

Official Newsletter of
Rotary Club of Manila

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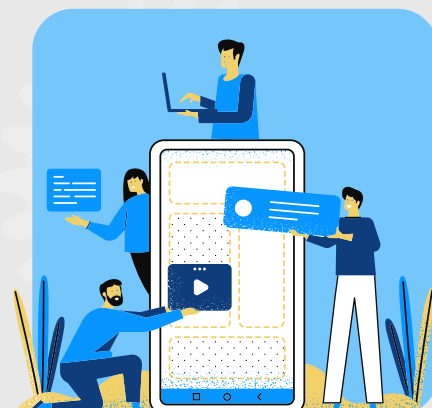
KABALITA

Her charm and wit make her the quintessential "Iskolar ng Bayan" Academician at the helm of the nation's most sought after portal of excellence in medical education as she personifies the perfect medical frontliner to assuage our apprehensions on living with the global pandemic in making her debut with Asia's First Rotary Club.



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**Zoom Weekly Membership Luncheon Meeting
Rotary Year 2020-2021**

Thursday, November 5, 2020, 11:00 AM

PROGRAM TIMETABLE

11:00 AM	Registration & Zoom In 1. Program Technical Moderators 2. Program Moderator/Facilitator	STAR Rtn. Toby Rast / EA Sol Troniado-Encarnacion PDSAA Ike Stranathan
11:50 AM	Zoom Meeting House Rules	

PART I

12:00 NN	Call to Order Invocation and Special prayers for the healing and speedy recovery of PP Cesar Ubaldo, PD Ning Lopez and Rtn. Butch Tamayo Philippine National Anthem RCM Hymn Rotary Hymn The Rotarian Pledge The Four (4) Way Test Introduction of Guests and Visiting Rotarians Welcome Song Maligayang Bati Happy Birthday Song RC Manila Birthday Celebrants for the week October 31 PD Jess Santos President's Time	Pres. Bobby Joseph PVP Fausto Preysler, Jr. AVP of RCM Members AVP of RCM WF Music Chorale AVP Rtn. Mike Guarin PDSAA Ferdie Co PDSAA Ike Stranathan AVP of RCM WF Music Chorale AVP of RCM WF Music Chorale AVP of Birthday Celebrants November 4 PD Beda Fajardo Pres. Bobby Joseph
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PART II

12:30 PM Introduction of the Guest Speaker

IPVP Hermie Esguerra

Address:

CHARLOTTE M. CHIONG, M.D., Ph.D.
Dean, University of the Philippines College of Medicine
Guest Speaker

TOPIC : "Facts, Fictions and Fears: Learning to Live with Covid 19"

Open Forum

1:30 PM AVP of RCM Handover, Inaugural and Awarding Ceremonies

Introduction of Inductees by Proposers

Robert Ian M. Joseph

(Filipino)

Director, Philippine Wine Merchants

Classification: Business Services –
Voice Talent

Proposed by: Pres. Bobby Joseph

Gerry Magbanua

(Filipino)

President, Alternergy Holdings Corp.

Classification: Power Production & Distribution
Renewable Energy Development & Operations

Proposed by: Dir. Celso Abastillas

Hon. Hiroyuki Okajima

(Japanese)

Minister and Consul General

Embassy of Japan in the Philippines

Classification: Diplomatic Service – Japan

Proposed by: PDG Vince Carlos

Rep. Ferdinand Martin G. Romualdez

(Filipino)

President, Astralta Holdings

Classification: Finance and Investments –
Family Holding

Proposed by: DE/VP Thad Liamzon

Charging of New Members

DGN Joyce Michelle Socorro L. Ambray

District Governor

Rotary International District 3810

RY 2022-2023

Induction of New Members

Pres. Bobby Joseph

2:00 PM Response and Meeting Adjournment

Pres. Bobby Joseph

GUEST SPEAKER



CHARLOTTE M. CHIONG, M.D., Ph.D.

Dean, University of the Philippines College of Medicine

Research Professor 12, National Institute of Health, University of the Philippines Manila

Clinical Professor, Department of Otolaryngology, University of the Philippines College of Medicine

EDUCATIONAL BACKGROUND

- BS Zoology, Summa cum Laude, University of the Philippines, 1981
- Doctor of Medicine, College of Medicine, UP Manila, 1985
- Internship (Straight) in Medicine, UP-Philippine General Hospital, May 1985–April 1986
- Otolaryngology Residency Training, Department of Otolaryngology, Philippine General Hospital, Jan 1987– Dec 1990
- Research Fellowship in Otology, Harvard Medical School, Massachusetts Eye and Ear Infirmary, Boston, Massachusetts, January 1991–May 1992
- Clinical Fellowship in Neurotology and Skull Base Surgery, Sunnybrook Health Science Center, University of Toronto, Toronto, Ontario, July 1992–June 1993
- Masteral Units in Medical Audiology, Karolinska Institute, Stockholm Sweden, 2005
- PhD (Medical Sciences), Radboud University Nijmegen, Netherlands, 2013

PAST POSITIONS

- Director, Philippine National Ear Institute, National Institutes of Health, U.P. Manila, Nov 1, 2014 – Dec 1, 2018
- Director, Newborn Hearing Screening Reference Center (NHSRC), National Institute of Health University of the Philippines, Manila, March 5, 2012 – December 1, 2018
- Editorial Board, Philippine Journal of Otolaryngology–Head and Neck Surgery Since 2006
- Associate Editor, Philippine Journal of Surgical Specialties, 2003–2007; Since February 2011
- Research Associate Professor 1, 2, 5, 7 (2007, 2009, 2010, 2013)
- Vice Chancellor for Planning and Development, University of the Philippines Manila, Feb 1, 2013 – Nov 2014
- Assistant to the Vice Chancellor for Planning and Development, University of the Philippines Manila, July 15, 2012 – Jan. 31, 2013
- Chief, RIDO, (Research Implementation and Development Office), UP College of Medicine, 2011 – July 2012

RECENT AWARDS AND RECOGNITION

- UP Scientist II, 2014–2016 (Awarded last Dec. 17, 2014 at UP Hall, Diliman, Q. C.)
- 2015 UPAA Distinguished Alumni Award in Medicine (Health Administration and Promotion). (Awarded June 20, 2015, Bahay ng Alumni, UP Diliman, Q.C.)
- Recipient, Solita Camara-Besa Award 2016 (Awarded by the UP College of Medicine Dean Agnes D. Mejia during the UP Medical Alumni Society Homecoming, Dec. 21, 2016, Shangri-La Fort, Taguig)
- ONE U.P. PROFESSORIAL CHAIR, University of the Philippines 2016–2018.
- ALFREDO T. RAMIREZ PROFESSORIAL CHAIR, U.P. College of Medicine, 2018–2019
- UP-Scientific Productivity System (SPS) Award 2018–2020, (Awarded May 20, 2019 at UP Diliman)
- One UP Professorial Chair in Otology & Neurotology for Research and Public Service 2019–2021
- Academician, National Academy of Science and Technology, 2020

PRESIDENT'S CORNER



Dear Fellow RCM members,

Last October 29, 2020, we held the RCM Joint Handover, Inaugural and Awarding Ceremonies at The Heritage Hotel Manila in Pasay City. Everyone enjoyed this remarkable event and stayed until the raffle. We would like to thank those who attended the event, physically and remotely through Zoom. A special thank you to Director Farid Shoucair and Programs Committee Chairman IPVP Hermie Esguerra for upgrading the event and making it extra special.

Congratulations to all the club awardees! The most number of awards were presented to ASAG/Dir. Albert Alday who worked diligently with the Rotary Movement in our club, the district and Rotaract. We had three awardees who received the best attendance awards - ASAG/Dir. Albert Alday, IPP Jackie Rodriguez, and PDG Vince Carlos. The spotlights for the evening were focused on Star Rotarian of the Year Club Secretary Reginald "Reggie" Yu and the man of the hour, the Rotarian of the Year, the second time around, Programs Committee Chairman IPVP Herminio "Hermie" Esguerra.

We appreciate the support of the Past District Governors of our club, namely, Vince Carlos, Obet Pagdanganan, and Rudy Bediones. We also had IPDG Liza Elorde, District Governor Odie Tarriela, DGE Robert Koa, and DGN Joyce Ambray.

Wines were free flowing and we were very impressed with the food. Thank you to Philippine Wine Merchants and Ralph's Wines and Spirits for sponsoring the wines, food, and quartet string band.

The program, set up and service were excellent! Thanks to the Wings & Motion Entertainment Production team which was a surprise gift from Programs Committee Chairman Hermie Esguerra.

The Board is facing new challenges as we entered into various outreach programs, namely, the Tuloy Foundation of Fr. Rocky Evangelista, the cancer-stricken children of the Philippine General Hospital, the Hospicio de San Jose Cerebral Palsy Center Project headed by PD Phil Ong, the Hydroponics Vegetable, Training and Supply of Equipment in collaboration with the district, the Rotary Education Assistance Program (REAP) and Global Grants from different clubs overseas for another project with the Hospicio de San Jose.

So far, all donations since July have been initiated by the undersigned. The only fundraising made by our members is Project Anna and we have a balance of Php 650,000. We shall call for another donation to increase the amount to include some Rotarians who may need assistance.

We are intensifying the Ambassador of Goodwill Program, the campaign for clean waters through our Save Manila Bay Project and the T.R.E.E.S. Program. We are also working more with the district on other outreach projects.

We have much ahead of us as this year is a banner year despite the pandemic. Let us all continue to pray for good health and ask God to bless us with a joyful and positive attitude.

Maraming Salamat!

Your Servant President,

Robert "Bobby" Lim Joseph, Jr.
President
RY 2020-2021
(101st President)

VALEDICTORY ADDRESS



District Governor Odie Tarriela, IPDG Liza Elorde, DGN Joyce Ambray, RCMDC, Ambassador Bryan Ingram, Rotary Club of Calcutta President Fernando Roychodury, Terri Lau of the Rotary Club of Shanghai and Saumen Ray of the Circle of Centennial Rotary Clubs (CCRC), ladies and gentlemen.

I welcome you to this meeting with the Rotary Club of Chiswick and the Rotary Club of Brentford as our newest members of the Circle of Centennial Rotary Clubs (CCRC).

As I stand before you today to express my gratitude and give my valedictory for my year of service to you, I fear that I have yet to learn a language well and deep enough to express and justify my true feelings, emotions and experiences during my very short tenure of service, a year shortened on both sides by the activities of our centennial celebration at the onset and the dreaded corona virus contagion seven (7) months into my term. My dreams of great achievements were unfortunately shattered and cut short, but, nevertheless, I tried to do my very best to serve you, our club, community and country.

I am humbled and glad that the output of my work, with your support, has caused me to enhance my membership into the Arch Klump Society. These few years mark a great distinction in the story of my life, which, measured by months, is in my November years, but, surely, my time with you, my Rotary family, deserves a full chapter to be added to my life story. The intensity of our friendships, the hard work we all put in, humbly, but passionately, will not be forgotten.

I stand foursquare behind the Four Way Test and solidly, with Service Above Self. And most of all, I stand with each and every one of you as I extend my heart and my hand to you in peace, love and friendship.

Few recall that on the announced lockdown, RCM did not miss a beat. Seamlessly, we transformed our meetings from live to Zoom. We were the very first club to rise to the occasion by forming a technical committee and starting our meetings via Zoom. Thank you Toby, Chito, Hans and the whole Technical Team.

Our pending laws for clean waters and more trees have continued and so has our ecological education book project, feeding the hungry, our scholarships as well as our caring for children. Thank you Phillip.

We are gratified with the fact that we have a fantastic incoming president who sees and gives value in what we are trying to do and has the vision to continue the good work. I salute this president and I commit to be there for him, completely and totally. That is the Rotary way.

We are one family. Rotarians stand heads high. Unrelentingly, and with enhanced progression, our RCM's Ambassador of Goodwill Program has connected with over one hundred (100) clubs worldwide. Thank you Vince and Nick. We have expanded our domestic and international network worldwide. RCM also formed the Circle of Centennial Rotary Clubs together with Shanghai and Calcutta. We, RCM, are currently worldwide Chair of this organization composed of many Centennial clubs.

VALEDICTORY ADDRESS

As Rotarians, we have at our disposal the gateways and doorways to fellowship and service to our communities and our country. And through this, we also have the ability to meet each other on different levels. This is where our families meet, where our business endeavors multiply, where our social and political scope magnifies and generally, where we rise to higher levels in our character and in our life. Rotary will find its way to continue its role in the new systems of this world. We will be there. We shall be there. And we must be there. We will continue our service to our communities and we will continue our fellowships.

Today, my valedictory day, is a day for us to recollect the good old days of great fellowship, warm handshakes, live meetings and carefree freedom. But, we are also saddened by the untarnished fact that we are quarantined and imprisoned by a killer virus that will change our country, the world and our way of life, our friendships, our business and our beloved Rotary.

“
*Rotarians, you are amazing.
Each and everyone of you. Not only
have you shown great character, but,
you have shown yourselves to be
fantastic Rotarians. I am proud of
you. And the communities you helped
will never forget you. As a result of
this pandemic, we have had to adjust
many of our programs, functions and
activities. This is so unfortunate. But,
we will continue our efforts. I will
forever cherish your commitment
and our camaraderie.*

Because of corona, I learned many things. I learned how to live prudently and to be appreciative of things I already have. I learned to miss my friends and appreciate them more. I learned that not all news, good or bad, are true. I learned to appreciate myself more for what I am and what I can achieve. I learned to catch up on

things that I still have failed to do. Most of all, I learned to appreciate and miss my freedom, a freedom now taken away and never again to return. They call it the new normal. I call it abnormal and unusual.

I saw total proof of the power of nature, the power of God, a power so great, a power we must nurture and care for less it feasts upon us and totally destroys and consumes us. I've learned that in the November years of my life, it's still not too late to help make ours a better world, uplift the unfortunate, to give a smile to those who have tears in their eyes, to give love to the unloved. And feed to the hungry. Shelter the needy. Teach the unschooled.

Because of Rotary, I've also learned that at the end of the day, it's your children and grandchildren that matter most in this life. Train them with the gift of life, of good character that is God-given. Show them how to share a bit of their heart with their fellowmen who need love and care.

I have learned that we will be judged, not by our enemies, but, by our God. I've been here long enough to learn that there are many disasters and pandemics in this life but I've also learned that we can do something about this in many different ways, in the front lines or behind closed doors.

As Rotarians, we are expected to perform for our country and our community. We will. Always. All my life, I've looked for my heroes extraordinary people, people who rise to each and every occasion. I found many of them right here in Rotary. You are my heroes. You are my friends. There was an instance during my term where, because of dire consequences, District Governor Liza requested RCM's help to save The Rotary Foundation Gala. We had only two (2) weeks. I called upon an RCM Gala celebration hero, Hermie, who agreed to help and came to the rescue. Within a few days, we raised almost P1 Million and delivered the most successful foundation Gala ever in two short weeks! This, of course, with the help of soon to assume District Governor Joyce.

VALEDICTORY ADDRESS

I have also learned that you can only be a good leader, a good executive, if you have good partners, partners who are committed, sincere and doers, selfless, heroic. Those are you guys. All of you. My champions! The Programs Committee, our World Famous singers, our Foundations, our Ambassadors, our Past Presidents, Technical Committee, Ethics Committee, T.R.E.E.S., Fellowship Committee, Hospicio de San Jose Committee, Clean Waters and directors.... all of you. Every single one of you....thank you! I am so proud of you. Without you, I would have been at the very best, an average President. My gratitude and success goes to you. Gracias hermanos!!

I've also learned that it is not necessary to force anyone by the power of your position to do anything he does not believe in. I've learned it is better to convince your audience of your objectives, to motivate and to show the way. That was, is, and always will be my way.

With the laws that are being passed through our efforts in the Senate and in Congress, someday, many of our poor will live better lives. There will be an abundance of food and medicine, clean air and pure water. Our skies will be blue. Our birds, butterflies, bees, fish and flowers will live once again because of the Rotary Club of Manila.

I also learned that right is might and that's the only way that we, as Rotarians, should follow, the right way. I also learned that I had to do my duty as President as I saw fit regardless of any personal agenda for myself or other members of our club. I had to learn the hard way that politics has no business in our club.

I've also learned that the best is do your best and if that is not good enough, try again. I've learned in Rotary that it is important to be generous and kind. I've learned that in Rotary, we have a factory for developing memories. Some of the most beautiful memories of my life are here. I've learned that in Rotary, we develop many permanent friends. Cherish the moment. I've learned in Rotary that I should love the cancer stricken Children, that I should care for the homeless child, that I should look after the orphans, that I should do my best to educate the young and that I should share the good fortunes that God has given me with those

that have less. I've learned that Rotary is a highway to happiness and a gateway to friends.

In true friendship, it is not enough to have emptied a brotherly bottle of beer together, to have sat on the same table at Rotary meetings, gone to the same school, to have met frequently at the same café, to have conversed in the street, to have sung the same songs in our chorale, to have worn the same colors, fought the same battles or to have celebrated in victories. Friendship is much deeper than that. Friendship, indeed, is one of the greatest gifts God has given man. It is the union of our greatest feelings; the blending of our hearts like a symphony of songs. It is an undefinable respect and trust we repose in one another, a constant understanding and communication of our minds, and an unremitting anxiety for each others' companionship.

FRIENDSHIP is:

Rich and sweet like old wine and champagne,

Bright and smooth as the sheen of satin tapestry.

Rich and noble as ivory!

It is where life has stood and lingered, intimately and long.

It is full of joy, tears, happiness and warmth.

One may call many a "friend" and be still ignorant of that sentiment, that is cooler than passion, warmer than respect, more just and generous than either, a feeling that recognizes a loving kindred spirit in another, keeps that relationship sacred by the wise reserve that is to friendship what the purple bloom is to the grape, and the grape to wine.

I say all this in order to say, loudly, "THANK YOU FRIEND!"

I hope that in our life's travels, hand in hand, we have together helped make this a better Rotary world. Long live the Rotary Club of Manila!

THE WEEK THAT WAS



Star Rtn. Toby Rast, assisted by **EA Sol Troniado-Encarnacion**, as **Program Technical Moderator**.



IPD Issam Eldebs, as Program Moderator/Facilitator, calls the evening's sequential order of activities.



Champion President Jackie Rodriguez calls the Joint Handover, Inaugural and Awarding Ceremonies to order.



Rtn. Marlon Roño delivers an Invocation.



The **Rotary Club of Manila Audiovisual Presentation** of the **Philippine National Anthem**.



The **World Famous Music Chorale Audiovisual Presentation** of the **RCM Hymn**.

THE WEEK THAT WAS



VPE Henning Karcher recites the Rotarian Pledge as a perfect prelude in fostering and strengthening ties amongst fellow Rotarians by way of reinforcing their resolve in furtherance of Service Above Self.



Rtn. Juan Montel leads the recitation of the Four (4) Way Test to renew their commitment to the Rotary movement.



RCM Joint Handover, Inaugural and Awarding Ceremonies and Programs Committee Chairman IPVP Hermie Esguerra delivers the Welcome Remarks.



BLA Amading Valdez introduces the dignitaries, district officers, visiting Rotarians and guests.



The **Audio Visual Presentation** of the **World Famous Music Choral**e singing the Welcome Song.

THE WEEK THAT WAS



IPP Jackie Rodriguez presents the Year-End Awards for RY 2019-2020.

THE WEEK THAT WAS



IPP Jackie Rodriguez delivers his Valedictory Message.



The presentation of the **Rotary Club of Manila Board of Directors and Executive Officers** for RY 2020-2021.



IPDG Liza Elorde conducts the charging of the Rotary Club of Manila Board of Directors and Executive Officers for RY 2020-2021 via Zoom platform.



PDG Obet Pagdanganan administers the induction of the Rotary Club of Manila Board of Directors and Executive Officers for RY 2020-2021.



IPP Jackie Rodriguez hands over the Presidential Gavel of Authority and imposes the President's Pin on **President Bobby Joseph**.

THE WEEK THAT WAS



President Bobby Joseph presents a token of appreciation and imposes the Past President's Pin on **IPP Jackie Rodriguez**.



Dir. Farid Alain Schoucair introduces **President Bobby Joseph**.



President Bobby Joseph delivers his Inaugural Address.



President Bobby Joseph presents the Quarterly Awards for RY 2020-2021.



PDG Rudy Bediones conducts the charging of new member, **Rtn. Gerard Sean Rodriguez**.



President Bobby Joseph inducts new member, **Rtn. Gerard Sean Rodriguez**.

THE WEEK THAT WAS



DG Odie Tarriela delivers his Governor's Message.



Pres. Bobby Joseph and **Programs Committee Chairman IPVP Hermie Esguerra** present tokens of appreciation to **DG Odie Tarriela**, **IPDG Liza Elorde**, **DGE Robert Koa** (represented by **IDS/SDG Edwin Chiu**), **DGN Joyce Ambray**, **PDG Obet Pagdanganan** and **PDG Rudy Bediones**.



Mr. Richard Merck serenades **President Bobby Joseph** and **Rotary Ann Ida Joseph**.



President Bobby Joseph adjourns the Joint Handover, Inaugural and Awarding Ceremonies.

CLUB ADMINISTRATION

FROM THE PROGRAMS COMMITTEE



Dear Fellow Manila Rotarians,

Today, we are fortunate to have a most qualified medical frontliner whose sterling academic background has catapulted her to the pinnacle of her career in medical education as the vaunted Dean of the University of the Philippines College of Medicine. Let us listen to Dean Charlotte M. Chiong, M.D., Ph.D. as she assuages our fears of the dreaded global pandemic through her talk, entitled, "Facts, Fiction and Fears: Learning to Live with COVID-19" where the Disease Prevention and Treatment Area of Focus takes centerstage.

It's time to revisit our Rotary basics as we endeavor to give you interesting and relevant topics guaranteed to excite your interest.

Yours in the service of Rotary,

IPVP HERMINIO "HERMIE" S. ESGUERRA
Programs Committee Chairman
RY 2020-2021



CLUB ADMINISTRATION

ATTENDANCE

RCM Members' Attendance Report, RY 2020-2021

Oct-20	October 1, 2020 Candidates for BOD for RY 2021-2022/ Town Hall Meeting		October 8, 2020 Rev. Fr. Rocky Evangelista		October 15, 2020 Past District Governor Oyan Villanueva		October 22, 2020 Classification Talks		October 29, 2020 Joint Handover /Awarding	
	computing w/ exempt	computing w/o exempt	computing w/ exempt	computing w/o exempt	computing w/ exempt	computing w/o exempt	computing w/ exempt	computing w/o exempt	computing w/ exempt	computing w/o exempt
All Members Present	70	70	49	49	46	46	54	54	62	62
Make Up			1	1	11	11	0		2	2
Less: Exempt from Attendance	5		3		8		6		7	
On Leave	6	6	6	6	6	6	6	6	6	6
Total Active Members	65	70	46	50	49	57	48	54	57	64
Total # of Members	204	204	204	204	204	204	204	204	204	204
TOTAL ATTENDANCE %:	32%	34%	23%	25%	24%	28%	24%	26%	28%	31%
Visiting Rotarians			12						61	
Guests of Members			2						18	
total attendees	70		63		46		54		141	

	CREDIT FOR MAKE-UP	DATE	EVENT
	Rtn. Momo Mommaerts	10.8.2020	Fellowship with Rotary Club of Bangkok
1	Pres. Bobby Joseph		
2 *	PP Boy Guevara		
3 *	PP Archit Bartolome		
4 *	PP Boy Ampil		
5 *	PP Susing Pineda		
6	PP Frank Evaristo		
14	PDG Vince Carlos		
15	PDG Rudy Bediones		
16	PVP Hermie Esguerra		
17	Dir. Johnny Chotrani		
18	PD Pepo Nuñez		
19	Sec. Reggie Yu		
20	AS Henry Go	10.16.2020	RCM 1st Family Rosary
21	DE Noy Benedicto		
22 *	SDG/PD Alvin Lacambacal		
23 *	PD Phil Ong		
24 *	PD Abe Pascual		
25 *	PDSAA Tony Lopa		
26 *	PT Lito Sibayan		
27	PT Chito Tagaysay		
28	Rtn. PJ Garcia		
29 *	Rtn. Willie Peliño		
30 *	Rtn. Ricky Guevara		
31	Rtn. Jed Dayang		
32	Rtn. Nando Camus		
1	Rtn. Momo Mommaerts	10.28.2020	Rotary Club of Bangkok
2	Rtn. Karl Leung*		
3	PDG Vince Carlos		
4	PP Frank Evaristo		
5	VP Thad Liamzon		
6	Dir. Albert Alday	11.3.2020	Meeting of Ambassador of Goodwill Committee
7	Rtn. Momo Mommaerts		
8	Rtn. Mike Ozaeta		
9	DE John Michael Cutter		
10	DE/Dir. Johnny Chotrani		

CLUB ADMINISTRATION

LIST OF MEMBERS WHO HAVE PAID THEIR ANNUAL DUES FOR RY 2020-2021 (as of November 4, 2020, 4:00 PM)

	ANNUAL DUES 19-20
156	FULLY PAID
45	UNPAID
3	PARTIALLY PAID
204	TOTAL NUMBER OF MEMBERS

NO.	NAME	OR NUMBER	ANNUAL DUES 20-21	REMARKS
1	Abastillas, Celso E.	50061	25,000.00	FULLY PAID
2	Aboy, Valentino "Val" G.	50049	25,000.00	FULLY PAID
3	Abriam, Ariel	50105	25,000.00	FULLY PAID
4	Acosta, Crispiniano "Cris" G.	50113	25,000.00	FULLY PAID
5	Alberto, Raymund Arnold S.	50275	25,000.00	FULLY PAID
6	Alcantara, Isidro "Butch"	50075	25,000.00	FULLY PAID
7	Alday, Albert S.	50035	25,000.00	FULLY PAID
8	Alingog, Aldous "Rex" A.	50271	25,000.00	FULLY PAID
9	Alvarez, Servando Jr.	50272	25,000.00	FULLY PAID
10	Ampil, Renato "Boy" A.	50130	23,800.00	FULLY PAID
11	Antunez, Jose Mari "Mari" M.	50277	25,000.00	FULLY PAID
12	Aventura, Avenilo "Nilo" P.	50263	25,000.00	FULLY PAID
13	Aventura, Jr., Avenilo "Jun" L.	50263	25,000.00	FULLY PAID
14	Bartolome III, Arsenio "Archit" M.	50047	25,000.00	FULLY PAID
15	Bediones, Rodolfo "Rudy" P.	50108	25,000.00	FULLY PAID
16	Bella Jr., Geronimo "Jun" Dela Paz	50069	24,553.57	FULLY PAID
17	Benedicto, Sixto "Noy" T.	50237	25,000.00	FULLY PAID
18	Blanco, Manuel "Manny" M.	50078	25,000.00	FULLY PAID
19	Bogovich, Jason M.	50102	25,000.00	FULLY PAID
20	Bolton, Wilhelm "Bollie"	50258	25,000.00	FULLY PAID
21	Branellec, Jacques "Jack"	50083	25,000.00	FULLY PAID
22	Cabuñag, Rogelio "Roger" R.	50279	25,000.00	FULLY PAID
23	Campos Jr., Joselito "Butch" D.	50148	25,000.00	FULLY PAID
24	Camus, Fernando	50068	25,000.00	FULLY PAID
25	Capistrano Jr., Jose "Jun-Jun" A.	50245	12,500.00	PARTIALLY PAID
26	Carlos, Vicente "Vince" J.	50124	23,800.00	FULLY PAID
27	Castro, Karlo Eugene Josef "Karlo"	50025	25,000.00	FULLY PAID
28	Chotrani, Johnny N.	50106	25,000.00	FULLY PAID
29	Chua, Domingo "Doming" T.	50137	25,000.00	FULLY PAID
30	Co, Ferdinand "Ferdie" C.	50255	25,000.00	FULLY PAID
31	Coyluto Jr., Robert "Jun" G.	50059	25,000.00	FULLY PAID
32	Cureg, Alexander "Alex" P.	50041	23,800.00	FULLY PAID
33	Cutter, John Michael "Michael"	50118	25,000.00	FULLY PAID
34	David, Virgilio "Vee"	50126	25,000.00	FULLY PAID
35	Davis, Raymond "Rey" N.	50089	25,000.00	FULLY PAID
36	Dayang, Juan E.	50049	25,000.00	FULLY PAID
37	Dee, Marcus L.	50252	25,000.00	FULLY PAID
38	De Venecia, Jose "Joe" C.	50149	25,000.00	FULLY PAID
39	Del Rosario, Oscar	50265	25,000.00	FULLY PAID
40	Dela Cruz, Artemio "Art"	50147	25,000.00	FULLY PAID
41	Diokno, Benjamin "Ben" E.	50043	25,000.00	FULLY PAID
42	Dominguez III, Carlos "Sonny" G.	50065	25,000.00	FULLY PAID
43	Dy, Manuel "Manny" C.	50050	25,000.00	FULLY PAID
44	Egan, Brendan "Bren" W.L.	50230	25,000.00	FULLY PAID
45	Eldebs, Issam "Sam"	50021	25,000.00	FULLY PAID
46	Engelbrecht, Francois	50121	25,000.00	FULLY PAID
47	Enriquez III, Eduardo "Jujut" V.	50051	24,553.57	FULLY PAID
48	Esguerra, Herminio "Hermie" S.	50062	25,000.00	FULLY PAID
49	Eugenio, John Emyl "Emyl" G.	50254	25,000.00	FULLY PAID
50	Evaristo, Frank	50079	25,000.00	FULLY PAID
51	Fajardo, Beda G.	50138	25,000.00	FULLY PAID
52	Follosco Jr., Ceferino "Jun" G.	50027	25,000.00	FULLY PAID
53	Garcia, Paul Joseph "PJ"	50150/50285	25,000.00	FULLY PAID
54	Garcia, Victor	50052	25,000.00	FULLY PAID
55	Gierran, Dante "Dan"	50242	25,000.00	FULLY PAID
56	Go, Daniel "Danny" C.	50070	25,000.00	FULLY PAID
57	Go, Henry Sy	50048	37,138.00	FULLY PAID

58	Go, Michael	50241	25,000.00	FULLY PAID
59	Guerrero, Miguel Ma. "Mike"	50300	25,000.00	FULLY PAID
60	Guevara Jr., Domingo "Boy" S.	50250	25,000.00	FULLY PAID
61	Guevara, Ricardo "Ricky" S.	50236	25,000.00	FULLY PAID
62	Hallare Jr., Delfin "Jun" T.	50114	25,000.00	FULLY PAID
63	Hallerbach, Mathias	50094	25,000.00	FULLY PAID
64	Harle, Wolfgang Kurt	50122	25,000.00	FULLY PAID
65	Henkelmann, Martin	50097	25,000.00	FULLY PAID
66	Hernandez, Edwin	50044	37,138.00	FULLY PAID
67	Hesse, Uwe	50283	25,000.00	FULLY PAID
68	Jang, Jae "Jay-Jay" J.	50284	25,000.00	FULLY PAID
69	Joseph Jr., Robert Lim "Bobby"	50038	25,000.00	FULLY PAID
70	Karcher, Henning	50091	25,000.00	FULLY PAID
71	Ko, Solomon "Mon"	50037	25,000.00	FULLY PAID
72	Kunack, Lutz	50216	25,000.00	FULLY PAID
73	Lacambacal, Alvin D.	50259	25,000.00	FULLY PAID
74	Lee, Richard "Dick" L.	50074	25,000.00	FULLY PAID
75	Liamzon, Romeo Thaddeus "Thad" T.	50028	25,000.00	FULLY PAID
76	Lim, David Eduardo Ty	50111	25,000.00	FULLY PAID
77	Lim, William "Willy" C.	50267	25,000.00	FULLY PAID
78	Locsin, Arsenio "Nick" Z.	50092	25,000.00	FULLY PAID
79	Locsin, Roberto R.	50036	24,500.00	FULLY PAID
80	Lonzaga, Reinerio "Ner" C.	50099	25,000.00	FULLY PAID
81	Lopa, Antonio "Tony" A.	50302	25,000.00	FULLY PAID
82	Lopez, Arthur "Art" M.	50034	25,000.00	FULLY PAID
83	Lopez, Antonio "Tony"	50286	25,000.00	FULLY PAID
84	Macapagal, Michael	50285	25,000.00	FULLY PAID
85	Manalaysay, Cesar P "Citos"	50233	25,000.00	FULLY PAID
86	Marking, Amado "Butch" M.	50110	25,000.00	FULLY PAID
87	Masters, Lance A.	50090/50292	13,500.00	PARTIALLY PAID
88	Matschuck, Guenter "Gunter" G.	50046	25,000.00	FULLY PAID
89	Mendoza, Estelito "Titong" P.	50060	25,000.00	FULLY PAID
90	Mendoza, Raymond Joseph Ian "Raji" O.	50244	25,000.00	FULLY PAID
91	Mommaerts, Steve "Momo"	50253	25,000.00	FULLY PAID
92	Montecillo, Daniel Gabriel "Dennis"	50119	25,000.00	FULLY PAID
93	Montinola, Antonio "Tony" J.	50042	25,000.00	FULLY PAID
94	Mueller, Klaus	50278	25,000.00	FULLY PAID
95	Nones, Romeo "Romy" C.	50120	25,000.00	FULLY PAID
96	Nolido, Ramon Alberto "Ramby" B.	50273	25,000.00	FULLY PAID
97	Nunez Jr., Jose "Pepo" A.	50260	25,000.00	FULLY PAID
98	Ocampo, Teodoro "Teddy" J.	50117	25,000.00	FULLY PAID
99	Ong, Jovee K.	50143	25,000.00	FULLY PAID
100	Ong, Phillip "Phil" L.	50082	25,000.00	FULLY PAID
101	Ozaeta, Miguel Antonio L.	50136	25,000.00	FULLY PAID
102	Pagdanganan, Roberto "Obet" M.	50064	25,000.00	FULLY PAID
103	Palacios, Albert "Hans" C.	50141	12,500.00	PARTIALLY PAID
104	Pallasigue, Brian	50135	37,138.00	FULLY PAID
105	Pascual, Abraham "Abe" F.	50098	25,000.00	FULLY PAID
106	Pascual, Jose Augusto "Jappy"	50098	25,000.00	FULLY PAID
107	Patterson, Colin David	50276	25,000.00	FULLY PAID
108	Payumo, Felicitio "Tong" C.	50240	25,000.00	FULLY PAID
109	Pelino, Wilfredo "Willie" M.	50180	25,000.00	FULLY PAID
110	Pineda Jr., Jesus "Susing" M.	50093	25,000.00	FULLY PAID
111	Pineda Jr., Patricio "Bebot" F.	50030	25,000.00	FULLY PAID
112	Pizaras, Jordan M.	50151	25,000.00	FULLY PAID
113	Policarpio Jr., Jose "Jimmie"	50221	25,000.00	FULLY PAID
114	Policarpio, Renato "Rene" R.	50088	25,000.00	FULLY PAID
115	Preysler Jr., Fausto R.	50087	25,000.00	FULLY PAID
116	Pujalte Jr., Jose "Brix" S.	50274	25,000.00	FULLY PAID

CLUB ADMINISTRATION

LIST OF MEMBERS WHO HAVE PAID THEIR ANNUAL DUES FOR RY 2020-2021 (as of November 4, 2020, 4:00 PM)

117	Quisumbing, Ramon "Mon" J.	50095	25,000.00	FULLY PAID
118	Ramos, Ricardo "Ric"	50301	25,000.00	FULLY PAID
119	Rast, Tobias	50033	25,000.00	FULLY PAID
120	Recto, Philip H.	50101	25,000.00	FULLY PAID
121	Reyes, Crispino "Babes" P.	50247	25,000.00	FULLY PAID
122	Reyes, Edgardo "Ed" P.	50235	25,000.00	FULLY PAID
123	Reynolds, David John "Dave"	20-Dec	25,000.00	FULLY PAID
124	Rodriguez, Joaquin "Jackie"	50127	25,000.00	FULLY PAID
125	Romualdez, Jose Manuel "Babe" G.	50282	25,000.00	FULLY PAID
126	Rono, Marlon	50140	25,000.00	FULLY PAID
127	Sarmiento, Ricardo	50045	25,000.00	FULLY PAID
128	Schoucair, Farid Alain	50109	25,000.00	FULLY PAID
129	Schneider, Bernd	50104	24,500.00	FULLY PAID
130	Shigel, Kentaro	50269	36,395.34	FULLY PAID
131	Sibayan, Joselito "Lito" H.	50100	25,000.00	FULLY PAID
132	So, Warren	50123	25,000.00	FULLY PAID
133	Stranathan, Ike	50055	25,000.00	FULLY PAID
134	Syjuco Jr., Jose "Joey" A.	50086	25,000.00	FULLY PAID
135	Tagaysay, Hector "Chito"	50125	25,000.00	FULLY PAID
136	Tamano, Shalimar Hofer "Shah"	50234	25,000.00	FULLY PAID
137	Tamayo, Victor "Butch" L.	50199	25,000.00	FULLY PAID
138	Tan, Eusebio "Ebot" V.	50131	25,000.00	FULLY PAID
139	Tang, Jimmy T.	50264	25,000.00	FULLY PAID
140	Tanglao, Noel V.	50195	25,000.00	FULLY PAID
141	Tankiang, Francisco "Paquito" V.	50139	25,000.00	FULLY PAID
142	Dormond Taylor, Marvin	50115	25,000.00	FULLY PAID
143	Tillman, Hansel	50116	25,000.00	FULLY PAID

144	Ubaldo, Cesar C.	50268/50132	25,000.00	FULLY PAID
145	Valdes, Joel C.	48310	25,000.00	FULLY PAID
146	Valdez, Amado "Amading" D.	50081	25,000.00	FULLY PAID
147	Valencia, Rodolfo "Rod" G.	50281	25,000.00	FULLY PAID
148	Vea, Reynaldo "Rey" B.	50128	25,000.00	FULLY PAID
149	Villacorta, Daniel Deo B.	50142	25,000.00	FULLY PAID
150	Villarica, Henry R.	50227	25,000.00	FULLY PAID
151	Villegas, Raoul A.	50133	25,000.00	FULLY PAID
152	Vrana, Ludek	50058	25,000.00	FULLY PAID
153	Yu, Geoffrey "Geof" C.	50261	25,000.00	FULLY PAID
154	Yu, Reginald	50103	25,000.00	FULLY PAID
155	Yujuico, Benedicto "Dicky" V.	50266	25,000.00	FULLY PAID
156	Yujuico, Joselito "Joey" Z.	50169	25,000.00	FULLY PAID
157	Zalamea Jr., Enrique "Rick" M.	50107	25,000.00	FULLY PAID
158	Zaldarriaga, Felix Francisco "Chito" S.	50112	25,000.00	FULLY PAID
159	Zeitouni, Nagi	50134	25,000.00	FULLY PAID
TOTAL			3,980,816.48	
Resigned				
			-	
1	Ong, Jason L.	50084	25,000.00	FULLY PAID
2	Paras, Neil	50084	25,000.00	FULLY PAID
3	Laguesma, Bienvenido "Benny"	50096	23,800.00	FULLY PAID
Deceased				
			-	
1	Lim, Alfredo "Fred" S.	50071	25,000.00	FULLY PAID
2	Legarda Jr., Benito "Beniting" J.	50063	12,500.00	PARTIALLY PAID
			4,092,116.48	

KNOW YOUR CLUB CONSTITUTION, BY-LAWS AND POLICIES

Q: Are the RCM Board and the RCM Committees authorized to make investments other than those relating to the placement of excess funds on short-term deposits?



A: No, they are not authorized. The following items in the Code of Policies are authoritative:

"3.2.1.6 Investments

The RCM Board and RCM Committees are not authorized to make investments other than those relating to placement of excess funds on short-term deposits, most preferably Government Treasury Bills.

The Treasurer may from time to time recommend to the RCM Board placement of funds that may arise from inactive current account balances or surplus funds.

Investments can only be made in local currency, and should be National Government Securities (Treasury Bills) placed at maturity periods not exceeding ninety days (90) and not to be Foreign Currency denominated.

The RCM Treasurer with Approval of RCM Board must note the placement of funds."

Q: What are the procedures for administration of receipts and sources of funds for Restricted Funds?

A: The Code of Policies provides the following:

"3.2.1 RESTRICTED FUNDS

3.2.1.1 Procedures for Administration of Receipts and Sources of Funds

The Chairman of a specific RCM Project Committee may formally request the RCM Treasury to establish a restricted bank account.

The Chairman of a specific RCM Project Committee may with approval of the President and concurred to by the RCM Board, decide to source funds from fund raising activities himself or may formally request the assistance of the RCM Ways and Means Committee to assist his committee to develop strategy for fund raising projects and actively seek donations for his committee/project.

Project Committees operating sustaining projects must use existing bank accounts established for their respective committee projects. The opening of multiple bank accounts for similar projects will not be permitted."

ROTARIAN OF THE WEEK

AT/DIR. EDUARDO “JUJUT” V. ENRIQUEZ, III: THE BANKER WHO'S MAKING A DIFFERENCE

By Rhea Vitto Tabora

Growing up in a ‘Rotarian’ environment, it’s no surprise AT/Dir. Eduardo “Jujut” V. Enriquez, III also became a Rotarian. Thanks to his father, a Great Rotarian (as how AT/Dir. Jujut would describe his dad), his early exposure to the world of Rotary had influenced him to embrace the Rotary culture. And now, he’s making a difference in the banking industry where he works.

Get to know AT/Dir. Jujut as he talks about his family, career, adventures, hobbies, his love for action, and that one skill which he learned during the pandemic.

Rhea Vitto Tabora (RVT): When did you join the Rotary and what inspired you to join?

Eduardo “Jujut” V. Enriquez, III (JVE): I joined RCM in 2012 upon the invitation of a very esteemed Rotarian and friend, Fausto Preysler. I was actually with Rotary Makati Ayala for five years, from 2004 to 2009, and served as its President in 2005 to 2006. My inspiration to join came from my Dad who was a Great Rotarian and served with one of our daughter clubs, Rotary Club of QC. I remember how happy, proud and excited he was as I was being inducted into RCM, because to him, it is the most prestigious Rotary Club in the Country.

Rotary has always been a part of my growing-up years. Most of my Dad’s friends were Rotarians, so by extension, that meant their children too were friends. I saw the world with Rotary, both from being an exchange student and housing children of Rotarians from other countries to study in the Philippines. So Rotary kinda fits like a glove. The friendships you develop and the sense of purpose are all part of being an engaged Rotarian.



“

Rotary has always been a part of my growing-up years. I saw the world with Rotary. The friendships I develop and the sense of purpose are all part of being an engaged Rotarian.

ROTARIAN OF THE WEEK

RVT: How has Rotary changed you—personally and professionally?

JVE: Rotary has given my life some balance. It has filled the need for friendship and provided the venue for exchange of diverse opinions and sharing of different cultures. And the fun we all enjoy as brothers in Rotary!

Of course, being exposed to Captains of the Industry also allows you to collaborate with different industry experts. The robust exchanges in our Viber groups show depth, experience and knowledge which allows for the exchange of learnings whether directly or indirectly.

RVT: When you were younger, what did you want to be? Have you landed your dream job or has your interest changed when you got older?

JVE: Yes, I have landed my dream job! I like to be constantly challenged in my field to continuously innovate and re-think the way we do things. I guess you can say that my life has been structured (aka, boring). But now that I am in my mid-career, my priorities have changed, but the passion has remained. Priorities that take center stage now is balance between career, family, hobbies and charity, among many others.

RVT: What do you like best about your career?

JVE: Dealing with people. Collaborating to innovate. Addressing an underserved market sector ignored for many years. Making a difference in everyone's lives.

RVT: What's the coolest thing in modern banking?

JVE: The innovation! How digitization is revolutionizing the way and how we bank. No more spending time visiting and lining up in brick-and-mortar branches. The use of Robotics and AI for alternative credit scoring in addressing the unbanked.

RVT: Name one thing you are deeply proud of in your life.

JVE: My family! I've been married for 23 years and have absolutely loved the journey. We have three children, with the eldest about to graduate BAA from UP, and twins in the university pursuing courses that fulfill them.



Next would be my career. I have been a banker for over 25 years and been through several crises, and each time you learn something new. This time, however, it seems to be packed with the most learning. I never thought that I would be working exclusively from home and still be productive, if not more. Making credit access easier, more convenient and financially inclusive is very rewarding and fulfilling.

ROTARIAN OF THE WEEK

RVT: What do you do when not working?

JVE: My pandemic-acquired skill is smoking...meats. I've started spending 10 to 14 hours smoking beef brisket, pulled pork, pork ribs, beef ribs, burnt ends and steak slabs. I have three carnivorous boys, so that certainly makes them happy.

Before smoking, I always spent a weekend each month scuba diving. I have actively been scuba diving around the Philippines and hold a Technical 2 Certification. That means I am certified for deep dives using exotic gases as well as wreck-certified.

My favorite diving spot is Tubbataha and was there for three diving seasons in a row until the pandemic in 2020. I've always loved the water, whether diving, boating, swimming, fishing, among others.



RVT: If you are to pick one adventure, what would you do and why?

JVE: Cave diving! It has always fascinated me, but it requires extensive training. And Philippines is not really known to have great caves to dive, unlike Florida or the cenotes in Mexico.

RVT: If you could live anywhere in the world for a year, where would it be and why?

JVE: New York City! I lived there for a year when I was a teenager and absolutely loved it! The four seasons, the people, the cultural melting pot, the food, the diversity, the independence, among many, many others. Even to retire, I would probably choose a bustling city like NYC than a laid-back life in a farm. I like action and everything associated with speed.

RVT: We all have something we want to do or someplace we want to go. How about you? What's on your bucket list?

JVE: I am happy where I am and would not want to add to a bucket list simply because I choose to live my life with little expectation.

Besides, when I visited Iceland last year, I thought that I had already been to one of the most beautiful places on earth. I would like to go back and explore further. Hike and snow mobile the glaciers, eat more fermented shark, horse and whale, live in the rented van for a week and cook from campsites, just sit down with a glass of wine and enjoy the view of mountains and glaciers.



THE ROTARY FOUNDATION

AN INVITATION TO JOIN THE ROSTER OF PAUL HARRIS FELLOWS

July 14, 2020

Dear Fellow Rotarians,

An Opportunity has now opened doors for our club to be a 100% Paul Harris Club. With only US\$ 500.00 as a beginning contribution, you can now become a Paul Harris Fellow.

We have members who have risen to donor levels that have earned them significant point values. Our fellow members led by IPP Jackie Rodriguez, PDG Alex Cureg, IPVP Hermie Esguerra, PDG Rudy Bediones and PDG Obet Pagdanganan have indicated their willingness to share the points they have earned to allow Rotarians to be enrolled in the Roster of Paul Harris Fellows for only an initial contribution of US\$ 500.00 instead of the regular US\$ 1,000.00.

Contributions can easily be made by enrolling in www.rotary.org using your R.I. Identification Number. Once enrolled, you are allowed to learn Rotary, increase your circle of friendship and contribute conveniently using the website.

We, Rotarians, belong to a global family of service-oriented people who believe that our congregation is a means to share our blessings to the less fortunate communities globally. The Rotary Foundation is the funding arm of global humanitarian undertakings of Rotary International. It was formally named in 1917 and the first trustees were appointed after Rotary International President Arch Klumph proposed for the establishment of an endowment for the purpose of doing good in the world. The first grant of US\$ 500 benefitted the International Society for Crippled Children (Easter Seals). History marks the milestone projects of The Rotary Foundation such a scholarship for international graduate study, the elimination

of Polio worldwide, the initiation of a World Peace Forum, among others. Under the Rotary's 7 Areas of Service Focus, namely, Peace and Conflict Prevention/Resolution, Disease Prevention and Treatment, Water and Sanitation, Maternal and Child Health, Basic Education and Literacy, Economic and Community Development and lastly, Supporting the Environment, Rotary International and The Rotary Foundation have made themselves relevant to developing communities globally.

All these services would not have been made possible if not for the generosity of Rotarians, who voluntarily enlisted themselves to become members of The Rotary Foundation through a minimal contribution of US\$ 1,000.00.

We are currently working on a Global Grants for COVID-19 and other community-related projects. Your contribution will significantly improve the community living of our target beneficiaries.

For any assistance, please feel free to contact me.

Yours in the service of Rotary,

ROMEO THADDEUS LIAMZON
Vice President
Chairman, The Rotary Foundation
RY 2020-2021

Noted by:

ROBERT L. JOSEPH, JR.
President
RY 2020-2021

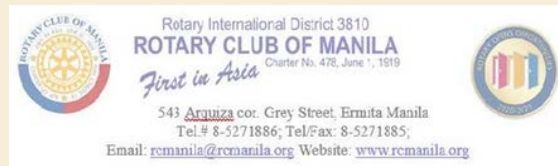
AMBASSADOR OF GOODWILL COMMITTEE HOLDS MEETING



The Ambassador of Goodwill Committee held a meeting last November 3, 2020 via Zoom platform. Present were Chairman PDG Vince Carlos, PP Frank Evaristo, DE/VP Thad Liamzon, ASAG/DE/Dir. Albert Alday, Rtn. Momo Mommaerts, DE John Michael Cutter, DE/Dir. Johnny Chotrani, Rtn. Karl Leung and Rtn. Mike Ozaeta.

DISEASE PREVENTION AND TREATMENT

THEIR EYES ARE LOOKING AT YOU



November 1, 2020

Dear Fellow Rotarians,

Their eyes are looking at you...

...and they are telling you:

- The situation at PGH hematology-oncology unit is critical
- 5,000 children in the Philippines are diagnosed with cancer annually
- That there are only 51 pediatric oncologists in all the Philippines
- That there are only 3 dedicated pediatric cancer wards in the nation
- That there is a current shortage of Pediasure for chemo patients
- That a 19-year-old patient has been without her needed medication for more than 2 weeks now
- The COVID pandemic has prevented provincial travel for needed care



More sobering is the fact that the W.H.O. has noted that the pediatric survival rate for nations like the Philippines is a mere 20%—compared to 80% among developed nations globally—often due to lack of proper diagnosis and access to immediate care.

That is why Rotary Club of Manila has committed itself to help. But make no mistake—these needs are ongoing, immediate, and need our members at large to come to the aid of these special young people.

Therefore, we are creating a dedicated channel of donations beginning now and through the end of the year. These funds will first be used to immediately underwrite the shortfalls of needed supplies and medication. Additionally, we will address issues of supply chain in securing PPE for personnel and support for patient families.

Equally important is the leadership RCM has always shown. Therefore, we are also soliciting stakeholders and collaborators outside of RCM who share our willingness to join this effort. Your contribution in kind through your business or profession is certainly as valuable and as urgently needed. We welcome such offers and will gladly help coordinate the same through PGH. We cannot do this solely by ourselves; but we will take the lead!

I am asking you to start today by adding your name to mine below. Contributions as often as you wish to make them will be directed through the RCM Secretariat for disbursement as ongoing needs arise. Likewise, if you wish to join personally with this program, do not hesitate to contact me directly.

Their eyes are looking at you...

Show them your commitment is greater than their fear.

Show them your hearts are as great as their hopes.

Yours in the service of Rotary,

Chairman John M. Cutter

Rotary Club of Manila

Tel.# 5271886 | Tel/ Fax No. 5271885

email: rcm Manila@rcmanila.org; manilarotaryclub@gmail.com

SAVING THE ENVIRONMENT

TURNOVER CEREMONY OF MANILA YACHT CLUB



TURNOVER CEREMONY:

The Philippine Star
mareyes@philstarmedia.com
1 Nov 2020

The Manila Yacht Club has a new leadership, led by incoming Commodore Francisco Garcia (second from left) who is shown with outgoing Commodore Robert Lim Joseph Jr. (third from left) after simple turnover ceremonies. Also in photo are past commodores Juan Marcos Arellano Jr. (left) and Ildefonso Tronqued (right). Outgoing Commodore Joseph served the club for two years, with the cleanup of the Manila Bay as one of MYC's accomplishments during his term.

COGS IN THE WHEEL

ROTARY CLUB OF MANILA RECEIVES PLATINUM ROTARY CITATION FROM ROTARY INTERNATIONAL

2019-2020 ROTARY CITATION platinum



Awarded to the Rotary Club of

Manila

for helping **Rotary connect the world** in the lives of people all over the world.



Mark Daniel Maloney
Mark Daniel Maloney
President, Rotary International

INTERCLUB RELATIONS



The poster is for a Rotary event. At the top left is the Rotary logo (a yellow gear-like symbol) and the word "Rotary" in blue. To its right is a graphic of four vertical bars in red, orange, yellow, and blue, followed by the text "Rotary Opens Opportunities" in blue. The main title "Philippines' Core Interest in WEST PHILIPPINES SEA" is in large, bold, white letters. Below it, "with GUEST SPEAKER Dr. Chester Cabalsa" is written in white. The event details "VIA ZOOM: 5 November 2020" are in bold white, followed by "Zoom ID: 563 403 2296" and "Passcode: rcbm2020" in a smaller white font. On the right side is a full-length photo of Dr. Chester Cabalsa, a man in a dark suit and tie, holding a dark bag. At the bottom left is a small image of a monument (the Rizal Monument) with the text "Hosted by: RC BAGUMBAYAN-MANILA TP Rolando 'Rolly' Policarpio" below it. A small watermark "Made with PosterMyWall.com" is at the very bottom left.

Rotary  Rotary Opens Opportunities

**Philippines' Core Interest in
WEST PHILIPPINES SEA**

with GUEST SPEAKER
Dr. Chester Cabalsa

VIA ZOOM:
5 November 2020
Zoom ID: 563 403 2296
Passcode: rcbm2020

Hosted by:
**RC BAGUMBAYAN-MANILA
TP Rolando "Rolly" Policarpio**

Made with PosterMyWall.com

INTERCLUB RELATIONS



Rotary
Club of Bacoar City Sunrise

DOMINGO ABELLA III
Champion President

MIGUELITO ACOBERA
Transformational President

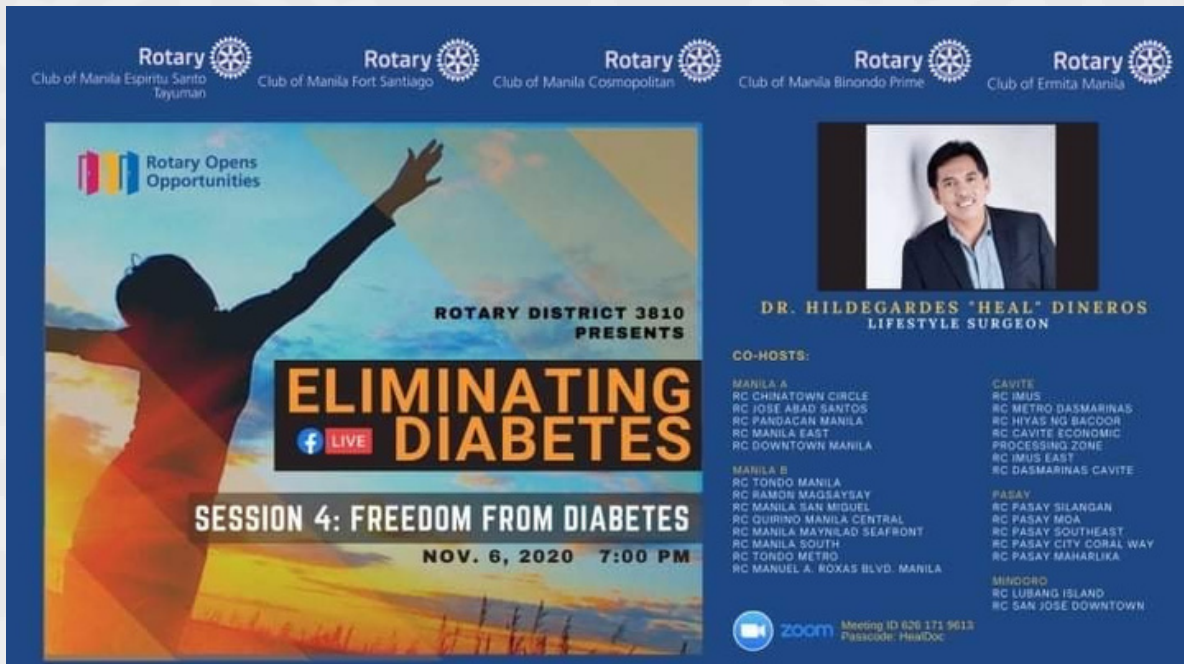
Induction and Handover Ceremonies

Venue: Eagle Ridge Golf & Country Club
Day: November 6, 2020
Golf Fellowship: Tee Time - 7:30am Aoki Course
Induction and Handover: 1:00pm - Aoki Clubhouse

Rotary District 3810

Rotary Opens Opportunities 20|21

BACOAR CITY SUNRISE



Rotary Club of Manila Espiritu Santo Tayuman

Rotary Club of Manila Fort Santiago

Rotary Club of Manila Cosmopolitan

Rotary Club of Manila Binondo Prime

Rotary Club of Ermita Manila

Rotary Opens Opportunities

ROTARY DISTRICT 3810 PRESENTS

ELIMINATING DIABETES

SESSION 4: FREEDOM FROM DIABETES

NOV. 6, 2020 7:00 PM

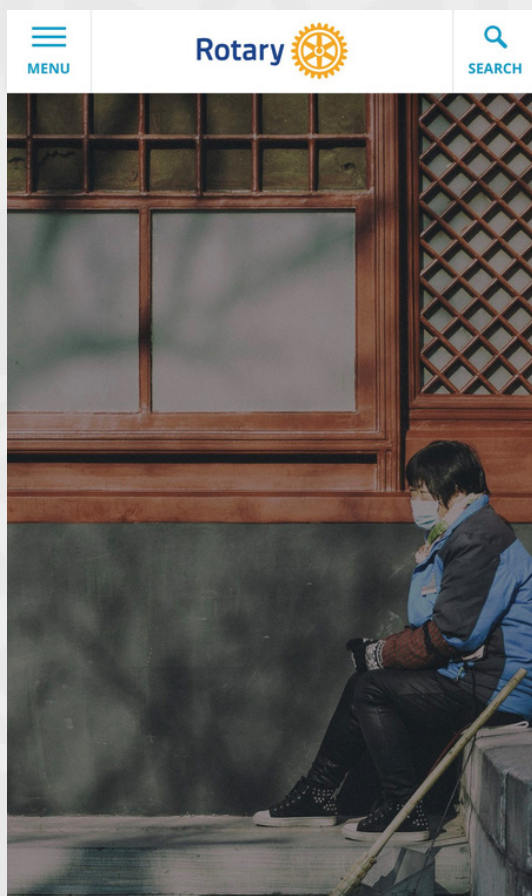
DR. HILDEGARDES "HEAL" DINEROS
LIFESTYLE SURGEON

CO-HOSTS:

MANILA A RC CHINATOWN CIRCLE RC JOSE ABAD SANTOS RC PANDACAN MANILA RC MANILA EAST RC DOWNTOWN MANILA	CAVITE RC IMUS RC METRO DASMARINAS RC HIYAS NG BACOAR RC CAVITE ECONOMIC PROCESSING ZONE RC IMUS EAST RC DASMARINAS CAVITE
MANILA B RC TONDO MANILA RC RAMON MAGSAYSAY RC MANILA SAN MIGUEL RC QUIRINO MANILA CENTRAL RC MANILA MAYNILAD SEAFRONT RC MANILA SOUTH RC TONDO METRO RC MANUEL A. ROXAS BLVD. MANILA	PASAY RC PASAY SILANGAN RC PASAY MOA RC PASAY SOUTHEAST RC PASAY CITY CORAL WAY RC PASAY MAHARLIKA
	MINDORO RC LUBANG ISLAND RC SAN JOSE DOWNTOWN

zoom Meeting ID 626 171 9613
Passcode: HsKJDC

HOW ROTARY IS ALLEVIATING THE EFFECTS OF ISOLATION DURING COVID-19



Throughout the pandemic, members are discovering ways to connect, cope, and care for each other and people in the communities they serve.

by Joseph Derr

Social distancing, self-quarantines, and lockdowns, all of which have been necessary to reduce the spread of COVID-19, help keep us safe but also isolate us, creating feelings of loneliness and anxiety.

Rotary clubs are rising to the challenge to mitigate these negative effects, both in their clubs and beyond. Along the way, members are discovering new ways to serve.

The science of connection

Physical isolation, compounded by the stress of the health crisis and its disruption to daily life, is having a psychological impact. The Lancet, a leading medical journal, published a [review of previous studies](#) that found a high incidence of irritability, depression, and emotional exhaustion among people in quarantine. Another [recent study that focused on China in early 2020](#) found that anxiety increased during quarantines, especially among the elderly, who are more likely to live alone.

Why do we suffer psychologically when we're isolated physically? For Sylvia Whitlock, a semi-retired marriage and family therapist and member of the Rotary Club of Claremont, California, USA, the answer is simple: "Isolation is a stress-producing state, as one of our human needs is for connections."



Sylvia Whitlock, Rotary Club of Claremont, California, USA

HOW ROTARY IS ALLEVIATING THE EFFECTS OF ISOLATION DURING COVID-19

“Isolation is a stress-producing state, as one of our human needs is for connections.”



— Sylvia Whitlock
Rotary Club of Claremont, California, USA

The ability to connect is inherent in us, says Mary Berge, a clinical psychologist and member of the Rotary Club of Johnstown, Pennsylvania, USA. “Oxytocin, released when you hug someone, is also released through bonding socially,” she says. As oxytocin is released, these social bonds are strengthened.

Those feel-good chemicals — also produced through acts of altruism — don’t necessarily stop flowing, even in isolation, says Berge, who regularly does smiling exercises with her anxious or stressed clients. These exercises can produce results just like genuine smiles do.

“Science tells us your brain really does not know if it is faked, forced, or real,” says Berge. “It just feels those muscles and says, ‘She’s smiling!’ and releases mostly dopamine.”

“Science tells us your brain really does not know if it is faked, forced, or real.”



— Mary Berge
Rotary Club of Johnstown, Pennsylvania

Tools for coping

The very pandemic that has separated us from each other may also be teaching us how to become closer. Whitlock is convinced that online club meetings counter the negative effects of isolation. These virtual get-togethers let us see friendly faces and check on each other.

When leaders of the Rotary Club of Roma Polis, Italy, talked to their club members during the early days of the pandemic, they saw a lot of sadness and anxiety, Niccoló Di Raimondo says. During its first online meeting during lockdown, member Valentina Silvestre, a psychologist, offered self-care tips for coping during the pandemic, such as planning to how to use one’s time well, enjoying simple pleasures like reading and music, and staying physically active.

“The advice was to live the lockdown experience as a moment of personal reflection, an opportunity to give importance to sharing moments with family members,” Di Raimondo says.

Whitlock says that reframing how we think about physical isolation can reduce anxiety. “Know that you are not alone. Distanced, maybe, but not isolated,” she says.

The pandemic has disrupted the lives of young people, too. Many Rotary Youth Exchange students who were supposed to be exploring new cultures found themselves homebound in 2020. And when schools closed because of the pandemic, Interact clubs couldn’t meet as usual.

Homebound

Venezuelan Rotary Youth Exchange student Anniela Carracedo saw an opportunity to help. She founded [Rotary Interactive Quarantine](#), a website that connects Rotary youth around the world so they can share project ideas and provide emotional support to each other. In partnership with District 6840 in the United States, the site hosts meetings that have helped more than 500 Rotary youths from 55 countries forge new friendships.

HOW ROTARY IS ALLEVIATING THE EFFECTS OF ISOLATION DURING COVID-19

'We just wanted to talk'

Members have also found opportunities to build relationships beyond their clubs by supporting lonely and isolated people in the communities they serve, particularly the vulnerable elderly population.

"We helped people, mostly elderly, to buy food and other supplies or just to be available for conversation," says Margit Svenson of the Rotary Club of Djursholm, Sweden. To stay safe, older members called isolated people to talk, while members under age 65 purchased food and supplies. It was a simple project that left many inspired.

"Not only was the response of the people in isolation incredibly positive to what our Rotary club did, but also the municipality of Danderyd, several other organizations, and the local newspapers paid attention and praised our project," Svenson says. The local Red Cross and the Church of Danderyd followed Rotary's early example by launching related initiatives, she adds.

"We helped people, mostly elderly, to buy food and other supplies or just to be available for conversation."



— Margit Svenson
Rotary Club of Djursholm, Sweden

Clubs throughout Spain, which was severely affected in the early days of the pandemic, also undertook delivery projects that were coordinated by Districts 2202 and 2203. When volunteers made deliveries, they found that people were craving human interaction just as much as fresh bread from the bakery.

"Loneliness was one of the illnesses during this pandemic," says Marian Domenech from the Rotary E-Club of Distrito 2202. "Even when we asked them if they wanted help from a psychologist, they responded, 'No, we just wanted to talk.'"



Rotary members in Spain connected to elderly people over the telephone.

That was a desire shared by many of the 141 members and their friends who volunteered. "There were Rotarians who were in the same situation, volunteers who joined the project and were trained," Domenech says. "They most understood since they knew about the feelings, fears, and loneliness."

Domenech says the project, which is suspended for now but will be revived if needed, was planned remotely, from printing posters to promoting the project in the community to chatting over the phone with the beneficiaries. "The 351 elderly people who called us got to know Rotary a bit, with many of them asking us who we were and what we did," Domenech says. "And they thanked us from the bottom of their hearts."

ROTARY INFORMATION

HOW ROTARY IS ALLEVIATING THE EFFECTS OF ISOLATION DURING COVID-19

Center of the pandemic

For weeks, northern Italy was the center of the pandemic. In Milan, the Rotary Club of Milano Europa helped some of the most isolated of all — hospitalized COVID-19 patients, many terminally ill. Through the Rotary Connette (Rotary Connects) project, clubs purchased 136 tablets and distributed them to 18 hospitals and nursing homes, which allowed more than 1,500 patients to see and talk to loved ones who couldn't visit. As part of the project, classical musicians also gave virtual concerts that soothed the patients.

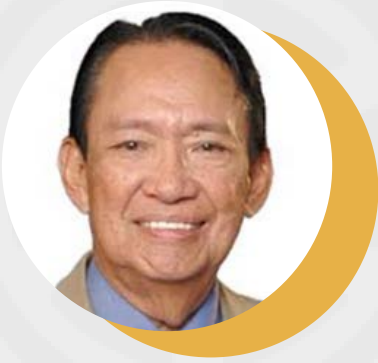


Classical musicians Antonio Scaioli and Matteo Fedeli conduct virtual concerts for hospitalized COVID-19 patients in Milan, Italy.

Whitlock, the therapist from the Rotary Club of Claremont, says that discovering how we can help others during the pandemic, in our clubs and in our communities, is part of the joy of Rotary.

"We have opportunities to care for others, maybe in different ways than we did before," she says. "Reaching out beyond ourselves to protect and care has many returns."

Source: Rotary.org



NUTS N' BALLS

by PP Boy Guevara, Jr.

WARNING and enjoy 😊

DON'T UPGRADE YOUR GF TO WIFE

Dear Tech Support Team, Last year I upgraded from Girlfriend 5.0 to Wife 1.0. I soon noticed that the new program began unexpected child-processes that took up a lot of space and valuable resources. ... In addition, Wife 1.0 installed itself into all other programs and now monitors all other system activities. Applications such as BachelorNights 10.3..., PlayBall 5.0, BeerWithBuddies 7.5, and Outings 3.6 no longer run, crashing the system whenever selected.

I can't seem to keep Wife 1.0 in the background while attempting to run my favorite applications. I'm thinking about going back to Girlfriend 5.0, but the 'uninstall' doesn't work on Wife 1.0 .

Please help!

Thanks,

"A Troubled User"

REPLY: Dear Troubled User,

This is a very common problem that people complain about.

Many people upgrade from Girlfriend 5.0 to Wife 1.0, thinking that it is just a Utilities and Entertainment program. Wife 1.0 is an OPERATING SYSTEM and is designed by its Creator to run EVERYTHING!!!

It is also impossible to delete Wife 1.0 and to return to Girlfriend 5.0. It is impossible to uninstall, or purge the program files from the system once installed. You cannot go back to Girlfriend 5.0 because Wife 1.0 is designed not to allow this. (Look in your Wife 1.0 Manual under Warnings-Alimony-Child Support).

I recommend that you keep Wife1.0 and work on improving the environment. I suggest installing the background application "Yes Dear" to alleviate software augmentation. The best course of action is to enter the command C:\APOLOGIZE because ultimately you will have to give the APOLOGIZE command before the system will return to normal anyway.

Wife 1.0 is a great program, but it tends to be very high maintenance. Wife 1.0 comes with several support programs, such as Clean 2.5, Sweep 3.0, Cook 1.5 and DoLaundry 4.2.

However, be very careful how you use these programs. Improper use will cause the system to launch the program NagNag 9.5. Once this happens, the only way to improve the performance of Wife 1.0 is to purchase additional software Dresses 2.1 and Jewellery 5.0.

WARNING: DO NOT, under any circumstances, install SecretaryWithShortSkirt 3.3. This application is not supported by Wife 1.0 and will cause irreversible damage to the operating system and to your computer as well.



OTHER MATTERS



QUOTES ON LIFE

by PP Frank Evaristo

- 1.) "People say that you're going the wrong way when it's simply a way of your own." – Angelina Jolie
- 2.) "Kindness is a simple act that can shift the hearts of humanity." – Teachey Smith
- 3.) "When you forgive, you don't change the past. You change the future."
- 4.) "Dignity does not consist in possessing honors, but, in deserving them." – Aristotle
- 5.) "There is only one corner of the universe you can be certain of improving and that's your own self."
– Aldous Huxley
- 6.) "Laughing is the best medicine. Unless you're laughing for no reason...then you need medicine."
- 7.) "When things get rough and hard to understand and you don't know what to do, just pray."
- 8.) "We are free to choose our actions... but, we are not free to choose the consequences of these actions." – Stephen R. Covey
- 9.) "No one cares about your efforts, only the results."
- 10.) "Be with someone who brings out the best in you, not the stress on you."
- 11.) "Before you speak...think! Is it true? Is it helpful? Is it inspiring? Is it necessary? Is it kind?"
- 12.) "You can't change the past. Learn from your mistakes. Keep moving forward. And receive God's mercy."
- 13.) "It's time I perform an act of kindness. Part of me heals."
- 14.) "God said, never revenge, let them realize things."
- 15.) "Fools multiply when wise men are silent." – Nelson Mandela





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