former Philippine President Fidel V. Ramos. I delivered the Opening Remarks and presented the Rotary name badge of His Excellency/ Rtn. Fidel "Eddie" Ramos to the family through his grandson.



*Members of Rotary Club of Manila with the grandsons of Former Philippine President/Rtn. Eddie Ramos: Patrick Ramos Jalasco and Samuel Ramos Jones*

# PRESIDENT'S DIARY

## Preliminary Meeting of the Economic and Community Development Committee (Monday, August 8, 9:00 a.m.)

I attended the preliminary meeting of the Economic and Community Development Committee. Co-Chair / PAT Marcus Dee and ES Anna Kun Toledo were present during the meeting.



## Rotary Information Committee Meeting (Monday, August 8, 2:00 p.m.)

I joined the Rotary Information Committee virtual briefing via Zoom for new membership invitees—Mr. Michael Roxas (Chairman & CEO, MOORE, Roxas, Cruz, Tagle and Co.) and Mr. Pablo Calles Arguelles (Sales and Marketing Manager - International Sales Head of Tabacalera Incorporada). Committee members present were Chairman/ PDG Obet Pagdanganan, PD Alvin Lacambacal, Rtn. Manny Blanco and Rtn. Romy Nones.



# PRESIDENT'S DIARY

## 22nd Induction and 21st Handover Ceremonies of RC Malate Prime

*(Monday, August 8, 2:00 p.m.)*

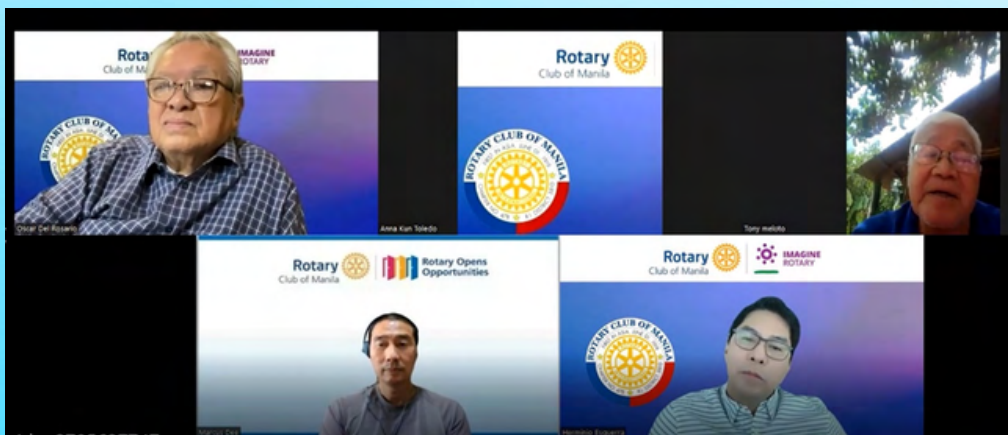
I attended the successful 22nd Induction and 21st Handover Ceremonies of the Rotary Club of Malate Prime at East Ocean Palace in Parañaque City. I congratulate PLP Roland Lim on his new leadership role and wish him all the best during his term.



# PRESIDENT'S DIARY

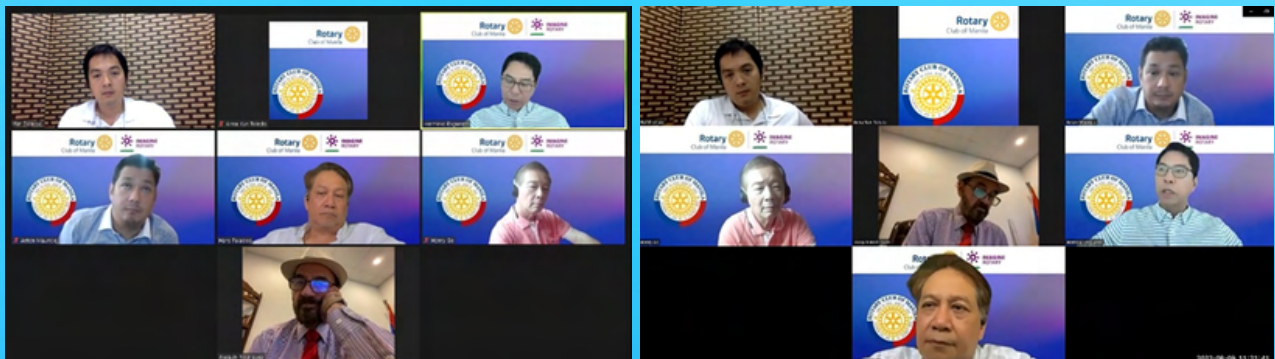
## Meeting of the Economic and Community Development Committee (Tuesday, August 9, 10:00 a.m.)

The Economic and Community Development Committee had another virtual meeting following our initial discussion last Monday, August 8. Also in the meeting were Co-Chairman/PAT Marcus Dee as well as PD Oscar del Rosario Sr. and Rtn. Tony Meloto.



## Meeting of Supporting the Environment Committee (Tuesday, August 9, 11:00 a.m.)

I attended the Zoom meeting of Supporting the Environment Committee, together with Dir. Hans Palacios (Director-in-Charge), DGN Jackie Rodriguez, PAS Henry Go, Rtn. Raf Dionisio and Rtn. Anton Mauricio.



# PRESIDENT'S DIARY

## RI District 3810 Monthly Meeting

*(Tuesday, August 9)*

The Rotary District 3810 monthly meeting was held at Conrad Manila. Club presidents and officers from across the district attended. We were trained to follow a template in reporting so that we are all organized in submitting our progress to the District, who then submits the reports to Rotary International. All Club Presidents reported their clubs' accomplishments during the meeting. It was also a memorable occasion as the District recognized some clubs and leaders for their achievements.



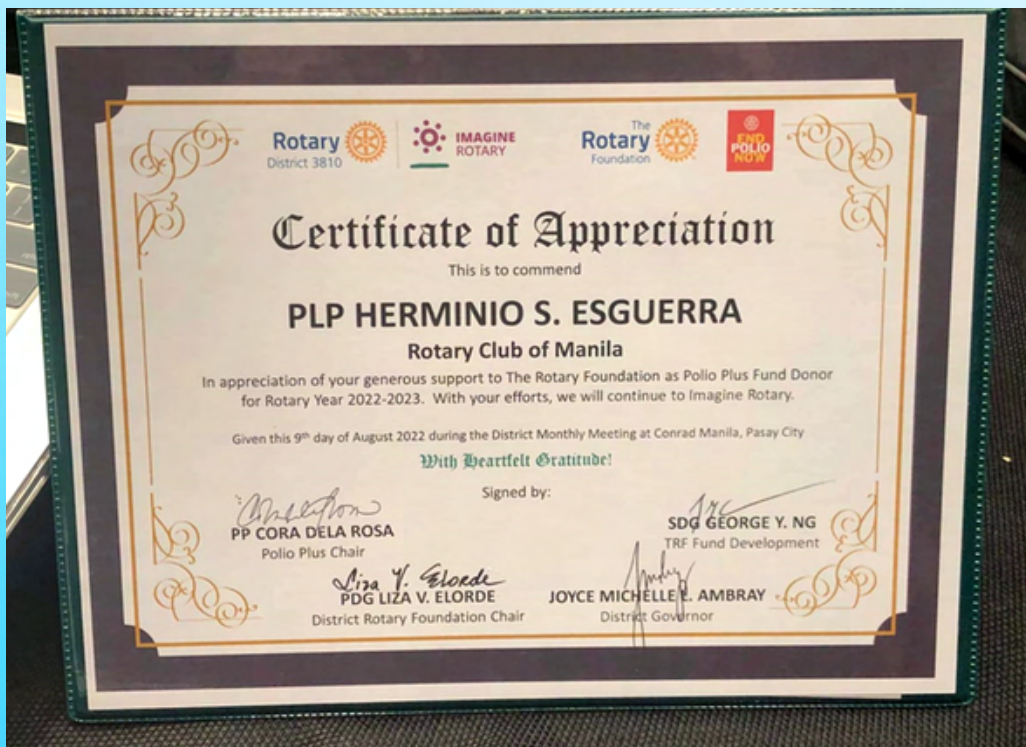
# PRESIDENT'S DIARY

During the event, the Rotary Club Manila received two recognitions: **(1) Achievement Award for its outstanding achievement in Membership Development as Top 3 in membership increase with a total of 9 new members for the month of July 2022** and **(2) Achievement Award for its outstanding achievement in The Rotary Foundation as Top 1 in Annual Fund Program ABSOLUTE for the month of July 2022.**



# PRESIDENT'S DIARY

I'm also honored to receive the **"Certificate of Appreciation in appreciation of your generous support to The Rotary Foundation as Polio Plus Fund Donor for Rotary Year 2022-2023"**.



I would like to thank everyone who has helped us achieve these successes. I look forward to seeing what we can accomplish together in the coming weeks and months.

Very truly yours,

Herminio "Hermie" Esguerra  
Phenomenal Leader President

# EDITOR'S NOTE

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*"Plan for what is difficult while it is easy,  
do what is great while it is small."  
— Sun Tzu, Art of War*

Last week's nomination of RCM directors for Rotary year 2023-2024 to me is a fascinating feature of the Rotary culture. Imagine, the Club is already in the process of choosing the leaders who will take its helm in July 2023. With more than nine months to go in the current Rotary year, we are already electing and prepping a new set of Manila Rotarians to take over the Club's leadership next year.



**Raoul C. Creencia**  
Editor-in-Chief, *balita*

This is preparation at its best. This is succession planning in action.

In the District level, we know that our very own DGN Jackie Rodriguez will be our District Governor in 2024. Yes, that is about two years from now. Yet, he is already undergoing all the training and other preparations for him to be fully ready for his one-year term as District Governor. DGN Jackie has more than two years to prepare for a one-year service as the Father of District 3810. More than two years preparation for a one-year term. This reminds me of what Abraham Lincoln said: "Give me six hours to chop a tree, and I will spend the first four sharpening the axe."

DGN Jackie will have ample time sharpening the axe, so when the time comes, chopping the tree can be done with facility and ease. The elected RCM officers for Rotary year 2023-2024 will also be doing the same thing in the coming months, before they formally assume office in July next year.

With all the time that they have, all of them will surely be best prepared when the time to actually "chop the tree" finally arrives. It is amazing that Rotary officers go through intense preparation and numerous trainings before they formally assume office. This shows the importance and value that Rotary puts in preparation. It is not surprising, therefore, that District and Club officers are fully ready once they assume their all-too-important roles as servant-leaders. There is, indeed, no substitute to ample preparation. Samuel Taylor Coleridge expressed it best when he said: "He who is best prepared can best serve his moment of inspiration."

# FROM DISTANT SHORES

**STAR Rtn. Senen T. Mangalile**  
Managing Editor, balita



## *What's in a Name?*

Travelling back from Locarno to Bern on the A2, my eye was caught by an exit sign for the municipality of Niederbipp. As the purpose of my trip to Locarno was to meet Film Development Council of the Philippines Chair Tirso Cruz III, popularly known in his matinee idol days as Pip, finding a town named "Lower Pip" made me smile. It also made me wonder if there is an "Upper Pip" somewhere, and true enough, a few kilometers later there was an exit sign for the municipality of Oberbipp. Apparently the two places were first referred to as Pippa in 968 AD.

One of the many pleasures of travelling is discovering interesting towns and cities that are hardly mentioned in travel guides. Some of these places' names are themselves interesting. Take for instance these places in Scotland that are off the beaten track: Twatt, Peiness and Butts Wynd. But these would not hold a candle to Hell, Norway (a very cold place most months of the year); Bumpass, Virginia; Titty Hill, England; or Anus, France. In Pennsylvania, there is a village named Intercourse; if you miss it, you'll end up at Blue Ball, which is a mere 7 miles away.



*Meeting the one and only Kuya Pip to Ate Guy at the 75th Locarno Film Festival.*

# FROM DISTANT SHORES



In Austria, a village just 33 km north of Salzburg decided to change its name to Fugging because English-speaking tourists, finding the old name too funny, frequently stole the street signs which cost €300 each to replace. Local authorities decided to weld the street signs to the steel posts to prevent theft, but some visitors who found that they were unable to take the signs home then decided to get photographed doing the act in front of the signs. The village's small population, fed up with these antics, decided that from January 1, 2021, their village will henceforth be known as Fugging, notwithstanding the fact that it has been named Fucking for over 1,000 years. Meanwhile, there is no word yet of a possible name change to the neighbouring villages of Oberfucking and Unterfucking.

*A street sign in northern Austria  
(Photo from Wikimedia Commons)*



*The James Pringle Weavers shop in Wales with the English translation of the village's name.  
(Photo uploaded by Adriaio on the Portuguese version of Wikipedia)*

# FROM DISTANT SHORES

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Tourists taking the London Underground would have noticed an East London station named Barking. If they head towards North London, the Piccadilly Line takes them to a place called Cockfosters. And if they are to venture all the way out to North Wales by rail, they can stop at the Llanfairpwllgwyngyllgogerychwyrndrobwlantysiliogogogoch Station, the longest station name in Britain, located in the Welsh village with the longest name. Of course, claims that there are more letters in its name than residents are wildly exaggerated. In fact, Llanfairpwllgwyngyllgogerychwyrndrobwlantysiliogogogoch is big enough to be politically divided into two districts: Llanfairpwllgwyngyllgogerychwyrndrobwlantysiliogogogochuchaf for its upper and older district, and Llanfairpwllgwyngyllgogerychwyrndrobwlantysiliogogogochisaf for its lower district. One can only wonder how residents could cram all these letters when filling out forms.



One does not have to venture too far to find interesting names. In Pampanga, the smallest municipality had been called Sexmoan for centuries, a name which meant nothing at all during Spanish times but became laden with innuendo after the Americanization of the islands. The townsfolk were so fed up with being the butt of jokes that they lobbied for the passage of Republic Act. No. 6976, which officially changed their town's name from Sexmoan to Sasmuan. By the way, a nearby town is called Macabebe, which Americans and wanna-be-Americans tended to pronounce as "make a baby."

*A London red double-decker headed to Penge, an area of South London. Many Filipino children use the word to ask for something.*

# FROM DISTANT SHORES

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*A restaurant signage in the 10th Arrondissement of Paris*

Sta. Maria, Bulacan is a rich town that produced poets like Jose Corazon de Jesus and lyricists like Francisco Santiago who composed Nasaan Ka Irog. No wonder some of their barangays have idyllic names like Mag-asawang Sapa, Mahabang Parang and Pulong Buhangin. But more proletariat barangay names can be found there too, such as Tabing Bakod.

In Baliwag, Bulacan, one barangay is named Pinagbarilan. It is unclear who was actually shot there, but he (or she) must be controversial enough for the place to be forever associated with the shooting. Meanwhile, should you find yourself in Pandi, Bulacan, kindly check if the residents of Barangay Masuso are eponymous to their village.

In Lemery, Batangas there is a barangay named Walang Balahibo Ibaba. Another barangay there is named Tubuan. Driving through Los Baños, Laguna, locals will helpfully tell you “Paglagpas mo ng Bayog makikita mo na ang Anos” (if you go past Bayog you will find Anos).

# FROM DISTANT SHORES



*STAR Rtn. Senen Mangalile feels at home at Sennen Cove, Cornwall*

As for me, I count myself lucky not to be a resident of Malasin, Pozorrubio, Pangasinan. Or of Barangay Cantutang, Padre Burgos, Leyte. My personal favourite, for obvious reasons, is that part of Cornwall where Land's End is located, the Parish of St. Sennen. It has Sennen's Cove, home to one of the loveliest beaches in the UK and a popular surfing destination.



*Street signs pointing towards Bad Egg and Middelfart. (Photos from Google Maps Streetview)*

In Edmond Malone's edition of Shakespeare's work, Juliet tells her beau Romeo that only his name prevents their pursuit of happiness. She sighs: "What's in a name? That which we call a rose by any other name would smell as sweet." Tell that to the residents of Bad Egg, Zurich and Middelfart, Denmark.

# THE WEEK THAT WAS



**AS Michael Jaey Albaña** acted as Program Moderator/Facilitator.



Sounding the bell, **Pres. Hermie Esguerra** called the meeting to order.



Humbly calling upon our loving Father God, **STAR Rtn. Nicolas Souvlakis** led the Invocation and Special Prayer.



The **Philippine National Anthem** was made more meaningful and alive by the **Rotary Club of Manila Audiovisual Presentation**.



The **World Famous Music Chorale Audiovisual Presentation** of the **RC Manila Hymn** and the singing of the **Philippine Rotary Hymn** electrified the Rotarian spirit in everyone in attendance.

# THE WEEK THAT WAS



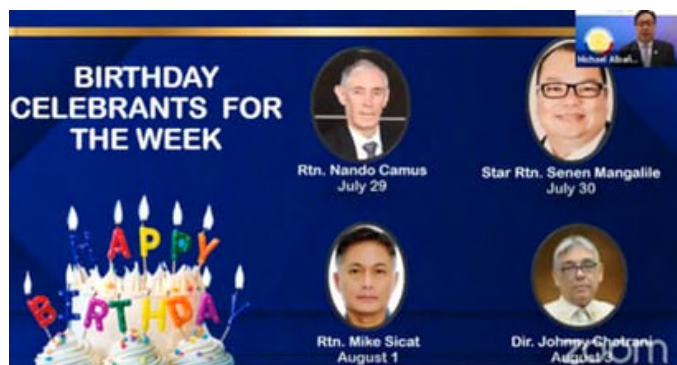
**Star Rtn. Nantha Kumar Narayanamoorthy** led the recitation of the time-honored Four (4) Way Test.



Introduction of Visiting  
Guests and Rotarians



The **World Famous Chorale** sang RCM's signature Welcome Song to the delight of the guests and visitors.



**AS Michael Jaey Albaña**, Program Moderator/Facilitator, acknowledged the week's birthday celebrants, namely **Rtn. Nando Camus**, **STAR Rtn. Senen Mangalile**, **Rtn. Mike Sicat** and **Dir. Johnny Chotrani**, which was followed by the **World Famous Music Chorale** singing of RCM's unique and jolly "happy birthday" song.

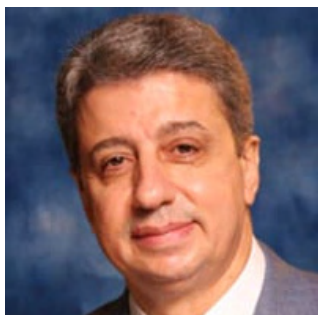
# THE WEEK THAT WAS



During his President's time, **Phenomenal Pres. Hermie Esguerra** once again gave a report of his activities and the Club's ongoing projects.



The Committee on Election, led by **IPP Chito Zalzarriaga**, clarified the rules for the Nomination of the Board of Directors (RY 2023-2024) and thereafter facilitated the nomination process.



**PD Issam Eldebs** introduced **SAA Nagi Zeitouni**, Chairman of the Sports Committee, who reported on the Committee's plans and programs.



**SAA Nagi Zeitouni** discussed his Committee's exciting plans and initiatives.

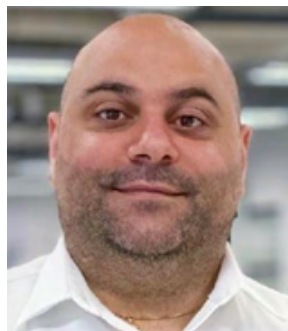
# THE WEEK THAT WAS



**Rtn. Robi Joseph** introduced **Classification Speaker / STAR Rtn. Michael Raymond "Micray" Gonzales**.



Captivating the audience with his discussion on electric vehicles and his current projects, **Classification Speaker / STAR Rtn. Michael Raymond "Micray" Gonzales** delivered his informative and interesting talk.



A short open forum immediately followed right after the Presentation of Sports Committee Chairman **SAA Nagi Zeitouni** and the Classification Talk of **STAR Rtn. Michael Raymond "Micray" Gonzales**, **Rtn. Rami Chahwan**, **Rtn. Ingy Bertelsen**, **Pres. Hermie Esguerra**, **PD John Cenica** and **SAA Nagi Zeitouni** propounded questions which made the discussion more animating.

# THE WEEK THAT WAS



**SDG/President Hermie Esguerra and Programs Committee Chairman IPD Amading Valdez** presented the Certificate of Appreciation, attested by **Club Secretary Edwin Hernandez**, to **SAA Nagi Zeitouni** and **STAR Rtn. Michael Raymond "Micray" Gonzales**.



**Pres. Hermie Esguerra** delivered his closing remarks and thereafter, adjourned the meeting.

### *RCM Members' Attendance Report RY 2022-2023*

| August 2022                  | <u>04 August 2022</u><br><br>Sports Committee<br>Chairman/SAA<br>Nagi Zeitouni and<br>Classification Talk by<br>Star Rtn Micray Gonzalez |
|------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| All Members Present          | 69                                                                                                                                       |
| All Members in virtual       | 0                                                                                                                                        |
| Make Up                      | 4                                                                                                                                        |
| Less: Exempt from Attendance | 4                                                                                                                                        |
| On Leave                     | 0                                                                                                                                        |
| Total Active Members         | 69                                                                                                                                       |
| Total # of Members           | 229                                                                                                                                      |
| TOTAL ATTENDANCE %:          | 30%                                                                                                                                      |
| ROTARACTORS                  | 0                                                                                                                                        |
| MEDIA                        | 0                                                                                                                                        |
| EMBASSIES / DIPLOMATIC CORPS | 0                                                                                                                                        |
| DG, DGE, DGN, PDG            | 0                                                                                                                                        |
| GOHS / GS                    | 0                                                                                                                                        |
| Visiting Rotarians           | 0                                                                                                                                        |
| Guests of RCM MEMBERS        | 3                                                                                                                                        |
| others                       | 0                                                                                                                                        |
| total attendees              | 72                                                                                                                                       |

# CLUB

## ADMINISTRATION

### *List of Members Who Have Paid Their Annual Dues for RY 2022-2023*

(As of August 9, 2022, 11:00 AM)

|     | ANNUAL DUES 2022-2023   |
|-----|-------------------------|
| 93  | FULLY PAID              |
| 134 | UNPAID                  |
| 2   | PARTIALLY PAID          |
| 229 | TOTAL NUMBER OF MEMBERS |

| NO. | NAME                                  | OR<br>NUMBER | AMOUNT    | REMARKS        |
|-----|---------------------------------------|--------------|-----------|----------------|
| 1   | Abastillas, Celso E.                  | 51359        | 25,000.00 | FULLY PAID     |
| 2   | Acosta, Crispiniano "Cris" G.         | 51355        | 25,000.00 | FULLY PAID     |
| 3   | Albaña, Michael Jaey "Mike"           | 51389        | 25,000.00 | FULLY PAID     |
| 4   | Alcantara, Isidro "Butch"             | 51268        | 5,000.00  | PARTIALLY PAID |
| 5   | Alday, Albert S.                      | 51370        | 25,000.00 | FULLY PAID     |
| 6   | Aventura, Avenilo, Jr. "Jun" L.       | 51353        | 25,000.00 | FULLY PAID     |
| 7   | Balanay, Aries                        | 51273        | 32,138.00 | FULLY PAID     |
| 8   | Bartolome, Arsenio III "Archit" M.    | 51433        | 25,000.00 | FULLY PAID     |
| 9   | Bediones, Rodolfo "Rudy" P.           | 51325        | 25,000.00 | FULLY PAID     |
| 10  | Benedicto, Sixto "Noy" T.             | 51358        | 24,500.00 | FULLY PAID     |
| 11  | Blanco, Manuel "Manny" M.             | 51441        | 25,000.00 | FULLY PAID     |
| 12  | Bogovich, Jason M.                    | 51382        | 25,000.00 | FULLY PAID     |
| 13  | Branellec, Jacques "Jack"             | 51368        | 25,000.00 | FULLY PAID     |
| 14  | Camus, Fernando "Nando"               | 51360        | 25,000.00 | FULLY PAID     |
| 15  | Castro, Karlo Eugene Josef "Karlo"    | 51366        | 25,000.00 | FULLY PAID     |
| 16  | Chahwan, Rami                         | 51376        | 25,000.00 | FULLY PAID     |
| 17  | Coyiuto, Robert, Jr. "Jun" G.         | 51364        | 25,000.00 | FULLY PAID     |
| 18  | Creencia, Raoul                       | 51332        | 25,000.00 | FULLY PAID     |
| 19  | Cruz, Avelino "Ave" V.                | 51340        | 25,000.00 | FULLY PAID     |
| 20  | Cureg, Alexander "Alex" P.            | 51348        | 25,000.00 | FULLY PAID     |
| 21  | David, Virgilio "Vee"                 | 51111        | 25,000.00 | FULLY PAID     |
| 22  | Dayang, Juan, Jr. "Jed" E.            | 51375        | 25,000.00 | FULLY PAID     |
| 23  | De Venecia, Jose "Joe" C.             | 51357        | 25,000.00 | FULLY PAID     |
| 24  | Del Rosario, Oscar                    | 51390        | 25,000.00 | FULLY PAID     |
| 25  | Dela Cruz, Emmanuel                   | 51381        | 37,138.00 | FULLY PAID     |
| 26  | Dy, Manuel "Manny" C.                 | 51318        | 25,000.00 | FULLY PAID     |
| 27  | Eldebs, Issam "Sam"                   | 51023        | 25,000.00 | FULLY PAID     |
| 28  | Enriquez, Eduardo III "Jujut" V.      | 51343        | 25,000.00 | FULLY PAID     |
| 29  | Esguerra, Herminio "Hermie" S.        | 51033        | 25,000.00 | FULLY PAID     |
| 30  | Evaristo, Frank A.                    | 51349        | 25,000.00 | FULLY PAID     |
| 31  | Fajardo, Beda G.                      | 51436        | 25,000.00 | FULLY PAID     |
| 32  | Fernandez, Antonio Jaime Jose V. "JJ" | 51339        | 25,000.00 | FULLY PAID     |
| 33  | Follosco, Ceferino, Jr. "Jun" G.      | 51388        | 25,000.00 | FULLY PAID     |
| 34  | Garcia, Theodore                      | 51250        | 37,138.00 | FULLY PAID     |
| 35  | Garcia, Victor                        | 51058        | 25,000.00 | FULLY PAID     |
| 36  | Gierran, Dante "Dan"                  | 51272        | 25,000.00 | FULLY PAID     |
| 37  | Go, Daniel "Danny" C.                 | 51377        | 25,000.00 | FULLY PAID     |

# CLUB ADMINISTRATION

|    |                                        |       |           |                |
|----|----------------------------------------|-------|-----------|----------------|
| 38 | Gonzales, Michael Raymond              | 51356 | 37,138.00 | FULLY PAID     |
| 39 | Guevara, Domingo, Jr. "Boy" S.         | 51352 | 25,000.00 | FULLY PAID     |
| 40 | Guevara, Ricardo "Ricky" S.            | 51444 | 25,000.00 | FULLY PAID     |
| 41 | Hallerbach, Mathias                    | 51432 | 25,000.00 | FULLY PAID     |
| 42 | Hernandez, Edwin                       | 51321 | 25,000.00 | FULLY PAID     |
| 43 | Jang, Jae "Jay-Jay" J.                 | 51341 | 25,000.00 | FULLY PAID     |
| 44 | Joseph, Ralph L.                       | 51328 | 25,000.00 | FULLY PAID     |
| 45 | Kalaw, Teodoro Alejandro IV "Teddy" A. | 51367 | 25,000.00 | FULLY PAID     |
| 46 | Koh, Paul Anthony                      | 51303 | 37,138.00 | FULLY PAID     |
| 47 | Lacson, Sebastian "Basty"              | 51285 | 25,000.00 | FULLY PAID     |
| 48 | Laya, Jaime "Jimmy" C.                 | 51317 | 25,000.00 | FULLY PAID     |
| 49 | Lee, Richard "Dick" L.                 | 51333 | 25,000.00 | FULLY PAID     |
| 50 | Li, Richard Joseph Chang               | 51378 | 25,000.00 | FULLY PAID     |
| 51 | Lim, David Eduardo Ty                  | 51344 | 25,000.00 | FULLY PAID     |
| 52 | Lonzaga, Reinerio "Ner" C.             | 51253 | 25,000.00 | FULLY PAID     |
| 53 | Lopa, Antonio "Tony" A.                | 51379 | 25,000.00 | FULLY PAID     |
| 54 | Lopez, Antonio "Tony"                  | 51225 | 25,000.00 | FULLY PAID     |
| 55 | Macapagal, Michael "Mac"               | 51326 | 25,000.00 | FULLY PAID     |
| 56 | Manalaysay, Cesar P "Citos"            | 51327 | 25,000.00 | FULLY PAID     |
| 57 | Matschuck, Guenter "Gunter" G.         | 51371 | 25,000.00 | FULLY PAID     |
| 58 | Montel, Juan Manuel C.                 | 51228 | 25,000.00 | FULLY PAID     |
| 59 | Montinola, Antonio "Tony" J.           | 51351 | 25,000.00 | FULLY PAID     |
| 60 | Naravannamoorthy, Nantha K.            | 51301 | 37,138.00 | FULLY PAID     |
| 61 | Nones, Romeo "Romy" C.                 | 51434 | 25,000.00 | FULLY PAID     |
| 62 | Nunez, Jose, Jr. "Pepo" A.             | 51380 | 25,000.00 | FULLY PAID     |
| 63 | Ong, Phillip "Phil" L.                 | 51322 | 25,000.00 | FULLY PAID     |
| 64 | Pallasigue, John Brian "JB"            | 51346 | 25,000.00 | FULLY PAID     |
| 65 | Patterson, Colin David                 | 51305 | 25,000.00 | FULLY PAID     |
| 66 | Payumo, Felicito "Tong" C.             | 51016 | 10,000.00 | PARTIALLY PAID |
| 67 | Peliño, Wilfredo "Willie" M.           | 51440 | 25,000.00 | FULLY PAID     |
| 68 | Pineda, Jr., Patricio "Bebot" F.       | 51288 | 25,000.00 | FULLY PAID     |
| 69 | Preysler, Fausto, Jr. R.               | 51345 | 25,000.00 | FULLY PAID     |
| 70 | Pujalte, Jose, Jr. "Brix" S.           | 51403 | 25,000.00 | FULLY PAID     |
| 71 | Rast, Tobias "Tobi"                    | 51363 | 25,000.00 | FULLY PAID     |
| 72 | Reynolds, David John "Dave"            | 51312 | 25,000.00 | FULLY PAID     |
| 73 | Rodriguez, Joaquín "Jack" H.           | 51350 | 25,000.00 | FULLY PAID     |
| 74 | Rodriguez, Joaquin "Jackie" C.         | 51309 | 25,000.00 | FULLY PAID     |
| 75 | Sarasola, II, Jose Ma. "Joey" I.       | 51447 | 15,800.00 | FULLY PAID     |
| 76 | Schmitz, Steffan                       | 51306 | 25,000.00 | FULLY PAID     |
| 77 | Schneider, Bernd                       | 51394 | 24,500.00 | FULLY PAID     |
| 78 | Schoucair, Farid Alain                 | 51374 | 25,000.00 | FULLY PAID     |
| 79 | Shimoda, Shigeru                       | 51369 | 25,000.00 | FULLY PAID     |
| 80 | Sibayan, Joselito "Lito" H.            | 51347 | 25,000.00 | FULLY PAID     |
| 81 | Souvlakis, Nicolas                     | 51442 | 15,800.00 | FULLY PAID     |
| 82 | Syjuco, Jose, Jr. "Joey" A.            | 51448 | 25,000.00 | FULLY PAID     |
| 83 | Talampas, Jose Angel "Joel"            | 51443 | 25,000.00 | FULLY PAID     |
| 84 | Tamayo, Victor "Butch" L.              | 51387 | 25,000.00 | FULLY PAID     |
| 85 | Tan, John                              | 51269 | 37,138.00 | FULLY PAID     |
| 86 | Tang, Jimmy T.                         | 51354 | 25,000.00 | FULLY PAID     |
| 87 | Tanglao, Noel V.                       | 51362 | 25,000.00 | FULLY PAID     |
| 88 | Tejuma, Michael "Mike"                 | 51372 | 25,000.00 | FULLY PAID     |
| 89 | Valdes, Joel C.                        | 51446 | 25,000.00 | FULLY PAID     |
| 90 | Valdez, Jason                          | 51263 | 37,138.00 | FULLY PAID     |
| 91 | Vasquez, Evaristo "Junjie"             | 51439 | 15,800.00 | FULLY PAID     |
| 92 | Vea, Reynaldo "Rey" B.                 | 51361 | 25,000.00 | FULLY PAID     |
| 93 | Zeitouni, Nagi                         | 51323 | 25,000.00 | FULLY PAID     |
| 94 | Zalcita, Xavier "Xavy" Y.              | 51307 | 25,000.00 | FULLY PAID     |
| 95 | Zimmer, Christopher                    | 51319 | 37,318.00 | FULLY PAID     |

GRAND TOTAL **2,415,822.00**

Reminder: Please secure OR within 3 days upon payment. Kindly email the copy of deposit at [rcmanila@rcmanila.org](mailto:rcmanila@rcmanila.org) or send proof of payment in viber. You may also send via fax at #527-1885.

# CLUB ADMINISTRATION

## *Nominations for the Board of Directors for Rotary Year 2023-2024*



August 4, 2022

Immediate Past President Felix Francisco “Chito” S. Zaldarriaga, Chairman of Committee on Election, opened the nomination at 1:50 PM for candidates for the Board of Directors for Rotary Year 2023-2024.

The following were nominated in the order the nominators were called:

|   | NOMINATOR             |    | NOMINEE                            |
|---|-----------------------|----|------------------------------------|
| 1 | PP Archit Bartolome   | 1  | VP Reggie Yu                       |
|   |                       | 2  | PD Pepo Nunez                      |
|   |                       | 3  | PT Lito Sibayan                    |
|   |                       | 4  | Dir. Albert Alday                  |
| 2 | Dir. Hans Palacios    |    | All members of the incumbent Board |
|   |                       | 5  | Dir. Hans Palacios                 |
|   |                       | 6  | Dir. Raffy Alunan                  |
|   |                       | 7  | Dir. Johnny Chotrani               |
|   |                       | 8  | Dir. Tony Lopez                    |
|   |                       | 9  | Dir. Jujut Enriquez                |
|   |                       | 10 | Treas. Karlo Castro                |
|   |                       | 11 | Rtn JB Pallasigue                  |
| 3 | PDG Vince Carlos      | 12 | BLA Raoul Creencia                 |
|   |                       | 13 | STAR Rtn Paco Magsaysay            |
|   |                       | 14 | Rtn Anton Mauricio                 |
|   |                       | 15 | AS Mike Albaña                     |
|   |                       | 16 | Rtn Teddy Tee                      |
| 4 | PD Nick Locsin        | 17 | PD Issam Eldebs                    |
| 5 | PD Issam Eldebs       | 18 | Rtn Jordan Pizarra                 |
|   |                       | 19 | Rtn Alvin Ampil                    |
|   |                       | 20 | PD Nick Locsin                     |
|   |                       | 21 | Rtn Willie Peliño                  |
|   |                       | 22 | SAA Nagi Zeitouni                  |
| 6 | Pres. Hermie Esguerra | 23 | PD Amading Valdez                  |

### *Nominations for the Board of Directors for Rotary Year 2023-2024*

There being no other nominations, upon motion by Rtn. Nando Camus, the nomination for directors of the board was adjourned at 2PM.

#### **COMMITTEE ON ELECTION**

F. FRANCISCO S. ZALDARRIAGA  
Immediate Past President  
Chairman

ALEXANDER P. CUREG  
Past District Governor  
Vice Chairman

Rtn. JOSE FERNANDO B. CAMUS  
Member

Rtn. FERDINAND E. TALUSAN  
Member

# CLUB

## ADMINISTRATION

### *Know Your STAR Rotarians*



**BALANAY, ARIES B.**

Sponsor: Pres. Hermie Esguerra

Co-Proposers: CP Susing Pineda, Dir. Albert Alday  
and Dir. Johnny Chotrani

2022 July 7, Filipino

Business Services-Safety First Consulting Services Appraisal  
President, Safety First Ventures Inc.

**OFFICE:** Unit 933 City and Land Megaplaza, Ortigas Center  
Pasig City

Tel. No. 8.986-9814



**GARCIA, THEODORE Q. "Teddy"**

Sponsor: Dir. Albert Alday/VP Reggie Yu

2022 July 7, Filipino

Real Estate Professional

Vice President and Member, Board of Directors  
Garquin Realty Holdings Inc.

**OFFICE:** V. Duterte St., Davao City

Tel. No. 227-1373

Email:hotelgalleriadvo@yahoo.com



**KOH, PAUL ANTHONY T. "Paul"**

Sponsor: VP Reggie Yu

Co-Sponsor: Dir. Albert Alday

2022 July 7, Filipino

Medicine-General Surgery

General Surgeon, Manila Doctors Hospital,  
The Medical City and Diliman Doctors Hospital

**OFFICE:** Unit 3221, Makati Executive Tower 3,  
Sen. Gil Puyat, Ave., Brgy. Pio Del Pilar, Makati City

Tel. No. 7-989-9989

### *Know Your STAR Rotarians*



**LACSON, SEBASTIAN ARSENIO R. "Basti"**

Sponsor: PT Lito Sibayan

2022 July 7, Filipino

Construction - Marine Infrastructure

CEO, Prime Metro BMD Corporation

**OFFICE:** 16th Floor, Three E-Com Center,  
Bayshore corner Ocean Drive, Block 21,  
Mall of Asia Complex, Pasay City 1300  
Tel. No. 8.396-8700



**TAN, JOHN G.**

Sponsors: Pres. Hermie Esguerra, VP Reggie Yu and  
Rtn. Ralph Joseph

2022 July 7, Filipino

Finance and Investments - Closed End Fund

Director, Filipino Fund Inc.

**OFFICE:** Units 1911-1912, 19/F, PSE Tower 5th Avenue  
corner 28th Street Bonifacio Global City, Taguig  
Tel. No. 8.898 7522; 8.898 7578



**VALDEZ, JASON ROLAND N.**

Sponsor: Pres. Hermie Esguerra

2022 July 7, Filipino

Medicine - Diagnostic

Member, Board of Directors, Philippine Health Insurance  
Corporation

**OFFICE:** 17th Floor Room 702 709, Chystate Center,  
Shaw Boulevard, Pasig, 1600 Metro Manila  
Tel. No.: 8.638-3075

# CLUB

## ADMINISTRATION

### *Know Your STAR Rotarians*



**ZIMMER, CHRISTOPHER "CHRIS"**

Sponsor: PSAA Gunter Matschuck

2022 July 7, German

Associations-German-Philippine Business

Executive Director, German-Philippine Chamber of Commerce

**OFFICE:** 8F Doehle Haus Manila 30-38

Sen. Gil Puyat Avenue, Brgy. San Isidro, Makati City

Tel. No. 8.519-8110 Fax: 5.310-3656



**DELA CRUZ, JOSEPH EMMANUEL "EMMAN" A.**

Sponsor: Rtn. Joaquin "Jop" A. Esquivias

2022 July 14, Filipino

Consultancy - Marketing Services

Managing Partner, Sinag Consultancy Group, Inc.

**OFFICE:** : Unit 3c, CSV Properties Bldg,

329 Maysilo Circle, Mandaluyong City

Tel. No. 09707707503



**GONZALES, MICHAEL RAYMOND "MICRAY"**

Sponsor: Rtn. Ralph Lim Joseph

2022 July 14, Filipino

Automotive Industry-Electric Vehicles Manufacturing

President, Tojo Motors Corporation

**OFFICE:** Meridian Industrial Complex, Balibago, Sta. Rosa, Laguna

Tel. No. +63-49-530-9624

Email: Micray@tojomotors.com



**NARAYANAMOORTHY, NANTHA KUMAR "NK"**

Sponsor: PD Arthur "Art" M. Lopez

2022 July 14, Malaysian

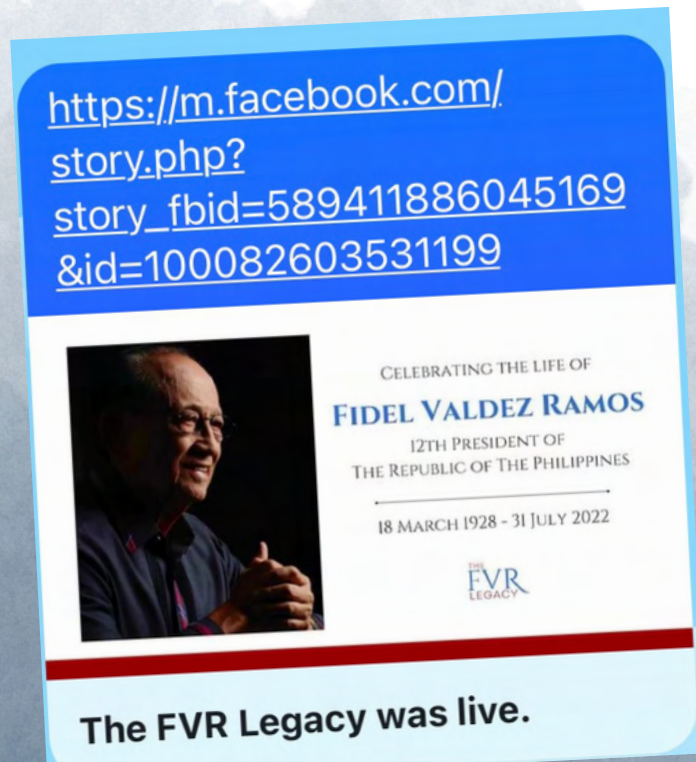
Hotels - Tourist Hotel

Resident Manager, New World Makati Hotel

**OFFICE:** Esperanza Street corner Makati Avenue, Ayala Center, Makati City

Tel: +63 2 8811 6888 Fax: +63 2 8811 6777

# REMEMBERING FVR



## Award of Excellence to RGV -- Pres. FVR



I am saddened by the death of Pres. FVR. His support to my Province, Oriental Mindoro at crucial time was unprecedented.

In 1993, FVR deployed the NPC Power Barge to Oriental Mindoro to address its power crisis after being hard hit by typhoon. Again, the Mindoreños witnessed FVR's utmost concern in 1994-1995 when the Province was ravaged by two (2) more successive strong typhoons and an earthquake. FVR directed his cabinet secretaries to extend their resources toward the early rehabilitation of Oriental Mindoro. For the early rehabilitation and recovery of the Province, FVR awarded me the "Most Outstanding Governor in Calamity Management".

During his administration, FVR approved my proposal for the creation of MIMAROPA supported by then Governors of Mindoro Occidental, Marinduque, Romblon and Palawan. I was appointed its Chairman for a 3-year term. FVR supported my cause to dismantle the monopoly of Viva Shipping Lines in the Batangas-Calapan, Calapan-Batangas sea transport. Likewise, in making Oriental Mindoro "jueteng-free", no illegal logging, no illegal mining and no illegal drugs that it was declared by the PNP as Most Peaceful Province in the Southern Tagalog Region.

Finally, FVR conferred to me the "Award of Excellence" for my outstanding advocacy and enviable record as Governor and Legislator of Oriental Mindoro.

FVR truly displayed his special concern for the Mindoreños. He was a good President, a good friend and a golf mate.

# REMEMBERING FVR

## *Memorial Service*



The new **World Famous Chorale** preparing for the song number to be sung during the memorial service for His Excellency / Rtn. Fidel "Eddie" Valdez Ramos, former president of the Republic of the Philippines.

# REMEMBERING FVR

## *Memorial Service*



Memorial Service Program moderator,  
Past President Archit Bartolome



Eulogy by Rtn. Vic Garcia



Eulogy by PP Teddy Ocampo



Serenade by Rtn. Caloy Buendia

# REMEMBERING FVR

## *Memorial Service*



Opening Prayer by IPP Chito Zaldarriaga



Eulogy by PP Boy Guevara



Eulogy by PD Rod Vakencia



Eulogy by Dir. Tony Lopez

# REMEMBERING FVR

## *Eulogy by PDG Obet Pagdanganan*

Good afternoon, ladies and gentlemen. Let me begin by expressing our profound condolences to the bereaved Family, especially to Mrs. Ming Ramos, our beloved former First Lady.

STEPHEN GRELLET, a French missionary, wrote, "I expect to pass through this world but once. Any good thing I can do or any kindness that I can show to a fellow creature, let me do it now. Let me not defer nor neglect it, for I will not pass this way again."

PRESIDENT FIDEL VALDEZ RAMOS won't pass this way again, but the numerous things he did and the kindness he showed to the millions whose lives he touched, will long endure. To many, President Ramos was one of the best, if not the best, Presidents we ever had. I couldn't agree more.

A visionary and most hardworking leader, he was a soldier par excellence, general, chief of PC/INP, authentic Hero of the EDSA Revolution, Secretary of National Defense, President of the Philippines, Statesman, and tireless Ambassador of Goodwill for our country. He had consistently pursued the best interest of the Filipino people, espousing good governance evidently guided by the Four- Way Test, making us his fellow Manila Rotarians very proud, indeed!



# REMEMBERING FVR

## *Eulogy by PDG Obet Pagdanganan*

Much has been said and written and more will be expressed, about President Ramos's revitalizing the economy, deregulating major industries, revolutionizing the tax collection system, and other accomplishments. But I believe that his extraordinary leadership abilities were best exemplified by his historic role in saving the Republic and strengthening our democratic institutions.

As Chief of Staff of the AFP, and later Secretary of National Defense, he led the successful defense of the first Aquino Administration against nine (9) Coup attempts. The two most serious ones were on August 27-28, 1987, and December 1-9, 1989, that brought the Aquino Administration to the brink of disaster.

In the evening of August 27, 1987, Malacañang Palace was attacked by rebel soldiers and the future President Noynoy was himself wounded. At that time, military and police forces in the provinces north of Metro-Manila were generally supportive of the rebels. Even the Central Luzon PNP Regional Command in Pampanga was held hostage by the rebel leaders. Reinforcements were being mobilized to support the rebels in Manila.

Before midnight, General Ramos called me by phone and told me to do everything to block the rebel soldiers from the north. His instructions were as plain and simple as they were difficult and dangerous to implement, "Block the rebels! Do not to allow them to reach Manila! *Kaya ninyo yan!*" His calm and clear voice was reassuring, though. Working with then Colonel Larry Mendoza, our Provincial PNP Commander, we immediately blocked the highways from the north using heavy equipment and confiscated illegal logs. Many residents even volunteered to use their vehicles to block the roads. General Ramos called me from time to time, for updates. When dawn broke, the rebels pulled back; the coup failed.

On December 1, 1989, the rebels attacked military camps including Camp Aguinaldo, Camp Crame and Fort Bonifacio. Then DND Secretary Ramos again called me for similar support action in his usual calm and cool self. But that it was an even more serious situation occurred to me when President Cory herself called me later. We did our best to comply. Not a single troop, including the thousands announced over the radio by a rebel Colonel from a northern province, was able to pass through Bulacan! The coup attempt again, failed.

# REMEMBERING FVR

## *Eulogy by PDG Obet Pagdanganan*

Upon assuming office, President FVR relentlessly pursued peace to hasten the attainment of his Philippines 2000 Vision. The backbone of the communist insurgency was greatly weakened by the surrender of many NPA members and supporters. He declared amnesty for rebel soldiers. He forged a Peace Agreement with the MNLF led by Nur Misuari, ending the separatist movement.

President Ramos also supported Local Autonomy by implementing the Local Government Code of 1991! As National President of the League of Provinces and Chairman of the League of LGU Leagues, I represented the LGUs in the meeting of the Legislative Executive Development Advisory Council or LEDAC, chaired by the President. He also regularly met with Governors, Mayors and other Local Officials, to discuss their concerns. All these efforts helped strengthen PFVR's Team Philippines, hasten countryside development and achieve high economic growths which enabled the Philippines to weather the global financial crisis toward the end of his term..

And so this afternoon, we say:

REST IN PEACE MR. PRESIDENT, AND LET ETERNAL LIGHT SHINE UPON YOU.

*MARAMING MARAMING SALAMAT PO SA INYONG KABAYANIHAN, AT MAHUSAY NA PAGLILINGKOD SA ATING INANG BAYAN!*

*MARAMING SALAMAT PO SA INSPIRASYON AT MAGANDANG HALIMBAWA BILANG KAPWA ROTARYO AT TAPAT NA LINGKOD BAYAN.*

*MARAMING SALAMAT PO AT PAALAM!*



# REMEMBERING FVR

## *Eulogy of Dir. Raffy Alunan*

Many will agree with me that FVR was a man for all reasons and seasons. He was a great leader, patriot, hero, Special Forces-bred, soldier-statesman, peacemaker, reformer, nation-builder, transformer and, in retirement, trustee of the nation.

He demonstrated numerous times his tremendous capacity for leadership in the field as a soldier, Secretary of National Defense, President of the Philippines and as Chair of RPDEV.

One famous demonstration of his leadership was when he was AFP Vice-Chief of Staff. The country had become "Asia's Sick Man." The dictatorship was collapsing under its own weight. Institutions were corrupted; people were oppressed; truth was suppressed, the insurgency was raging; and the economy was crashing. Democracy and capitalism were disfigured beyond recognition.

The only way out was to break away from the dictatorship in Feb '86. He believed that a liberated society was the only way to attain long-term growth and sustainable development. The Special Forces motto he internalized as a soldier, "de Opresso Liber", meaning to free the oppressed, kicked in.



# REMEMBERING FVR

## *Eulogy of Dir. Raffy Alunan*

He took charge of a military revolt that morphed into People Power. While it closed the door on the dictatorship, it opened a window for national renewal. He spent the next three years defending freedom and democracy nine times.

The heroism, decisiveness and steadiness under fire that FVR demonstrated as a soldier and Secretary of National Defense earned him his ticket to the presidency. President Cory Aquino endorsed his run for the presidency and the rest is history.

As the 12th president of the Republic, he dedicated himself to making things right and doing things the right way. He rolled-up his sleeves to signal that he was going to run the six-year presidential marathon all the way to the finish line.

He was tireless, situationally aware and led by example. He was a master of timing who empowered his team and managed by objectives.

He made tough decisions only a leader can, ready to face displeasure and resistance – from leveling the playing field by breaking up monopolies to firing, even jailing, his friends in the military and government for wrongdoing. I only know too well because I had to do a lot of that for him as his alter ego.

I've internalized nine words uttered by FVR that came across to me as a code on how to be better Filipinos for a better Philippines, namely: Unity, Solidarity, Teamwork (UST); Care, Share, Dare (CSD); Reform, Perform, Transform (RPT); additionally, Completed Staff Work (or CSW), NLT (or "not later than" for timely compliance) and his signature thumbs up to signify "*Kaya natin ito*".

FVR proved how U.S.T. we could resolve and recover from crises, and restore trust and confidence in the country with Team Philippines.

He clustered Departments and organized Task Forces to get them to work seamlessly as a team to address cross-cutting issues. For example, there was Cluster E, the Security Cluster, and Task Force Lily that assisted PMS to monitor government operations while he was away.

He used various Councils to maximize collaboration and accomplish missions like the National Peace and Order Council; National Development Council; National Security Council and the Legislative Executive Development Advisory Council.

# REMEMBERING FVR

## *Eulogy of Dir. Raffy Alunan*

Peacemaking required U.S.T. all the more. By the end of his term, he succeeded in forging written peace agreements with the RAM, the MNLF, the CPLA and the Rejectionist faction of the CPP-NPA-NDF.

He worked 24/7 for "Duty, Honor, Country." Weekends and holidays were usually work days because that was the way with public service. The government had to deliver its services without interruption. That was our new normal.

Despite his presidency being bookended by the power crisis and Asian Financial crisis, the economy rose to "tiger cub" status through a strategic mix of good governance, peace initiatives, landmark legislation, bold reform agendas, sound development policies and fiscal discipline.

After his term ended, FVR became our elder statesman. He represented the country in various capacities; each time, submitting written reports to the national leadership for reference and posterity.

He wrote weekly "sermons" and authored many books. His wise counsel was sought by heads of state, diplomats, businessmen, media and pillars of society. His leadership was recognized by national and international organizations.

For us Rotarians, I think we all agree that FVR lived the 4-way test by epitomizing "Service above self."

He was true to himself and his word. He was fair to everyone. His empathy and compassion proved beneficial to peacemaking. His fellowship built goodwill, harmony and better friendships amongst Filipinos and the global village.

FVR was our leader, second father, brother, uncle and buddy; an uncommon man with uncommon valor, all rolled into one. He was larger than life, a living legend.

But he was also down-to-earth, and most at ease bantering with whoever, with his vintage acts of endearment.

# REMEMBERING FVR

## *Eulogy of Dir. Raffy Alunan*

Thank you Sir for your trust. I was privileged to walk in your shadow and experience many precious moments of struggle, triumph and laughter in the air, on land and at sea; from all over the country to foreign shores.

Thank you too for your full support for the book "Silver Linings" and the "Tagaligtas" documentary, which captured your decades of outstanding service and the vast influence you had on society and the community of nations.

We had each other's back through all that.

We lost a faithful son of the Republic, a peacemaker who earned his ticket Home. He left behind a legacy that beckons every Filipino to toil each day for a better tomorrow. Who he really was, and what he accomplished, will long be extolled by scholars, in public records, and honored forever at the *Libingan ng mga Bayani*.

In closing, let's have audience participation to express our unity, solidarity and teamwork for FVR. Please rise. May I ask Rotarians who worked for FVR to join me here. Let's do this for him as our final salute.

First, turn to the person beside you and shake hands (never mind the *beso-beso*).

Second, let's give FVR a rousing standing ovation.

Third, with our stentorian voices in unison let's give a vigorous and heartfelt response to "*Kaya ba natin ito*"?

Fourth, may I have the photographers take a group picture with our two thumbs up directed at FVR's urn.

Fifth, three cheers for FVR!

Thank you!



# COGS IN THE WHEEL

## *SDG/SAG/Dir. Albert Alday Featured in the Well-Being Column of the Philippine Star on “The Health Benefits of Being Punctual”*

TUESDAY | AUGUST 9, 2022 **THE PHILIPPINE STAR** **lifestyle** **C5**

### THE HEALTH BENEFITS OF BEING PUNCTUAL

**well-being**  
**MYLENE MENDOZA-DAYRIT**

**W**hen you are late or you are waiting for others who are late, stress builds up inside, from a slow sizzle to a rolling boil. Your mood gets ruined, your schedule messed up. You may miss a flight, miss an event, ruin a relationship, cancel a deal, or lose a promotion. All because of being unmindful of time.

Being on time, on the other hand, promotes a lot of positive benefits. People who are punctual are disciplined. They have goals and follow a schedule. They are focused and respectful of other people's precious time. It's also a sign of one's integrity and honest character.

Living a healthy lifestyle of eating nutritious food, sleeping adequately, drinking a lot of water and exercising regularly requires discipline. It requires goal setting, following a schedule and persistently working on goals. That's why I said those who are consistently on time are most likely healthier. Those who are consistently late are subjected to more unnecessary stress and may lack the basic virtues to work on their wellness.

A foundation of time consciousness and honesty is crucial to the formation of responsible citizens. This is a clear mandate that the government took to heart when Proclamation No. 1782 was signed by then President Gloria Macapagal-Arroyo on May 21, 2009 declaring the month of June as WATCH (We Advocate Time Consciousness and Honesty) Month and enjoining all

JCI secretary general  
**Albert Alday**

JCI Manila president  
**Alexandra Dayrit**

**The WATCH Summit prime movers (from left) JCI national vice president Cecilia Dy, founder Cesar Ochoa, JCI national president Henry Juan Tong and national chairman Ernest Evangelista**

schools, colleges and universities to undertake programs and activities to instill deeper awareness of honesty and punctuality among the youth and the entire society.

Thirteen years later, the main proponents of the program, the JCI Senate Philippines led by its president Henry Juan Tong and the Department

of Education led by Vice President and Education Secretary Sara Duterte, jointly conducted the 3rd National Summit of Project WATCH at the Baguio Teacher's Camp in Baguio City from Aug. 3 to 5 with around 700 educators from different schools all over the country.

According to 2021 to 2022 national chairman Ernest Evangelista, "from just JCI Senators implementing Project WATCH, we now have more than three million advocates composed of JCI senators and JCI members, educators and formators, students, non-academic employees, parents, multi-sectoral advocates, religious leaders and members, and many more."

For an advocacy program to succeed, he added, "it's got to be sustainable. And for an advocacy program to be sustainable the program implementers should always assess and set strategies for the program to adapt to the always-changing environment, and should always track its goals. However, this is just half the requirement for an advocacy program to succeed. The other half is to learn and practice what we are advocating for."

Punctuality is intertwined with discipline and self-mastery, with integrity and respect. Being punctual shows that you are sincere and a person of your word. Hence, make it a habit to be present at least 15 minutes before the arranged time. Some say it's also a sign of humility as being "fashionably late" seems to connote a huge regard for one's own worth.

If time is gold, then it has value; thus being late is like stealing because you are taking away something precious from another person. That may be a harsh way of putting it, but it's the truth nonetheless.

JCI senator Cesar Ochoa is the visionary who conceived Project WATCH. His goal was "to re-inculcate and mold the minds of the youth" in order to promote "an honest and punctual society to bring about progress."

Ochoa launched the project on Jan. 11, 2008 at the Ramon Magsaysay High School, which was led by then Quezon City Mayor Sonny Belmonte, a JCI senator himself. A memorandum of agreement was signed that day between JCI Senate Philippines and the Department of Education headed by Secretary Jesli Lapus.

Summit director Cecilia Dy said that "honesty and punctuality are two values that our present culture really needs to improve more, with the challenge posed by social media, wherein fake news and fake messages are prevalent. We need to go back to history, when the Filipinos were punctual and valued the sense of honesty highly, and this is what Project WATCH aims to achieve."

This is one trend that should go viral. It's time to advocate for time consciousness and honesty. This is time (We) always (live) now (watch).

Post me a note at mylendamendoza@gmail.com.

**MAGZTER**

Clipped from **The Philippine Star** - August 09, 2022

Read it digitally on the Magzter app

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SDG/SAG/Dir. Albert Alday was featured in the column of Mylene Mendoza-Dayrit, "Well-Being", with the title, "The Health Benefits of Being Punctual", in the Lifestyle Section of the Philippine Star, page C5, last August 9, 2022.

# COMIC

## RELIEF



Source: [www.quotesgram.com](http://www.quotesgram.com)

# INTERCLUB RELATIONS

## *District Team Building*



# INTERCLUB RELATIONS

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## *Manila Rotarians Attend Council of Governors Meeting of Rotary District 3810*



PDG Vince Carlos, PDG Obet Pagdanganan and PDG Rudy Bediones attended the meeting of the Council of Governors of Rotary District 3810 last August 9, 2022 at the Conrad Manila in Pasay City.

# INTERCLUB RELATIONS

## *Manila Rotarians Attend Monthly Meeting of Rotary District 3810*



Manila Rotarians attended the Monthly Meeting of Rotary District 3810 last August 9, 2022 at the Forbes Ballroom of the Conrad Manila in Pasay City. Present were President Hermie Esguerra, SDG/SAG/Dir. Albert Alday, SDG Aries Balanay and AS Mike Albaña.

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