

Rotary



THE FOUR-WAY TEST

of the things we think, say or do

- ① Is it the **TRUTH**?
- ② Is it **FAIR** to all concerned?
- ③ Will it build **GOODWILL** & **BETTER FRIENDSHIPS**?
- ④ Will it be **BENEFICIAL** to all concerned?

balita

Official Newsletter of
Rotary Club of Manila



Issue No. 3805

August 29, 2019

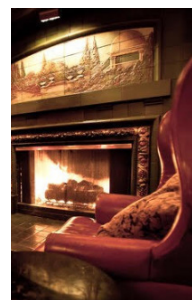
**RCM PRESIDENT PRESIDES OVER FIRST CLUB ASSEMBLY FOR
RY 2019-2020; CLUB HOLDS SUCCESSFUL SECOND FELLOWSHIP**



FIRESIDE CHAT



WITH
RTN. JUSTO "TITO" ORTIZ, JR.
Union Bank Digital Office
Makati City



**ELKS LEGENDS VS.
ROTARY LEGENDS**

KABALITA

After hearing the RCM President's State of the Club Address and celebrating fellowship over delectable cocktails, wine and other beverages, it's time to revive the Fireside Chat and learn the rudiments of Digital Banking with our foremost Manila Rotarian Banker as a fitting prelude to an evening of song numbers as the singers from the Elks compete against Asia's First Rotary Club's very own.

www.rcmanila.org

What's Inside

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Rotary 4-Way Test

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Dear Fellow Manila Rotarians,

Today's fireside chat is anticipated to be very productive and successful. I would like to give gratitude and thanks in behalf of the Rotary club to Tito, Jujut and Archit for taking the time and effort to put this program together. It is also very magnanimous for Union Bank to host this event. I expect to come out of this meeting and fireside chat with much more knowledge on the complexities of digital banking.

How I wish that my most respected friend and mentor, Justin, was with us today to see what has become of his son. I wish Tito would attend our meetings more often. He would definitely be a big asset to the club. There are several meetings of great importance that would give all honor to the presence of Union Bank and Justo "Tito" Ortiz, Jr. One would be the speech of the Bangko Sentral ng Pilipinas Governor on January 9. I would welcome the opportunity for Union Bank to host this meeting and for Tito Ortiz to introduce the Guest of Honor and Speaker.

Another would be the economic briefing of Dr. Bernie Villegas who will discuss the many facets and complexities of today's local, regional and international economies, mostly, on how they affect our banking system and economy. This very important meeting will take place on September 5.

Immediately after the fireside chat, we are off to a wonderful fellowship of the battle of world famous singing sensations against the singing pretenders of the Elks Club. Please get your tickets now. We still have about twenty. To be clear, all ticket sales proceeds, 100%, go to the Rotary piggy bank. All cost of this production is being paid by the Elks Club in an effort to unseat our World Famous champion singers.

I would like to give gratitude to all the efforts of Albert Alday and Rene Policarpio in the great job that they have done in our weekly Balita. They have made it smaller and more formative. And most important, they have initiated an advertising program that will pay for the cost of the Balita. Great work and fantastic leadership done by these two gentlemen.

I would be remiss in my duties if I forget to thank and give gratitude to Jason for the terrific job he did in putting up a fantastic show on our fellowship. Jason, I've had numerous requests for this to be repeated on a monthly basis. At 500 pesos and all we can drink and eat, dance and sing, laugh and smile, how could we go wrong. Amazing! I call upon all of you to please make an effort to bring in more members. We really have to bring in more. And we have to call upon all our existing members to attend our wonderful program courtesy of our Chairman and Past President Jimmie.

In the spirit of Rotary,

Jackie

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SUSING PINEDA
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Executive Secretary

balita

Official Newsletter of Rotary Club of Manila

PRES. JACKIE RODRIGUEZ
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Editor-in-Chief

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Asst. Treasurer**RCM PRESIDENT PRESIDES OVER FIRST CLUB ASSEMBLY FOR
RY 2019-2020; CLUB HOLDS SUCCESSFUL SECOND FELLOWSHIP**

by

SDG/Club Secretary/Dir. Albert S. Alday

Last August 22, 2019, the Rotary Club of Manila held its first Club Assembly for Rotary Year 2019-2020 which coincided with its Second Fellowship. The jam-packed Manila Room of the Manila Elks Club was definitely a sight to behold as Manila Rotarians took time off from their busy schedules to hear the State of the Club Address of President Jackie Rodriguez. President Jackie emphasized in his talk the need to recruit more members into the club, the updates on his flagship programs such as the Ambassador of Goodwill Program and the T.R.E.E.S. Program. With respect to the T.R.E.E.S. Program, he mentioned the launch of the first Rotary National Park in General Tinio, Nueva Ecija which he recently attended and participated in. He likewise talked about the remaining centennial items such as the Centennial Coffee Table Book and the Centennial Stamps and the need to make a conscious effort to sell them. He considered the online channel as a viable option. After the brief club assembly, Manila Rotarians took turns on the microphone to belt out their favorite songs to the delight of the sea of Manila Rotarians on hand as singing, dancing, drinking and exchanging pleasantries over delectable cocktails filled a late afternoon of fun and camaraderie which left Manila Rotarians yearning for more of this kind of fellowships.

BALITA AND WEBSITE ADS NOW BEING ACCEPTED

Dear Fellow Manila Rotarians,

We are pleased to announce that we are now accepting BALITA and WEBSITE advertisements. The packages are as follows:

Php 5,000 for Whole Page Ad/Issue
 Php 3,000 for Half Page Ad/Issue
 Php 2,000 for 1/3 Page Ad/Issue

Placement of ads will be at the discretion of both the BALITA and WEBSITE committees and will run for a maximum of four (4) consecutive issues.

Certain exceptions to the above may be made by special arrangement.

For particulars, please get in touch with our Secretariat at (02) 5271885 up to 87.

Yours in the service of Rotary,

SDG/Club Secretary/Dir. ALBERT S. ALDAY

BALITA Editor-in-Chief
 RY 2019-2020

AS RENE POLICARPIO

BALITA Managing Editor/WEBSITE Committee Chairman
 RY 2019-2020

APPEAL FOR PAYMENT OF CENTENNIAL ASSESSMENT

Dear Fellow Manila Rotarians,

This is a last minute appeal to those who have not sent their CENTENNIAL ASSESSMENT PAYMENT of TWENTY THOUSAND PESOS (Php 20,000.00) to please do so as this would go a long way in furtherance of being beacons of cooperation through the sacrifices you are willing to make as members of our club, the prestigious Rotary Club of Manila, the First in Asia. It might be of interest for you to note that the assessment was approved by the Board of Directors of RY 2016-2017 in preparation for the centennial celebrations and became due during the RY 2018-2019.

Your full cooperation on this matter is highly appreciated.

Yours in Rotary,

The Board of Directors
 RY 2019-2020

ATTENDANCE SUMMARY THURSDAY 8.22.2019

RCM Members' Attendance Report, RY 2019-2020			
CLUB ASSEMBLY / FELLOWSHIP			
All members present			53
Less: Exempt from attendance			5
Total active members			48
ADD: Make-Up *			6
TOTAL			54
Total # of Members			224
Less: Exempt from attendance			28
On Leave			0
Total Active Members (Total Percentage Base)			196
TOTAL ATTENDANCE %:			28%
NCr	Cr	MAKE-UP	
I		Inaugural Meeting RC Lipa West	
	1	PD Alvin Lacambacal	
		Inaugural Meeting of RC Valenzuela East	
	2	PD Oscar del Rosario, Sr.	
		Club Meeting of RC Kent, Ohio 13 August 2019	
	3	DSAA Jason Bogovich	
		Special Children Committee meeting- 14 August 2019	
	4	PD Phillip Ong	6 Rtn Warren So
	5	Rtn Romy Nones	Rtn Noel Tanglao

ATTENDANCE REPORT		8.1.2019	8.8.2019	8.15.2019	8.22.2019
RCM Members		64	50	52	53
Members' Guests		10	3	14	1
Honorary Members			0	0	0
Club Guests		3	0	3	0
Visiting Rotarians			3	31	0
7	RC Manila Sta. Ana		0		
3	RC Manila Metro				
2	RC Jose Abad Santos				
3	RC Chinatown Circle				
1	RC Chinatown				
1	RC Manila Supreme 198	1			
1	RC Pasay Marina				
1	RC Pasay Cyber City				
1	RC Lubang Island				
1	RC Manila South				
8	RC Makati Triangle				
1	RC Makati JP Rizal				
1	RC Parañaque				
Media			12	0	0
Upsilon Sigma Phi			9	0	0
Total		78	77	100	54



OSTEOPOROSIS REVISITED

Elias D. Adamos, M.D.

When bones become brittle and weak, making them susceptible to damage and fracture even in mild stresses, the clinical condition is called osteoporosis. Osteoporosis affects both men and women of all races. It is more common in women who are past menopause.

Mechanism of osteoporosis

Bones, when broken down, are replaced by new ones. When the creation of new bone does not keep up with the loss of the old one, osteoporosis occurs. As people age, bone mass is lost faster than it is created.

Symptoms

One you have weak bones, you might have the following signs and symptoms:

- Back pain caused by collapsed or fractured vertebra.
- Loss of height over time.
- Stooped posture.
- Bone that is easily broken or fractured.

Risk factors in osteoporosis

Women are more likely to develop osteoporosis compared to men. The older you get, the higher the risk for osteoporosis. A strong family history of osteoporosis increases your risk of having the same condition. Men and women who have small body frame size are more likely to develop osteoporosis. Other risk factors include: Low sex hormone levels (estrogen in women and testosterone in men), thyroid problems, corticosteroid, and cancer treatment. Sedentary lifestyle or lack of exercise and smoking increases the possibility of getting osteoporosis in people who are 35 and above. Low calcium intake increases the risk for bone loss and brittle bones.

How to avoid or at least delay osteoporosis

Drink milk everyday. Avoid smoking. Limit alcohol intake. Eat healthy foods. Drink plenty of water. Engage in regular exercise (Brisk walking; Climbing stairs; Dancing; Hiking; Jogging; Jumping rope; Step aerobics; Tennis, badminton, or other racket sports; and Yard work, heavy gardening, and pushing a lawnmower.

Smoking is linked to the development of osteoporosis

STOP SMOKING BEFORE IT KILLS YOU. Call Department of Health smoking "Quitline" at: 165-364. Call or text: 0921-2039534 (Smart) or 0977-6277539 (Globe).

FROM THE TREASURER:



Dear Fellow Manila Rotarians,

If you are interested in receiving a hard copy of the accounting report of the Centennial Fund presented during our Club Assembly and Second Fellowship last August 22, 2019, please email our Secretariat, rcmanila@rcmanila.org, or request your copy through our RCM General Info viber group.

Yours in the service of Rotary,

NICANOR "Nicky" S. VILLASEÑOR, III
Treasurer
RY 2019-2020



The T.R.E.E.S. Committee held a meeting last August 27, 2019 at the Lincoln Room of the Manila Elks Club in Makati City. The meeting dwelled on determining the types of trees suitable for urban and rural areas in preparation for the drafting of the master plan for the Tree Planting Project where the topography map of the DENR will aid the committee in determining the areas that need priority attention. Present were Rtn. Johnny Chotrani, PP Pelagio "Jun" Battung, Jr. (Rotary Club of Pasay Maharlika), PD Oscar del Rosario, President Jackie Rodriguez, IPDG Rudy Bediones, T.R.E.E.S. Chair Dir. Raffy Alunan, Rtn. Juan Montel, Patricia Kirkpatrick (spouse of Rtn. Juan Montel) and ES Anna Kun Toledo.



CANDIDATE'S ACCEPTANCE FORM

TO : BOARD OF CANVASSERS
ROTARY CLUB OF MANILA

FROM : _____

I hereby accept my nomination as a candidate for a seat in the RCM Board of Directors for the Rotary Year 2020-2021.

I am aware that if elected, I will have to assume the following commitments and responsibilities:

- To oversee and constantly follow-up the planning and implementation of all activities by a set of committees under a service group to be placed under my supervision;
- To report on all my committees during the Board Meetings held at a regular date each month;
- To have a working knowledge and to adhere to the RCM Constitution and By-Laws, the RI Manual of Procedure and general Rotary information;
- To attend most, if not all, Board Club and my committee meetings;
- To attend the District Conference, the District Assembly and, if elected President, the President- Elect Training Seminar (PETS), which will be scheduled within the first semester of 2019-2020.
- To attend the DIRECTORS' ELECT TRAINING SEMINAR, to be organized by the President Elect, as a prerequisite prior to seating in office as Director of the Board; and
- To be prepared to give time and effort necessary to carry on my other tasks as a Board member.

CANDIDATE'S SIGNATURE

DATE

B-4

THE EXPONENT OF PHILIPPINE PROGRESS
SINCE 1900
MANILA BULLETIN
THE NATION'S LEADING NEWSPAPER

Bartolome elected chairman of I-REMIT

Seasoned banker Arsenio M. Bartolome III, past president and chief executive of the Philippine National Bank and the first chairman and president of BCDA (Bases Conversion Development Authority) was recently elected as the new chairman of I-REMIT, Inc.

It has a growing network of more than 1,000 remittance outlets consisting of subsidiaries, branches and tie-ups in 23 countries and territories in Asia Pacific, North America, Europe and the Middle East.

Bartolome is a past president of the Management Association of the Philippines (MAP), Financial Executives of the Philippines (FINEX) and the Rotary Club of Manila, among others. He was a TOYM awardee in the field of Development Banking.

I-REMIT is the largest Filipino-owned non-bank remittance service provided in the Philippines. It is the remittance company which is listed at the Philippine Stock Exchange. And the first to utilize the Internet platform in order to

THE EXPONENT OF PHILIPPINE PROGRESS
SINCE 1900
MANILA BULLETIN
THE NATION'S LEADING NEWSPAPER

SATURDAY, AUGUST 24, 2019

TOURISM PROMOTION AWARD – Manila Bulletin Lifestyle Editor AA Patawaran (second from left) with (from left) SKAL President Jaime Bautista, SKAL Vice President Angel Bognot and SKAL Chairman Robert Lim Joseph. (Noel Pabalate)

“In the organization, I was sent to places without money or contacts; I was thrown in the sea to swim. I survived and learned the value of guts and will...”

“In the 20 years I was a missionary, I never experienced lack of money or food. It was not a luxurious life, but I always had enough for basic needs. The only time I can remember going hungry was during training, because it partly involved restricting food. I do not think this is advisable for spiritual growth because one can’t concentrate if one is hungry. Instead of feeling the Divine, one is thinking of dinner. “Africans have a very simple temperament, sometimes almost like children. This resonated with my own temperament, so I was quite happy there. It was a different life, a different world. I eventually had to go home since I fell in love with my husband, who at the time was my boss.”

So there-- the lessons of life. Privation gives you character, the will to live, that you must fight for your wants. And to live simply. Go basic. Love nature. Please note Gina came from a family that held parties where expensive champagne was drawn literally from fountains.

Concluded Gina in her article:

“Life is what you make of it. The experience of life is how you see it. You can see it negatively or you can see even the seeming failures as a positive opportunity to grow. If we take on this positive bent, everyone around benefits. My consistent experience in life is that as long as one commits to integrity and service, there are Divine Forces that help. I feel it every day, when I meditate in the morning, as I do my work. Life is a challenge. There are also negative forces that exist, and they are within one’s self. One needs to be keenly aware of them.”



August 19, 2019

CIRCULAR TO ALL MEMBERS:

PROPOSALS FOR MEMBERSHIP

UPON THE RECOMMENDATION OF AND APPROVAL BY THE MEMBERSHIP, MEMBERSHIP DEVELOPMENT AND CLASSIFICATION, AND MEMBERSHIP RETENTION COMMITTEES, THE BOARD OF DIRECTORS HAS DECIDED TO EXTEND AN INVITATION TO THE GENTLEMAN NAMED BELOW TO BECOME MEMBER OF THE ROTARY CLUB OF MANILA:

MARVIN TAYLOR-DORMOND, PhD (Canadian/Costa Rica)
Director General – Independent Evaluation
ASIAN DEVELOPMENT BANK
Classification: Banking – Development Bank (Asian)
Proposer: PP Jimmie Policarpio

A BRIEFING WILL BE SCHEDULED FOR ROTARY INFORMATION TEN (10) DAYS FROM THE DATE OF THIS NOTICE..

ALBERT S. ALDAY
Club Secretary/ Director

UPDATE ON NOMINATION FOR BOARD OF RY 2020-2021

As of August 23, 2019

	NOMINEE	Status		NOMINEE	Status
1	VP Hermie Esguerra		11	Dir Albert Alday	Accepted
2	PD Oscar del Rosario, Sr.		12	Dir Caloy Reyes	
3	Rtn Zdenek Jankovsky	Accepted	13	Dir Amading Valdez	
4	Rtn Hans Palacios		14	DSAA Jason Bogovich	
5	Dir Raffy Alunan		15	BLA Raji Mendoza	
6	Dir Bobby Joseph	Accepted	16	AS Rene Policarpio	Accepted
7	Rtn Ariel Abriam		17	AT Jason Ong	
8	PD Issam Eldebs		18	SAA Dave Reynolds	
9	Rtn Johnny Chotrani		19	Rtn Thad Liamzon	
10	Dir Nicky Villasenor				

CALENDAR OF ACTIVITIES

THU 29
 Fireside Chat
 4:30–6:30 PM

Fellowship singing competition
 6:30–9:30 PM
 Manila Elks Club

September

THU 5
 Membership committee meeting
 12 – 2 PM

Rotary information briefing
 2 – 3 PM

SEP 8 – 14

WED 11
 Ambassadors Program meeting...
 4 – 5 PM

THU 12
 Tentative Speaker Mayor Joy B...
 12 – 2 PM

Tentative Speaker Sen. Sonny...
 12 – 2 PM

PREVIEW OF NEXT WEEK'S GUEST SPEAKER



Dr. Bernardo M. Villegas
 Filipino Writer and Economist
 September 5, 2019, Thursday,
 12:00 PM, Ballroom,
 New World Makati Hotel,
 Makati City

free spirit as a teenager -- she ran away from home at age 18 and lived in Africa for 11 years. She isn't motivated by making money. Gina has dispatched some 4,000 free TV sets to 52 cities in efforts to reach some 4 million Filipino kids with an educational tool. 'My idea of wealth is inner wealth'."

As an 18-year-old heiress in 1972, Gina had everything going for her -- great wealth, great power, great organization. Instead of rushing headlong to join that organization, Gina left it.

In my interview, I asked her many probing questions why someone of her stature of wealth, power and prestige would abandon it, hie away to faraway places like India, Portugal, Africa, in search of her soul. Instead of making the family fortune grow, she did things like yoga, meditation, praying upside down, and Ananda Marga. At that time, I thought Gina was crazy.

Even after her untimely death early morning of Aug. 19, 2019, from brain cancer, I still believed she was nuts. I admired Gina for that, being crazy. She was the soft face of the Lopez empire which is sometimes perceived as exceedingly profit-making, rapacious, ruthless. She made the Lopez name relevant, lovable, enduring.

Her family was the prototype of the 100 elite families that have ruled this archipelago of 7,300 islands for the last 100 years. Yet, she went against the Establishment. You have to be crazy to fight the Establishment. Because usually, you don't win. This explains why she was ousted as the secretary of the environment under President Duterte.

Gina's family dispensed basic services -- electricity, water, television, roads. Yet, in her teenage years, she went to places where these did not exist. Like Africa.

In an article originally written for Rogue magazine in March 2016, Gina recalled her Africa years:

"I lived for six years in Kenya. Two of those years were in a slum area where we had to stand in line for water, and the toilet system was pathetic. It was there that I learned to value water. I had one pail, and that was it: for bathing myself and using the last bit for washing my underwear. When one doesn't have much, one treasures every little bit. I lived as the poor lived, so I learned how not to be wasteful—a trait I carry to this day where I use every bit of everything. I learned how to value empty containers, because they can be of use eventually. It is in Africa that I learned the quality of persistence. Hardship has its value..."



REMEMBERING GINA

by Rtn. Tony Lopez



Gina Lopez was crazy

My first interview with Regina "Gina" Lopez ended in bitter argument. It was a disaster. I was then senior correspondent of Hongkong-based Asiaweek covering the politics, business, and the economy of the Philippines.

The interview with Gina in 1997 was a request of her dad, the late Eugenio "Geny" Lopez Jr., to give me a complete picture of the vast Lopez business empire – media, telecommunications, water distribution, power generation and distribution, toll roads and land development.

Geny, a genial good friend, arranged the interview with two of his children – Gabby Lopez, the headman of ABS-CBN, and Gina, the head of the ABS-CBN Foundation. At its prime, ABS-CBN was a money machine. It could raise ad rates at will and advertisers could not complain.

Gabby Lopez managed the broadcast profits. Gina Lopez helped dissipate it, as the head of the tv giant's social responsibility arm. Being a fourth generation Lopez in the colossal business empire, Gina could do wonders. You were a Lopez. You were backed by the most powerful and influential media organization in the land. You could not but succeed.

I wrote of Gina in 1997:

"As chief executive of ABS-CBN Foundation, the 43-year-old Gina spends \$1.5 million annually on educational television, aid for abused and homeless children, and disaster victims. She was a

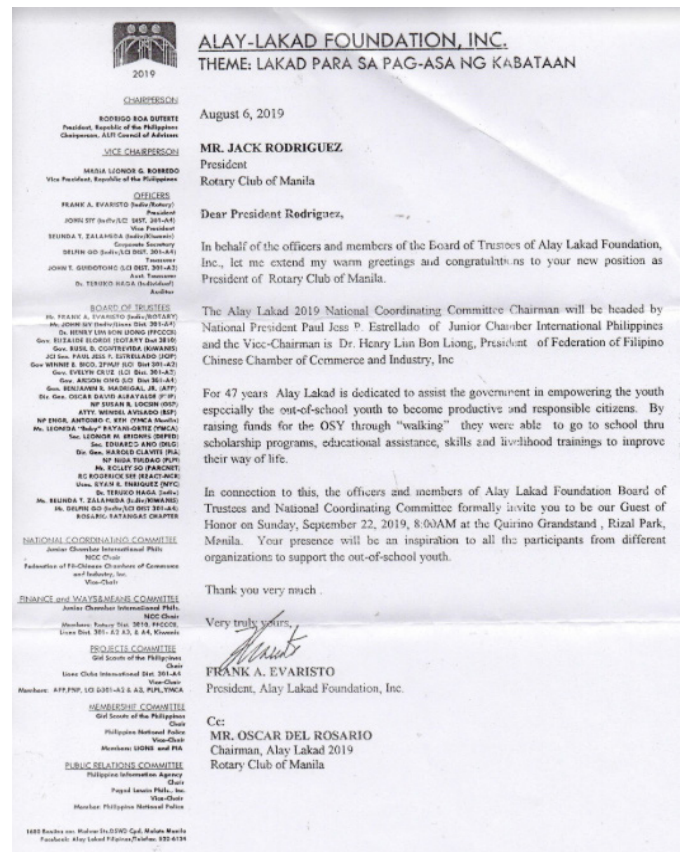
ROTARY CLUB OF MANILA		
ANNUAL DUES 19-20		
As of August 28, 2019		
NO.	NAME	AMOUNT
1	Abastillas, Celso E.	25,000.00
2	Aboy, Valentino "Val" G.	25,000.00
3	Abriam, Ariel	25,000.00
4	Acosta, Crispiniano "Cris" G.	25,000.00
5	Alday, Albert S.	25,000.00
6	Alingog, Aldous "Rex" A.	25,000.00
7	Alvarez, Servando Jr.	25,000.00
8	Antunez, Jose Mari "Mari" M.	25,000.00
9	Aquino, Armando "Armie" A.	25,000.00
10	Arcilla, Carmelo "Teying"	25,000.00
11	Assad, Joseph	25,000.00
12	Aventura, Avenilo "Nilo" P.	25,000.00
13	Aventura, Jr., Avenilo "Jun" L.	25,000.00
14	Bartolome III, Arsenio "Archit" M.	25,000.00
15	Bediones, Rodolfo "Rudy" P.	25,000.00
16	Bella Jr., Geronimo "Jun" Dela Paz	24,553.57
17	Benedicto, Sixto "Noy" T.	25,000.00
18	Benitez II, Conrado "Conrad" L.	20,000.00
19	Blanco, Manuel "Manny" M.	25,000.00
20	Bogovich, Jason M.	25,000.00
21	Branellec, Jacques "Jack"	25,000.00
22	Campos Jr., Joselito "Butch" D.	25,000.00
23	Camus, Fernando	25,000.00
24	Castro, Karlo Eugene Josef "Karlo"	25,000.00
25	Cenica, John T.	25,000.00
26	Chua, Domingo "Doming" T.	25,000.00
27	Coyiuto Jr., Robert "Jun" G.	25,000.00
28	Cruz, Avelino "Ave" V.	25,000.00
29	Cruz, Ramon Jose "Monch" A.	25,000.00
30	Cureg, Alexander "Alex" P.	25,000.00
31	Cutter, John Michael "Michael"	25,000.00
32	David, Virgilio "Vee"	25,000.00
33	Davis, Raymond "Rey" N.	25,000.00
34	De Venecia, Jose "Joe" C.	25,000.00
35	Del Rosario, Francisco "Toting" V.	25,000.00
36	Del Rosario, Oscar	25,000.00
37	Desierto, Aniano "Ani" A.	25,000.00
38	Dominguez III, Carlos "Sonny" G.	25,000.00
39	Dy, Manuel "Manny" C.	25,000.00
40	Eldebs, Issam "Sam"	25,000.00
41	Engelbrecht, Francois	25,000.00
42	Enriquez III, Eduardo "Jujut" V.	24,553.57
43	Esguerra, Herminio "Hermie" S.	25,000.00

44	Evaristo, Frank	25,000.00
45	Fajardo, Beda G.	25,000.00
46	Follosco Jr., Ceferino "Jun" G.	25,000.00
47	Garcia, Victor	25,000.00
48	Gierran, Dante "Dan"	25,000.00
49	Go, Daniel "Danny" C.	25,000.00
50	Goerlich, Bodo	25,000.00
51	Gonzales, Leo Peter Paul K.	25,000.00
52	Guevara Jr., Domingo "Boy" S.	25,000.00
53	Guevara, Ricardo "Ricky" S.	25,000.00
54	Hallare Jr., Delfin "Jun" T.	25,000.00
55	Hedeager, Knud	25,000.00
56	Hesse, Uwe	25,000.00
57	Jang, Jae "Jay-Jay" J.	25,000.00
58	Jankovsky, Zdenek	25,000.00
59	Joseph Jr., Robert Lim "Bobby"	25,000.00
60	Jucaban, Jeric J.	25,000.00
61	Ko, Solomon "Mon"	25,000.00
62	Kuwabara, Atsushi	25,000.00
63	Laguesma, Bienvenido "Benny"	23,800.00
64	Lapus, Jesli "Jing" A.	25,000.00
65	Laya, Jaime "Jimmy" C.	25,000.00
66	Lee, Edgar "Ed" L.	25,000.00
67	Liamzon Jr., Romeo Thaddeus "Thad" T.	25,000.00
68	Lim, Alfredo "Fred" S.	25,000.00
69	Lim, David Eduardo Ty	25,000.00
70	Locsin, Arsenio "Nick" Z.	25,000.00
71	Lonzaga, Reinerio "Ner" C.	25,000.00
72	Lopa, Antonio "Tony" A.	25,000.00
73	Lopez, Antonio "Tony" S.	25,000.00
74	Lopez, Arthur "Art" M.	25,000.00
75	Manalaysay, Cesar "Citos" P.	25,000.00
76	Marking, Amado "Butch" M.	25,000.00
77	Masters, Lance A.	12,500.00
78	Matschuck, Guenter "Gunter" G.	25,000.00
79	Mendoza, Estelito "Titong" P.	25,000.00
80	Montecillo, Daniel Gabriel "Dennis"	25,000.00
81	Montinola, Antonio "Tony" J.	24,500.00
82	Mueller, Klaus	25,000.00
83	Nakatsuka, Hiroki	24,500.00
84	Nones, Romeo "Romy" C.	25,000.00
85	Nunez Jr., Jose "Pepo" A.	25,000.00
86	Ocampo, Teodoro "Teddy" J.	25,000.00
87	Ong, Jason L.	25,000.00
88	Ong, Phillip "Phil" L.	25,000.00
89	Pagdanganan, Roberto "Obet" M.	25,000.00
90	Paras, Neil	25,000.00



Alay Lakad Scholarship Grant at PUP

Alay Lakad Foundation, sponsored eighteen (18) students from the Polytechnic University of the Philippines (PUP), for scholarship grant financial assistance program in the amount of P 370,000.00, to support bright and deserving graduating students. Photo shows the signing of a memorandum of agreement with Frank Evaristo, President, Alay Lakad Foundation, Zenaida Sarmiento, Vice President of Student Affairs, John Sy, Vice President, Alay Lakad Foundation, PD Oscar del Rosario, RC Manila Alay Lakad 2019 Chairman and Chairman, National Coordinating Council, Alay Lakad Foundation, Divine Ampalayo, Junior Chamber International Philippines and Beth de Guzman.





AT Jason Ong and **IPS Alvin Lacambacal** attended the 21st Induction and 20th Anniversary of the Rotary Club of Lipa West last August 24, 2019 at the Lipa Academy for Sports, Culture and Arts in Lipa, Batangas.



PD Oscar del Rosario attended the 35th Induction and Handover Ceremony of the Rotary Club of Valenzuela East last August 22, 2019 at the Gatchalian Clubhouse, Plastic City Industrial Corporation, Valenzuela City. Photo shows PD Oscar del Rosario presenting the RCM Bannerette to Champion President Christopher Chiu Yue.



President Jackie Rodriguez attended the District 3810 Vibrant Club 3 in 1 (TRF-Membership Development-PR) Workshop hosted by District 3810 JEPROCS (Joint Efforts of Pasay Rotary Clubs) last August 24, 2019 at the Grand Sunset Pavilion, Sofitel Philippine Plaza Manila in Pasay City. Photo shows President Jackie Rodriguez with Rotary Club of Bagumbayan Manila Champion President Willie Chua.

91	Pascual, Jose Augusto "Jappy"	25,000.00
92	Patterson, Colin David	25,000.00
93	Payumo, Felicito "Tong" C.	25,000.00
94	Peliño, Wilfredo "Willie" M.	25,000.00
95	Pineda Jr., Jesus "Susing" M.	25,000.00
96	Pineda Jr., Patricio "Bebot" F.	25,000.00
97	Policarpio Jr., Jose "Jimmie"	25,000.00
98	Policarpio, Renato "Rene" R.	25,000.00
99	Preysler Jr., Fausto R.	25,000.00
100	Recto, Philip H.	25,000.00
101	Reyes, Hermenegildo Carlos "Caloy" L.	25,000.00
102	Reyes, Edgardo "Ed" P.	25,000.00
103	Reynolds, David John "Dave"	25,000.00
104	Rodriguez, Jose "Pepe" R.	12,500.00
105	Rodriguez, Joaquin "Jackie"	25,000.00
106	Rysbergen, Raymond "Ray" K.	25,000.00
107	Schoucair, Farid Alain	25,000.00
108	Sears, Robert "Rob" M.	25,000.00
109	Seña, Edwin P.	25,000.00
110	Sibayan, Joselito "Lito" H.	25,000.00
111	Sobrepeña, Robert John "Bob" L.	25,000.00
112	Syjuco Jr., Jose "Joey" A.	25,000.00
113	Tang, Jimmy T.	25,000.00
114	Tanglao, Noel V.	25,000.00
115	Tea, Thierry Yung Hong	25,000.00
116	Ubaldo, Cesar C.	25,000.00
117	Valdez, Amado "Amading" D.	25,000.00
118	Vea, Reynaldo "Rey" B.	25,000.00
119	Villarica, Henry R.	25,000.00
120	Villaseñor III, Nicanor "Nicky" S.	25,000.00
121	Vrana, Ludek	25,000.00
122	Wong, David Y.C.	25,000.00
123	Yu, Geoffrey "Geof" C.	25,000.00
124	Yujuico, Benedicto "Dicky" V.	25,000.00
125	Yujuico, Joselito "Joey" Z.	25,000.00
126	Zalamea Jr., Enrique "Rick" M.	24,500.00

3,116,407.14

TOTAL MEMBERS:	224
TOTAL FULL PAID	123
TOTAL PARTIALLY PAID	3
NET PAID	126
TOTAL UNPAID MEMBERS	98
Paid Annual Dues as of:	08,28,2019

Reminder: Please secure OR within 3 days upon payment. Kindly email the copy of deposit at rcmanila@rcmanila.org or send via fax at #527-1885.



Champion Pres. Jackie Rodriguez presides over the General Assembly cum Fellowship meeting at the ELKS Club. He updated fellow RCMers' on the various club concerns and activities such as program, membership, attendance, and gave an introduction of the club's flagship project on T.R.E.E.S. and requested Dir. Rafael "Raffy" M. Alunan III, National Chairman, T.R.E.E.S. Project, to report on its latest activities.



Dir. Rafael "Raffy" M. Alunan, III, National Chairman, TREES Project, gave an overview of the national environmental project involving government entities and the Rotary Clubs in all 10 districts in the Philippines.



Dir./Treas. Nicky Villaseñor, III reports on the club's finances.



VP Hermie Esguerra initiates the getting of pledges among fellow RCMers to purchase the Rotary Club of Manila Centennial Coffee Table Book at P1,500 per piece. He was able to convince fellow RCMers to commit through pledges which numbered 235 books. Champion Pres. Jackie Rodriguez requested Dir./Treas. Nicky Villaseñor, III to post the remaining Rotary Club of Manila Centennial Coffee Table Books for sale in Amazon Marketing Services.

发件人: Terri Lau [mailto:terri.lau@asiantigers-china.com]

发送时间: 2019年8月23日 18:17

收件人: 'rcmanila@recminila.com' <rcmanila@recminila.com>; 'Wrenso82@gmail.com' <Wrenso82@gmail.com>

抄送: 'Yih Frank' <frank@huaqiaofoundation.org>; 'EDWIN NGOT' <edwingoi@hotmail.com>

主题: Centennial Invitation letter of Rotary Club of Shanghai

重要性: 高

Dear President Mr. Joaquin "Jack" Rodriguez ,

Dear Ambassador Waren ,

It's with great pleasure to write to you regarding our Centennial Celebration in Oct . Thanks Edwin and Frank for given your contact to me so we are able to connect here .

Firstly Congratulation to your successful celebration of 100th anniversary of 1st club in Asia on 21st of Jun . I regret not to be able to attend due to the visit of RI PE Mark from 23rd – 25th of Jun .

Edwin and Frank , our former special representative China are gladly to extend our invitation to you during the trip in Manila and hope you and your members would join us to celebrate this truly historic event .

* To share our passion of a 100 years serving the community in China and abroad

*To meet great people, refresh old friendships and shape new ones

*To explore Shanghai with us and get active while golfing

*To be ready for many more exciting surprises

We have the ambition to pack 100 years into a 3 days event:

1. Oct 18 (Friday): Golf Fellowship Event
2. Oct 19 (Saturday): Centennial Party & Gala Dinner
3. Oct 20 (Sunday): Explore historic Shanghai with us

Pls see our e- invite attached . You are all welcome to come !

Looking forward to seeing you soon in Shanghai...the Pearl of the Orient.

Yours in Rotary

Terri Lau

Club President

Rotary Club of Shanghai



founded 1919

YOUR COUNTRY IS A GREAT COUNTRY. IT HAS A GREAT PAST AND A GREAT FUTURE. THE PHILIPPINES OF YESTERDAY ARE CONSECRATED BY THE SACRIFICES OF LIVES AND TREASURE OF YOUR PATRIOTS, MARTYRS AND SOLDIERS. THE PHILIPPINES OF TODAY ARE HONORED BY THE WHOLEHEARTED DEVOTION TO THE CAUSE OF UNSELFISH AND COURAGEOUS STATESMEN.

THE PHILIPPINES OF TOMORROW WILL BE THE COUNTRY OF PLENTY, OF HAPPINESS AND OF FREEDOM. A PHILIPPINES WITH HER HEAD RAISED IN THE MIDST OF THE WEST PACIFIC, MISTRESS OF HER OWN DESTINY, HOLDING IN HER HAND THE TORCH OF FREEDOM AND DEMOCRACY. A REPUBLIC OF VIRTUOUS AND RIGHTEOUS MEN AND WOMEN ALL WORKING TOGETHER FOR A BETTER WORLD THAN THE ONE WE HAVE AT PRESENT."

(Rafael M. Alunan, III currently chairs the Philippine Council for Foreign Relations.)

MANILA ROTARIANS CONNECT TO ROTARY CLUB OF BANGKOK



Rtn. Steve "Momo" Mommaerts and PD Nick Locsin connected with members of the Rotary Club of Bangkok in a dinner held last August 25, 2019 in Bangkok, Thailand. In photo are Rotary Club of Bangkok President-Elect Abdullah Alawadi, Rotary Club of Bangkok Champion President Pornchai Wessatada, RCM Ambassador Rtn. Steve "Momo" Mommaerts and PD Nick Locsin.



Champion Pres. Jackie Rodriguez, with PP Teddy Ocampo, PP Jimmie Policarpio, Centennial President/IPP Susing Pineda, IPDG Rudy Bediones, present to VP Hermie Esguerra the Major Donor, (3rd Level) and Pin.



Among RCMers' who gamely performed their favourite songs were Champion Pres. Jackie Rodriguez, VP Hermie Esguerra, SDG/Club Sec./Dir. Albert Alday, Dir. Amading Valdez, PP Teddy Ocampo, PP Cesar Ubaldo, PD Abe Pascual, Rtns. Nilo and Jun Aventura, Rtn. Joe de Venecia, IPDG Rudy Bediones, Rtn. Thad Liamzon and PT Lito Sibayan.



To Take A Stand

By Rafael M. Alunan, III

Heroism beckons

After three years, we need to undo, trash and reset relations with China. Trust, sincerity, mutuality and reciprocity must define it. There's a clear observable pattern of imperial abuse and coercion reported in media. In the West Ph Sea:

1. swarms of maritime militia backed by its CG and Navy at Pagasa.
2. ramming of our fishing vessel in Recto Bank.
3. presence of Coast Guard vessel off Ayungin.
4. repeated incursions of territorial waters in Tawi-tawi.
5. suspicious presence of vessels patrolling Turtle Islands.
6. suspicious presence of research vessels also in Benham Rise.
7. refusal to accept UN award of Benham Rise to the Ph.

On land:

1. Control of our electric grid and communications systems.
2. POGO swarm - locations and labor - beside military camps.
3. Firmly entrenched triads in the drug business.
4. Dummy fronted mining firms overlooking our SLOCs
5. Swarms of illegals violating all kinds of laws and rules nationwide.
6. Arrogant and rude behavior like they own us.
7. Using corrupt practices to buy access, impunity and protection.

In recent history:

1. Seized control of Mischief Reef, reclaimed it and built a military base.
2. Wrested control of Scarborough.
3. Stopped tourism flows and imports after Arbitral ruling was released.
4. Repeated destruction of giant clams habitat, coral reefs.
5. Non-stop poaching in the West Ph Sea without prior permission.
6. Widespread dredging and black sand mining.
7. Obstructing free passage and fishing in our EEZ.

When a country does all that, does it take a rocket scientist to figure out what its intentions are, whether those are the acts of a friend or foe? Last week, an irritated PRRD ordered all foreign ships to obtain prior permission or we'll be constrained to "enforce in an unfriendly manner." Despite that, powerhouse China continues to do what it pleases and seems to be uncaring about a reversal in our relations. It's now time to tough it out and that's why he's where he is.

PRRD said 3 years ago that, at the proper time, he'll raise the Arbitral ruling before Chinese authorities. China had 3 years to reciprocate our sincerity, honesty and respect for our declared-independent foreign policy of "friend to all, enemy to none" but that was taken for granted. Well, 3 years of patronizing behavior is sufficient to reach an informed

assessment and opens the door for necessary adjustments midway through his term. It doesn't close the door to diplomacy but the experience now invites push back.

In my case, I've been hands-on since 2012 in piloting my own journey against China's abusive behavior, going from bellicose to diplomatic to a blend of both depending on the situation. It's because I go with the flow in mirroring the incumbent administration's approach to the China problem. There have been a few times though when I broke ranks with what the administration thought was best which didn't fit what my heart said.

I try my best to absorb what's going on, interpret what it means and see where it could bring the nation. There's no doubt that, despite the divergent approaches taken by the previous and present administrations in their dealings with China, treachery is off the table. Our leaders are not traitors. Their appreciation of the information available to them, and the vision they have for the country, shapes the ways and means they opt for to improve relations or stand firm in the national interest.

It's in our national interest to be friends to all and enemy to none. But that requires sincerity, mutuality and reciprocity. It's been obvious - perhaps because of the time when we worked together in the past, and a front row seat these past four years observing him and gaining insights - that PRRD has been demonstrating goodwill, prudence and circumspection from the start. Unhappily, imperial China hasn't returned the favor, leading to PRRD's increasingly hard stance today.

I've said time and again that the conduct of international relations is tricky given the quantum of issues and concerns impinging on the national interests of both our countries. It's a non-stop wild ride aboard a monstrous roller coaster, complete with twists and turns, ups and downs, and loop the loops. We need to sit tight, hang tough and reach the finish line. That's where you and I are now, in the middle of that wild ride, mustering all the courage to pull through and reach a happy ending.

But when diplomacy isn't working or is being ignored, stomp our feet and pound the table to be felt and heard. Don't be afraid to push back. In honor of our past, present and future national heroes, let me end with this stirring speech of President Manuel L. Quezon:

"MY FELLOW CITIZENS, THERE IS ONE THOUGHT I ALWAYS WANT YOU TO BEAR IN MIND: AND THAT IS THAT YOU ARE FILIPINOS. THAT THE PHILIPPINES ARE YOUR COUNTRY AND THE ONLY COUNTRY GOD HAS GIVEN YOU. THAT YOU MUST KEEP IT FOR YOURSELVES, FOR YOUR CHILDREN AND YOUR CHILDREN'S CHILDREN UNTIL THE WORLD IS NO MORE. YOU MUST LIVE FOR IT AND DIE FOR IT IF NECESSARY.