



BE THE INSPIRATION



balita

No. 3753, July 19, 2018

AN EVENING WITH ROTARY INTERNATIONAL PRESIDENT BARRY RASSIN AND LADY ESTHER



KABALITA

Up close and personal with Rotary International's First Couple is an evening every Rotarian should not miss.

Countdown to Centennial

<http://www.rcmanila.org>



BE THE INSPIRATION

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GUEST OF HONOR AND SPEAKERS' PROFILE



Barry Rassin

Rotary International President 2018-19

Rotary Club of East Nassau

barry.rassin@rotary.org

PO Box N-972, Oakhill Road, Nassau, Bahamas

Barry Rassin, of the Rotary Club of East Nassau, New Providence, Bahamas, earned an MBA in health and hospital administration from the University of Florida and is the first fellow of the American College of Healthcare Executives in the Bahamas. He recently retired after 37 years as president of Doctors Hospital Health System, where he continues to serve as an adviser. He is a lifetime member of the American Hospital Association and has served on several boards, including the Quality Council of the Bahamas, Health Education Council, and Employer's Confederation. A Rotarian since 1980, Rassin has served Rotary as director and as vice chair of The Rotary Foundation Board of Trustees. He was an RI training leader and the aide to 2015-16 RI President K.R. Ravindran. Rassin received Rotary's highest honor, the Service Above Self Award, as well as other humanitarian awards for his work leading Rotary's relief efforts in Haiti after the 2010 earthquake there. He and his wife, Esther, are Major Donors and Benefactors of The Rotary Foundation.

NEWSPAPER RELEASE

THE PHILIPPINE STAR 2ND OF 2 **B7**

Business

EDITOR: MARIANNE V. GO ASSISTANT EDITOR: CONRADO M. DIAZ JR.
WEDNESDAY | JULY 18, 2018 | business@phstarmedia.com / business1862000@yahoo.com

people&events

Rotary International president in Manila

The Rotary club of Manila, the first in Asia, will host a dinner in honor of Rotary International president Barry Rassin and Lady Esther, dubbed "An Evening with Rotary International President Barry Rassin and Lady Esther" tomorrow, 6 p.m. at the Grand Ballroom of Okada Manila in Paranaque City.

Rassin, who assumed the presidency of Rotary International effective July 1, 2018, will be visiting the Philippines on the occasion of the Asia Pacific Regional Rotaract Conference (APRRC) which will be held in Manila. As the first Rotary Club in the Philippines and in Asia, the Rotary Club of Manila assumes its role as the lead club in hosting the dinner which it considers as a milestone event since it occurs on the occasion of the Year of the Centennial of the Rotary Club of Manila and the Rotary movement in the Philippines and in Asia as declared by President Rodrigo Duterte in Proclamation No. 413 issued last Jan. 24.

Rotarians from all over the Philippines are invited and Rotarian attendees will be given the benefit of a rare photo opportunity with Rotary International president Barry Rassin and Lady Esther.

One of the highlights of this event will be the induction of the Inspiring District Governors and the Inspiring Presidents.



Esther and Barry Rassin

The club encourages early registration for those attending the dinner as early registrants will be given priority to preferred tables.

Rotarians are urged to get in touch with their respective district governors regarding this event.

Entertainment for the evening will feature renowned singer Dulce, Asia's Golden Girl Gerphil Flores, Banda Kawayan and show band Sabor Latino.

Registration begins at 4:30 p.m. and attendees are requested to be in dark suit for men and long gown for women.

For other inquiries, contact the host, the Rotary Club of Manila Secretariat Office, through executive secretary Anna Kun Toledo, at tel. nos. 5271886 to 1887; fax 5271885; email addresses akt_05@yahoo.com, manilarotaryclub@gmail.com, rcmanila@rcmanila.org and rotaryclubofmanila@gmail.com



BASIC EDUCATION AND LITERACY



SAA Dave Reynolds attended the Propeller Club of Manila Graduation Ceremony of Batch 20 Rotary Club of Manila Awardees last July 7, 2018 at the Salvation Army Hall in Ermita, Manila.

PRESIDENTS' CORNER



Dear Fellow Manila Rotarians,

Several weeks of thorough preparations in order to ensure the success of “An Evening with Rotary International President Barry Rassin and Lady Esther” has now reached its culmination in this evening’s milestone event. From the food to be served to the choice of venue as well as the selection of a steering committee from our club to undertake every aspect of a colossal event involving all the ten districts of Philippine Rotary while being ably complemented by a highly competent events team known for keen attention to detail, had been a painstaking yet satisfying journey to which I take my hats off for pushing themselves to the limits and realizing they could achieve a lot more. This event is doubly significant as it serves as the kick off of our centennial activities as we invite all our fellow Rotarians from all over the Philippines to be one with us in celebrating the 100 years of the Rotary Club of Manila and the Rotary movement in the Philippines and in Asia from June 21-22, 2019.

Let this be an affair to remember as the visit of a Rotary International First Couple is always a sight to behold.

Before I forget, I wish to thank all the Manila Rotarians who attended the District 3810 HANDOVER 2018 last July 14, 2018 at the Manila Hotel. Indeed, this is a manifestation of our all out support to our very own DG Rudy Bediones and our sheer number serves as an ominous sign of an impending successful centennial year. Special mention goes to the Rotary Club of Manila World Famous Chorale for a superb performance in serenading DG Rudy and Lady Sharon Bediones to the delight of Rotarians from all over the district.

In ONE CENTURY ONE MISSION ONE ROTARY, I remain as I encourage all of you to BE THE INSPIRATION truly worthy of emulation.

MISSION AND VISION



Rotary Club of Manila

Our Mission

Establish the foundations of today through education, innovation and sustainability.

Encourage leaders and inspire people to be proactive with problems of society.

Create sustainable projects that will catalyze change in society.

Strive to make a more prosperous and progressive country for future generations.

Our Vision

To be the root of a culture of taking initiative and social responsibility.

To be relevant in the next century and the future.

To be the inspiration of Rotary Clubs in Asia.

To leave a legacy of service, leadership, and progress in the Philippines.

The Rotary Club of Manila, the First in Asia, on the occasion of its Centennial Rotary Year of existence, unveils its

NEW OFFICIAL CLUB LOGO



and its

OFFICIAL CENTENNIAL LOGO



RCM HISTORY

The Rotary Club of Manila does not tell time, it tells history.

Manila Rotary is Born

The initiative to organize a Rotary Club in the Philippines was taken by Leon J. Lambert, President of Lambert Sales Co. and one of the leading American businessmen in the country at the time. He corresponded with John Poole, then President of the Association of International Rotary Clubs, as Rotary International was originally known until the change to the present name was effected in 1922. As a result of this exchange of correspondence, Roger D. Pinneo, a member of the Rotary Club of Seattle, was specially designated to visit Manila for the purpose of pursuing the possibility of organizing a Rotary Club of Manila.



LEON J. LAMBERT

On January 12, 1919, Mr. Lambert hosted a lunch-meeting at his home in Pasay attended by Rotarian Roger Pinneo, and to which were invited Messrs. E.E. Elser, James Geary, A.W. Beam, and F.N. Berry, all prominent American businessmen of Manila.

Several more meetings were held to discuss organizational matters.

On January 29, 1919, the charter members signed the Articles of Incorporation of the Rotary Club of Manila!

On June 1, 1919, the official Charter of the Rotary Club of Manila (Charter No. 478) was granted by the Association of International Rotary Clubs.

The first officers of RCM on June 1, 1919, date of its official charter, were: Leon J. Lambert, President; Alfonso Sycip, Vice President; Walter A. Beam, Treasurer; E.E. Elser, Secretary.

Of the original 38 charter members of RCM, there were only three non American members , two Filipinos – Gabriel Lao, a practicing lawyer (a brother-in-law of PP “Carling” Arguelles), Gregorio Nieva, a businessman and wealthy landowner (an uncle of PDG “Marianito” Lichauco) and Alfonso Sycip, a Chinese citizen.

In the Beginning

Leon Lambert, served officially as first president of the club only for one month from June 10 to June 30, 1919. Before that, from January 29, 1919, when the Articles of Incorporation of the club were formally signed, he was Acting President until the official charter was handed down in June 1 of that year. On July 1, 1919, James C. Rockwell, a charter member, assumed the presidency of the club. He would complete his term until the end of the first full Rotary year on June 30, 1920.

Until 1935, the Rotary Club of Manila was a non-district club and was under the direct supervision of the President and Board of Directors of R.I. In Rotary Year 1936-37, RCM was included in China District 81. In 1938, Rotary International created District 81 (the former China District) for RCM and for other Philippine clubs.

Rotary Club of Manila Through The Years

After some correspondences initiated by Leon J. Lambert, President of Lambert Sales Company to International Association of Rotary Clubs (now known as Rotary International) President John Poole, Rtn. Roger Pinneo of the Rotary Club of Seattle was commissioned to assist in the organization of Rotary Clubs in the Far East.

On January 12, 1919, Lambert entertained Pinneo at a luncheon in his Pasay home with four other businessmen, Messrs. E.E. Elser, James Geary, Walter A. Beam, and Fred N. Berry. The five then constituted themselves into a committee with Lambert as Chairman to work on the organization of a new Rotary Club.

Recruitment followed with informal meetings on January 14, 16, and 24. With 36 Americans, 2 Filipinos (Gabriel La'O and Gregorio Nieva) and 1 Chinese (Alfonso Sy Cip) comprising the charter members, the organization was finally completed. However, it was not until June 1, 1919 when Charter Number 478 was granted, formally organizing the Rotary Club of Manila with Leon J. Lambert as President, Alfonso Sy Cip as Vice President, E.E. Elser as secretary, and Walter A. Beam as Treasurer.

The Rotary Club of Manila first held office at the Benguet Consolidated Mining Company at Kneeder Building located along Carriedo Street in Sta. Cruz, Manila. It was here where further meetings and additional members were elected into the club.

As Rotary celebrated its centennial, Rotary Club of Manila is proud to have been credited in the organization of 23 Rotary Clubs: RC Cebu in 1932, RC Iloilo in 1933, RC Bacolod in 1937, RC Baguio in 1937, RC Davao in 1938, RC Guam in 1939, RC Malolos in 1949, RC Lucena in 1950, RC Batangas in 1950, RC San Pablo in 1950, RC Cavite in 1952, RC Pasay in 1959, RC Kalookan in 1959, RC Quezon City in 1960, RC University District Manila in 1972, RC Raha Sulayman in 1975, RC Panday Pira in 1977, RC Bagumbayan in 1979, RC Intramuros in 1980, RC Manila San Miguel in 1983, RC Tondo in 1992 and RC Sta. Mesa in 2001. From these clubs came all the other clubs in the 10 districts of Philippine Rotary.

Rotary Club of Manila produced the only Filipino President of Rotary International in PDG M.A.T. Caparas during the Rotary year 1986 – 1987; a second Vice President in Don Paco Delgado in 1970 – 1971, and a Director without being a District Governor in Gen. Carlos P. Romulo in 1935-1936.

The club has had a rich tradition of community service having encouraged the Boy Scouting movement in the Philippines, the Community Chest Foundation, Philippine Band of Mercy, Philippine Safety Council (forerunner of the Safety Organization of the Philippines), Philippine Cancer Society, Society for the Prevention of Cruelty to Animals, Philippine Tourism Association, Welfareville, Gaches Village, emergency relief for the Baguio earthquake and victims of eruption of Mt Pinatubo, among others. In partnership with the private businesses, NGOs and the government, the Rotary Club of Manila have through the years, institutionalized the following recognition awards and community projects: (1) TOWER (The Outstanding Workers of the Republic) Awards; (2) Journalism Awards; (3) Tourism Awards; (4) Scientific Inventions, Discoveries and Innovations (SIDI) Awards; (5) PP Flor Santos Medico Surgical Mission; (6) Sight Conservation; (7)

Medical Equipment Training and Repair; (8) Save A Heart Save A Life; (9) Special Children and Paul Harris Senior Citizen Center for Occupational Therapy at Hospicio de San Jose.

In June 2005, the Commitment to Justice Awards was launched, and the first awarding ceremonies were done on November 17, 2005.

In RY 2004-2005, a shelter project in cooperation with the Habitat for Humanity and the City of Taguig was undertaken by the Club by providing medium rise building shelter for low income earners of the City of Taguig. In RY 2009-2010, the club adopted the Concentrated Language Encounter, a Rotary literacy project, as an additional literacy project.

A club responsive to the needs of its communities, calamity relief operation was undertaken for victims of Mt. Hibok-Hibok eruption in 1951-1952, Taal Volcano eruption in 1956-1966, earthquakes in 1968-1969, Baguio Earthquake in 1990-1991, Mt. Pinatubo eruption victims in 1991, Habagat typhoon flooded towns of Calumpit, Paombong, and Hagonoy in Bulacan serving more than 3,500 beneficiaries and the joint medical-surgical-ophthalmological-dental missions in cooperation with the local government unit and local medical societies. Global history witnessed the power of a storm surge that hit the Visayas region. By far, the strongest typhoon in world history, Typhoon Yolanda (International Code Name: Hayan) wrecked havoc over Leyte, Samar and the rest of the Visayas, resulting in massive destruction to life, infrastructure and property, leaving a myriad of victims homeless and without power and livelihood. In response to this unfortunate spate of events, the Club, through the assistance of its members, In 2017, the club was quick to respond to the needs of the victims of the Marawi Siege with "One Rotary One Philippines One for Marawi" where, under the Chairmanship of Director-Elect Raffy Alunan, the club, leading a whole of Rotary Philippines project, provided medical, psychological and palliative care to wounded soldiers who have fought for the liberation of Marawi from the shackles of terrorism as well as civilians who have been displaced as a result of the armed conflict.

During RY 2015-2016 under the presidency of Eusebio Tan with District Governor Roberto "Obet" Pagdanganan at the helm, a 23rd daughter club, the Rotary Club of Natividad Almeda Lopez, was established.

The club, in its preparations for its centennial celebration during the RY 2017-2018 under the leadership of President Jimmie Policarpio, obtained a milestone Presidential Proclamation. Proclamation No. 413 declaring 01 July 2018 to 30 June 2019 as the "Year for the Celebration of the Centennial Anniversary of the Rotary Club of Manila and the Rotary movement in the Philippines and in Asia" was signed by President Rodrigo Roa Duterte on January 24, 2018. It was also during his tenure as President that the club regained supremacy of the district by winning the most coveted "Overall Most Outstanding Club" and the "Overall Most Outstanding Club President", a feat which our club last achieved almost twenty years ago.

As the Club approaches the centennial of Rotary in Philippine shores which coincides with its own centennial, it is proud to have touched the lives of each and every citizen of the archipelago and beyond as it continues its odyssey towards achieving greater heights in "Service Above Self".

Rotary Daughter Clubs in the Philippines

In 1937, while still under the China district, the Rotary Club of Manila sponsored the organization of the Rotary Club of Bacolod and the Rotary Club of Baguio. The Rotary Club of Cebu, in turn, sponsored the organization of the Rotary Club of Davao. There were then six clubs that became part of District 81 in 1938. Then followed the Rotary Club of Dagupan which was organized by the Rotary Club of Baguio. In the following year, the Cebu Club organized the Rotary Club of Dumaguete, bringing the number of the Philippine clubs to eight.

In 1939, the Rotary Club of Guam was the first overseas club to be sponsored by the Rotary Club of Manila. On Oct. 20, 1989, on the occasion of its 50th anniversary, a delegation from the Rotary Club of Manila headed by then President "R.R." de la Cruz (1989-90) visited its daughter club .

In 1972, for the first time in the history of the Rotary Club of Manila, it sponsored the organization of the first additional Rotary Club to share its territory within the City of Manila. It was the Rotary Club of the University District, organized by Manila Rotarian "Doc" Ayesa (Past President, 1971-72). Later RCM organized other new clubs within its Manila territory: Raha Sulayman (1975), Panday Pira (1977), Bagumbayan (1979), Intramuros (1980) and San Miguel (1983).

Other clubs sponsored by RCM were those of Malolos, San Pablo, Lucena, Caloocan, Batangas, Cavite, Quezon City and Pasay.

Chronologically the clubs directly spawned by RCM are:

1932 – Cebu	1959 – Pasay
1933 – Iloilo	1959 – Caloocan
1937 – Bacolod	1960 – Quezon City
1937 – Baguio	1972 – University District Manila
1938 – Davao	1975 – Raha Sulayman
1939 – Guam	1977 – Panday Pira
1949 – Malolos	1979 – Bagumbayan Manila
1950 – Lucena	1980 – Intramuros
1950 – Batangas	1983 – San Miguel Manila (Manila San Miguel)
1950 – San Pablo	1992 – Tondo
1952 – Cavite	2001 – Sta. Mesa
	2016 – Natividad Almeda Lopez

CENTENNIAL NEWS



SARI-SARING ARALAN: 3K para sa 3K (Kabataan, Kababaihan, Kalalakihan para sa Karunungan, Kaugalian, Kagitingan) is based on the concept of the iconic Filipino sari-sari store, a well-known place in the community, that can be a venue for learning. It is based on the premise that learning does not and should not only take place inside schools and colleges, but in communities, workplaces, and families, as well. Sari-Saring Aralan aims to become a Learning Hub for OSY to help in increasing their capacity, sociability, change of values, and mind set in life.



The Rotary Club of Manila Educational Assistance Program (REAP) (aka Adopt-a-Student program) is an initiative to support graduating students from the Pamantasan ng Maynila and the Polytechnic University of the Philippines by providing financial aid for their everyday expenses. In line with celebrating 100 years of service, the initial goal is to provide support to 100 graduating students who will be needing financial support the most but at the same time providing better opportunities to improve their current state.





Centennial Commemorative Stamp is an initiative to commemorate the 100 years of the Rotary Club of Manila and the Rotary movement in the Philippines and in Asia through the issuance of limited edition stamps.



Rotary Club of Manila Centennial Friendship Trees is an initiative to plant 100,000 narra seedlings in commemoration of the 100 years of the Rotary Club of Manila and the Rotary movement in the Philippines and in Asia.

Centennial Hymn is an initiative towards composing a song that will embody the 100 years of the Rotary Club of Manila.



Rotary Club of Manila Presidents Book is an initiative aimed at extolling the achievements of each President of Asia's First Rotary Club in tracing the club's colorful history.



Rotary Club of Manila Centennial Coffee Table Book is an initiative aimed at extolling the achievements of each President of Asia's First Rotary Club in tracing the club's colorful history.

The Commitments to the REAP:

1- PE Susing Pineda	3
2- DE Albert Alday.	2
3- Treas Nicky Villasenor	2
4- AS Rene Policarpio.	1
5- Rtn Romy Nones.	2
6- Pres Jimmie Policarpio	1
7- PVP Roy Golez.	1
8- SAA Dave Reynolds.	1
9- PD Beda Fajardo.	1
10-PD Amading Valdez.	1
11. Rtn. Butch Alcantara	2
12. PD Phil Ong	1
13. Sps. Maritess Pineda	1
14. Patty Pineda	1
15. PAT Hermie Esguerra	5
Total-	25

NEW GENERATIONS SERVICE

The Rotary Club of Manila remains committed to supporting the projects of its Rotaract-sponsored clubs in furtherance of New Generations Service.



2nd Rotaract Philippine Roundtrip

The inaugural Rotaract Philippine RoundTrip is a dream project of the Rotaract Club of Manila which was headed by PP KK Reyes. The goal of the project is to welcome foreign Rotaractors to the Philippines and let them experience our culture and history through the eyes of local Rotaractors. Through this project, the Rotaract Club of Manila was able to gather 6 other local Rotaract clubs from two districts – 3810 and 3820.

Due to the success of the first Philippine Roundtrip, the Rotaract Club of Manila will once again lead the organizing committee that will host another set of foreign rotaractors to visit the Philippines. This year's roundtrip will showcase new locations and activities to further promote friendship amongst joining Rotaract clubs. The organizing committee also plans to even diversify the participants compared to having Rotaractors from India, Germany, Italy, and Australia from which the first batch resided from. This event not only showcases Philippine Rotaract culture but also promotes tourism in different places in the country.

Continuous Support to The Rotary Foundation

As part the celebration of Rotary Club of Manila's 100 Years and 50 Years of Rotaract in the Philippines, the Rotaract Club of Manila is aiming to collect US\$ 2,000 for the Rotary Foundation. Last Rotary year, the club donated around US\$ 1,800 to the Rotary Foundation and this year the club is aiming to increase the value to be donated. Even before the Rotary Year starts, a few of our Rotaractors have pledged to donate a total of US\$ 700 already.

YoungLi Operations

The Rotaract Club of Manila has been supporting at-risk kids from Tondo, Manila through the Young Unlimited (YoungLi) program of Young Focus (A Netherlands Based Organization) for 2 years already. Manila Rotaractors spent weekends with kids for the past years providing art and music workshops. This year, the Rotaract Club of Manila has been allowed by YoungLi to provide a year-long curriculum to support further the ultimate goal of the program, which is to inspire the kids to go back to school.



Annual Recruitment Week

Rotaract Club of De La Salle University- Manila will once again take part in the Annual Recruitment Week (ARW) this coming September 2018. The ARW is a yearly event hosted by the Council of Student Organizations which aims to help various organizations of the university to recruit new members. Last year, Rotaract DLSU-M was able to recruit a total of 225 members. This year, RAC DLSU-M aims to recruit more members during this event.

Alumni Homecoming

This year, Rotaract Club of De La Salle University- Manila will be celebrating its 40th year anniversary and 20th year since re-chartering. With that said, Rotaract DLSU-M will be hosting a gathering for the Alumni of the club during its charter anniversary this coming October 2018. This occasion will give the alumni of the organization a chance to meet and bond again. They will also get to know how the organization has been doing throughout the years. Furthermore, this event will be an avenue for the members and officers of Rotaract DLSU-M to get to know and be connected with the alumni of the organization.



TED TALKS / BIG "I" SYMPOSIUM

The Rotaract Club of College of St. Benilde will be organizing a Ted Talks symposium in the university that is geared towards raising awareness about depression. This event will be composed of different talks that could help in the development of an individual. It includes elevating the self-confidence of an individual to reach his maximum potential. Another part of this event could be talks about how to build a genuine relationship with others who could help them be effective when they graduate or work with their classmates and/or peers. It will be opened to all interested individuals even outside St. Benilde.

LibRun (Fun Run)

Since not many public schools in the country could easily transition to the K-12 curriculum, the Rotaract Club of College of Saint Benilde will be organizing a fun run to help ease this problem. This event intends to raise funds to purchase reference books that will be donated to public schools in Benguet in partnership with the Department of Education. This event is also planned to give to more schools in the future as the club learns on how to increase the reach of the event. The event is estimated to be implemented around August to December 2018 and open to non-Benildeans as well.

RACRakan (Concert for a Cause)

The Rotaract Club of St Benilde will organize a fund raising event to promote indie artists' talent in music. This event also aims to develop the officers of the club in processing of papers for various activities as well as hosting a huge event. Aside from gaining funds for different community service activities of the club for the year, it will also be a great avenue for promoting Rotaract in the Benildean community especially that the club is just on its second year since chartering.

SINAGTALA BALLROOM
• ILUSTRADO, INTRAMUROS •
JULY 28, 2018 6:00PM

BAGONG YUGTO

**JOINT
INDUCTION
and
HANDOVER**

**A
BENEFIT
DINNER FOR
YOUNGLI
KIDS**

**FILIPINIANA ATTIRE | RSVP 6 WEEKS AHEAD | 10:00/2:00P
P1000 ROTARIAN | P750 ROTABACTOR**

Manila North Rotary Club
Rotary Club
IS THE INSPIRATION
Rotary Club



15TH ASIA PACIFIC REGIONAL ROTARACT CONFERENCE

"WEAVING A HISTORIC PAST, WAVING TO A COLOURFUL FUTURE"

JULY 19-22, 2018



[f](#) [@](#) [t](#) @aprc2018

#APRC2018PH #Mabuhay15thAPRC

FELLOWSHIP

CENTENNIAL FELLOWSHIP KICK-OFF

WHEN:

Thursday, July 26, 2018

TIME:

6:00 PM to 11:00 PM

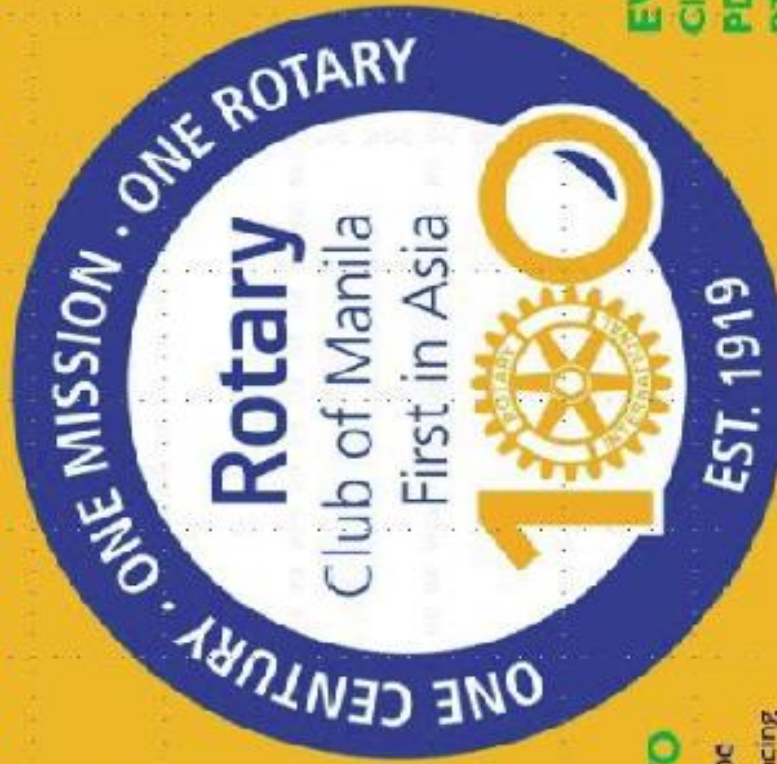
WHAT NOT TO

MISS:

Parking tickets only for 20 cars to be available at the membership meeting on Thursday July 12, 2018

WHAT ELSE NOT TO

MISS: Cocktails, music to be provided by 2 live bands, and dancing



WHERE:

**SALVATORRE
ROOFDECK**

Low Rise Tower, Pacific
Star Bldg. Sen. Gil Puyat
Avenue, cor. Makati
Avenue, Makati
City

EVENT HOSTS:

Chairman Hermie Esguerra
PD Pepo Nunez
PT Lito Sibayan

RSVP:

Please send your confirmation of attendance via group viber ATTENDANCE or sms THRU **09228209396**



PDG Vince Carlos together with **PDG Rosie Go**, **PDG Leo de Guzman** and **Past Rotary International President Mateo Armando “Mat” Caparas** attended the monthly meeting of the Circle of Filipino-American Rotarians last July 7, 2018 at the Crowne Plaza in Palo Alto, California, USA.



The Rotary Club of Manila World Famous Chorale held a choir practice last July 12, 2018 at the Elks Club, Makati City for the purpose of preparing for the HANDOVER 2018 and “An Evening with Rotary International President Barry Rassin and Lady Esther”.



The Rotary Club of Manila World Famous Chorale held a Final Choir Practice last July 14, 2018 before the District 3810 HANDOVER 2018 at one of the meeting rooms of the Manila Hotel in Manila.

THE WEEK THAT WAS



Pres. Susing Pineda, Jr. calls the 2nd meeting for the Rotary Centennial Year 2018-2019, to order.



PVP Fausto Preysler as Officer-In-Charge/ Program Moderator, directs the program



PP Boy Guevara delivers an ecumenical prayer.



BLA Amading Valdez leads fellow Rotarians, in renewing its commitment to the Rotary movement, by reciting the Rotary Credo, The Four (4) Way Test.



Rtn Ricky Trinidad introduces the guests, visiting Rotarians and personalities seated at the presidential table.



A special raffle 2nd edition with prizes courtesy of **PD Art Lopez**, was drawn by **His Excellency Jose Manuel G. Romualdez**, Ambassador Extraordinary & Plenipotentiary of the Republic Philippines to the United States of America. The lucky winners were : 1. **PT Jun Follosco** – Lunch or Dinner Buffet for 2 at Café d Asie, The Bellevue Manila; 2. **PP Cesar Ubaldo**, 1 Night Stay in a De Luxe Room with Buffet Breakfast for 2 at SEDA BGC; 3. **Rtn. Mon Ko**, Overnight Stay in a Premiere Room with Breakfast for 2, at the Veranda, Taal Vista Hotel; and 4. **PDG Alex Cureg**, 3 Days/2 Nights Stay in a Deluxe Room with Buffet Breakfast for 2, at Crimson Resort and SPA Boracay.



Pres. Susing Pineda for some announcements during the President's Time.



His Excellency Sung Kim, Ambassador Extraordinary & Plenipotentiary of the United States of America to the Republic of the Philippines, does the honor and pleasure of introducing **His Excellency Jose Manuel G. Romualdez**, Ambassador Extraordinary & Plenipotentiary of the Republic Philippines to the United States of America; Member, Rotary Club of Manila, as guest of honor and speaker.



His Excellency Jose Manuel “Babe” Romualdez, Ambassador of the Republic of the Philippines to the USA, discussed extensively the current state of US-Philippine bilateral relations.



A public forum immediately followed right after the speech of **Ambassador Jose Manuel G. Romualdez**. Among RCMers' who participated were : Rtn. Tony Lopez, Rtn. Andy de Rossi, Rtn. Mon Montano, Rtn. Celso Abastillas, PP Frank Evaristo, PD Beda Fajardo.



Pres. Susing Pineda presents to **Ambassador Jose Manuel G. Romualdez** the club's centennial plate, as a token of appreciation, for being the guest of honor and speaker.

MEMBERSHIP / CLASSIFICATION

PD Art Lopez does the honor and pleasure of introducing **Mr. Ramon B. Arnaiz** (Filipino), Chairman, RACO Trading Philippines, Inc. Classification: TRADING-Commodities Trading. Proposer: **Pres. Susing Pineda**



Pres. Susing Pineda administers the oath of membership pledge to **Mr. Ramon B. Arnaiz**, as the latest member to be inducted to the RCM Membership.



The Rotary Club of Manila Membership Committee conducted a membership briefing on new recruits of the club last July 12, 2019 at the Makati Diamond Residences in Makati City.

RCM WEEKLY BIRTHDAY CELEBRANT/S



Pres. Susing Pineda presents the birthday celebrants of the week: **DG Rudy Bediones**, **PDG Obet Pagdanganan**, and **PSAA Muhammad Aslam**, for the traditional blowing of candles on the birthday cake, amidst the singing by the **RCM WF Chorale** of the happy birthday song.

CLUB ADMINISTRATION



INTERCLUB ACTIVITIES



DG Rudy Bediones attended the 40th Induction and Handover Ceremony of the Rotary Club of Downtown Manila last July 12, 2018 at the AG New World Manila Bay Hotel in Manila.



Arrival of Manila Rotarians at the Manila Hotel in Manila last July 14, 2018 to attend the **District 3810 HANDOVER AND INDUCTION 2018**







PVP Manny Dy pledged to support Rotary Projects. From L-R: PDG Obet Pagdanganan, PVP Manny Dy and DG Rudy Bediones



Manila Rotarians getting settled at their assigned tables before the program began.



Manila Rotarians during dinner time.



PP Benny Laguesma as
one of the Masters of
Ceremonies of the event

PP Benny Laguesma with co-Master of
Ceremonies Rtn. **Michelle Cacio** of the
Rotary Club of Manila Metro



The World Famous Chorale sings the Philippine National Anthem.



SDG Frank Evaristo, representing **IPP Jimmie Policarpio**, and **President Susing Pineda** in the parade of Great Presidents and Inspiring Presidents.



Rotary International Director Raffy Garcia, III inducts **DG Rudy Bediones** in the presence of **Lady Sharon Bediones** and his children during the District 3810 HANDOVER 2018 at the Fiesta Pavilion of the Manila Hotel in Manila.



PDG Obet Pagdanganan introduces **DG Rudy Bediones**. **DG Rudy Bediones** delivers his Inaugural Address.



District Governor Loy Cosico turns over the bell and gavel to Inspiring District Governor Rudy Bediones.



Inspiring District Governor Rudy Bediones places the PDG pin to Great District Governor Loy Cosico.



Dir. Jackie Rodriguez presented on stage as a committed Arch Klumph Society member, the first from Asia's First Rotary Club, during the Recognition of New TRF Contributors.



The World Famous Chorale serenades DG Rudy and Lady Sharon Bediones at dinner time with old time favorites, “The Best Thing That Ever Happened to Me”, “What a Wonderful World” and “Rudy ang Mahal Ko”.



President Susing Pineda during the Induction of Inspiring Presidents.



SDG Frank Evaristo and GML Managing Editor PSDG/PDCoS/Dir. Albert Alday were inducted as District Officers for RY 2018-2019.



Special Performance of the District 3810 EXECOM and Inspiring Presidents.



The Steering Committee of “An Evening with Rotary International President Barry Rassin and Lady Esther” met last July 16, 2018 at the Meeting Room 3 of the Rockwell Club in Makati City.



Manila Rotarians led by **President Susing Pineda**, **IPP Jimmie Policarpio**, **Club Secretary Alvin Lacambacal**, **AS Rene Policarpio** and **AT Ner Lonzaga** paid a courtesy call on

Philippine Airlines President Jaime J. Bautista last July 17, 2018 at his office, PNB Financial Center, Pasay City to thank him for the concessions given at the Toronto Rotary International Convention and to discuss partnership for the centennial.



ATTENDANCE REPORT

RCM Members' Attendance Report RY 2018-2019

H.E. Jose Manuel Romualdez, Ambassador of the
Philippines to the U.S.A.

Thursday, 12 July 2018

All members present	68
Less: Exempt members	7
Total active members	<u>61</u>
ADD: Make-Up *	
TOTAL	<u>61</u>

Total # of Members 227

Less: Exempt from attendance 35

ON LEAVE: 12

1. Rtn Jason Bogovich
2. Rtn Sha Tamano
3. Rtn Rosel Doval Santos
4. Rtn Ricky Guevara
5. PD Ed Lee
6. Rtn Peter Gonzales
7. Rtn Francois Engelbrecht
8. Rtn MoMo Mommaerts
9. Rtn Colin Patterson
10. Rtn Jujut Enriquez
11. STAR Rtn Nico Valencia
12. Rtn Vic Garcia

Total Active Members (Total Percentage Base) 192

TOTAL ATTENDANCE %: 32%

ATTENDANCE REPORT

List of members and guest

in attendance:	7.5.2018	7.12.2018
RCM Members	76	68
Members' guest	40	28
Visiting Rotarian	9	4
Honorary Members	0	2
Guest of GOHS	6	1
Club Guests	1	.
Media	0	13
Total	132	116

PUBLIC HEALTH NUTRITION AND CHILD CARE



BASIC FACTS ABOUT DIABETES

Elias D. Adamos, M.D.

Diabetes mellitus is a condition that affects many Filipinos. Research concludes that due to westernization and urbanization that result to changes in diet and lifestyle, diabetes has produced an impact in developing and third-world countries, including the Philippines. Although there are no specific data as regards the incidence of diabetes in our country, scientific studies from abroad have shown that Asia will see the greatest number of people with diabetes by 2025.

Diabetes? What is it?

Diabetes are conditions that involve problems with the hormone called insulin.

Basic about insulin

Insulin is a natural hormone created by our bodies by the organ known as pancreas or “*lapay*” in tagalog. When we take in carbohydrates from the foods that we eat (rice, bread, wheat), our body breaks down the carbohydrates and transforms it into glucose (a form of sugar) that then goes into the bloodstream. The hormone insulin works by “opening our cells” so that glucose can enter the cells and they use the sugar up to provide energy to the body. When there is not enough insulin, glucose remains in the bloodstream and cannot provide energy to the cells and to the body. **When the body’s cells are unable to receive and use glucose for energy, diabetes, type 2 (T2D) develops.** Type 2 diabetes is common in adults. Thus, it is sometimes referred to as adult-onset diabetes mellitus.

When the body does not produce insulin because of some genetic or inborn problem, type 1 diabetes starts (T1D). Thus, it is also called juvenile onset diabetes mellitus.

How do you know if you have diabetes?

When glucose remains in the bloodstream because it could not enter the cells, blood sugar level increases. Persistent increases in blood sugar levels make you diabetic. Consult your doctor for examinations and validating examinations for you to know if you really have diabetes.

Are there other factors that can affect blood sugar?

The food that you eat, lack of exercise, being overweight, presence of other illness (like hypertension), stress, skipping meals (over dieting), and alcohol affect blood sugar levels.

Can diabetes be reversed?

Yes. Diabetes may change over time. Your doctor can adjust your treatment plan to deal with these changes. He will also advise you with proper nutrition and will recommend physical activities to help control your blood sugar levels. If diabetes is left untreated, it may be harder to manage because of the deterioration of your pancreas.

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THE ROTARY CLUB OF MANILA

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ANNA KUN TOLEDO
Secretariat

balita

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PROGRAM

RCM's 3rd for Rotary Centennial Year 2018-2019
 Thursday July 19, 2018 Makati OKADA Manila
Officer-In-Charge/ Program Moderator : PP Benny Laguesma
"An Evening with Rotary International President Barry Rassin and Lady Esther"

P R O G R A M T I M E T A B L E

4:30 PM	Registration	
5:00 PM	Announcements	
5:30 PM	Members and Guests are requested to be seated	
5:45 PM	Welcome Ceremony for RI President Barry and Lady Esther led by Centennial Pres. Susing Pineda & the Board of Directors with Live Music by PUP Banda Kawayan	
5:55 PM	Settle Down for the Members and Guests	
6:00 PM	Dinner Announcement with Live Music by PUP Banda Kawayan	
7:00 PM	Video Presentation	
7:02 PM	Call to order	Centennial Pres. Susing Pineda
7:04 PM	Entry of Colors	CCP Cadets
7:08 PM	Playing of the National Anthem of Republic of Bahamas to be followed by the singing of the Republic of the Philippines National Anthem	RCM WF Music Chorale
7:12 PM	Invocation	PAT Hermie Esguerra
7:14 PM	Singing of the Rotary Club of Manila Hymn	RCM WF Music Chorale
7:17 PM	Renewing its commitment to the Rotary Movement through the recitation of the Four (4) Way Test	IPP JIMMIE POLICARPIO, JR.
7:19 PM	Acknowledgement of Dignitaries	PP Romy Nones
7:25 PM	Singing of the Welcome Guests Song	RCM WF Music Chorale
7:35 PM	Welcome Message	Centennial Pres. Susing Pineda
7:40 PM	Induction of The Inspiring Governors	RI President Barry Rassin, Inducting Officer
7:45 PM	Induction of Inspiring Presidents	RI President Barry Rassin, Inducting Officer
7:50 PM	Presentation of RCM Centennial Projects	PDG Obet Pagdanganan, Chairman, Centennial Celebration Committee
	Commemorative Stamp, Tree Planting, Chairman Rtn Celso Abastillas CoChairman BLA Amading Valdez The Outstanding Workers of the Rep. Awards	Chairman PP Frank Evaristo
		Chair. PP Benny Laguesma Special Children Chairman PD Phillip Ong

Ways & Means Subcommittee/
Permanent RCM Office
RCM Heart for Little Angels
Centennial Congress Gala Night
RCM Centennial Hymn

Chair. PP Boy Guevara
Chair. PDG Obet Pagdanganan
Chair./Treas. Hermie Esguerra
Chair. PP Teddy Ocampo

7:55 PM Presentation of Rotary Club of Manila
100 President's Book

Past Auditor Jimmy Laya

8:00 PM Singing of the Rotary Club of Manila
Centennial Hymn

RCM World-Famous Music Chorale

8:05 PM Song Rendition

Ms. Gerphil Flores, Runner-up,
Asia's Got Talent Season 1, German-
Filipino Classical Crossover Singer

8:20 PM Introduction of the Guest of
Honor and Speaker

R.I. Director Raffy Garcia III

8:25 PM Address :

R.I. President Barry Rassin

8:45 PM Presentation of the RCM Centennial Bell Centennial Pres. Susing Pineda
and Gavel Set, Ceramic Plate to
RI President Barry Rassin
and Gift to **Lady Esther Rassin**

R.I. Director Raffy Garcia , III
RI D-3810 Governor Rudy Bediones,
and RCM Centennial B.O.D./Officers

9:00 PM Song Rendition

Dulce, A Musical Prodigy,
Asia's Singing Champion,
One of Philippines' Natural Treasure

9:10 PM Closing Remarks

RI D-3810 Governor Rudy Bediones

9:15 PM Photo Opportunity by District/s w/ **RI Pres. Barry Rassin & Lady Esther**, RCM Centennial Board of Directors
and Officers

9:30 PM Adjournment

Centennial Pres. Susing Pineda

9:30 PM-11:00PM Musical Performance

Sabor Latino Band, Philippine's Premiere Latin Band