

DIWA C. GUINIGUNDO
Deputy Governor
Monetary and Economics
Sector
Bangko Sentral ng Pilipinas



Diwa C. Guinigundo rose from the ranks of the Bangko Sentral ng Pilipinas (BSP) and is now Deputy Governor for the Monetary and Economics Sector, BSP. HE has been serving the BSP for 40 years. He was assistant governor for monetary policy and international operations prior to his appointment as deputy governor in 2005.

Dep. Gov. Guinigundo has extensive international experience. In 2001-2003, he was Alternate Executive Director at the International Monetary Fund in Washington, D.C. Earlier he was Head of Research at The SEACEN (Southeast Asian Central Banks) Centre in Kuala Lumpur in 1992-1994.

His leadership is well-recognized in Asia. Since 2000, Dep. Gov. Guinigundo has co-chaired with Bank Negara Malaysia the SEACEN Experts Group on Capital Flows and in 2010-2013, the ASEAN Senior Level Committee on Financial Integration. He chaired again the ASEAN Senior Level Committee for 2016-2018. He also chairs the SEACEN Task Force on SEACEN membership. He chaired the 2017 ASEAN Finance and Central Bank Deputies' Meetings in Manila, Philippines in April 2017.

Outside the ASEAN region, Dep. Gov. Guinigundo's leadership is also well-recognized. For the period 2009-2012, he chaired the Executive Meeting of East Asia and the Pacific (EMEAP) Monetary and Financial Stability Committee of EMEAP central bank deputies that is tasked to conduct regional and global surveillance. He established various early warning systems for surveillance and risk management purposes.

Most important, Dep. Gov. Guinigundo has profound knowledge of all central banking aspects. He pioneered inflation targeting as the BSP's analytical framework for monetary policy in 2002. In 2016, he was instrumental in introducing the interest rate corridor system as a tool for monetary management to keep inflation under control. He is also the



RCM's 25th for Rotary Centennial Year 2018-2019
Thursday, January 24, 2019, New World Makati Hotel
Officer-In-Charge/ Program Moderator : RC Manila PD Oscar del Rosario

PROGRAM TIMETABLE

"A Joint Meeting between Rotary Club of Manila and Rotary Club of Makati West"		
11:30 AM	Registration & Cocktails (WINES courtesy of Centennial Dir. "Bobby" Joseph)	
12:27 PM	Bell to be Rung: Members and Guests are requested to be seated	
12:29 PM	Welcome remarks/Formal Turnover of the Program to the OIC/Moderator	DE/BLA Amading Valdez Chair., Program Committee
12:30 PM	Program Proper	PD Oscar del Rosario OIC/Moderator RC Manila
	Call to Order	RCM Pres. Susing Pineda, Jr.; & RCMW Pres. Lou del Rosario
	Singing of the Philippine National Anthem	RCM WF Music Chorale
	Invocation	PP Jay Tambunting RC Makati West
	A moment of silent prayer for the eternal repose of the soul of RCM Rotarian Henry Sy, Sr. who passed-away recently in the grace of the Lord	
	RCM Hymn RCMW Hymn	RCM WF Music Chorale
	The Four (4) Way Test Credo	All Rotarians
12:35 PM	Introduction of Guests/Visiting Rotarians/ Personalities Seated at the presidential table	STAR Rtn Ludek Vrana RC Manila

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moving force behind the BSP's advocacy for economic and financial literacy to help the poor manage their finances and address the issue of poverty. Dep. Gov. Guinigundo also championed the establishment of Credit Surety Funds all over the Philippines to empower micro, small and medium enterprises by enhancing their access to bank credit without collateral. He participated in various banking rehabilitation workouts.

He has handled monetary policy, treasury operations, loans and credit, asset management, currency management, regional operations and international relations.

He is a member of the National Economic and Development Authority (NEDA) Board and the Philippine Statistics Authority (PSA) Board. He is the BSP's representative at the National Food Authority (NFA) Council, National Home Mortgage Finance Corporation (NHMFC), Industrial Guarantee and Loan Fund (IGLF) and Halal Export Development Board. He is a resource person of the Development Budget Coordination Committee (DBCC) and Executive Technical Board (ETB).

Dep. Gov. Guinigundo has participated in the annual Philippine Economic Briefing sessions in the Philippines as well as in Asia, Europe and the United States together with the country's principal economic managers.

Dep. Gov. Guinigundo graduated, cum laude, at the top of his AB Economics Class at the University of the Philippines (UP) School of Economics. He earned the M.Sc. degree in Economics at the London School of Economics (LSE) as a scholar of the Central Bank of the Philippines.

He is the 2018 recipient of Promise Governance Leadership Award for Asia in Los Angeles, California, USA.

He is married to April Eve L. Guerrero and they have two sons, Daniel and Abraham, both lawyers. With Dep. Gov. Guinigundo as senior pastor, the family is active in the Fullness of Christ International Ministries in Shaw Boulevard, Mandaluyong.



Dear Fellow Manila Rotarians,

Last week, we were enlightened on the present state of Japanese-Philippine relations with the interesting talk of His Excellency Koji Haneda, Ambassador Extraordinary and Plenipotentiary of Japan to the Republic of the Philippines, where we were graced with the presence of businessmen from the biggest Japanese firms in our country.

With respect to our membership, we mourn the loss of one of the most highly regarded Rotarians of our club, the late Rtn. Henry Sy, Sr., who passed on to the Great Beyond last January 19, 2019. Considered as the richest Filipino as culled from the Forbes' list and as the "Father of Modern Retail", his simple yet diligent ways of doing business have served him well from managing a "sari-sari store" and peddling shoes brought in by enterprising GI's around the streets of Manila after World War 2 to becoming a mall giant and owner of the country's biggest bank among other business interests within his portfolio. Certainly, many of our young Rotarians find inspiration in the life he has lived. Hence, it was, but, fitting that we celebrated his life when a group of Manila Rotarians and I trooped to The Heritage Park in Taguig City last January 22, 2019 to pay our last respects to the man, fondly called "Tatang", where we handed over his name badge to his son, Mr. Hans Sy. With his passing, I am certain his legacies to the Filipino people will be forever remembered.

With respect to fellowship, we held a successful Star Rotarian Fellowship and Meeting which DE/Dir. Bobby Joseph and I hosted last January 17, 2019 at the Ralph's Wine and Spirits along Arnaiz Avenue in Makati City for our Star Rotarians in order to motivate them to play an active role in our centennial activities. DE/Dir. Bobby Joseph and Sec.Gen. Romy Nones took turns in motivating them by delivering short talks. Because of this, DE/Dir. Bobby Joseph committed to give another Php 100,000 for our REAP, Php 50,000 from Rtn. Charles Madson, Php 50,000 from Rtn. Raymund Alberto, Php 24,000 from PP Francis Juico and Php 120,000 from D & L Industries represented by Ms. Erika Lao through the efforts of Rtn. Nando Camus.

With respect to our Centennial Celebrations, our preparations are now in full swing as the Steering Committee meets more often since the days are winding down towards our centennial culminating activities. Hence, I earnestly encourage all of you to pay the Php 20,000.00 Centennial Seed Fund Assessment as this will fund all our centennial activities and projects.

PD Phillip Ong has already submitted his budget for the Welcome Cocktails for June 20, 2019 which includes an art exhibit from paintings of special children from Hospicio de San Jose. He likewise explained what he envisions to happen on that event.

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3. Bleeding problem. Too much aspirin can cause a bleeding problem and even stroke (hemorrhagic stroke).

4. Aspirin can interact with an anti-coagulant (warfarin, Coumadin, heparin, corticosteroids). It can also interact with herbal supplements (omega-3 fatty acid, ginkgo). Discuss with your doctor if you are taking other drugs and herbal supplements.

A person who has the virus can transfer from the days before the symptoms appear and until about 5 days after the appearance of the symptoms. This is not an absolute rule because the virus and virus activity can change from time to time and from one season to another.

Is flu a deadly condition?

Flu is a self-limiting condition. Said in another way, it can go away even without medicine. It is however considered to become a deadly condition to some people who are at risk. People who are under age 5, and those over 65 are at risk of getting pneumonia, the most serious complication of flu. People who have lowered immune system (example, cancer patients), pregnant women, women who have just delivered, people with chronic illnesses (asthma, liver disease, kidney disease, heart disease), the very obese, and institutionalized patients and those under long-term treatment also belong to the high-risk population for the complications of flu. Other complications include: ear infection, heart problems, bronchitis, and asthma flare-ups.

Symptoms of flu include the following: Fever, muscle and body aches, fatigue and weakness, cough, nasal congestion, sore throat, chills and sweats, and headache.

Flu vaccine is not 100% effective. The strain of flu virus changes from time to time. What attacks people this year may not be the same flu virus next year.

Preventing the flu

1. Wash your hands frequently. Use alcohol-based sanitizer.
2. Cover your mouth and nose when you sneezed. It is better if you sneeze into a tissue. Avoiding coming near a sneezing or coughing person.
3. Avoid crowds.
4. Stay at home when you are sick. You may just need home remedy for the flu.
5. Avoid touching your eyes, nose or mouth.
6. Get plenty of sleep. Exercise. Drink plenty of fluids and eat nutritious foods.

PDG Vince Carlos will be following up the solicitation letters with respect to our Rotary Club of Manila Coffee Table Book.

Rtn. Zdenek Jankovsky has prepared a solicitation letter for Rotary's Heart for Little Angels which is now for my signing.

The selection of the five (5) finalists and the best song for the Rotary Club of Manila Centennial Chorale Competition will be held at the CSI Stadia on January 29, 2019 in Dagupan City where I encourage you to join us for that event as Former Speaker Rtn. Joe de Venecia will be hosting brunch for us.

Our REAP will have a Special Event this January 25, 2019 where our sponsors will meet our fifty (50) scholars there in a program from 2:00 pm to 4:00 pm at the Pamantasan ng Lungsod ng Maynila.

We are likewise in the process of choosing our event organizer for "A Legacy of Rotary Service".

The Centennial Gala Night, slated for June 22, 2019, is now on its food tasting stage.

Our Centennial Commemorative Stamps are now on sale as I encourage all of you to secure this once in a lifetime memorabilia.

With respect to Interclub Activities, I encourage you to participate in the District 3810 Chinese New Year on January 29, 2019 at the Golden Bay Seafood Restaurant in Pasay City as well as the DISCON 2019 from March 1-2, 2019 at OKADA MANILA where our club is the host club.

Today, we welcome BSP Deputy Governor Diwa Guinigundo who will give his insights on what is in store for the Philippine economy this 2019 in terms of businesses and industries. This will be an exciting talk for all of us.

Without doubt, all these are colossal undertakings which will greatly entail our unwavering commitment in furtherance of Service Above Self. Indeed, great things in Rotary are never done by a single individual, but, by a team of Rotarians, moving together towards a common goal. Under ONE CENTURY, towards ONE MISSION and in furtherance of ONE ROTARY, the best is yet to come. Let us all BE THE INSPIRATION in all our undertakings as we embrace the teachings of Rotary in living our everyday lives.



Our convenient online system makes registering easy for all Rotary members, Rotaractors, and Rotary club and district employees.

Register today at riconvention.org.

Fees*

	Rotarians	Rotaractors
Now through 15 December	\$395	\$120
16 December 2018 to 31 March 2019	\$495	\$170
1 April 2019 until the convention closes	\$595	\$220

*All prices include a 19 percent value-added tax (VAT)



BENEFITS AND CONTROVERSIES IN ASPIRIN A DAY

Elias D. Adamos, M.D.



Taking aspirin daily can be a lifesaving option to many but it is not for everyone.

What is aspirin and what does it do?

Aspirin is a basic tablet for pain (toothache, headaches, body aches) and fever. It was found out to have blood-thinning effect on the body. It has also been proven in research that it has anti-inflammatory action (for swelling, arthritis) and has anti-cancer or anti-tumor properties.

Aspirin was also found to prevent or lower the risk of heart attack. Because of this, doctors will more likely prescribe aspirin to you if you have had a heart attack or stroke, or you are at the risk of having one.

How can aspirin prevent heart attack and stroke?

Aspirin contains properties that make your blood thinner and more fluid. When fatty deposits build up inside your blood vessels (arteries), you have what is called atherosclerosis. Fatty deposit in your blood lining can burst. The blood fragments that are thick and sticky, containing fat deposit, can be carried through the blood stream and may lodge to a small-caliber vessel (in the brain or heart) resulting to a blockage, leading to stroke or heart attack. The natural blood-clotting properties in your blood (platelets) can seal off the flow resulting to loss of circulation and oxygen. Aspirin reduces the clumping action of platelets and thus preventing heart attack or stroke.

What is the dose of daily aspirin?

Daily aspirin therapy is not dose-related, unlike in the past when a high dose of aspirin was believed to be necessary or needed. Many studies, more particularly the Norwegian study, found out that the effect of less than 30 mg of daily aspirin is the same as that of 200 mg.

Controversies or complications in daily aspirin use

1. Gastrointestinal bleeding. Daily aspirin use increases your risk of developing stomach ulcer. Taking aspirin with other anti-inflammatory substances (ibuprofen and other medicines for arthritis) increases the possibility of stomach erosion secondary to medicine.
2. Allergic reaction. There are some people who are allergic to aspirin. Allergic reaction can be a life-threatening event.

RCM Members' Attendance Report RY 2018 2019
H.E. Koji Haneda, Ambassador Extraordinary &
Plenipotentiary of Japan to the Philippines
Thursday, 17 January 2019

All members present	69
Less: Exempt members	8
Total active members	61
ADD: Make-Up *	2
TOTAL	63
Total # of Members	229
Less: Exempt from attendance	33
On Leave	21
1 Abriam, Ariel	
2 Alunan, Raffy	
3 Arnaiz, Mon	
4 Bolton, Bollie	
5 Bogovich, Jason	
6 Co, Ferdie	
7 Dela Cruz, art	
8 De Rossi, Andy	
9 Doval-Santos, Rosel	
10 Engelbrecht, Francois	
11 Enriquez, Jujut	
12 Follosco, Jun	
13 Go, Mike	
14 Goerlich, Bodo	
15 Gonzales, Peter	
16 Kunack, Lutz	
17 Palacios, Hans	
18 Robertz, Cons	
19 Schoucair, Farid	
20 Yu, Geof	
21 Zaldarriaga, Chito	

Total Active Members (Total Percentage Base)	175	
TOTAL ATTENDANCE %:	36%	
ATTENDANCE REPORT		
List of members and guest in attendance:	1.10.2019	1.17.2019
RCM Members	65	69
Members' guest	8	17
Visiting Rotarians	1	2
Honorary Members	0	2
Club Guest- RAC Manila	1	0
Club Guest - RAC DLSU/CSB	1	0
Club Guests- guest of GOHS	1	2
Media	0	0
Total	77	92

MAKE-UP:

PDG Vince Carlos, Centennial Committee Meeting

CENTENNIAL PROJECTS



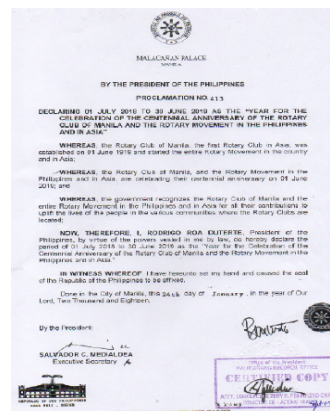
Rotary Club of Manila Centennial Watch is a limited edition watch (100 pieces) made by Ibarra bearing the new logo of the Rotary Club of Manila which will be sold as part of a fund-raising endeavor.

Monty Python's SPAMALOT is a Rotary Club of Manila-sponsored musical comedy adapted from the 1975 film Monty Python and the Holy Grail. Like the motion picture, it is a highly irreverent parody of the Arthurian legend, but it differs from the film in many ways. This show is a fund-raising endeavor of the club.

HOSPICIO DE SAN JOSE-NORZAGARAY PROJECT



This project aims to provide shelter for street families from the City of Manila within the hospice site located in Norzagaray, Bulacan and to equip parents from these families with the livelihood skills training to be conducted within the hospice site to adequately prepare them for independent living.



Presidential Proclamation No. 413 is a proclamation signed by President Rodrigo Roa Duterte "declaring 01 July 2018 to 30 June 2019 as the 'Year for the Celebration of the Centennial Anniversary of the Rotary Club of Manila and the Rotary Movement in the Philippines and in Asia'". This was obtained through the help of IPP Jimmie Policarpio and his Board of Directors and Executive Officers.



Philippine Booth of the Rotary Club of Manila at the Rotary International Convention in Toronto, Canada was an initiative in cooperation with the Department of Tourism and Philippine Airlines to promote the centennial of the Rotary Club of Manila and the Rotary movement in the Philippines and in Asia. The booth was designed by Rotaractors from the Rotaract Club of Manila, one of our sponsored clubs.

SARI-SARING ARALAN: 3K para sa 3K (Kabataan, Kababaihan, Kalalakihan para sa Karunungan, Kaugalian, Kagitingan) is based on the concept of the iconic Filipino sari-sari store, a well-known place in the community, that can be a venue for learning. It is based on the premise that learning does not and should not only take place inside schools and colleges, but in communities, workplaces, and families, as well. Sari-Saring Aralan aims to become a Learning Hub for OSY to help in increasing their capacity, sociability, change of values, and mind set in life.



The Rotary Club of Manila Educational Assistance Program (REAP)

(aka Adopt-a-Student program) is an initiative to support graduating students from the Pamantasan ng Maynila and the Polytechnic University of the Philippines by providing financial aid for their everyday expenses. In line with celebrating 100 years of service, the initial goal is to provide support to 100 graduating students who will be needing financial support the most but at the same time providing better opportunities to improve their current state.

DISTRICT 3810 CHINESE NEW YEAR

The Annual District Chinese New Year, hosted by the Rotary Club of Manila Metro, will be on January 29, 2019 at the Goldenbay Seafood Restaurant, Macapagal Blvd., Pasay City. There will be popular traditional Chinese entertainment numbers and exciting games to celebrate the beginning of The Year of the Earth Pig. The Rotary Club of Manila will be participating as a minor co-host.

DISTRICT 3810
SAA SEMINAR

- * When: February 02, 2019 (Saturday)
1:00pm - 5:00pm
- * Where: Phil. Trade Training Center/ PTTC
Sen. Gil Puyat cor. Roxas Blvd. Manila
- * Who: Open to all Rotarians / Club SAA Officers
- * Attire: Smart Casual
- * Registration fee: P850.00
Pls. deposit payment to Metrobank :
Acct: Philip Lee # 075-3-07559725-9
- * For more information call or text:
Event Chairman/ PP William Uy - 0917-855-7203
SAA Chief/ PP Philip Lee - 0917-804-9656

HOSTED BY:
**ROTARY CLUB OF
CHINATOWN MANILA**



DISTRICT CONFERENCE 2019

March 1-2, 2019
Okada Hotel



DISTRICT CONFERENCE 2019

HOST CLUB: ROTARY CLUB OF MANILA

When: MARCH 01-02, 2019

Where: OKADA HOTEL

Cost: P 4,500

PAYMENT DETAILS:

Project account -
Rotary Club of Manila
151-7-15151486-0

Deposit slips should be submitted either by email to rcmanila@rcmanila.org, viber to 09088737405 or fax to 5271885 to allow the Rotary Club of Manila to acknowledge payment not later than three days after bank transaction is made.

RSVP

ATTENDING

BY: _____
SIGNATURE OVER PRINTED NAME



One Rotary One Philippines One for Marawi is an initiative that aims to provide medical, psychological and palliative care to wounded soldiers who have fought for the liberation of Marawi from the shackles of terrorism as well as civilians who have been displaced as a result of the armed conflict.



Centennial Commemorative Stamp is an initiative to commemorate the 100 years of the Rotary Club of Manila and the Rotary movement in the Philippines and in Asia through the issuance of limited edition stamps.



Rotary's Heart for Little Angels is an initiative to provide financial assistance to young children with congenital heart defects for purposes of their operation.



Seeds of Change by Rotary Club of Manila is an initiative to plant 100,000 gmelina and seedlings in commemoration of the 100 years of the Rotary Club of Manila and the Rotary movement in the Philippines and in Asia.



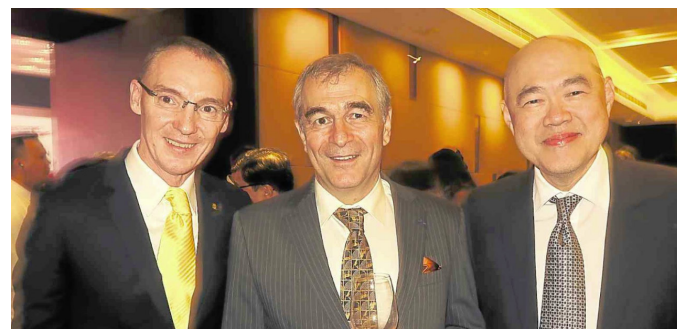
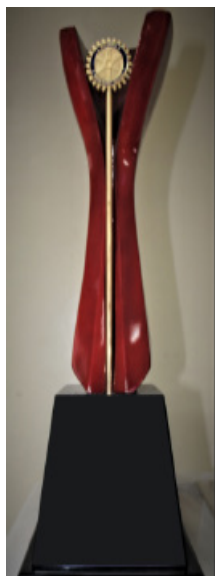
Centennial Hymn is an initiative towards composing a song that will embody the 100 years of the Rotary Club of Manila.

Rotary Club of Manila Coffee Table Book is an initiative to set forth the strides of Asia's First Rotary Club and the Rotary movement in the Philippines and in Asia in its 100 years of existence.



Rotary Activities with the Boy Scouts of the Philippines is an initiative to showcase the Boy Scouts of the Philippines, a creation of the Rotary Club of Manila, as they take part in centennial activities of our club.

The Search for The Outstanding Workers of the Republic (TOWER) Awards was founded in 1975 by the Rotary Club of Manila as an annual search for outstanding "blue collar" workers of the country. Subsequently, it included in its coverage "white collar" (non-supervisory) workers. It aims to recognize the contributions to economic development of the legions of skilled workers who constitute the backbone of our country's manpower capacity. The awards program transcended the confines of a Club's concern because of its nationwide reach and significance in uplifting the Filipino workers' morale and social status leading to greater prestige at the workplace – to the entrepreneur / employer and the colleagues, to the family and the community while enhancing individual career opportunities and promoting industrial peace.



Makati Shangri-La hotel manager Udo Wittich, Hubert d'Aboville, Slovenia Consul Felix Ang

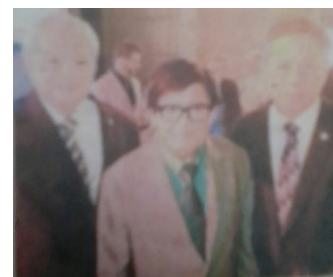


Hans Sy, Thailand chargé d'affaires Urawadee Sriphiromya, Japan Consul General Atsushi Kuwabara



Vietnam Ambassador Ly Quoc Tuan, Susan Fries of Sweden, Lais do Amaral of Brazil, Myanmar Ambassador Win Naing

Oscar del Rosario Sr., Felino "Jun" Palafox and Frank Evaristo





Ling Zhang-Dumont, Jean
Pierre Dumont



Belgian Consul Cecile Thoen,
Hungary Ambassador József
Bencze



United Nations resident coordinator Ola Almgren, Sweden Ambassador Harald Fries, Canada Ambassador John Holmes, Apostolic Nuncio Archbishop Gabriele Caccia



Brazil Ambassador Rodrigo do Amaral Souza, Foreign Affairs Assistant Secretary Ma. Amelita Aquino, Greece Ambassador Nikolaos Kaimenakis



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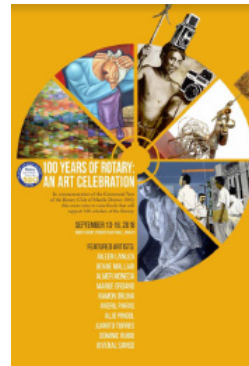


JOURNALISM AWARDS

The Journalism Awards revolutionized the image of the press in the eyes of the public whose undying vigilance became a continuing inspiration for many a journalist to make the tri-media a medium to discuss issues of national significance. It has become a yardstick of prestige for any media outfit as they often mention this triumph in identifying themselves to the public in many a radio broadcast, television program or newspaper.

TOURISM AWARDS

The objective of the Tourism Awards is to recognize outstanding personalities in the Tourism industry.



100 Years of Rotary: An Art Celebration

This is a fund-raising project of the club where paintings of well known artists will be displayed at the lobby of the Powerplant Mall, Rockwell, Makati City and the proceeds of the sale will go to our centennial fund.

ROTARY NATIONAL CENTENNIAL GOLF TOURNAMENT

This is a golf tournament spearheaded by our club in coordination with our daughter clubs in the various districts in the Philippines that will take charge of the leg in their respective areas. Our club will spearhead that of District 3810 and will likewise take charge of the championship round during the centennial week to be held at the Sta. Elena Golf Club which will feature the winners of the different legs.

CENTENNIAL LAUNCH

This activity aims to announce the different projects and activities for the Centennial of the Rotary Club of Manila and the Rotary movement in the Philippines and in Asia through a press conference launch where cocktails will be served and with Rotarians from different clubs and districts in attendance.



A LEGACY OF ROTARY SERVICE

This activity aims to recognize Rotarians and clubs from all over the Philippines for their noteworthy projects. The highlight of the evening would be the induction of the District Governors-Elect and the Presidents-Elect by the Rotary International President-Elect.

CENTENNIAL GALA NIGHT

This is the culminating activity of the centennial of the Rotary Club of Manila and the Rotary movement in the Philippines and in Asia in an evening of nostalgia and congeniality uniting Rotarians from different parts of the archipelago which will be graced by the presence of Rotary International President-Elect Mark Maloney.

ROTARY CLUB OF MANILA CENTENNIAL CHORALE COMPETITION

This concept of BLAAmading Valdez targets the youth who will be called upon to serve in the next 100 years. The resulting musical composition from this competition may trigger a national consciousness for service and sacrifice for country and humanity. It will be the lasting legacy of our club. It is just appropriate albeit a necessity that this musical competition be the centerpiece of the culminating centennial celebration to be held on June 21, 2019. This competition will be open to all high school students in cooperation with DepEd and qualified out-of-school youth in cooperation with DILG.



SAVE MANILA BAY is a centennial project made in consultation with former Manila Rtn. Atty. Antonio "Tony" Oposa, Rtn. Bobit Avila of the Rotary Club of Cebu and Manila Yacht Club where a persuasive follow up on the Local Government Units with respect to waste management by way of waste segregation and facilitation of sewerage treatment will be undertaken. The treatment will be undertaken for free by Maynilad and Manila Water, which both receive direct payments from homeowners and business owners' water bills for the purpose of sewerage treatment.

Germany marks 28th year of reunification

By: Fortune Ledesma Philippine Daily Inquirer /
05:01 AM January 22, 2019



Germany Ambassador Gordon Kricke



US Ambassador Sung Kim, Monaco Consul General Fortune Ledesma



Ivory Coast Consul General Vince Carlos, Lebanon Consul Joe Assad, New World Makati Hotel general manager Farid Shoucair

Celebrating 28 years of German unity, the Embassy of Germany in Manila held a grand anniversary gathering at the ballroom of New World Makati Hotel.

The well-attended event was graced by Germany Ambassador Dr. Gordon Kricke, Foreign Affairs Assistant Secretary Ma. Amelita Aquino, and other guests from business, political and cultural groups.

In his address, Ambassador Kricke emphasized the role of European integration in the road to German reunification, saying, "The foreign policy of Germany is committed to the promotion of democracy, the rule of law and human rights, free trade and the defense of a rules-based international order."

Guests enjoyed a delicious banquet of culinary specialties, perfectly paired with authentic Oktoberfest brew and excellent wines from German vineyards.

There were musical performances featuring the Bavarian Sound Express. —CONTRIBUTED



A close up photo of the turnover of name badge where PP Archibartolome was on hand as President Susing Pineda handed the Rotary Club of Manila name badge of the late Rtn. Henry Sy, Sr. to his son, Mr. Hans Sy



President Susing Pineda in a conversation with Mr. Henry Sy, Jr., son of the late Rtn. Henry Sy, Sr., at the wake of his late father.

UPDATE ON THE CENTENNIAL CELEBRATION

WELCOME COCKTAILS (JUNE 20, 2019)



Rtn. Zdenek Jankovsky, SDG/PP Frank Evaristo, President Susing Pineda and Sec.Gen. Romy Nones listen to the budget presentation of PD Phillip Ong regarding the Welcome Cocktails last January 21, 2019 at the Palm Grove, Rockwell Club, Makati City.

Latest Update:

A Welcome Cocktails will be held on June 20, 2019 under a Filipinana theme for 400 guests and will be held at the World Trade Center in Pasay City.

PD Phillip Ong submitted a proposed budget of Six Hundred Seventy Thousand Pesos (Php 670,000.00) with the following assumptions:

1. The performers, the Hallili Cruz Ballet Company, the Singkil dancers, the Rondalla band will be performing for free although tokens have been included in the budget.
2. The wine to be served at the cocktail will be courtesy of DE/Dir. Bobby Joseph.
3. That the event organizer will take care of the production and coordination of the performers without additional charge with respect to this event.
4. The budget for the photographer and videographer, are not included.
5. The proceeds of the Art Exhibit to be held during the Welcome Party shall be for the benefit of the construction of the Hospicio Cerebral Palsy Center.

For purpose of kicking off the construction, PD Phillip Ong has also advanced an initial donation of Five Hundred Thousand Pesos (Php 500,000.00) to the Hospicio Cerebral Palsy Center project mobilization subject to reimbursement should our fund raising exceed the Four Million Pesos (Php 4,000,000.00). Otherwise, it shall likewise form part of Rotary Club of Manila's donation to Hospicio.

UPDATES ON THE CENTENNIAL PROJECTS

ROTARY CLUB OF MANILA COFFEE TABLE BOOK



PDG Vince Carlos discussing and presenting the Rotary Club of Manila Coffee Table Book last January 21, 2019 at the Palm Grove, Rockwell Club, Makati City.

Latest Update:

The Rotary Club of Manila Coffee Table Book will be launched on March 1, 2019. It will be sold at Php 2,000.00 per copy. PDG Vince Carlos requested for the list of those to whom the sponsorship letters were sent for him to personally follow them up.

ROTARY'S HEART FOR LITTLE ANGELS



Rtn. Zdenek Jankovsky reporting his update on Rotary's Heart for Little Angels last January 21, 2019 at the Palm Grove, Rockwell Club, Makati City.

Latest Update:

Rtn. Zdenek Jankovsky reported that he has prepared the solicitation letter and it is for signature of President Susing Pineda, today, January 24, 2019.

MANILA ROTARIANS PAY LAST RESPECTS TO THE LATE RTN. HENRY SY, SR.



President Susing Pineda handed the name badge of the late Rtn. Henry Sy, Sr. to his son, Mr. Hans Sy, last January 22, 2019 at his wake located at The Heritage Park in Taguig City. With him were PD Oscar del Rosario, Club Secretary Alvin Lacambacal, PP Benny Laguesma, PP Archit Bartolome, PP Teddy Ocampo and PVP Manny Dy. Not in picture was Sunshine Committee Chair PP Boy Guevara, PVP Ben Diokno and PE Jackie Rodriguez.



PD Oscar del Rosario and PP Boy Guevara in a conversation at the wake of the late Rtn. Henry Sy, Sr.

✠
IN MEMORIAM

HENRY "*Tatang*" SY, SR.

Peacefully joined his Creator
on January 19, 2019

His wife, Felicidad; his children Teresita, Elizabeth, Henry Jr., Hans, Herbert and Harley & their spouses; his grandchildren and great grandchildren request all those whose lives he touched to pray for the eternal repose of his soul.

His remains lie in state at The Heritage Park from Sunday, January 20 to Wednesday, January 23. Interment will be on Thursday, January 24.

As an expression of sympathy, memorial contributions may be sent to Tatang's beloved scholarship program through SM Foundation, Inc. in place of flowers.



ROTARY CLUB OF MANILA CENTENNIAL CHORALE COMPETITION



PP Teddy Ocampo and PD Oscar del Rosario giving an update on the schedule of activities for the Regional Eliminations of the Rotary Club of Manila Centennial Chorale Competition last January 21, 2019 at the Palm Grove, Rockwell Club, Makati City.

Latest Update:

The Rotary Club of Manila Centennial Chorale Competition will hold its Regional Eliminations on January 29, 2019 at the CSI Stadia, CSI City Mall, Lucao District, Dagupan City, Pangasinan. Brunch will be hosted by Former Speaker Rtn. Joe de Venecia. The following comprise the Program of Activities :

6:00 am - 9:00 am	Street dancing
9:30 am.	Opening Program
11:00 am - 1:30 pm	Showdown of Baile
1:30 pm - 4:00 pm	Contest Proper (National Level)



Members of Rotary Club of Manila are invited to attend the selection of 5 national finalists from amongst the 17 regional participants in the Nationwide Song Writing and Choral Competition, a Rotary Centennial Project with the theme: "THE FILIPINO YOUTH SERVING THE NATION THE ROTARY WAY IN THE NEXT 100 YEARS". Our co-sponsor is the Department of Education under the ambit of the National Festival of Arts and Talents.

The Selection of the 5 Finalists will be held -

ON : January 29, 2019 (Tuesday)

Venue : CSI Stradia, CSI City Mall, Lucao District, Dagupan City, Pangasinan

Time: 1:30 PM – 4:00 PM

The 5 Finalists will compete before the RI Pres. Mark Daniel Maloney and Rotarians during the Rotary Movement Centennial Celebration led by Rotary Club of Manila on 21 June 2019 at the Philippine International Convention Center (PICC).

Members who are attending are requested to send their RSVP by return email to rcmanila@rcmanila.org or by viber to 09088737405 / 09174385984

Brunch to be hosted by Former House Speaker / Rtn Joe de Venecia.

Centennial Chorale Competition Committee

PP Teddy Ocampo, Chairman; PD Oscar del Rosario, CoChairman

-----RSVP-----

Pre-Final Selection from DedEd Regional Winners of Nationwide Song Writing & Choral Group Competition – Tuesday January 29, 2019 1:00 PM at CSI Stradia, CSI City Mall, Lucao District, Dagupan, Pangasinan

[] Attending By: _____
Signature over Printed Name

The following will have signified their AT-TENDANCE:

1. President Susing Pineda
2. PP Teddy Ocampo
3. DE/BLA Amading Valdez
4. Rotary Ann Nellie Valdez
5. PD Oscar Del Rosario
6. SDG/PP Frank Evaristo
7. AT Ner Lonzaga
8. Rotary Ann Femy Lonzaga
9. Rtn. Willie Peliño

Rotary Club of Manila members are encouraged to join the delegation to the National Festival of Talents and the Arts on January 29, 2019 for the Regional Elimination stage of the Rotary Club of Manila Centennial Chorale Competition.



ISDG/IS/DE/Dir. Albert Alday with Rotary Club of Makati Central PP Romy Que as they both attended the 25th Anniversary Charity Gala Dinner of the Rotary Club of Makati Jose P. Rizal (District 3830) last January 21, 2019 at the Grand Ballroom of the New World Makati Hotel in Makati City.



ISDG/IS/DE/Dir. Albert Alday with two of the Rotarians of the Rotary Club of Makati Jose P. Rizal and other guests at the 25th Anniversary Charity Gala Dinner of the Rotary Club of Makati Jose P. Rizal (District 3830) last January 21, 2019 at the Grand Ballroom of the New World Makati Hotel in Makati City.



A Star Rotarian Fellowship and Meeting was hosted by President Susing Pineda and DE/Dir. Bobby Joseph last January 17, 2019 at the Ralph's Wines and Spirits, Arnaiz Avenue, Makati. Photo shows Sec Gen Romy Nones speaking before the Star Rotarians.



DE/Dir. Bobby Joseph meets with the Star Rotarians as he motivates them to get involved with our centennial celebrations



DE/BLA Amading Valdez listen as DE/Dir. Bobby Joseph tries to motivate the Star Rotarians to be involved in our centennial projects and centennial culminating activities.

THE ROTARY CLUB OF MANILA
EDUCATIONAL ASSISTANCE
PROGRAM (REAP)



Sec.Gen. Romy Nones discusses the plans for the Special Event last January 21, 2019 at the Palm Grove, Rockwell Club, Makati City.

Latest Update:

A Special Event to meet with all fifty (50) scholars of the Paman-tasan ng Lungsod ng Maynila is scheduled on January 25, 2019 from 2:00 pm - 4:00 pm at the President Ramon Magsaysay En-trepreneur Center (PRMEC) of the Pamantasan ng Lungsod ng Maynila in Manila.

President Susing Pineda conveys his earnest appeal for more ben-efactors for the project.

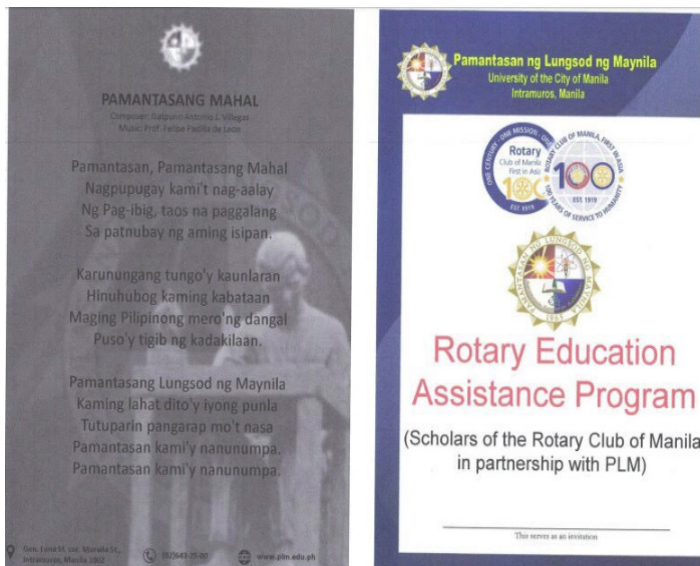
REAP Commitments as of January 24, 2019

ROTARY CLUB OF MANILA		
PROJECT ACCOUNT - REAP		
AS OF JANUARY 23, 2019		
NO.	NAME	AMOUNT
1	Source of fund: Inaugural Fund 18-19 (JMP)	100,000.00
2	Nones, Romeo "Romy" C.	35,500.00
3	Rotary Club of Quirino Manila Central	60,000.00
4	Golez, Jose Roilo "Roy" S.	11,000.00
5	Rtn. Isidro Alcantara/ Marcventures Mining & Development Corp.	192,000.00
6	Pineda Jr., Jesus "Susing" M.	48,000.00
7	Alday, Albert S.	2,000.00
8	Bartolome III, Arsenio "Archit" M.	24,000.00
9	Esguerra, Herminio "Hermie" S.	100,000.00
10	Acosta, Crispiniano "Cris" G./Filminera Resources Corp.	24,000.00
11	Fajardo, Beda G./Fajardo Law Offices	24,000.00
12	Del Rosario, Oscar	24,000.00
13	Camus, Jose Fernando	24,000.00
14	Valdez, Amado "Amading" D.	15,000.00
15	Lonzaga, Reinerio "Ner" C.	48,000.00
16	Bondoc, Ramon	24,000.00
17	Evaristo, Frank	24,000.00
18	Joseph Jr., Robert Lim "Bobby"	240,000.00
19	Reynolds, David John "Dave"	24,000.00
20	Payumo, Felicito "Tong" C.	24,000.00
21	Ong, Jason	96,000.00
22	Eldebs, Issam "Sam"	24,000.00
23	So, Warren	24,000.00
		1,211,500.00

Reminder: Please secure OR within 3 days upon payment. Kindly email the copy of deposit at rcmanila@rcmanila.org or send via fax at #527-1885.

New Commitment

1. Dir. Bobby Joseph	100,000.00
2. Star Rtn. Charles Madson	50,000.00
3. D & L Industries- Mr. Erika Lao	120,000.00
4. Rtn. Mon Alberto	50,000.00
5. PP Francis Juico	24,000.00
	344,000.00



conflict. We need to do away with mediocre-thinking which often leads to failure and disappointment. We need to raise awareness and get involved. As they say, we need to walk our talk and instill in ourselves a sense of duty and commitment to our club and to the entire organization.

Again, Rotary's task is highly achievable through effective planning and through instituting practical, reasonable and meaningful changes to enhance club performance. I will elaborate further about effective club planning in my future articles.

These are a few points I could suggest to aid a club in effective planning. The first of which is communication. We have previously mentioned that the planning process involves defining tasks and roles to avoid redundancy of efforts and waste of our resources. I am sure everyone has an opinion to share and all are encouraged to participate in free-wheeling discussions. However, only discussions are welcome, not contentions. Criticisms must always be objective and fair. In our efforts to find creative solutions to problems and obstacles encountered, it is imperative that we preserve the bonds of friendship cultivated over many years of fellowship.

It is very important to let your voice be heard in the planning process and follow through in the implementation stage of any endeavor or undertaking. If things fall through the cracks and disappointments surface, at least you were involved in the creation of your own destiny. Every member is encouraged to share knowledge and experience – to be able to utilize the best practices in the past.

[to be continued....]



ON ROTARY LEADERSHIP

By: PDG Alex Cureg

The Importance of Planning Ahead (PART I)

In striving for a more effective, strong and vibrant Rotary Club, one thing we cannot underestimate is the importance of planning ahead. Through planning, the club tries to arrive at specific, measurable and achievable goals which can fit within a realistic time frame. We try to define tasks as well as define roles in order to minimize confusion but also redundancy of efforts. It will also prevent disillusionment of members whose expectations were sorely not met.

Perhaps you will agree with me that in the past, we have witnessed certain Rotarians, whom due to either lack of knowledge or worse, lack of motivation, gave perfunctory or mere token performances, gave the bare minimum of what is required and contented themselves with a brand of mediocre attitude which is contrary to our cherished Rotary ideals. Anyone disillusioned by such kind of Rotarians left the club or left Rotary altogether.

Sad but true. And mind you, this is not meant as an indictment of what has been achieved by our worthy and esteemed predecessors. Rather, by advocating change, we are only recognizing the ever-present realization that there is always room for improvement, all in the spirit of the oft-repeated Rotary adage, "The best is yet to be."

Indeed, we recognize the exemplary achievements made by those who toiled before us. However, we also feel the need to go above and beyond. These changing times also call for changes in ourselves, in the way we do things – in the way we think. It is in these times (and I mean this especially because it is our Centennial Year), that we find the need to walk the extra mile; we find the need to be the bigger person; we need to build bridges of peace and tear down walls of apathy, disunity and

A LEGACY OF ROTARY SERVICE



The event organizer applicant and her team getting ready to answer questions last January 21, 2019 at the Palm Grove, Rockwell Club, Makati City.

Latest Update:

The event organizer applicant made a presentation with respect to the event, "A Legacy of Rotary Service".

CENTENNIAL GALA NIGHT

Latest Update:

VPE/PAT Hermie Esguerra, Centennial Gala Night Chair, announced that there will be a food tasting on January 31, 2019, 4:00 pm at OKADA MANILA.

CENTENNIAL COMMEMORATIVE STAMPS

Latest Update:

By virtue of Presidential Proclamation No. 413, signed by President Rodrigo Roa Duterte, "declaring 01 July 2018 to 30 June 2019, as the "Year for the Celebration of the Centennial Anniversary of the Rotary Club of Manila and the Rotary Movement in the Philippines and in Asia, the Rotary Club of Manila, First in Asia, will celebrate this milestone achievement of 100 Years of Rotary Service to the Community, a once-in-a-lifetime occasion, during its Centennial Rotary Year 2018-2019, its centennial birth anniversary being this June 1, 2019.

One of the Centennial Projects of the Rotary Club of Manila is the issuance of a limited edition Centennial Commemorative Stamp in collaboration with the Philippine Postal Corporation. This is a once-in-a-lifetime memorabilia which is guaranteed to last generations such that it becomes collector's item.

Below is the Rotary Club of Manila Centennial Stamps Package (3 Sets) for your selection, reservation and payment. All payments shall be made through Ms. Devann Abayon, RCM Centennial Committee Project Coordinator, the proceeds of which shall go to the Club's Centennial Funds:

RCM COMMEMORATIVE STAMPS	
SELLING PRICE	
	
Kind	Cost/Unit
Commemorative Stamp (40 pcs)	1,500
Souvenir Sheet (2pcs)	
Official First Day Cover (OFDC)*single stamp design (2 pcs)	
Official First Day Cover (OFDC)*souvenir sheet (2 pcs)	
Presentation Frame, big, (19" x 23") contents: 8 pcs. stamps and 1 OFDC S/S and 1 OFDC	6,000
Presentation Frame, small, (11" x 14") contents: 8 pcs. stamps and 1 OFDC S/S and 1 OFDC	4,000

RCM COMMEMORATIVE STAMPS	
SELLING PRICE	
	
Kind	Cost/Unit
Commemorative Stamp (40 pcs)	1,500
Souvenir Sheet (2pcs)	
Official First Day Cover (OFDC)*single stamp design (2 pcs)	
Official First Day Cover (OFDC)*souvenir sheet (2 pcs)	
Presentation Frame, big, (19" x 23") contents: 8 pcs. stamps and 1 OFDC S/S and 1 OFDC	6,000
Presentation Frame, small, (11" x 14") contents: 8 pcs. stamps and 1 OFDC S/S and 1 OFDC	4,000



In a posterity photo with Japanese Amb. Koji Haneda. From left-right: Director-elect/Board Legal Adviser Amading Valdez, Past President Frank Evaristo, former Ambassador Rotarian Vic Garcia, Past President Ebot Tan, Ambassador Haneda, Pres. Susing Pineda, and Club Honorary Member, Rotarian / His Excellency Jose Nestor Urera, Ambassador of Argentina to the Republic of the Philippines.



Pres Susing Pineda exchanging club bannerette with first time visiting Rotarian Yosi Veysler.



Among RCMer who participated in the public forum is PD Beda Fajardo.



Pres. Susing Pineda for his response and presentation of the Club's Centennial Plate to His Excellency Ambassador Koji Hane-da, as a token of appreciation for being the guest of honour and speaker.

Dear Fellow RCMers,



As you well know, our Centennial Year is upon us. In the past few years leading up to the present, your club leadership has planned and prepared several projects and events befitting this milestone in the history of our prestigious club. During the Town Hall Meeting last August 9, 2018, these activities were presented and broadly discussed. The responses of our members afterwards were inspiring. They want to do their share in making our centennial celebrations truly memorable, not only for RCMers but also to all Rotarians of the Philippines and of Asia. Indeed, in various district functions recently, other Rotarians from all over the country have also expressed their enthusiasm in joining us in the celebration of 100 years of the Rotary movement in this part of the world. They are just waiting, in their own words, for the Rotary Club of Manila to lead them.

It is time therefore, for us to take the challenge of leading our fellow Rotarians. And for us to do this effectively, the participation of each RCM member is needed. Attached is the list of our centennial committees and their projects. Also provided is the Program of Activities for the Centennial Week. I urge you to volunteer your participation in any of the activities. Together, we can attain greater achievements for our club!

Please indicate the committee(s) / event(s) that you are joining.

Yours in Rotary,

Pres. Susing Pineda

Centennial Projects

Please put a "check"  mark over your preferred Centennial project/ committee:

On-Going Projects:

1. Hospicio de San Jose ; Chairman: Rtn Phillip Ong
2. One Rotary, One Philippines, One for Marawi ;
Chairman: Dir Raffy Alunan
3. RCM Hearts for Little Angels ; Chairman: Rtn Zdenek Jankovsky
4. Sight Conservation ; Chairman: Rtn Jack Bautista
Awards:

1. TOWER Awards; Chairman: PP Benny Laguesma
2. Journalism Awards; Chairman: IPP Jimmie Policarpio
3. Tourism Awards; Chairman: Dir Bobby Joseph
Centennial Year Projects:

1. Commemorative Stamp; Chairman: PP Frank Evaristo
2. Coffee Table Book (LOGISTICS) ; Chairman: PDG Vince Carlos
3. Coffee Table Book (EDITORIAL BOARD) ; Chairman: PP Boy Ampil
4. Tree Planting ; Chairman: TBA
5. Sari-Saring Aralan; Chairman: President Susing Pineda
6. Rotary Educational Assistance Program (REAP) ;
Chairman: SecGen Romy Nones
7. Rotary Centennial Golf Tournament; Chairman: TBA
8. Boy Scouts of the Philippines ; Chairman: PDG Obet Pagdanganan
9. Elsie Gaches Village
10. Community Chest of the Philippines
11. Philippine Cancer Society
12. Baseco Project
13. Rotary Club of Manila Centennial Choral Competition;
Chairmen: PP Teddy Ocampo and BLA Amading Valdez
14. Save Manila Bay; Chairman: DE/Dir. Bobby Joseph
Other Projects:



PP Ebot Tan does the honour, privilege and pleasure of introducing His Excellency Koji Haneda, Ambassador Extraordinary and Plenipotentiary of Japan to the Republic of the Philippines; Honorary Member, Rotary Club of Manila, as guest of honour and speaker.



His Excellency Ambassador Koji Haneda presented before Manila Rotarians and Guests on the Japan-Philippines Economic Relations, which was followed by a public forum."



Pres. Susing Pineda during his president's time promotes the Cocktails Fellowship he and DE/Dir. Bobby Joseph is hosting especially to STAR Rotarians at the Ralph's Wines and Spirits, among other Club activities. He then called-on District Governor Rudy Bediones to promote the DISCON 2019.

- 1. Centennial Week
 - 2. Centennial Launch; Chairman: IPP Jimmie Policarpio
 - 3. A Legacy Project of Rotary Service (June 21, 2019) ; Chairman: DE/BLA Amading Valdez
 - 4. Centennial Gala Night (June 22, 2019) ; Chairman: VPE/PAT Hermie Esguerra
- Other Committees:

- 1. Invitations Committee ; Chairman: PP Francis Juico
- 2. Protocol Committee; Chairman: PDG Alex Cureg
- 3. Ways & Means Committee ; Chairman: PP Boy Guevara
- 4. Recognition & Awards Committee ; Chairmen: PP Boy Guevara, PP Boy Ampil & Rtn Romy Nones

Signed by:

**ROTARY CLUB OF MANILA
ANNUAL DUES 18-19/CENTENNIAL
DONATION AND SEED FUND
As of January 23, 2019**

CENTENNIAL DONATION & SEED FUND	
132	PAID
88	UNPAID
9	PARTIALLY PAID
229	TOTAL NUMBER OF MEMBERS

ANNUAL DUES 18-19	
210	PAID
17	UNPAID
2	PARTIALLY PAID
229	TOTAL NUMBER OF MEMBERS



District Governor Rudy Bediones promotes DISCON 2019 on March 1 and 2 at the OKADA Hotel, with Registration Fee at P4,500 per person, which the Club will be hosting.



Pres. Susing Pineda as presiding officer calls the Rotary Club of Manila's 25th weekly meeting, to order, for the Rotary Centennial Year 2018-2019, held at the New World Makati Hotel Ballroom.



Former Ambassador Rtn Vic Garcia as Officer-In-Charge/Program Moderator, directs the program of activities.



Rtn Mike Ozaeta delivers an ecumenical prayer.



Rtn Gani Macatoman as lead reciter of the Four (4) Way Test, renews fellow Rotarians' commitment to the Rotary Movement.



Dir. Issam Eldebs introduces the personalities seated at the presidential table, while for the list of guests and visiting Rotarians were flashed over the wide screen.



Pres. Susing Pineda delivers brief introduction on His Excellency Jose Nestor Ureta, Ambassador Extraordinary and Plenipotentiary of Argentina to the Republic of the Philippines, as inductee to the RCM Honorary Membership Roll.



Pres. Susing Pineda administers the oath of honorary membership pledge to His Excellency Jose Nestor Ureta as the latest member to join the RCM Honorary Membership Roll.