



kabalita

No. 3689, March 30, 2017

GUEST OF HONOR AND SPEAKER



HON. JOSE ROILO S. GOLEZ

Former Representative
Second District, Parañaque City
Chairman, Movement and Alliance To Resist China's Aggression
(MARCHA Kontra Tsina)

KABALITA

Let the Foremost Advocate of Philippine Territorial Integrity show China why strong fences make good neighbors at his home in Service Above Self, Asia's First Rotary Club, as he shows why Benham Rise and the Scarborough Shoal are ours.

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PROGRAM

RCM's 35th for Rotary Year 2016-17

Thursday, March 30, 2017, 12N, New World Makati Hotel Ballroom

OIC/Moderator: **PD "Beda" Fajardo**

Program Timetable

11:30 AM	Registration and Cocktails	
12:25 PM	Bell to be Rung: Members and Guests are requested to be seated:	PD Beda Fajardo OIC Moderator
12:30 PM	Call to order Singing of the Republic of the Philippines National Anthem Invocation RC Manila Hymn The Four (4) Way Test Credo	Pres. "Teddy" Ocampo RCM WF Music Chorale Rtn. "Rody" Antonino RCM WF Music Chorale All Rotarians led by STAR Rtn. "Bollie" Bolton
12:35 PM	Introduction of Guests and Visiting Rotarians; and Personalities Seated at the Presidential Table Welcome Song	STAR Rtn. "Romy" Nones RCM WFMusic Chorale
12:40 PM	Maligayang Bati (RCM Birthday Celebrants) Mar. 31.... PVP "Ben" Diokno ; Apr. 1.... Rtn. "Dick" Lee ; Apr. 4.... Rtn. "Ricky" Guevara Happy Birthday Song	RCM WF Music Chorale
12:45 PM	President's Time	Pres. "Teddy" Ocampo
12:50 PM	Introduction of Guest of Honor and Speaker	PD "Rod" Valencia
1:00 PM	Address: RCM PVP ROILO S. "Roy" GOLEZ <i>Former National Security Adviser; Chairman & Lead Convenor, Movement and Alliance To Resist China's Aggression (MARCHA); Founder, Di Ka Pasisiil Movement; Former Representative, 2nd District, Parañaque City</i>	
	Public Forum Club Fund Raising Raffle of Cash Prizes	Dir./DE "Bobby" Joseph
2:00PM	Response, Presentation of Token of Appreciation to RCM PVP ROILO S. "Roy" GOLEZ and Meeting Adjournment	Pres. "Teddy" Ocampo

PRESIDENT'S CORNER



Last week, we had Mr. Ronald Cardema, the head of the Duterte Youth for Change, who enlightened us on the role of the youth of our country in effecting change in the Philippines under the auspices of the Duterte Administration. It was an engaging talk that made our fellow Manila Rotarians realize the sacred role of the next generation of our country.

As for updates within our club, we are still in the process of gathering Manila Rotarians to attend the 60th Anniversary of our sister club, the Rotary Club of Osaka East this coming May 27, 2017. For more details, please coordinate with our Secretariat. Likewise, this March 29, 2017, our World Famous Chorale will be singing the Philippine National Anthem and the National Anthem of the United States of America during the opening of the DISCON 2017 at the Sofitel Philippine Plaza Manila in Pasay City. We are now rigorously practicing for this. Likewise, I wish to commend three (3) of our distinguished fellow Manila Rotarians, namely, SDG Frank Evaristo, Dir. Bobby Joseph and Program Committee Co-Chair Jack Rodriguez, who all made it to the list of the Fifty (50) Living Legendary Knights among the Four Hundred (400) Legendary Knights of All Time. They were recognized by their Alma Mater, the Colegio de San Juan de Letran last March 23, 2017 at the New World Makati Hotel in Makati City. We are all fortunate and blessed to have them in our fold.

Updates from around the district include the attendance of IPDG Obet Pagdanganan and DGN Rudy Bediones at the 15th Charter Anniversary of the Rotary Club of Quirino Manila Central at the Legend Seafood Restaurant in Pasay City last March 25, 2017. Likewise, CoS Cesar Ubaldo and SDG/Dir. Albert Alday as members of the DISCON 2017 Committee and as members of the All Star District Executive Committee head the delegation of Manila Rotarians which includes myself at the DISCON 2017 aside from our roll of district governors which include PDG/PP Vince Carlos, IPDG Obet Pagdanganan and DGN Rudy Bediones.

The DISCON 2017 takes place from March 29, 2017 to April 1, 2017. I will be taking part in the Talent Show in the evening of March 31, 2017 and as one of the emcees in an afternoon segment (Closing Ceremonies) on April 1, 2017. CoS Cesar Ubaldo and SDG/Dir. Albert Alday are the Officers of the Event for the District Governors' Luncheon on March 29, 2017 while SDG/Dir. Albert Alday is the Chair of the DISCON 2017 Souvenir Program Content Committee. Likewise, I wish to commend SDG/Dir. Albert Alday for his article entitled, "ROTARY DISTRICT 3810: BLAZING A TRAIL IN SERVING HUMANITY", published in the March issue of the Philippine Rotary Magazine. The article is found on pages 48 to 52 of that issue. It may likewise be worthy for you to note that SDG Frank Evaristo is our district's representative to the Philippine Rotary Magazine while SDG/Dir. Albert Alday heads the District Publications Group of our district where he is also Editor-In-Chief of the Governor's Monthly Letter (GML) which has undergone a big change under his leadership with a hip eye candy look, bringing renewed interest in Rotarians of the district to read the same.

Today, we welcome our very own Manila Rotarian, PVP Roy Golez, as he enlightens us on the country's ownership of the Benham Rise and the Scarborough Shoal. I look forward to your cooperation as we endeavor to make our stars shine in the remaining months of Rotary Year 2016-2017 through meaningful projects and fellowships that will strengthen the bonds of Asia's First Rotary Club.

GUEST OF HONOR & SPEAKER'S PROFILE



ROILO GOLEZ
Congressman for six terms
9th, 10th, 11th, 13th, 14th, and
15th Congress

ONE OF THE DEFENDERS OF THE WEST PHILIPPINE SEA AGAINST CHINA'S AGGRESSION.

Chairman & Lead Convenor, Movement & Alliance to Resist China's Aggression (MARCHA). As such, he is among the vanguard in the citizens' movement to fight for our sovereign rights in our Exclusive Economic Zone in the face of China's incursions and illegal presence in the West Philippine Sea.

Founder, DI KA PASISIL MOVEMENT and One of Three Lead Convenors, West Philippine Sea Coalition.

Roilo Golez predicted China's seizure of Scarborough Shoal:

In December 1999, after analyzing China's moves in Mischief Reef, Recto or Reed Bank, Roilo Golez delivered a privilege speech in Congress warning that China was targeting Scarborough Shoal. Some of his colleagues branded him an alarmist at that time. In 2012, China seized Scarborough Shoal, as Golez predicted.

Roilo Golez foresaw Benham Rise as a conflict area:

In March 2016 last year, Roilo Golez proposed the creation of a Benham Rise Commission to oversee the protection and development of Benham Rise.

On January 23, 2017, Golez posted a blog, with Twitter and FB posts, warning that China was lusting for Benham Rise and warned that the Philippines should protect Benham Rise.

ONE OF THE LEADING ADVOCATES FOR CLIMATE CHANGE, ONE OF THE COUNTRY'S EXPERTS IN THE SCIENCE OF CLIMATE CHANGE:

Principal Author of the Climate Change Act of 2009 (RA 9729)

Finished intensive online courses on Climate Change:

- Global Warming Course
Administered by the World Bank
- Climate Change
University of Melbourne
- Climate Change: The Science
University of British Columbia

Solar energy advocate

He initiated the development of a 30 MW solar facility in Ormoc, now operational and providing power to the grid. As such, he is one of the country's leaders in solar power.

Roilo Golez served as Representative of Parañaque City for six terms, elected in landslide victories in 1992, 1995, 1998, 2004, 2007 and 2010, with one of the longest record of service in the history of the House of Representatives. In his last term, he served as the Head of the House Contingent to the Commission on Appointments. He also served as Chairman of two key committees: Committee on National Defense and Committee on Public Order.

During his six terms, Roilo Golez had a perfect 100% attendance, no absence, in all the sessions of Congress.

Roilo Golez is also credited with the following major constituency projects:

1. Construction of the most number of school buildings in the history of Paranaque.
2. Implementation of the biggest flood control program in the city's history, with more than P250 million worth of rip-rapping desilting and riverbank erosion prevention projects.
3. Construction of the most number of covered courts in the entire Philippines.
4. Concreting of numerous major roads and streets in all the Barangays of the Second District as well as the First District.

As Congressman, Roilo Golez is the Principal Author of the following landmark laws, among others:

1. **Republic Act No. 8185** "An Act Amending Section 324(D) of Republic Act No. 7160 otherwise known as the Local Government Code Of 1991" establishing the Local Government Calamity Fund.
2. **Republic Act No. 8551**: "Philippine National Police Reform and Reorganization Act of 1998"
3. **Republic Act No. 8507** "An Act Converting the Municipality of Paranaque into a highly urbanized City to be known as the City of Paranaque", the city's charter
4. **Republic Act No. 9729**: "Climate Change Act of 2009"
5. **Republic Act No. 9851**: "Philippine Act on Crimes against International Humanitarian Law, Genocide, and other Crimes against Humanity"
6. **Republic Act No. 10530**: "The Red Cross and other Emblems Act of 2013"
7. **Republic Act No. 10575**: "The Bureau of Corrections Act of 2013"
8. **Republic Act No. 9040**: "The AFP Tax Exemption for Pay and Allowances Act of 2001"
9. **Republic Act No. 9993**: "Philippine Coast Guard Law of 2009"
10. **Republic Act No. 9640** "An Act Amending Section 140 (A) of Republic Act No. 7160, otherwise known as The Local Government Code of 1991" reducing the rate of amusement tax to be collected from the proprietors, lessees, or operators of theaters or cinemas, in support of the entertainment industry among other laws of national and local application.
11. "FATHER OF PARAÑAQUE CITYHOOD" (RA 8507)
12. "FATHER, NATIONALIZATION OF PARAÑAQUE NATIONAL HIGH SCHOOL" (RA 7841)
13. "FATHER, NATIONALIZATION OF DR. ARCADIO SANTOS NATIONAL HIGH SCHOOL" (RA 8844)
14. "FATHER, NATIONALIZATION OF MOONWALK NATIONAL HIGH SCHOOL" (RA 10065)
15. "FATHER, NATIONALIZATION OF SUN VALLEY NATIONAL HIGH SCHOOL" (RA 10064)

EDUCATION

Master in Business Administration, MBA, University of the Philippines where he graduated class Valedictorian

B.S. Major in Mathematics and Operations Analysis (two majors achieved through overloads), United States Naval Academy at Annapolis, USA

Three Academic years leading to AB Political Science, University of the Philippines

Other trainings:

Airborne Training, US Army Airborne School, Fort Benning, George, USA (qualified as parachutist)

Advanced airborne training, US Marine Corps Base, Little Creek, Virginia, USA (received US Navy-Marine Corps Gold Wings)

Crisis Management Course, Emergency Planning College of the United Kingdom (focus on handling mass fatalities due to terrorism, accidents and disasters)

Counterterrorism Training, International Law Enforcement Academy, Bangkok, Thailand

Project Financing, World Bank sponsored, San Francisco, California, USA

Shipping Management and Chartering, UNDP sponsored, Piraeus, Greece

Roilo Golez went to the United States Naval Academy at Annapolis where he graduated with a Bachelor of Science degree, major in Mathematics and Operations Analysis. While at Annapolis, he distinguished himself in academics, leadership and sports:

He was consistently in the Superintendent's Honor List.

He was selected Company Commander, a high position in the Brigade of Midshipmen.

And he was a BRIGADE BOXING CHAMPION for four straight years, establishing a record as the first to achieve this feat since the Academy was established in 1845. So far, only fourteen midshipmen have won four brigade boxing championships in the Academy's history.

During the past two years, Golez showed his non-stop desire to learn by taking several Special online intensive courses given by the world's most respected universities on subjects that are very important in government policy making (climate change, energy, international relations, economy, health, sustainable development, social media and cyber security).

Climate Change: The Science
University of British Columbia

Global Warming Course
Administered by the World Bank

Economic Policymaking
IE Business School, Madrid

Global Energy Business
University of Colorado – Denver

Global Trends (International Relations)
University of Leiden, Netherlands

Global Trends for Business & Society
University of Pennsylvania, Wharton

Understanding Media & By Understanding Google
Northwestern University

Age of Sustainable Development
Columbia University

Climate Change
University of Melbourne

How to Change the World
Wesleyan University

Developing Innovative Ideas for New Companies: The First Step in Entrepreneurship
University of Maryland

Health for All Through Primary Health Care
Johns Hopkins University

Introduction to Global Health
University of Copenhagen

Our Energy Future
University of California, San Diego

Roilo Golez was born in the small rural town of Looc, Romblon in the Philippines. His parents were both public school teachers. He grew up in a low cost government housing project and is a product of public schools.

From rural Philippines, Golez rose to success in academics, sports, government, business, civic organizations and politics.

Roilo Golez went to the United States Naval Academy at Annapolis where he graduated with a Bachelor of Science degree, major in Mathematics and Operations Analysis.

While at Annapolis, he distinguished himself in academics, leadership and sports:
He was consistently in the Superintendent's Honor List.

He was selected Company Commander, a high position in the Brigade of Midshipmen. And he was a BRIGADE BOXING CHAMPION for four straight years, establishing a record as the first to achieve this feat since the Academy was established in 1845. So far, only fourteen midshipmen have won four brigade boxing championships in the Academy's history. After Annapolis, Golez took up Master in Business Administration (MBA) in the University of the Philippines where he graduated Valedictorian of his class.

Roilo Golez pursued a long, colorful and distinguished career as a Public Servant:

Three years as Postmaster General of the Philippines, where he received the prestigious Ten Outstanding Young Men Award (TOYM) for public service excellence.

Three years as a member of the Philippine Cabinet, serving as National Security Adviser, overseeing the country's counterterrorism and national security program.

Eighteen years as Congressman of the Republic of the Philippines. He has consistently received the award One of the Most Outstanding Congressmen of the Philippines, has a perfect 100% attendance record, no absence, in all the sessions of

Congress since he became a Congressman in 1992. He served six terms as a Congressman and won all his election victories by landslide, thus earning the title "Landslide King of Paranaque." He had served as Chairman of the Committee on Public Order and Security, Chairman of the Committee on National Defense and as Deputy Minority Leader. While serving as Chairman of the Committee on Public Order and Security, he boldly spearheaded the investigation against former AFP Comptroller retired Major General Carlos Garcia on the AFP Fund anomaly which paved the way for the filing of charges before the Office of the Ombudsman and Court Martial. As a legislator, he had authored important laws such as the Climate Change Act (RA 9729), International Humanitarian Law (RA 9851), Philippine Coast Guard Law (RA 9993), PNP Reform Law (RA 8661) and is a co-author of the Expanded Senior Citizens Act (RA 9994), among others. During the 15th Congress, Golez served as the Head of the House of Representatives of the Contingent to and Vice Chairman of the Commission on Appointments. As a city builder, Golez is also credited for concreting the most number of roads and constructing the most number of school buildings in the history of Paranaque City. Recently, Golez had established a new record: the construction of the most number of covered courts (Golezeums) in the Philippines which use modern polycarbonate roofing.

Twenty years as Governor of the Philippine National Red Cross where he received the Bayani Red Cross Gold Medal Award for heroism and bravery in the face of gunfire while leading a Red Cross rescue team to rescue wounded soldiers during the bloody December 1989 coup attempt.

One year as National President of the Boy Scouts of the Philippines.

Two years as Fund Campaign Chairman of the Philippine Cancer Society.

Four years as Division Fund Campaign Chairman of the Philippine Tuberculosis Society.

Two years as Chairman of the Elks Cerebral Palsy Project.

Four years as Governor of the Management Association of the Philippines.

Thirty-seven years as a Rotarian of the Rotary Club of Manila.

Two years as National President of the Amateur Boxing Association of the Philippines.

Two years as President of the Philippine Olympic Academy.

Five years as a member of the Board of Trustees of the St. Lukes Medical Center.

Fourteen years as a Philippine Navy Officer, reaching the rank of Navy Captain (equivalent to full colonel in the Army).

Four years as Professor in the Master in Business Administration Program of the University of the Philippines.

Four years as Professor of Management in the Asian Institute of Management.

CORPORATE EXPERIENCE:

Roilo Golez has extensive experience in corporate affairs, having served as Chief Executive Officer or Chief Operating Officer or Board Member in several major corporations in the field of shipbuilding, health products, medical services, fast foods, real estate, marketing, security equipment, banking, oil exploration and insurance:

MBA University of the Philippines, Valedictorian

Professor, UP MBA

Professor, Asian Institute of Management (AIM)

Former Postmaster General, TOYM Awardee, turned around post office from financial deficit to surplus

Marketing Head, Asia Brewery Inc.

President, Philippine Shipyard & Engineering Corporation (joint venture with Kawasaki) - During that time, this was the largest ship repair facility in the Philippines

President, Marina Properties (Tan Yu Group)

President, Elizalde Security Corp (makers of steel security Mosler safes) - turned it around in one year from a losing company to a profitable company

Managing Director, Forever Living Products Philippines, the Philippine branch of a multibillion dollar US-based international health product company with operations in more than 100 countries. Golez started the Philippine operations from zero and managed it to rise to become one of the top 500 in sales in the Philippines.

President, URDEC Properties Corporation, a real estate marketing company with Joey Rufino and Cesar Yatco

President, URDEC Properties Corporation, a real estate marketing company with Joey Rufino and Cesar Yatco

Board Member, McGeorge Food (McDonalds Philippines) of George Yang)

Board Member, Ayala Life

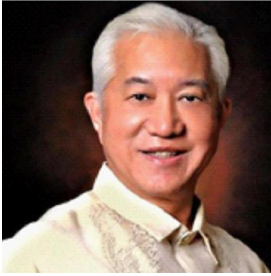
Board Member, Pilipinas Bank

Board Member, Basic Petroleum

Board Member, St Luke's Medical Center

PREVIEW OF FORTHCOMING GUEST SPEAKERS

April 6, 2017, 12N, New World Makati Hotel



Hon. Hermilando I. Mandanas

Governor
Batangas City

April 13, 2017

Maundy Thursday

**NO MEETING IN OBSERVANCE OF
HOLY WEEK**

April 20, 2017, New World Makati Hotel



Ms. Paulina Gallardo

Executive Director, Global Business
Worldwide

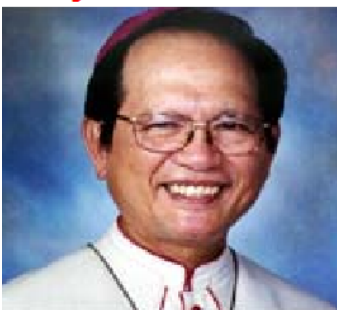
April 27, 2017, New World Makati Hotel



Commissioner Raymund E. Liboro

National Privacy Commission

May 4, 2017, New World Makati Hotel



**His Excellency
Most Reverend Teodoro C.
Bacani, Jr., D.D.**

Auxiliary Bishop of Manila

THE WEEK THAT WAS



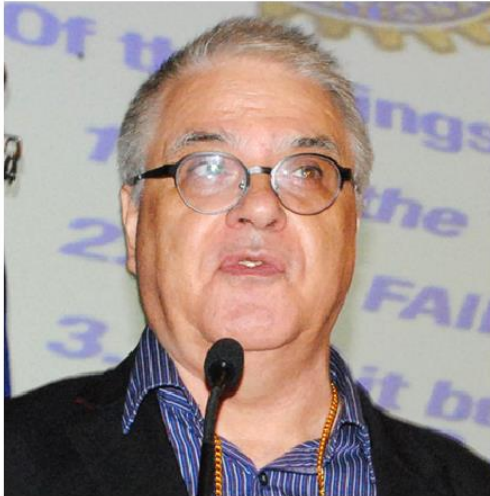
Pres. "Teddy" Ocampo calls the **34th** meeting of **Rotary Club of Manila** to order.



DE/Dir. "Issam" Eldebs as **OIC/ Moderator** directs the program of activities.



Rtn. "Ray" Davis delivers an ecumenical invocation.



STAR Rtn. "Ray" Rysbergen leads fellow Rotarians in renewing its commitment to the Rotary Credo by reciting the four (4) Way Test.



SAA "Lance" Masters introduces the guests, visiting Rotarians and personalities seated at the presidential table.



PDSAA "Ike" Stranathan does the honour and pleasure of introducing **Mr. Ronald Gian Carlo Cardema**, Head, Duterte Youth for Change as guest speaker.



Mr. Ronald Gian Carlo Cardema, Duterte Youth for Change Head, enlightened Manila Rotarians, Visiting Rotarians and guests on the role of the Philippine Youth in effecting change in the country during the Duterte Administration.





The following members participated in the pro-active open forum immediately right after the speech of **Mr. Ronald Gian Carlo Cardema**. **Rtn. Joel Valdez**, **Rtn. Jack Rodriguez**, **Rtn. Tom Drilon**, **PD Abe Pascual**, **PD Beda Fajardo**, **PD Rob Sears**, **Dir. Chito Zaldarriaga**, **IPDG Obet Pagdanganan**, **SDG Frank Evaristo**, **PP Archit Bartolome** and **PD Oscar del Rosario**.



DE/Dir. **“Bobby” Joseph** draws the winner for the Club Fund-Raising Campaign with PD **“Ner” Lonzaga** winning the lone cash prize.



Pres. **“Teddy” Ocampo** presents to **Mr. Ronald Gian Carlo Cardema** a religious icon of Mother and Child as the Club’s token of appreciation for being the guest speaker.

MEMBERSHIP/CLASSIFICATION



Pres. “Teddy” Ocampo administers the honorary oath of membership pledge to His Excellency Jaroslav Olsa, Jr., Ambassador Extraordinary and Plenipotentiary of Czech Republic to the Philippines and His Excellency Jan Top Christensen, Ambassador Extraordinary and Plenipotentiary of Royal Danish Republic to the Philippines.

INTERCLUB RELATIONS



PP “Roy” Lotzof from RCM daughter Rotary Club of Cebu extends invitation to RCM Members for their milestone anniversary.

MUSIC COMMITTEE



RCM WF Music Chorale rehearse at the Infinity Tower Suites Makati held last March 23, 2017. Present were: **SAA Lance Masters**, Rtn. **Karl Leung**, Rtn. **Nicky Villaseñor**, Rtn. **Jack Rodriguez**, PD **Oscar del Rosario**, PT **Jim Chua** and Rtn. **Jason Ong**.

15TH CHARTER ANNIVERSARY OF RC QUIRINO MANILA



PDG Obet Pagdanganan and **DGN Rudy Bediones** at the 15th Charter Anniversary of the Rotary Club of Quirino Manila Central last March 25, 2017 at the Legend Seafood Restaurant in Pasay City.

HISTORY OF ROTARY WHEEL



SAA LANCE MASTERS



The story behind the Rotary wheel pin:
(With thanks to RIDN Raffy Garcia)

The first lapel pin in the history of the Rotary was designed and made by New York Rotary Club member, John Frick on October 14, 1909 and worn by the club's first president Bradford Bullock from 1909 until his premature death in 1911 (At the time, he was serving as VP of the National Association of Rotary Clubs).

The forerunner of the traditional Rotary pin worn today, it features the Rotary wheel as it appeared in its earliest representation with eight spokes, no cogs, and no keyway.

The wheel itself became the symbol of Rotary in 1906, a year after the club's formation in Chicago.

Asked to design a symbol for the new club, Chicago Rotarian Montague Bear, an engraver, drew a simple wagon wheel with a few lines to show dust and motion (14 spokes, no cogs, no keyway).

Paul Harris reasoned that the wheel symbolized "Civilization and Movement." One observant Rotarian pointed out that a wheel would not generate clouds of dust in front of it, so Montague removed the offending cloud and that design remained the emblem for Chicago until 1912.

When new clubs formed, they adopted the wheel in symbols of their own. Our club integrated the New York wheel and an oak tree as our symbol. It appears on the top of our first Live Oak newsletter in 1914.

In 1910, the Rotary Club of Philadelphia added cogs to create a working wheel, symbolizing members working together, literally interlocked with one another to achieve the organization's objectives.

They used 19 cogs in honor of their club, the 19th in Rotary. They created hundreds of metal pins with this design and successfully pitched it as the new official international wheel in 1912.

It didn't hurt that the president of the Philadelphia club [who had designed that club's emblem] became president of the International Association of Rotary Clubs at the 1912 Duluth convention.

In 1918, two Rotarian engineers from the Duluth Club Charles Henry Mackintosh and Oscar Bjorge (formally of Minnesota) petitioned Rotary to amend the design of the wheel.

They argued that a cogwheel with 19 cogs would not work. Also, the emblem had square-cornered teeth of disproportionate size, and the cogs were irregularly spaced. Charles called it, "An anachronism to engineers." Oscar called it "an insult to engineering that only the brain of an artist could conceive."

Oscar sketched a new wheel, with 6 spokes (symbolizing the 6 Objects of Rotary at that time) and 24 cogs or teeth. This design was presented to the Rotary world in 1920.

However, there remained many versions of the Rotary wheel in use around the world by the different clubs. The Oakland Club was still using its 1914 wheel and oak tree in 1922. It wasn't until 1922 that the Rotary International Association declared that all Rotary clubs should adopt a single design as the exclusive emblem of Rotarians.

But, before the approval of Charles and Oscar's gear wheel, the President of Rotary Club of Los Angeles, Will Forker submitted one change: "The 'hub' design of the new 'wheel' is that of an 'idler' wheel or gear, there being no provision for the reception or transmission of power to or from a shaft," he argued. But, he said, incorporating a keyway would make the new wheel "a real worker[LH1]." Oscar and Charles heartily agreed.

So, in 1923 the keyway was added and the design, which we see on our pins was formally adopted as the official Rotary International emblem.

Why wear a Rotary pin?

Reasons for wearing a pin varied: for publicity of Rotary, for pride, for acceptance and recognition, for the start of easy conversation with other Rotarians wherever you go.

Wearing a Rotary Fellowship pin shows a Rotarian's vocation, hobby or recreational interest.

Past RI President Bob Barth (1993-94, from the Rotary Club of Aarau, Switzerland) felt that a Rotary pin says this about the wearer:

"You can rely on me, I am dependable, I am reliable, I give more than I take, and I am available."

COGS IN THE WHEEL



The Letran 400

By SAA/DE Lance Masters

Colegio de Letran, as most of our readers know, is the oldest college in the Philippines and the second oldest in all of Asia. It is a highly respected Dominican College, founded by Friars of the "Order of Preachers" in 1620 in Intramuros. The school has produced seven Philippine presidents, revolutionary heroes, poets, legislators, members of the clergy, jurists, and it is one of the only Philippine schools that has produced several Catholic saints who lived and studied on its campus, such as Vietnamese Saint Vicente Liem de la Paz. In a spectacular celebration last March 23rd at the New World Makati Hotel, the college recognized 400 of its most distinguished alumni that it named as "Great Men and Women," one for each of its 400 years of service. 350 of those have already passed on, but fifty are living legends, remarkable men and women of outstanding accomplishment and service to society, the country and the world. Each was awarded a specially cast bronze "Letran 400 Medallion." The Rotary Club of Manila stands alone as having three of these prominent "Knights," living legends of Letran, among its members. In alphabetical order, the three are: Sir Knight PP/SDG Frank Evaristo, Sir Knight Dir Bobby Joseph, and Sir Knight Co Chairman Program Rtn. Jackie Rodriguez.



Manila Rotarians stand proud. Four (4) from our ranks made it to the Four Hundred (400) Legendary Knights of all time. Programs Committee Co-Chair Rtn. Jack Rodriguez, SDG Frank Evaristo and Dir. Bobby Joseph were among the fifty (50) living among the four hundred (400) legendary Letran Knights. The awards were presented by Rev. Fr. Clarence Victor C. Marquez, OP, SThD, the Rector and President of the Colegio de San Juan de Letran. They were recognized in a posh event of the college at the New World Makati Hotel in Makati City last March 23, 2017. They count among the ranks of many of our country's heroes and Past Presidents who belong to the legendary 400 fold and who were all blessed with the benefit of a holistic Catholic education at the said school which count among the gems in the history of Philippine Education.



Gentlemen, your colleagues in RCM are very proud, indeed. May your selfless dedication to Letran's principles of commitment to the triune ideal of god, country and school continue to serve as an example to all. We join the school in recognizing true knights of the modern realm. Congratulations and Mabuhay!

PAKISTAN 77TH NATIONAL DAY CELEBRATION

His Excellency Safdar Hayat, Ambassador Extraordinary and Plenipotentiary of the Islamic Republic of Pakistan and RCM Honorary Member, led in the 77th Pakistan Day Celebration held on March 23, 2017, 7PM, at the Pakistan House in Makati.



His Excellency Ambassador Safdar Hayat with RCMers' VP/VPE "Babe" Romualdez, SDG/PP "Frank" Evaristo, and Rtn. "Pepe" Rodriguez in attendance at the 77th Pakistan Day Celebration.



IPDG "Obet" Pagdanganan, former Senator Francisco "Kit" Sarmiento Tatad, PAT "Muhammad" and Lady "Hana" Aslam enjoying the milestone celebration.



STAR Rtn. “Gani” Macatoman, Rtn. “Farid” Schoucair, DGN “Rudy” Bediones, IDPG “Obet” Pagdanganan and SDG/PP “Frank” Evaristo take a few moment for a posterity photo.



His Excellency Ambassador Safdar Hayat delivers his message on the occasion of the 77th Pakistan Day Celebration.

PETS 2017



PE Jimmie Policarpio attended the Pres. Elect Seminar held in Widus Hotel Clark Pampanga last March 18-19 organized by DGE Loy Cosico.

NEWS RELEASE



WEDNESDAY, MARCH 29, 2017



VALDEZ AT LAWYERS CONVENTION: Social Security Commission Chairman Dean Amado Valdez stressed the importance of paradigm shift to provide SSS with greater income opportunities which will also translate to the economic power of the working class who owns the pension fund. He stressed this during the recent Integrated Bar of the Philippines 16th National Convention of Lawyers held last March 25 in Pasay City. He revealed the plan to sign a memorandum of agreement between SSS and IBP for mandatory social security coverage of lawyers so as not to jeopardize their future for lack of foresight in planning for retirement and other contingencies. Valdez also emphasized the true essence of continuing legal education among lawyers, foremost of which is to identify innovative trends in legal philosophy and to be catalysts of social change.

SSS SUPPORTS MANDATORY DISPLAY OF PINOY ARTWORKS IN ESTABLISHMENTS

The Social Security System will support the call for mandatory display of Filipino artworks in business establishments, Social Security Commission (SSC) Chairman Amado D. Valdez said.

During SSS' 152nd art exhibit, Art Discovery and Learning Foundation, Inc. President Fernando B. Sena has called for the mandatory display of artworks of Filipino artists in government and private establishments in the country.

"We are asking for the support of SSC Chairman Valdez in lobbying this idea of directing all establishments in the country such as hotels, hospitals, malls and government offices to display and buy artworks of Filipino artists especially those who are starting in this financially-challenging world of artistry," Sena said.

"Of course we are grateful to establishments that have allowed budding artists to exhibit their works to the public, but, we are also asking for further support to promote and market their creations," Sena added.

Responding to the call, Valdez said the SSS is in full support of Sena advocacy to showcase the talents of Filipino artists so they may develop their talents and at the same time, promote art within the lower and middle level of society.

SSS recently held its monthly art exhibit dubbed with the theme of "Simplicity" featuring the masterpieces of the artists of Freedom Art Society.

"Contrary to its title, today's showcase is more than just a simple display of artworks that convey meaningful and intricate messages. Thru this, our featured artists wish to share the goodness and beauty of the visual arts through their paintings," Valdez said during the event.

"Art is a reminder that God forgives us. The cup of coffee, on the other, reminds us how senior citizens, retires comfortably when it's time to rest. That one cup of coffee is a proof of freedom and liberation from hardships. I want all artists to be SS members so when the time comes, they are financially and socially secured," Valdez added.

Sena added that while the motive of the advocacy was to promote Filipino craftsmanship through visual arts, it will also aid budding artists to save for their future through SSS.

"We welcome the support of Chair Valdez. In return, the artists themselves will voluntarily pay their contributions in SSS so they will be covered by the pension fund and will be secured in times of sickness, death and even retirement," Sena said.

As part of the tradition, Freedom Arts Society artist Arnel Danga donated his artwork titled "Patanim" to SSS Gallery ought to be displayed in the pension fund's head office.

The Gallery is located at the second floor of the Social Security System's main building and was inaugurated during the SSS' 43rd anniversary on September 1, 2000. It is the venue for budding artists and art professionals to express their artistry, exchange ideas and talents, and have an opportunity to further their craft. It is also a showroom of SSS' memorabilia through the years – a repository for SSS' past, present and future aspirations for its employees, members and their beneficiaries.

The Gallery will continue to hold its monthly exhibits as part of its mission to help artists develop their talents and at the same time, to promote art within the lower and middle level of society. The Art community now considers the SSS Collection of Arts and Antiques Gallery as one of the best galleries in the Philippines. (SSS)



Ambassador Kim accepts honorary membership at Manila Rotary

THIS WEEK ON PEOPLEASIA By Babe Romualdez (The Philippine Star) | Updated March 26, 2017 - 12:00am



Honorary RCM member, US Ambassador Sung Kim



Presenting a token of appreciation to Ambassador Kim with RCM president Teddy Ocampo.

American diplomats have always been very good friends of the Rotary Club of Manila (RCM), and this was demonstrated recently when US Ambassador Sung Kim became an honorary member of the oldest and most prestigious rotary club in Asia.

The Ambassador — who was the also the keynote speaker during the event — displayed wit and humor when he admitted being “impressed by the world-famous Rotary Club of Manila choir,” drawing appreciative laughter and applause from Rotary members and guests.

Describing RCM as “the largest and the best Rotary club not only in Manila and the Philippines but the whole of Asia,” Ambassador Kim stated his admiration for the work that the Rotary club is doing.

Noting that many of his predecessors such as Ambassadors Harry Thomas, Kristie Kenney and more recently Philip Goldberg have become good friends with the Manila Rotary, the diplomat expressed hope that the same kind of friendship would be extended to him as well — endearing him even more to the RCM whose members include very prominent society personalities as well as business leaders.



US Consul General Russel Brown and Syria Consul General Issam El-Debs.



Calatagan, Batangas Vice Mayor Andrea del Rosario.

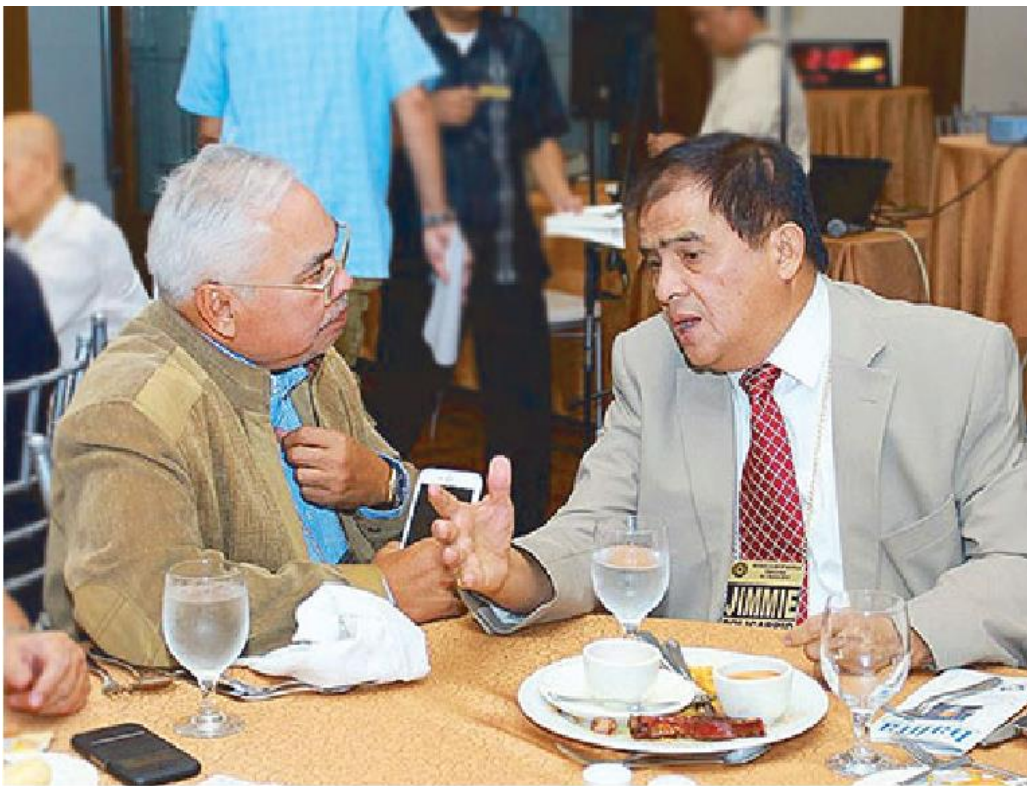


Rey Rysbergen and Jujut Enriquez.



Obet Pagdanganan and Susing Pineda.

Warren So and Joel Valdes.



Willie Peliño and Jimmie Policarpio.

"I am thrilled beyond words to be the US Ambassador to the Philippines," Ambassador Kim said, disclosing that his country's relationship with the Philippines is one of the most special partnerships the United States has, not just in the (Asia Pacific) region but anywhere," underscoring the depth and the strength of the bond between the two nations.

And while such strong relationship may be seen in terms of great numbers such as the over four million Filipino-Americans in the US or the fact that the non-immigrant visa section of the US Embassy in Manila processed over 220,000 visas in 2016 alone, or that the immigrant visa unit is one of the busiest globally — "there is really no substitute for real-life, firsthand experiences that teach me so much about this great country, its rich culture and amazing people," the ambassador admitted.

One such experience, Ambassador Kim explained, is the thrill of watching an exciting La Salle-Ateneo basketball game — drawing hearty laughter and great applause from the audience.

PUBLIC HEALTH NUTRITION AND CHILD CARE



THE COST OF VANITY

Elias D. Adamos, M.D.

Last Sunday, the 27th of March, a woman at 29, a businesswoman, died in an aesthetic medicine clinic, while undergoing liposuction. The news might have come as a signal of alarm to those who are enticed to beauty clinic medicines and procedures. The moral of the story is simple: **“Not all beauty clinics are good.”**

Why people become vain?

If vanity is a chief driving force, then it must be a form of insecurity, if not due to a loss of self-confidence. Other clinicians claim that it is an external manifestation of depression. When you are tempted, not just by high-end designer logos, but also by clinical surgery, manipulation, and other forms of beauty medicine methods, for your face and body, then you must be one as the song says, “you’re so vain.” The downside is that, the more you become insecure in proving that you are more fortunate and endowed with beauty than others; and the more that you want to impress others to look highly at you and admire you as a “thing of beauty,” the more you are expected to end up draining your coffers by spending your hard-earned cash to improve the way you look. Vanity is one of those occasions when looking good leads to an empty wallet.

The social comparison theory

Experts in social psychology claim that we are constantly evaluating ourselves in relation to other people. It has two poles: The downward pole and the upward pole. You make yourself feel better when you view yourself as more fortunate than others. This is the downward pole. In the upward pole, you feel far worse about yourself when you see somebody more fortunate than you. Worse, you might even feel paranoid that someone is trying to outdo you. Upward pole in comparison theory can lead to vanity. The result: You find security and confidence by having those little symbols in your pair of sneakers and clothes. The high point: You end up having yourself sculpted through aesthetic procedures.

Your take-home message

Think of your own uniqueness as a person. Don’t get insecure. The Desiderata clearly say: *“... Do not compare yourself with others for you may become vain and bitter. For always, there will be greater and lesser persons than yourself.”* While you might think that you deserve to treat yourself by having some massage and maybe a foot spa, think twice before submitting your face and body to the plastic surgeon’s knife. Think about these: “Who are you trying to please?” “Do you really need to validate that you look better than others?” “Is it really your gauge, that the more beautiful and stunning you look, the more you are to gain friends and allies?” “Is looking artificially beautiful, worth the financial sacrifice?”

Beauty is in the eyes of the beholder

“Someday when I’m feeling low and the world is cold, I will feel aglow just thinking of you, and the way you look tonight.” Jerome Kern (1885-1945) and Dorothy Fields (1905-1974), American songwriter and lyricist, *“The Way You Look Tonight,”* from the 1936 film, *Swing Time*

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