



# balita

No. 3718, October 26, 2017

## GUEST OF HONOR AND SPEAKER



**(Ret.) BGEN. DANILO D. LIM**

Chairman

Metropolitan Manila Development Authority (MMDA)



## KABALITA

Let our nation's foremost Traffic Enforcer bring his wealth of experience as a military officer in disciplining his men towards delivering much needed metrowide services in the most efficient way possible sans congestion of a standstill as he directs traffic at Asia's First Rotary Club in a joint meeting with his home in Rotary.

### What's Inside

|                                           |       |
|-------------------------------------------|-------|
| Program                                   | 2-3   |
| Presidential Timeline                     | 4-5   |
| Guest of Honor and Speaker's Profile/     | 6     |
| The Week That Was                         | 7-11  |
| RCM Birthday Celebrants/ Joint Meeting    | 11-14 |
| Fellowship                                | 15    |
| Interclub Relations/ Interclub Activities | 16-36 |
| Centennial News                           | 37    |
| One Rotary One Philippines One for Marawi | 38-40 |
| News Release                              | 41-44 |
| Public Health Nutrition and Child Care    | 45    |
| Advertisement                             | 46-48 |

## Countdown to Centennial



## THE ROTARY CLUB OF MANILA BOARD OF DIRECTORS and Executive Officers 2017-2018

**JIMMIE POLICARPIO**  
*President*

**TEDDY OCAMPO**  
*Immediate Past President*

**BABE ROMUALDEZ**  
**CHITO ZALDARRIAGA**  
*Vice President*

**BOBBY JOSEPH**  
**ISSAM ELDEBS**  
**LANCE MASTERS**  
**CALOY REYES**  
**SUSING PINEDA**  
*Directors*

**ALVIN LACAMBACAL**  
*Secretary*

**NICKY VILLASEÑOR**  
*Treasurer*

**DAVE REYNOLDS**  
*Sergeant-At-Arms*

**AMADING VALDEZ**  
*Board Legal Adviser*

**RENE POLICARPIO**  
*Assistant Secretary*

**NER LONZAGA**  
*Assistant Treasurer*

**Secretariat**  
**ANNA KUN TOLEDO**

# PROGRAM

## RCM's 17<sup>th</sup> for Rotary Year 2017-2018

October 26, 2017, Thursday, 12Noon, New World Makati Hotel

**Officer-In-Charge/ Program Moderator: RCM Rtn. "Jeric" Jucaban**

**"A Joint Meeting Between Rotary Club of Manila (RCM) and  
Rotary Club of Makati Guadalupe (RCMG)"**

## PROGRAM TIMETABLE

|          |                                                                                                                                                                                                                                                                                                     |                                                                             |
|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|
| 11:30 AM | Registration & Cocktails (WINES courtesy of <b>RCM Dir.-elect/Dir. "Bobby" Joseph</b> )                                                                                                                                                                                                             |                                                                             |
| 12:25 PM | Bell to be Rung:<br>Members and Guests are requested<br>to be seated by OIC/Moderator :                                                                                                                                                                                                             | <b>Rtn. Jeric Jucaban</b>                                                   |
| 12:30 PM | Call to Order                                                                                                                                                                                                                                                                                       | <b>RCM Pres. Jimmie Policarpio<br/>and<br/>RCMG Pres. Tracy Sevilla III</b> |
|          | Singing of the Republic of the<br>Philippines National Anthem<br>Invocation                                                                                                                                                                                                                         | <b>RCM WF Music Chorale<br/>PP Emil Reyes<br/>RCMG</b>                      |
|          | <b>RCM Hymn</b><br>The 4-Way Test Credo                                                                                                                                                                                                                                                             | <b>RCM WF Music Chorale<br/>All Rotarians</b>                               |
| 12:35 PM | Introduction of -<br>-Guests, Visiting Rotarians & Personalities<br>at the Head Table<br>Welcome Song                                                                                                                                                                                               | <b>Rtn. Lutz Kunack</b><br><br><b>RCM<br/>RCM WF Music Chorale</b>          |
| 12:40 PM | Happy Birthday (RCM Birthday Celebrants)<br>Oct. 26.....Rtn. "Horst" Kessler Von Sprengel;<br>Oct. 31.....PD "Jess" Santos, PD "Rob" Sears;<br>Nov. 3.....Rtn. "Nick" Villaseñor;<br>Nov. 4.....PD "Beda" Fajardo;<br>Nov. 8.....PVP "Babe" Romualdez, Rtn. "Pepe" Rodriguez<br>Happy Birthday Song | <b>RCM WF Music Chorale</b>                                                 |
| 12:45 PM | President's Time                                                                                                                                                                                                                                                                                    | <b>RCM Pres. Jimmie Policarpio;<br/>RCMG Pres. Tracy Sevilla III</b>        |
| 12:55 PM | Introduction of the Guest of<br>Honor and Speaker                                                                                                                                                                                                                                                   | <b>IPP Victor Alfonso<br/>RCMG</b>                                          |
|          | <b>Chairman Danilo Delapuz Lim</b><br>Metropolitan Manila Development Authority (MMDA)                                                                                                                                                                                                              |                                                                             |

Public Forum

Club fund-raising campaign-cash raffle draw

**DE/Dir. "Bobby" Joseph**  
**RCM**

Response, Presentation of bell and gavel to  
**Chairman Danilo Delapuz Lim**, and  
token of appreciation

**RCM Pres Jimmie Policarpio**

2:00 PM

Adjournment

## PRESIDENTIAL TIMELINE



October 19, 2017 - The Rotary Club of Manila Council of Past Presidents met with the Board of Directors of Rotary Years 2015-2016, 2016-2017 and 2017-2018 to discuss important club matters at the Gallery 1 of the New World Makati Hotel in Makati City.

- DGE Rudy Bediones held a preliminary meeting with his District 3810 Executive Committee for Rotary Year 2018-2019 at the Marina Baytown East Clubhouse in Parañaque City.
- DGE Rudy Bediones held his First Presidents-Elect Fellowship at the Marina Baytown East Clubhouse in Parañaque City.

- IPSDG/PAG/PP Frank Evaristo attended the Handover and Induction Ceremonies of the Rotary Club of Manila 101 at the Sofitel Philippine Plaza Manila in Pasay City where my classmate, DOH Assistant Secretary and Great President Dr. Enrique "Eric" Tayag was inducted.

October 20, 2017 - DE Raffy Alunan and DE Jackie Rodriguez met with the ONE ROTARY ONE PHILIPPINES ONE FOR MARAWI Team at the Infinity Tower Suites in Makati City to discuss preparations for the medcaps.

October 21, 2017 - DGE Rudy Bediones attended the Philippine College of Rotary Governors' Pre-Governors-Elect and Pre-Governors-Nominee Training Seminar at the Asian Institute of Management (AIM) Conference Center in Makati City.

- Rotary Ann Sharon Bediones, wife of DGE Rudy Bediones, attended the Philippine College of Rotary Governors' Pre-Governors-Elect and Pre-Governors Nominee Spouses Program at the Asian Institute of Management (AIM) Conference Center in Makati City.
- DE Raffy Alunan and his Rotary Ann Elizabeth attended the 64th Wedding Anniversary of Honorary Manila Rotarian and Former Philippine President Fidel and Ming Ramos at the Ming's Garden along the Sta. Rosa-Tagaytay Road.

October 23, 2017 - DGE Rudy Bediones attended the 25th Handover and Induction Ceremonies of the Rotary Club of Cavite Export Processing Zone at the Island Cove Hotel and Leisure Park in Binakayan, Kawit, Cavite where my classmate, Great President Norieta Divina, was inducted.

October 24, 2017 - DGE Rudy Bediones and PDG Vince Carlos attended the Past Presidents Council of District 3810 Emerald Ball celebrating the 20th Anniversary of the Caring Presidents at the Sunset Pavilion of the Sofitel Philippine Plaza Manila in Pasay City.

October 25, 2017 - PVP Roy Golez was speaker on the topic of the West Philippine Sea and the Benham Rise at the 4<sup>th</sup> National Youth Leadership Summit with the theme, "Youth Leaders, Working Towards Greater Change", at the Bakasyunan Resort and Conference Center in Tanay, Rizal.

October 26, 2017 - Welcomes MMDA Chair (Ret.) BGen Danny Lim who will speak on the delivery of basic services to Metro Manila in a Joint Meeting with the Rotary Club of Makati Guadalupe of District 3830

- The Special Children Committee headed by PD Phillip Ong celebrates a Magical Halloween Party for Special Children at 3:00 pm, Hospicio de San Jose in Manila. All Manila Rotarians are invited to participate.

## GUEST OF HONOR AND SPEAKER'S PROFILE



MMDA Chairman Danilo Delapuz Lim Profile Brigadier Gen. Danilo Delapuz Lim (Ret) is a graduate of the prestigious United States Military Academy at West Point, New York U.S.A having the distinction of being the only Filipino cadet in his class. His trainings include the Scout Ranger Course where he graduated number one in his class and the Infantry Officers Advanced Course in Fort Benning in Georgia, U.S.A. where he was commended for attaining a perfect score in the demanding US Army Physical Fitness Test. He consistently graduated No. 1 in all the career and specialization courses he took. He proved his dedication to his oath and uniform by being wounded twice in combat in Mindanao and being a recipient of various military awards and commendations which include a Gold Cross Medal for gallantry in action and a distinction from the Scout Rangers Association in 2016. Aside from his Military positions, Chairman Lim also held various government positions like serving as a Military Assistant to the Secretary of National Defense, Chief of Staff of the Undersecretary for Local Government and Deputy Commissioner for Intelligence in the Bureau

of Customs from 2011-2013. In his stint at the Bureau of Customs, Chairman Lim was responsible in the seizure of smuggled items in record-breaking numbers and the introduction of major institutional changes that effected stricter personnel policing in his department. At present, Chairman Lim heads the Metropolitan Manila Development Authority (MMDA), the agency in charge of providing the delivery of basic services in Metro Manila's 13 million residents which includes traffic and transport, flood control and solid waste management, among others. In a short span of time, Chairman Lim is able to institutionalize reforms in the agency aimed at reforming erring MMDA officials and personnel. He carried out the instruction of President Rodrigo Duterte to curb out anomalies and corruption within the agency. Likewise, the Chairman has committed to raise the morale of MMDA personnel in order to ignite their passion for service through an improved reward system. Some of the schemes introduced are the granting of rewards to a group of traffic enforcers who can improve the traffic condition as measured by the travel speed of motor vehicles. Free daily breakfasts are also given to lower rank employees as a form of assistance. Other transport policies that yielded positive effects in his early tenure at MMDA are the closure of illegal bus terminals in major thoroughfares, maintenance of sidewalks that are cleared of any form of obstructions and the promotion of the use of technology in traffic management, to name a few.

## THE WEEK THAT WAS



**Pres. "Jimmie" Policarpio** calls the **16<sup>th</sup>** meeting of the **Rotary Club of Manila (RCM)**, to order.



**Rtn. "Dennis" Montecillo** as **OIC/Moderator** directs the program of activities.



**STAR Rtn. "Naoto" Tago** delivers an ecumenical prayer.



**PDSAA “Ike” Stranathan** introduces the guests, visiting Rotarians and personalities seated at the presidential table.



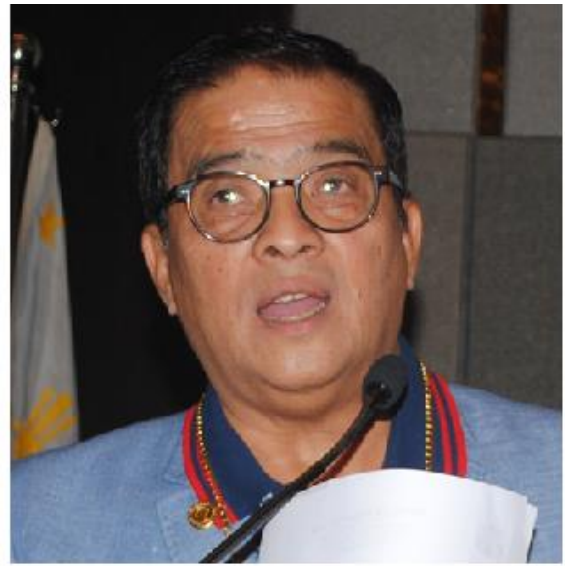
**DE “Jackie” Rodriguez, Vice Chairman, One Rotary One Philippines One for Marawi Project** delivers an update project report.



**Pres. “Jimmie” Policarpio** reads the respective citations and presentation of certificate of tokens of appreciation to Marawi project co-operators: **Mr. Jaime J. Bautista**, President/Chief Operating Officer, Philippines Airlines, **Mr. Richard C. Año**, Chairman, Team Humanity, which was followed by brief messages from the respective co-operators. Another co-operator who was not present was **Dr./Kapitan Lucio C. Tan, Sr.**, Chairman/Chief Executive Officer, Philippine Airlines Holding.



**PP "Francis" Juico** conducts the Recognition Time.



**Pres. "Jimmie" Policarpio** announces on club projects during the "President's Time."



**PDG "Vince" Carlos** does the honour, pleasure and privilege of introducing Secretary **Arthur P. Tugade**, Department of Transportation (DOTr), as guest speaker.



**DOTR Secretary Arthur Tugade**, Past President of the Rotary Club of Panday Pira, gave Manila Rotarians, Visiting Rotarians and guests, a glimpse into his department's thrust of weeding out graft and corruption, instituting a modern, intelligent, efficient and environment-friendly transport system as well as charting a map to address the traffic congestion by providing a consolidated nationwide transportation system all over the country.



A proactive public forum followed suit after the speech of **DOTR Secretary Arthur Tugade** with **RCMers'** raising questions: **PD Nick Locsin**, **PP Boy Guevara** and **Rtn. Jess Santos**.



**Pres. "Jimmie" Policarpio** delivers response, presentation of a bell and gavel as a token of appreciation to **DOTR Secretary Arthur Tugade**, as guest speaker



**Pres. "Jimmie" Policarpio**, presents to PD **"Nick" Locsin** and Rtn. **"Tom" Drilon** as birthday celebrants the birthday cake for the traditional blowing of candles amidst the singing by the **RCM World-Famous Chorale** of the Happy Birthday song.

## JOINT MEETING



The Rotary Club of Manila Council of Past Presidents met with the Board of Directors of Rotary Years 2015-2016, 2016-2017 and 2017-2018 to discuss important club matters last October 19, 2017 at the Gallery 1 of the New World Makati Hotel in Makati City.



The Rotary Club of Manila Council of Past Presidents met with the Board of Directors of Rotary Years 2015-2016, 2016-2017 and 2017-2018 to discuss important club matters last October 19, 2017 at the Gallery 1 of the New World Makati Hotel in Makati City.



The Rotary Club of Manila Council of Past Presidents met with the Board of Directors of Rotary Years 2015-2016, 2016-2017 and 2017-2018 to discuss important club matters last October 19, 2017 at the Gallery 1 of the New World Makati Hotel in Makati City.

## FELLOWSHIP



**DE Raffy Alunan and his Rotary Ann Elizabeth attended the 64th Wedding Anniversary of Honorary Manila Rotarian and Former Philippine President Fidel and Ming Ramos last October 21, 2017 at the Ming's Garden along the Sta. Rosa-Tagaytay Road.**

## INTERCLUB RELATIONS



Rotary Club of Manila was visited by two term RI District 9810 (Australia) Assist Governor David Chandler and presented his club bannerette for Rotary club of Upper Yarra Inc. Present to receive his club banner at the RCM office was Executive Sec Anna Kun Toledo, who also presented the club bannerette of Rotary Club of Manila. Also present was RAC De La Salle Jesu Cruz.



**VPE/Dir. Lance Masters** attend the meeting of RC Lake Arrowhead, USA last Oct. 18. 2017.

## INTERCLUB ACTIVITIES





**Rotary Ann Sharon Bediones**, wife of **DGE Rudy Bediones**, attended the Philippine College of Rotary Governors' Pre-Governors-Elect and Pre-Governors Nominee Spouses Program last October 21, 2017 at the Asian Institute of Management (AIM) Conference Center in Makati City.



### **DGE RUDY BEDIONES HOSTS FIRST PRESIDENTS-ELECT FELLOWSHIP**

DGE Rudy Bediones hosted the First Presidents-Elect Fellowship dubbed as "Rotary District 3810 Meet the Presidents-Elect", where Presidents of the different Rotary clubs in our district for Rotary Year 2018-2019 met each other for the very first time in such capacity and exchanged pleasantries through small conversations, introductions, dance numbers and other activities that evening of October 19, 2017 which definitely lent excitement to the said event. Great conversations between Rotarians took place as they savored the sumptuous dinner. Incoming district executive committee members and dignitaries graced the occasion with no less than our very own PDG Obet Pagdanganan introducing the man of the hour, DGE Rudy Bediones. The event, which was held at the Marina Baytown East Clubhouse in Parañaque City, served as an ice breaker on the road to the centennial of the Rotary movement in the Philippines which, incidentally, coincides with the centennial of our club, the Rotary Club of Manila.







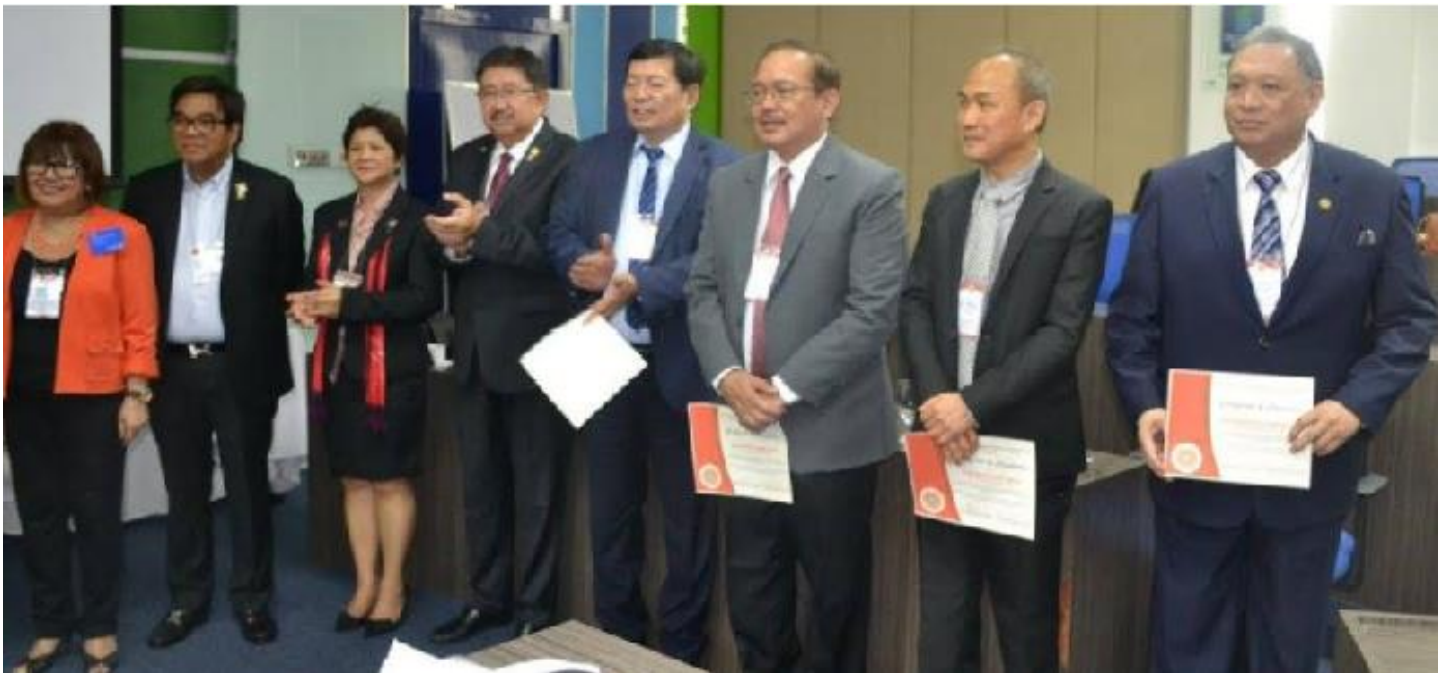


**DGE Rudy Bediones** attended the **Pre-Governors-Elect and Pre-Governors-Nominee Training Seminar** last October 21, 2017 at the Asian Institute of Management (AIM) Conference Center in Makati City.











**DGE Rudy Bediones** attended the **Pre-Governors-Elect and Pre-Governors-Nominee Training Seminar** last October 21, 2017 at the Asian Institute of Management (AIM) Conference Center in Makati City.



**DGE Rudy Bediones** attended the **25th Handover and Induction Ceremonies** of the Rotary Club of Cavite Export Processing Zone last October 23, 2017 at the Island Cove Hotel and Leisure Park in Binakayan, Kawit, Cavite where Great President Norieta Divina was inducted.





**DGE Rudy Bediones** attended the **25th Handover and Induction Ceremonies** of the Rotary Club of Cavite Export Processing Zone last October 23, 2017 at the Island Cove Hotel and Leisure Park in Binakayan, Kawit, Cavite where Great President Norieta Divina was inducted.



**DGE Rudy Bediones and PDG Vince Carlos** attended the **Past Presidents Council of District 3810 Emerald Ball** celebrating the 20th Anniversary of the Caring Presidents last October 24, 2017 at the Sunset Pavilion of the Sofitel Philippine Plaza Manila in Pasay City.



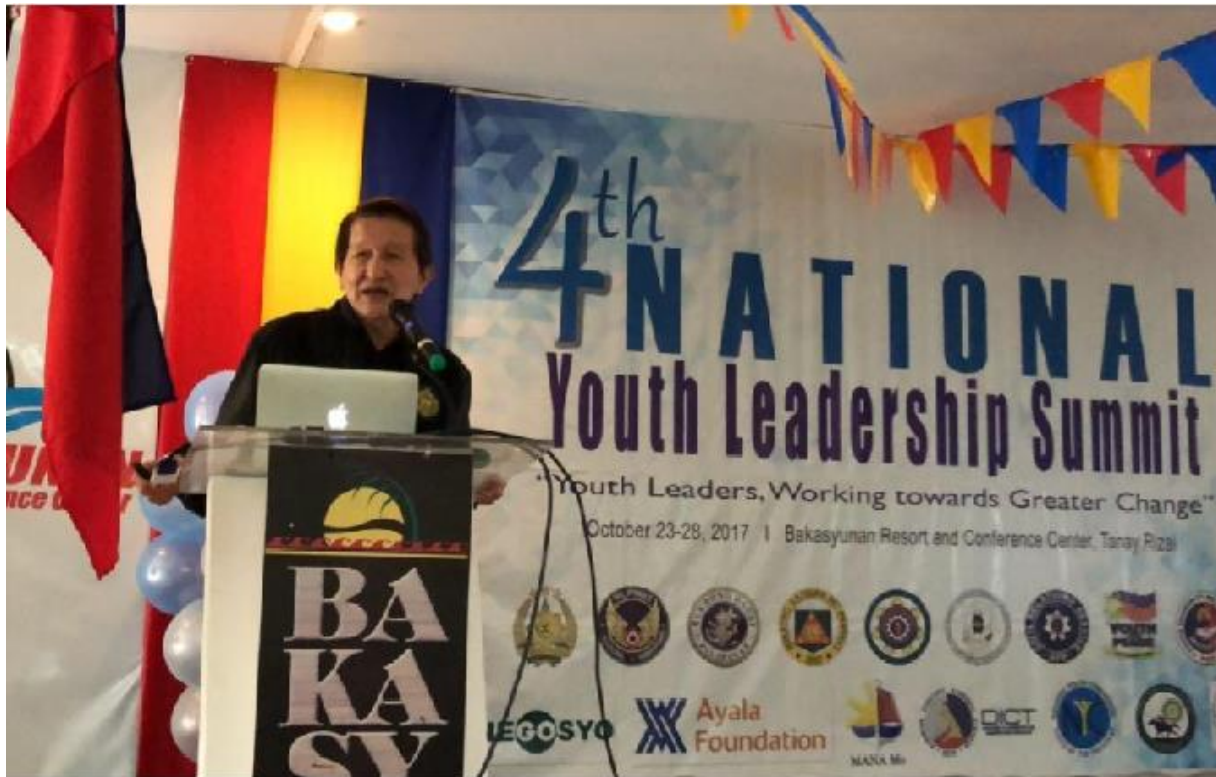


**DGE Rudy Bediones and PDG Vince Carlos attended the Past Presidents Council of District 3810 Emerald Ball celebrating the 20th Anniversary of the Caring Presidents last October 24, 2017 at the Sunset Pavilion of the Sofitel Philippine Plaza Manila in Pasay City.**



**IPSDG/PAG/PP Frank Evaristo** attended the Handover and Induction Ceremonies of the Rotary Club of Manila 101 last October 19, 2017 at the Sofitel Philippine Plaza Manila in Pasay City where DOH Assistant Secretary and Great President Dr. Enrique Tayag was inducted and where PRID Guiller Tumangan was present. Photo (L-R): **IPSDG/PAG/PP Frank Evaristo, Rotary Club of Manila 101 President Dr. Enrique Tayag and PRID Guiller Tumangan**

## COGS IN THE WHEEL



### **PVP ROY GOLEZ IS SPEAKER AT NATIONAL YOUTH LEADERSHIP SUMMIT**

PVP Roy Golez was speaker on the topic of the West Philippine Sea and the Benham Rise at the 4th National Youth Leadership Summit with the theme, "Youth Leaders, Working Towards Greater Change", last October 25, 2017 at the Bakasyunan Resort and Conference Center in Tanay, Rizal. The summit, which was sponsored and organized by the Civil Relations Service (CRS) of the Armed Forces of the Philippines, was attended by youth representatives from all regions encompassing Luzon, Visayas and Mindanao. It runs from October 23-28, 2017.

## CENTENNIAL NEWS

### THE ROAD TO 100



### DGE RUDY BEDIONES HOLDS PRELIMINARY DISTRICT EXECOM MEETING, NAMES EXECOM

**DGE Rudy Bediones** held a preliminary meeting of the Executive Committee for Rotary Year 2018-2019 which is the year of the centennial of our club and that of the Rotary movement in the Philippines as well as the year of his tenure, last October 19, 2017 to plan activities for the coming Rotary year at the Marina Baytown East Clubhouse in Parañaque City. Named to the Incoming Executive Committee are the following: **District Trainer - PDG Ernesto Choa (RC Bagumbayan Manila) District Secretary - Vilma Vinluan (RC of Sampaloc), Chief of Staff - Ricky Ongchan (Rotary Club of Quirino Manila Central), SDG - Programs - Robert Koa (RC of Bagumbayan Manila) District Treasurer - Jardine Bautista (RC Downtown Manila), SDG - Operations - Manila - Jocelyn Acebedo (RC Manila Taft), Senior Deputy Governor - Operations - Pasay - Romualdo Rocha (Rotary Club of Pasay Cybercity), Senior Deputy Governor - Operations - Cavite - Sonny Mercado (Rotary Club of Rosario Cavite), Senior Deputy Governor - Operations - Occidental Mindoro - Leody Tarriela (Rotary Club of Lubang Island), Senior Deputy Governor - Public Relations - Arlene Velez (Rotary Club of Manila Midtown), Senior Deputy Governor - District Publications - Lilian Cruz (Rotary Club of Intramuros Manila), Senior Deputy Governor - Membership Extension - Madolyn Uanang (Rotary Club of Pasay Centro), Senior Deputy Governor - District Events - Edwin Seymour Chiu (Rotary Club of Bagumbayan Manila), Chief Governor's Aide - Mark Eugene Tan (Rotary Club of University District Manila), Senior Deputy Governor - The Rotary Foundation (TRF) - Azucena Yao (Rotary Club of Chinatown Manila).**

## ONE ROTARY ONE PHILIPPINES ONE FOR MARAWI



**DE Raffy Alunan and DE Jackie Rodriguez** met with the ONE ROTARY ONE PHILIPPINES ONE FOR MARAWI Team last October 20, 2017 at the Infinity Tower Suites in Makati City.





**DE Raffy Alunan** and **DE Jackie Rodriguez** met with the ONE ROTARY ONE PHILIPPINES ONE FOR MARAWI Team last October 20, 2017 at the Infinity Tower Suites in Makati City.



### **Rotary to assist in rebuilding Marawi**

The Rotary Club of Manila (RCM), the first to be established in the Philippines way back in 1919, will take an active role in rebuilding war-torn Marawi City as part of its centennial celebration in 2018-2019. RCM, with lawyer Jimmie Policarpio as its current president, will be helping in the humanitarian effort along with 10 other Rotary Clubs consisting of some 25,000 members, according to one of its officers, former Interior Secretary Rafael M. Alunan III.

I had a brief chat with Sec. Alunan on the sidelines of the latest Saturday Forum@Annabel's. He said their humanitarian assistance in Marawi will focus on filling in four gaps.

One, they will assist soldiers and internally displaced people suffering from post-traumatic stress disorder (PTSD). They will tap psychologists and psychiatrists to give counsel to the soldiers who were in the frontlines of the fierce battles with the Islamic State of Iraq and Syria-linked Maute Group and have to deal with the psychological effects of war. Alunan said two prominent psychologists, Gregorio Diokno and Dulce Gust, have volunteered their services and will study the long-term effects of PTSD.

Two, the Rotarians will provide prostheses to the troops who were wounded in battle and lost their limbs as a result. This would be coupled with morale-raising activities, such as visits by celebrities and beauty queens and entertainers to hospitals where the injured troops are recuperating.

Third, they will conduct medical missions in different communities in Marawi from now until 2019. The Rotarians will request for the free services of volunteer doctors and other medical personnel and provide medicines to those who need it most.

And fourth, the civic group will provide adequate water and sanitation services to communities to prevent the outbreak of dengue and malaria epidemics in vulnerable communities. As part of this endeavor, they will also conduct fumigation activities and information dissemination on how to prevent health-related concerns.

These four activities under what they call the "One Rotary, One Philippines, One Marawi" program will be undertaken in close coordination with the Armed Forces of the Philippines, the Autonomous Region in Muslim Mindanao, national government agencies, local government units and other civil-society groups.



## To Take A Stand

By Rafael M. Alunan III

**“Government shouldn’t let its guard down. It’s facing a global security threat from a widely dispersed coalition of extremists.”**

**“ONE ROTARY, ONE PHILIPPINES,  
ONE FOR MARAWI”  
RAFAEL M. ALUNAN III,  
TO TAKE A STAND**

BusinessWorld

## One Rotary, One Philippines, One for Marawi

In early July, Jackie Rodriguez joined me on a fact-finding mission for the Rotary Club of Manila (RCM) to determine the humanitarian assistance gaps in Marawi. We went to Cagayan de Oro from Davao where we met with Rotary District 3870 Governor Linda Deleste and its Secretary Bong Bout to discuss it and how to mobilize local Rotary clubs. Accompanying us were Bong Año, Executive Director of Team Humanity, and Norodin Alonto Lucman, who served as one of my advisers in the DILG and has remained a friend since.

In Iligan we met displaced sultans and datus. We listened to their assessment of the urban conflict and suggestions to overcome the problems they faced especially their loss of incomes and property. We also visited an evacuation center to get an idea of the problems and service gaps they faced. We then proceeded to Marawi where we met with BGen Ramy Rey, Commander of TF Ranao, and LtC Jo-ar Herrera for a briefing about the evacuees and status at the war zone. In the course of the briefing, Air Force jets and helicopters were flying overhead to bomb the enemy about 2 kilometers away.

We reported our findings to the RCM Board headed by Jimmy Policarpio upon our return, and were appointed Chair and Vice-Chair of the “One Rotary, One Philippines, One for Marawi” committee. It was adopted as a legacy and centennial project to commemorate RCM’s 100th year next year. We were also elected to the Centennial Board headed by Susing Pineda, thus, ensuring continuity in the next two years. We will enjoin the “whole-of –Rotary” – all the 10 Rotary districts – to engage, spearheaded by DG Loy Cosico and GE Rudy Bediones., and partner with the AFP-PNP and civil society like Philippine Air Lines and Team Humanity.

There were four areas where humanitarian assistance fell short due to the lack of human and/or technical resources:

- \* Post-traumatic stress disorder or PTSD
- \* Water and sanitation
- \* Prosthesis
- \* Medical missions

PTSD afflicts victims of war and natural disasters. They experience ruptured family relations; become unproductive; and are potentially harmful to themselves and those around them. PTSD is a silent killer that can drive one into a deep depression or into drugs to escape their harsh realities. MGen Ronnie Evangelista, current AFP-CRS chief and former commander of the Special Forces Regiment Airborne and the Light Reaction Regiment, concurs. He noticed behavioral changes in his men; some subtle, others pronounced. Their treatment required different approaches.

Many soldiers and some civilians caught in the cross-fire have lost their limbs, eyesight and hearing to the brutality of war, mostly to Improvised Explosive Devices (IEDs), shrapnel and sniper fire. They will be provided prosthesis and medical attention. Rotarians visited our wounded warriors in V. Luna and the Philippine Army General Hospitals last month. We brought beauty queens and entertainers for photo ops and to say “thank you” through song and laughter that lifted their spirits and brought out their smiles.

Gastroenteritis, upper respiratory diseases, skin diseases, malaria and dengue commonly afflict Marawi’s evacuees. Unfortunately, all the evacuation centers lack medical attention and additional facilities for potable water and sanitation. Dehydration, poor hygiene and insufficient resources have led to many cases of death and morbidity. Rotary will mobilize local and foreign funders to enable RCM to obtain the proper human and technical resources to field in Marawi for medical missions, entertain and conduct sports clinics.

Last week, we returned to Iligan and Marawi to coordinate our first in a series of medcaps that will commence two weeks from now, and which we intend to hold every two weeks. We met with Rotarians from District 3870, specifically Marawi and Iligan; imams and sultans; and AFP-PNP-LGU officials.

We visited evacuation sites in Saguwaran and Baloi municipalities where our first medcaps will be held. We were also briefed by TF Bangon Marawi AFP officers BGen Donato and Col Romeo Brawner about the security situation.

Despite the deaths of the two leading commanders of the ISIS-led coalition – Isnilon Hapilon alleged Emir of ISIS in Southeast Asia, and Omar Khayam Maute of the Maute family-led crime syndicate – the danger of terrorism still looms large over Mindanao and other parts of the country. Their deaths are likely to be avenged. Crimes against humanity should be anticipated against soft targets such as suicide bombings in high human traffic areas, massacres and the seizure and destruction of mass transports.

Government shouldn’t let its guard down. It’s facing a global security threat from a widely dispersed coalition of extremists. Triumph in Marawi must not translate into underestimation of the enemy that systematically pulls surprises and inflicts many casualties. In the local context, the enemies of the state are numerous: some are eyeing regime change; others are out to break away from the republic and establish a caliphate or separate state; others want to protect their criminal empires; others want to kill the President. Revenge is in the air; foreign direct investments are hanging; the situation is critical.

The saving grace to what otherwise is a retching period in the nation’s life is the AFP and PNP whose warriors in Marawi, despite resource limitations due to serial neglect by self-serving politicians, have shown what it’s like to fight and die like heroes. We also have a President with feet of clay still struggling in his transition from mayor to president, and has traits that are uniquely his

compounded by Fentanyl's unnerving side effects. But he has shown his tenacity as a fighter; and steadfastness as a protector of the people from drugs, crime and corruption; and his staunch defense of their dignity.

He may be a son of a bitch to some but to most, he's their son of a bitch. And there will be hell to pay if something happens to him.

(Rafael Alunan III formerly served as Secretary of the Interior and Local Government. He currently chairs the National Security Committee of the Philippine Council for Foreign Relations.)

## PUBLIC HEALTH NUTRITION AND CARE

### SAFETY REMINDERS FOR “UNDAS”

Elias D. Adamos, M.D.



“Undas” is a widely celebrated day and is one of the major holidays in the Philippines. It is the day when we pay homage and respect for the dead. Here are some safety reminders for All Soul’s Day and All Saint’s Day.

**At Home:** 1. Do not leave a burning candle unattended; 2. Do not place a candle near curtains or other combustible materials; 3. For burns, the first aid management is to relieve the pain by immersing the burned area in cold water or by applying a wet, cold cloth until the part is pain-free both in and out of the water; 4. Unplug all electrical appliances before leaving the house; 5. Avoid octopus line to minimize overloading of electrical system; 6. Never place appliance cords or extension cords under a carpet; 7. Do not leave infants or children alone in places where they are in danger of falling or near electrical outlets or gadgets and candles; 8. Always position appliances (TV, computer, sound system, heating appliances, etc.) in a spacious area to prevent overheating; 9. Unplug appliances by grasping the plug, not by yanking the cord, when not in use; 10. Repair faulty functioning appliances; 11. Use appliances at specified voltage only; 12. Unplug appliances when lightning and thunderstorm strike; 13. Before checking for electrical trouble, be sure to switch off the main power; 14. Cover all outdoor and indoor electrical outlets if not in use; 15. If appliances, such as gas stoves, require lighting with match, always light the match first and hold it at the point of lighting before you turn on the stove; 16. Keep kitchen utensils, especially knives, out of children’s reach; and 17. Lock your house when you leave.

**En route to the Cemetery:** 1. Bring an umbrella, face towel, water, food and fan to avoid heat cramps or heat exhaustion; 2. If you bring a car, make sure that you check it, the water in radiator, battery, gas, oil, breaks, tool kit, flashlight, food and first aid kit; 3. Park your car near a guard or police station to avoid carjacking; and 4. Dress in light clothing to avoid heat exhaustion, especially among children.

**Inside the Cemetery:** 1. It is best to go to the cemetery early in the morning before or after November 1 to avoid huge crowds; 2. Avoid drinking liquor; 3. Avoid bringing unnecessary sharp objects; 4. Avoid bringing children inside the cemetery as they might get lost; 5. In case of minor wounds, clean the wounded area with soap and water before applying antiseptics like povidone iodine (not alcohol), and cover the wound with gauze; 6. In case of severe bleeding, apply direct pressure over the wound using gauze and bring the patient to the hospital or to a nearby first aid station inside the cemetery; 7. In case of contusion, apply ice compress over the area for more than 20 minutes (intermittent); 8. In case of fainting, do not give ammonia to the patient. Instead, let him/her lie, with feet raised 8-12 inches above. If the patient is conscious, ventilate him/her, loosen his/her tight clothing and give him beverages; 9. In case of chest pain, transport the patient to the hospital; and 10. In case of cramps, apply cold compress, rest the affected area and elevate, if possible. Have the victim stretch out the affected muscle to counteract the cramp. Massage the cramped muscle firmly but gently. Seek medical help if cramps persist. (Source: *Philippine Red Cross, October 30, 2013*)

## ADVERTISEMENT


**AVESCO**  
 SINCE 1948 [www.avesco.com.ph](http://www.avesco.com.ph)

|                                                                                                                                                                                                                  |                                                                                                                                                                                                                                         |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <br><br><b>NO. 1 WIRING DEVICES</b>            | <br><b>JAPAN BEST VENTILATING FANS</b><br>                           |
| <br><br><b>TOP ENTRY PHONE SYSTEM</b>         | <br><br><b>FIRE ALARM SYSTEM</b>                                   |
| <br><br><b>HIGH RESOLUTION CCTV CAMERA</b> | <br><br><b>RACK / TOWER ONLINE UNINTERRUPTIBLE POWER SUPPLY</b> |

**Bringing QUALITY products  
you can TRUST.**

Cubao 912-8881 ♦ Manila 733-8161 ♦ Frisco 372-3594



**Exquisite Wines**

**Excellent Pleasures**

**Lasting Experiences**

**WWW.PWM.COM.PH**

2253 Aurora Blvd. Pasay City PH 1300

**8322523 / 8537421**

philwine@compass.com.ph



## FOR MORE PRODUCTIVE MEETINGS

In business, the smallest details make the biggest impact on the bottomline.

Whether you are planning for the rest of the fiscal year, holding a meeting with partners from overseas or a training your team, you will be able to access first-class facilities and the best of Philippine hospitality within our halls.

Hold your next meeting and business conference at The Manila Hotel and seal the deal in five-star luxury. Discuss your requirements with our team by calling 5270011 local 1271 to 1274 or emailing [banquet@manila-hotel.com.ph](mailto:banquet@manila-hotel.com.ph).

M

THE MANILA HOTEL