



balita

No. 3684, February 23, 2017

GUEST OF HONOR AND SPEAKER



His Excellency FIDEL V. RAMOS

President of the Republic of the Philippines (1992-1998)
Honorary Member, Rotary Club of Manila
Chairman, Ramos Peace and Development Foundation

KABALITA

Let our very own Philippine President give us his two cents on current issues besetting our country as he shows his fellow Rotarians at Asia's First Rotary Club the way to peace and development through people empowerment.

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THE ROTARY CLUB OF MANILA BOARD OF DIRECTORS and Executive Officers 2016-2017

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PROGRAM

RCM's 30th for Rotary Year 2016-17

Thursday, February 23, 2017, 12N, Manila Polo Club McKinley Room

OIC/Moderator: **RCM Past President "Archit" Bartolome**

Program Timetable

"A Joint Meeting Between Rotary Club of Manila (RCM) and Rotary Club of Pasay (RCP)"

11:30 AM	Registration and Cocktails	
12:25 PM	Bell to be Rung: Members and Guests are requested to be seated:	RCM PP "Archit" Bartolome OIC/Moderator
12:30 PM	Call to order	RCM Pres. "Teddy" Ocampo; RCP Pres. "Marc" Martin
	Singing of the Republic of the Philippines National Anthem	RCM WF Music Chorale
	Invocation	RCP "Bong" Dalino
	RC Manila Hymn RC Pasay Hymn	RCM WF Music Chorale RC Pasay Music Chorale
	The Four (4) Way Test Credo	All Rotarians led by RCP IPP "Raffy" Hernandez
12:35 PM	Introduction of Guests and Visiting Rotarians and Personalities seated at the Head Table Welcome Song	RCM PDG "Vince" Carlos RCM WF Music Chorale
12:40 PM	Maligayang Bati (RCM Birthday Celebrants) Feb. 26....PSAA "Gunter" Matschuck; Feb. 27....Rtn. "Dicky" Yujuico, Rtn. "Nicky" Villaseñor; Feb. 29....Rtn. "Baby" Yabut; Mar. 1....Rtn. "Jason" Ong Happy Birthday Song	RCM WF Music Chorale
12:45 PM	President's Time	RCM Pres. "Teddy" Ocampo; RCF Pres. "Marc" Martin
12:50 PM	Introduction of Guest of Honor and Speaker	RCM STAR Rtn. "Raffy" Alunan

Address : **Rtn. Fidel “Eddie” V. Ramos**
 Former President, Republic of the Philippines
 Chairman, RPDEV
 Honorary Member, Rotary Club of Manila;
 Former Member, Rotary Club of Manila

Public Forum with Panelist

RCM PDG “Obet” Pagdanganan
 Chairman

Members:

Dir. “Chito” Zaldarriaga
AS/DE “Caloy” Reyes
PD “Oscar” del Rosario
PD “Beda” Fajardo
Rtn. “Nicky” Villaseñor
Rtn. “Roy” Zosa

2:00PM

Response, Presentation of Token of Appreciation
 to **Rtn. Fidel “Eddie” V. Ramos**
 and Meeting Adjournment

RCM Pres. “Teddy” Ocampo;
RCF Pres. “Marc” Martin

PRESIDENT'S CORNER



Last week, US Ambassador Sung Kim walked us through the current bilateral relations between his country, the United States of America, and our country, the Republic of the Philippines. This is amid evolving immigration policies in the USA. It was a fruitful luncheon meeting with a very engaged audience.

As for update within our club, we are still in the process of gathering Manila Rotarians to attend the 60th Anniversary of our sister club, the Rotary Club of Osaka East this coming May 27, 2017. For more details, please coordinate with our Secretariat.

Likewise, our World Famous Chorale received an invitation from the district recently to sing the Philippine National Anthem and the National Anthem of the United States of America during the opening of the DISCON 2017 on March 31, 2017 at the Sofitel Philippine Plaza Manila in Pasay City. Last week, Club Treasurer Chito Tagaysay organized a budget planning meeting right after our luncheon meeting at the Sports Cafe of the Manila Polo Club in Makati City. Three days later, February 19, 2017, the delegation from the Rotary Club of Osaka East led by President Teiichi Nishimura, Director of International Service Nobuhiko Arai and Chief of International Community Service Shigemasa Yanagawa arrived in the Philippines and were feted with a Welcome Dinner at the New World Hotel where many Manila Rotarians were in attendance. Earlier that same day, the younger generation of Manila Rotarians led by Rtn. Jun Aventura, DE/AS Caloy Reyes and Rtn. Deo Villacorta participated in the medical mission of Salamat Doc where the medicines were donated by Rtn. Jappy Pascual. The following day, February 20, 2017, together with Manila Rotarians, proceeded to the Hospicio de San Jose-Norzagaray (Tierra de Sta. Maria) where the project was presented and were hosted for lunch by the Rotary Club of Manila Special Children Committee led by PD Phillip Ong at the Kimpura Restaurant in Trinoma Mall, Quezon City. Thereafter, the dinner was hosted by International Relations Chair PD Ed Lee at La Grotta Cucina Italiana in Legaspi Village.

Updates from around the district include the attendance of IPDG/PP Obet Pagdanganan of the Peace Builder Presidents, DGN/IPCoS/PP Rudy Bediones of the First Class Presidents, CoS/IPSDG/PP Cesar Ubaldo of the 101 Presidents, SDG/IPAG/PP Frank Evaristo of the Best Class Presidents and PP Francis Juico of the Leader Presidents attended the Post Valentine's Fellowship of the Past Presidents Council of District 3810 at the Golden Bay Seafood Restaurant in Pasay City last February 20, 2017. Likewise, CoS/IPSDG/PP Cesar Ubaldo and SDG/DCoS/Dir. Albert Alday are busy with preparations for the DISCON 2017 as the committee now meets every Thursday afternoon. On this note, I wish to exhort my fellow Manila Rotarians to register for the DISCON 2017 which will take place from March 31, 2017 to April 1, 2017.

Today, we welcome His Excellency Fidel V. Ramos, President of the Republic of the Philippines, as he dwells on his peace and development advocacies as well as his take on current issues hugging the limelight, in a joint meeting with the Rotary Club of Pasay. I look forward to your cooperation as we endeavor to make our stars shine this Rotary Year 2016-2017 through meaningful projects and fellowships that will strengthen the bonds of Asia's First Rotary Club.

GUEST OF HONOR AND SPEAKER'S PROFILE



FIDEL VALDEZ RAMOS

Former President of the
Philippines (1992-1998)
Chairman, RPDEV

At Present:

Private Citizen; Chairman, Ramos Peace and Development (RPDEV) Foundation; Chairman, Council Of Advisors, Boao Forum for Asia (BFA); former Chairman, BFA (2002 - 2010) Co-Chairman, Emerging Markets Forum (EMF); Lifetime Honorary President, Centrist Democrats International (CDI); Eminent Person, Centrist Asia-Pacific Democrats International (CAPDI); Member, Advisory Group, UN University for Peace; Honorary Director, General Douglas MacArthur Foundation; Senior Advisor, International Association of University Presidents (IAUP); Founding Member, Policy Advisory Commission, World Intellectual Property Organization (PAC-WIPO); Member, Global Leadership Forum; Member, Club of Madrid; Global Advisor, University of Winnipeg; Honorary Chairman, Yuchengco Center for East Asia, De La Salle University; Eminent Person, The Forum for Family Planning and Development; Chairman Emeritus, Maritime League; Honorary President, Human Development Network (HDN) Philippines; Chairman Emeritus, Federation of Golf Clubs Phils., Inc.; Patron, Asia Tour (Golf); Chairman Emeritus, Lakas Christian Muslim Democrats (CMD) Party

FIDEL V. RAMOS, THE 12TH PRESIDENT OF THE REPUBLIC OF THE PHILIPPINES, is remembered for his ability to lead and his willingness to be led — not by astute advisors and political strategists, but by the people whom he served, and served well. Steadfastly and faithfully, he promoted the principles of **people empowerment** and a **culture of excellence** that both led to **global competitiveness** during his term as President from 30 June 1992 to 30 June 1998. He is appreciated as the leader who quickly led the nation out of darkness, putting an end to the power crisis that crippled our homes and industries. He exemplified the leader who always looked toward the strategic future and whose thumbs-up optimism — captured in descriptive phrases like “**Caring, Sharing and Daring**,” “**Philippines 2000**” and “**Pole-vaulting**” — propelled the economy, alleviated poverty, implemented social reforms, and cleaned up Manila’s vast garbage dump called “Smokey Mountain”. He is remembered for his positive energy that seemed to burst from his cool and at times steely demeanor. He pursued, focused and converged programs to fight poverty in accordance with the will of the Filipino people expressed by 229 structural/reform laws enacted by Congress from 1992 to 1998.

During the years 1993-1997, the Philippine economy recovered dramatically and a comprehensive Social Reform Agenda (SRA) was implemented that addressed long-standing problems regarding poverty, health, education and skills training; housing, environmental sustainability; women, children and the youth, the elderly and the handicapped; jobs and livelihood; agrarian reform and agriculture; access to equal opportunity. Gross National Product averaged 5 percent annually. The total inflow of foreign exchange into the country outpaced forex inflows of the combined periods of rule of both Presidents

Marcos and Cory Aquino. Per capita income of the Filipino family grew more during his administration than in the preceding two decades. He pushed for the deregulation of key industries and the liberalization of the economy. He encouraged the privatization of public entities, to include the modernization of public infrastructure through the expanded Build-Operate-Transfer (BOT) law. While communist insurgency dwindled to historic lows, he achieved a peace agreement with military rebels (RAM, ALTAS, YOU) in October 1995 and the MNLF southern secessionists in September 1996 which won for him (together with MNLF Chairman Nur Misuari) and the Philippines the coveted 1997 UNESCO Peace Prize — the first for Asians. His public service spanned a total period of 51 years.

He also served as Secretary of National Defense (1988-1991) and Chief of Staff of the Armed Forces of the Philippines (1986-1988) with the rank of General (4 Stars). His military/law enforcement service of more than 40 years was capped by the peaceful, non-violent People Power Revolution at EDSA in February 1986 which threw out a dictatorial regime.

In retirement, he seems to be always on the go throughout the Philippines, energizing the citizenry and pushing the “best practices” of **Unity of Purpose, Solidarity in Values** and **Teamwork in Nation-building** at every opportunity. Ever the international diplomat and Philippine cheerleader, he personally interacts with many leaders in various strategic and intellectual fora around the world.

WORK EXPERIENCE

30 June 1992-30 June 1998 **PRESIDENT, REPUBLIC OF THE PHILIPPINES**

1988 — 1991 **SECRETARY OF NATIONAL DEFENSE**, and concurrently **CHAIRMAN, NATIONAL DISASTER COORDINATING COUNCIL**

1986 — 1988 **CHIEF OF STAFF, ARMED FORCES OF THE PHILIPPINES**

Feb 1986 **MILITARY LEADER OF THE PEACEFUL PEOPLE POWER REVOLUTION** At EDSA

1981 — 1986 **VICE CHIEF OF STAFF, ARMED FORCES OF THE PHILIPPINES**, and **ACTING CHIEF OF STAFF, AFP**, Oct 84 to Dec 85

1975 — 1986 **DIRECTOR-GENERAL, INTEGRATED NATIONAL POLICE (CONCURRENT)**

1972 — 1986 **CHIEF, PHILIPPINE CONSTABULARY**

1971 — 1972 **DEPUTY CHIEF OF STAFF FOR HOME DEFENSE, ARMED FORCES OF THE PHILIPPINES**

1970 — 1971 **BRIGADE COMMANDER, 3RD INFANTRY BRIGADE (SEPARATE), PHILIPPINE ARMY**

1969 — 1970 **J2/CHIEF INTELLIGENCE SERVICE, AFP (CONCURRENT)**

1968 — 1969 **PRESIDENTIAL ASSISTANT ON MILITARY AFFAIRS**

1966 — 1968 **CHIEF OF STAFF, 1ST PHILIPPINE CIVIC ACTION GROUP TO VIETNAM**

1962 — 1965 **GROUP COMMANDER, 1ST SPECIAL FORCES GROUP (AIRBORNE), PHILIPPINE ARMY (MASTER PARACHUTIST)**

1952 — 1962 **VARIOUS COMMAND AND STAFF DUTIES AS JUNIOR OFFICER**

1952 **1ST LIEUTENANT, INFANTRY RECONNAISSANCE PLATOON LEADER, 20TH BATTALION COMBAT TEAM, PHILIPPINE EXPEDITIONARY FORCE TO KOREA (PEFTOK)**

1951 — 1952 **2ND LT., INFANTRY PLATOON LEADER, 2ND BATTALION COMBAT TEAM, PHILIPPINE ARMY, COUNTER-INSURGENCY CAMPAIGN**

PERSONAL DATA

NAME	: FIDEL VALDEZ RAMOS
ADDRESS	: 128 Banaba St., Ayala Alabang Vill., Muntinlupa City, PHILS.
DATE OF BIRTH	: 18 MARCH 1928
PLACE OF BIRTH	: LINGAYEN, PANGASINAN
CIVIL STATUS	: MARRIED
NAME OF SPOUSE	: AMELITA JARA MARTINEZ (teacher and environmentalist)
CHILDREN	: FIVE DAUGHTERS - ANGELITA, JOSEPHINE, CAROLINA, CRISTINA, GLORIA

FATHER: NARCISO RAMOS (Lawyer, public servant, 5-term Congressman, Ambassador, Secretary of Foreign Affairs)

MOTHER: ANGELA VALDEZ (Public school teacher, university professor and civic leader)

EDUCATION

Graduate School:

MASTER OF SCIENCE IN CIVIL ENGINEERING

University of Illinois, USA

Graduated 1951

PASSED THE CIVIL ENGINEERING BOARD (WITHIN TOP 8) 1953

MASTER OF NATIONAL SECURITY ADMINISTRATION

National Defense College of the Philippines

Graduated 1969

MASTER OF BUSINESS ADMINISTRATION

Ateneo de Manila University, Philippines

Graduated 1980

HONORARY DOCTORATE DEGREES – 32

College:

UNITED STATES MILITARY ACADEMY

West Point, New York, USA

Graduated 1950.

(Phi Kappa Phi Honor Society)

High School:

UNIVERSITY OF THE PHILIPPINES HIGH SCHOOL, Manila, 1940-1941

MAPUA INSTITUTE OF TECHNOLOGY HIGH SCHOOL, Manila, 1942-1944

CENTRO ESCOLAR DE SEÑORITAS BOYS' HIGH SCHOOL, Manila, 1945

Elementary:

Lingayen, Pangasinan Public Schools

HOBBIES AND INTERESTS

Physical fitness, body-building, swimming, scuba diving, sky diving, golf, chess, badminton, motorcycling, Beethoven, Tchaikovsky, Broadway, Three-Galloner Blood Donor, Philippine Red Cross, Author – 31 books

PREVIEW OF NEXT WEEK GUEST SPEAKERS

March 2, 2017, 12N, Manila Polo Club McKinley Room



**GENERAL CLUB
ASSEMBLY**
House and other
Important Club Matters

March 9, 2017, 12N, Manila Polo Club McKinley Room



**Hon. Regina Paz
"Gina" La'o Lopez**
Secretary, Department of
Environment and Natural
Resources (DENR)

March 16, 2017, 12N, Manila Polo Club McKinley Room



**Honorable
Alfonso G. Cusi**
Secretary,
Department of Energy

March 23, 2017, 12N, Manila Polo Club McKinley Room



Rtn. Jose "Joe" C. De Venecia

Former Speaker of the House of Representatives

March 30, 2017, 12N, Manila Polo Club McKinley Room



Ms. Marife B. Zamora

**President, Management Association of the
Philippines (MAP)**

THE WEEK THAT WAS



Pres. "Teddy" Ocampo call the 30th meeting of the Rotary Club of Manila to order.



PVP "Fausto" Preysler as OIC/ Moderator directs the program of activities.



PVP "Roy" Golez delivers an ecumenical prayer.



DE/Dir. "Issam" Eldebs leads fellow Rotarians in renewing its commitment to the Rotary Credo through the recitation of the four (4) way test.



Dir. "Art" Lopez introduces the guests, visiting Rotarians and personalities seated at the presidential table.



Pres. "Teddy" Ocampo administers the oath of honorary membership pledge to **His Excellency Sung Y. Kim**, Ambassador Extraordinary and Plenipotentiary of the United States of America to the Republic of the Philippines, as honorary member of the Rotary Club of Manila.



VP/VPE "Babe" Romualdez does the honour and pleasure of introducing **His Excellency Sung Y. Kim**, Ambassador Extraordinary and Plenipotentiary of the United States of America to the Republic of the Philippines, as guest of honor and speaker



His Excellency Sung Y. Kim, Ambassador Extraordinary and Plenipotentiary of the United States of America (USA) to the Republic of the Philippines, enlightened Manila Rotarians, Visiting Rotarians and guests on bilateral relations between the USA and the Philippines.



An interactive open forum followed suit right after the speech of **Ambassador Sung Y. Kim**. Participants were: Rtn. **Jess Santos**, Rtn. **Celso Abastillas**, Rtn. **Rene Policarpio**, PP **Frank Evaristo**, Dir. **Issam Eldebs**, Rtn. **Vee David**, PD **Beda Fajardo**, IPDG **Obet Pagdanganan**, Rtn. **Joel Valdes**, Rtn. **Roy Zosa**, SAA **Lance Masters**, PE **Jimmie Policarpio** and Consul General **Russel Brown** of USA.



**Pres. “Teddy” Ocampo presents to Ambassador Sung Y. Kim the club’s token of appreciation, and calling the meeting’s adjournment.
RCM WEEKLY BIRTHDAY CELEBRANT/S**



Pres. “Teddy” Ocampo presents Rtn. “Klaus” Mueller as a birthday celebrant for the traditional blowing of candles on the birthday cake, amidst the singing by the RCM World-Famous Chorale of the happy birthday song.

INTERCLUB RELATIONS



Pres. "Teddy" Ocampo presents a club bannerette to first-time visiting Rotarian, IPP Martine Kappel, RC Nairobi, North Kenia.

BUDGET PLANNING MEETING



Club Treas Chito Tagaysay organized a Budget Planning Meeting last Thursday Feb 16, 2017 2:30pm to 4:00pm at the Sports Cafe, Manila Polo Club. Present during the meeting; **Pres Teddy Ocampo, PE Jimmie Policarpio, DE Caloy Reyes, DE/SAA Lance Masters, PD Ner Lonzaga, Treas Chito Tagaysay, Incoming Sec Alvin Lacambacal.**

INTERNATIONAL RELATIONS

Special Children Solar Panel Project Post Visit by Rotary Club of Osaka East

After the formal turnover of the solar panel to Hospicio de San Jose by Pres Teddy Ocampo and Special Children Committee Chair PD Phillip Ong last August 17, 2016, Rotary Club of Osaka East flew in last Sunday February 19, 2017 to view the completed solar project and to visit the Hospicio de San Jose-Norzagaray at Jardin dela Virgen Milagrosa , Norzagaray, Bulacan.



RCM officers and members received the delegation of Rotary Club of Osaka East at the NAIA last Sunday Feb 19, 2017 organized by Dir Issam Eldebs (Director in Charge of International Service) and PD Nick Locsin (Co Chairman, International Relations Committee). Photo above shows (L-R) **Incoming Asst. Secretary Nicky Villasenor**, **Dir Issam Eldebs**, **RC Osaka East – Pres. Teiichi Nishimura**, **Director of International Service Nobuhiko Arai** and **Chief of International Community Service Shigemasa Yanagawa**; **PD Nick Locsin**, **Rtn Jason Ong**, and **Rtn Vee David**.

February 19, 2017 Welcome Reception at New World Hotel, Makati City: The welcome reception organized by **Dir Issam Eldebs** and **PD Nick Locsin** was held at the Jasmine Room of New World Hotel, Makati City



Friendship Toast for the sisterclub relation between **Rotary Club of Manila** and **Rotary Club of Osaka East**.



Special Children **Chairman PD Phillip Ong** presenting the video clip on the Hospicio de San Jose, Manila Solar Panel Project to Rotary Club of Osaka East in the presence of officers and members of Rotary Club of Manila.



Presentation of Token of Appreciation of Hospicio de San Jose by **PDG Vince Carlos** (center left) to **Rotary Club of Osaka East President Teiichi Nishimura** (center right) witnessed by (L-R) **STAR Rtn Gani Macatoman**, **PD Nick Locsin**, **DGN Rudy Bediones**, **Rtn Yukio Asahina**, **PP Frank Evaristo**, **Special Children Chairman PD Phillip Ong**, **Dir Issam Eldebs**, **RCOE Chief of International Community Shigemasa Yanagawa**, **Dir Susing Pineda**, **Rtn Dee David**, **RCOE Director for International Service Nobuhiko Arai**, **Rtn Jason Ong** and **Rtn Farid Schoucair** (general manager of New World Hotel, Makati City)



RC Osaka East Pres Teiichi Nishimura presented gifts for **Rotary Club of Manila**.

February 20, 2017: Visit on Hospicio de San Jose at Jardin dela Virgen Milagrosa in Norzagaray, Bulacan



7:30 AM Rotarians left New World Hotel, Makati and converged at Petron NLEX Marilao to meet other members participating in the site visit and travelled in convoy to Hospicio de San Jose - Jardin dela Virgen Milagrosa in Norzagaray, Bulacan. Above photo shows (counter clockwise); RCOE International Community Service Chair Shigemasa Yanagawa, Incoming Asst. Sec. Nicky Villasenor, Special Children Chairman PD Phillip Ong, Pres. Teddy Ocampo, RCOE Dir. Nobuhiko Arai, STAR Rtn Bolle Bolton, Rtn Vee David, RCOE Pres. Teiichi Nishimura, PD Nick Locsin, Special Children Co Chair Ray Davis and RCM Secretariat ES Anna Kun Toledo.

At Hospicio de San Jose, Jardin dela Virgen Milagrosa in Norzagaray, Bulacan:



The on-going rehabilitation of apartments sponsored by Rotary Club of Manila



Hospicio de San Jose Administrator Sr. Socorro Evidente D.C leading Rotarians to a tour of the facility. RC Osaka East walks thru the apartments being rehabilitated together with Chairman PD Phillip Ong.



Rotarians standing behind the swimming pool rehabilitated by the Consuelo Foundation.



Chairman Phillip Ong presented the Hospicio de San Jose – Solar Project for members who were not able to attend the Welcome Dinner. Rotary Club of Osaka East deliberating on ways on how Rotary Club of Osaka East can participate in the rehabilitation of shelter for the street families of Hospicio de San Jose.



Sr. Socorro Evidente, DC presenting a video clip of the proposed Holy Family Home of Hospicio de San Jose street families who have undertaken Christian Living Program and the proposed livelihood program who will be relocated and to be given temporary shelter at Jardin Dela Virgen Milagrosa Norzagaray Bulacan.



After a full presentation of the shelter rehabilitation project and livelihood program, RCM, RC Osaka East and Hospicio de San Jose pose for posterity. Upper row L to R: Director elect Caloy Reyes, Rtn Vee David, Special Children Committee Co Chair Ray Davis, STAR Rtn Bollie Bolton and Special Children Committee Chairman PD Phillip Ong. Lower row (L to R); Incoming Asst. Sec. Nicky Villasenor, RCOE Dor. Nobuhiko Arai, Sr. Socorro Evidente, DC (Administrator of Hospicio de San Jose), Sr. Marcelinta Catarina DC (Mother Superior of Hospicio de San Jose Community), Pres. Teddy Ocampo, RCOE Pres. Teiichi Nishimura, RCOE Chief of International Community Shigemasa Yanagawa, Rtn Jason Ong and PD Nick Locsin.

Monday Feb 20, 2017 : Lunch fellowship at the Kimpura – Trinoma was hosted by Special Children Chairman PD Phillip Ong



Seated from L-R: STAR Rtn Bollie Bolton, Co Chair Ray Davis, Pres. Teddy Ocampo, RCOE Dir Nobuhiko Arai, RCOE Pres Teiichi Nishimira, RCOE Chief for International Community Shigemasa Yanagawa, and PD Nick Locsin.



Photo shows L-R: Special Children Chair **PD Phillip Ong**, Rtn **Jason Ong**, Incoming Asst. Sec. **Nicky Villasenor**, Director elect **Caloy Reyes** and Rtn **Vee David**.

Farewell Dinner was hosted by International Relations Chair PD Ed Lee at La Grotta Cucina Italiana, located at Legaspi Village, Makati City.



Host **PD Ed Lee** (seated at center of headtable) leading the friendship toast . Present were: **Pres Teddy Ocampo**, **PE Jimmie Policarpio**, **IPDG Obet Pagdanganan**, **Dir Issam Eldebs**, **Special Children Committee Co Chair Ray Davis**, **STAR Rtn Bollie Bolton**, **PD Nick Locsin**, & **Rtn Rene Policarpio**.

February 21, 2017

Greetings all RCM Members!

Please be advised that we have received an invitation from our sister club, the Rotary Club of Osaka East (RCOE) for us to participate in the celebration of their Club's 60th anniversary. The anniversary will be celebrated on May 27, 2017. No other details or plans have yet been discussed but there is a possibility that there may be other occasions to meet and bond with RC Osaka East's members a day or two before May 27, 2017. Please see invitation below.

May we request all who are interested to participate in this event to confirm your intentions by sending an email to Ms. Anna Toledo. To avoid any miscommunications please expect a reply from Ms. Anna Toledo to confirm that you will be attending.

Please note that RCOE advises us that only fifteen (15) seats are allotted for RCM in the formal celebrations. That being said, spouses are definitely welcome to join the group. If more than fifteen members attend, wives can still avail of the shopping, cuisine and sights in and around Osaka. All these are outstanding as Osaka is one of Japan's largest and most popular cities. Our hosts have shown their warm hospitality many times over.

The following members have already signified their intentions to attend this event : (1) Pres Teddy Ocampo; (2) Spouse Baby Ocampo; (3) Dir Susing Pineda; (4) Spouse Marites Pineda; (5) Dir Art Lopez; (6) Spouse Letty Lopez; (7) PDG Vince Carlos; (8) Spouse Tina Carlos; (9) PD Nick Locsin; (10) Spouse Lucille Locsin; (11) Rtn Mike Ozaeta; (13) PD Pepo Nunez; (14) Spouse Terry Nunez; (15) PD Phillp Ong and (16) PP Francis Juico. Pls send your confirmation to join the delegation of Rotary Club of Manila.

Thank you.

Happy New Year.

PD Nick Locsin
International Relations C co-Chair

PD Edgar Lee
International Relations Chairman

DIR Sam Eldebs
Director in Charge of International Relations

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RSVP

60TH CHARTER ANNIVERSARY RC OSAKA EAST May 27, 2017

[] Attending alone [] Attending with spouse

By: _____
Member's Signature over Printed Name

Date: _____

Past Presidents Council Post Valentine Fellowship at Golden Bay Seafood Restaurant was held last Monday, Feb. 20, 2017 was attended by 250 Rotarians and 7 Past District Governors.



From L-R: IPDG Obet Pagdanganan, Boying L. Colibao, Meliton Zabat, Benedicto Cruz and DGN Rudy Bediones.



From L-R: Ruben Siao, Loy Cosico, SDG Frank Evaristo, PDG Ernesto Y. Choa and Johnson Elektrik.

YOUTH CONCERN



During the celebration of Disability Week, Pred Teddy Ocampo together with Incoming AsstSec Nicky Villasenor joined the 88 special children of Old Balara Elementary School for a tour of the Philippine Science Centrum. Accompanying the tour were Philippine Science Centrum - Executive Director May M. Pagsinohin and Mr Frederick C. Lopez (former Business Resiliency Director of Phinma).

MEDICAL MISSION



Rotary Club of Manila participated in the medical mission of **Salamat Doc** last Sunday Feb 19, 2017. Rtn Jappy Pascual donated medicines for the medical mission presented by **Rtn Deo Villacorta, AS/ DE Caloy Reyes, and Rtn Jun Aventura.**

ON THE LIGHTER SIDE



PDG VINCE CARLOS

Unclassified

No dictionary has ever been able to satisfactorily define the difference between “complete” and “finished.” However, during a recent linguistic conference, held in London, England, and attended by some of the best linguists in the world, Samsundar Balgobin, a Guyanese linguist, was the presenter when he was asked to make that very distinction.

The question put to him by a colleague in the erudite audience was this: “Some say there is no difference between ‘complete’ and ‘finished.’ Please explain the difference in a way that is easy to understand.”

Mr. Balgobin’s response: “When you marry the right woman, you are ‘complete.’ If you marry the wrong woman, you are ‘finished.’ And, if the right one catches you with the wrong one, you are “completely finished.”

His answer received a five minute standing ovation.

Biased Media

A Harley Biker is riding by the zoo in Washington, DC when he sees a little girl leaning into the lion’s cage. Suddenly, the lion grabs her by the collar of her jacket and tries to pull her inside to slaughter her, under the eyes of her screaming parents. The biker jumps off his Harley, runs to the cage and hits the lion square on the nose with a powerful punch.

Whimpering from the pain the lion jumps back letting go of the girl, and the biker brings the girl to her terrified parents, who thank him endlessly. A reporter has watched the whole event. The reporter addressing the Harley rider says, “Sir, this was the most gallant and bravest thing I’ve seen a man do in my whole life.”

The Harley rider replies, “Why, it was nothing, really. The lion was behind bars. I just saw this little kid in danger, and acted as I felt right.”

The reporter says, “Well, I’ll make sure this won’t go unnoticed. I’m a journalist, you know, and tomorrow’s paper will have this story on the front page. So, what do you do for a living, and what political affiliation do you have?”

The biker replies “I’m a U.S. Marine, a Republican and I am voting for Trump.

The journalist leaves.

The following morning the biker buys the paper to see if it indeed bring news of his actions, and reads, on the front page:

“U.S. MARINE ASSAULTS AFRICAN IMMIGRANT & STEALS HIS LUNCH”

The Ostrich

A man walks into a restaurant with a full-grown ostrich behind him. The waitress asks them for their orders. The man says, “A hamburger, fries and coke,” and turns to the ostrich, “What’s yours?” “I’ll have the same,” says the Ostrich.

A short time later the waitress returns with the order. “That will be \$9.40 please.” The man reaches into his pocket and pulls out the exact change for payment. The next day, the man and the ostrich come gain and the man says, “A hamburger, fries and a coke.”

The ostrich says, “I’ll have the same.” Again the man reaches into his pocket and pays with exact change.

This becomes routine until the two enter again. “The usual?” asks the waitress. “No, this is Friday night, so I will have a steak, baked potato and a salad,” says the man. “Same,” says the ostrich. Shortly the waitress brings the order and says, “That will be \$32.62.” Once again the man pulls the exact change out of his pocket and places it on the table.

The waitress cannot hold back her curiosity and longer. “Excuse me, Sir. How do you manager to always come up with exact change in your pocket every time?”

“Well,” says the man, “several years ago I was cleaning the attic and found an old lamp. When I rubbed it, a Genie appeared and offered me two wishes. My first wish was that if I ever had to pay for anything, I would just put my hand in my pocket and right amount of money would always be there.”

"That's brilliant!" says the waitress. "Most people would ask for a million dollars or something, but you'll always be as rich as you want for as long as you live!" "That's right... Whether it's a gallon of milk or a Rolls Royce, the exact money is always there," says the man. The waitress asks, "What's with the ostrich?"

The man sighs, pauses and answers, "My second wish was for a tall chick with a big ass and long legs who agrees with everything I say..."

Proof That Men Do Remember

A woman awakes during the night to find that her husband is not in bed. She puts on her robe and goes downstairs to look for him. She finds him sitting at the kitchen table with a hot cup of cocoa in front of him. He appears to be in deep thought, just staring at the wall. She watches as he wiped a tear from his eye and takes a sip of his hot cocoa.

'What's the matter, dear?' she whispers as she steps into the room, "why are you down here at this time of night?"

The husband looks up from his cocoa, 'It's the 20th Anniversary of the day we met.' She can't believe he has remembered and starts to tear up. The husband continues, "Do you remember 20 years ago when we started dating? I was 18 and you were only 16, 'he says solemnly.

Once again, the wife is touched to tears thinking that her husband is so caring and sensitive. "Yes, I do" she replies. The husband pauses. The words were not coming easily. 'Do you remember when your father caught us in the back seat of my car?'

'Yes, I remember' said the wife, lowering herself into a chair beside him. The husband continued. 'Do you remember when he shoved the shotgun in my face and said, 'Either you marry my daughter or I will send you to prison for 20 years?'

"I remember that, too" she replied softly. He wiped another tear from his cheek and said 'I would have gotten out today.'

Barracks Door

The manager hired a new secretary who came from the service. She was young, sweet and polite. One day while taking dictation, she noticed his fly was open. While leaving the room, she would courteously say, "Oh sir, did you know that your barracks door is open?"

He did not understand her remark, but later on he happened to look down and saw that his zipper was open. He decided to have some fun with his new employee. Calling her in, he asked, "By the way, Miss Jones, when you saw my barracks door open this morning, did you also see a soldier standing at attention?"

The secretary, who was quite witty, replied, "Why, no sir. All I saw was a 'vertically-challenged', disabled veteran, sitting on two duffel bags!"

The Stranded Irishman

One day an Irishman, who had been stranded on a deserted island for over 10 years, saw a speck on the horizon. He thought to himself, "It's certainly not a ship. As the speck got closer and closer, he began to rule out even the possibilities of a small boat or a raft.

Suddenly there strode from the surf a figure clad in a black wet suit. Putting aside the scuba tanks and mask and zipping down the top of the wet suit stood a drop-dead gorgeous blonde!

She walked up to the stunned Irishman and said to him, "Tell me, how long has it been since you've had a good cigar?" "Ten years," replied the amazed Irishman. With that, she reached over and unzipped a waterproof pocket on the left sleeve of her wet suit and pulled out a fresh package of cigars and a lighter.

He took a cigar, slowly lit it, and took a long drag. "Faith and begorrah," said the castaway, "that is so good! I'd almost forgotten how great a smoke can be!" "And how long has it been since you've had a drop of good Bushmill's Irish Whiskey?" asked the blonde. Trembling, the castaway replied, "Ten years."

Hearing that, the blonde reached over to her right sleeve, unzipped a pocket there and removed a flask and handed it to him. He opened the flask and took a long drink. "Tis nectar of the gods!" shouted the Irishman. "Tis truly fantastic!!!"

At this point the gorgeous blonde started to slowly unzip the long front of her wet suit, right down the middle. She looked at the trembling man and asked, "And how long has it been since you played around?"

With tears in his eyes, the Irishman fell to his knees and sobbed, "Jesus, Mary and Joseph! Don't tell me you've got golf clubs in there too!"

PUBLIC HEALTH NUTRITION AND CHILD CARE



NONI JUICE

Elias D. Adamos, M.D.

Noni is a small tree found in the Pacific Islands, Southeast Asia, Australia, and India. The scientific name of noni is *Morinda citrifolia*. The tree is also known as the Indian Mulberry tree. Noni tree is known to be medicinal. Today, noni leaves, fruit, flowers, stems, bark, and roots are used to make medicine for a long list of ailments.

Noni juice comes from the bitter-tasting and foul-smelling noni fruit. The juice is claimed to be a treatment for a wide range of conditions, including arthritis, diabetes, high blood pressure, pain, diarrhea, cancer, AIDS, multiple sclerosis, and bad breath.

Is noni juice really effective in the treatment of diseases?

The National Center for Complementary and Alternative Medicine in the United States issued multiple warnings to noni manufacturers about health claims that are not backed up by fact. The effectiveness of noni in the treatment of diseases and ailments has not been proven. The claims for the efficacy or effectiveness of noni are claims that are based on testimonies of users of noni (more particularly the noni juice drinkers) and noni sellers. Research is underway and this is being conducted by the above-mentioned United States agency.

Is noni juice safe to drink?

Noni juice is generally safe to drink, but it has been linked to a few cases of liver damage (*hepatotoxic* substance). Simple advice: Don't take it regularly or don't take too much of it.

What is noni juice consists of?

Noni juice is made up mostly of potassium that may help in the repair of damaged cells. The content is however not much compared to bananas or pineapple.

My clinical opinion

There are times when we encounter food supplements or "medicinal juices" that can treat almost every ailment. If that's the case, it is a good indication that the claims are not true. Too good to be true! Many of these treat-all supplements, just go into a certain period of "hype." In our colloquial tagalog language: "*Uso lang.*"

"konsuwelo de bobo"

At least a research is underway. This research is about the efficacy of noni juice to people with advanced stages of cancer. In some studies, it has been found out that noni has antioxidant properties. But these properties are not, in so many ways, any more than any type of fruit that is more palatable, and perhaps sweet-tasting. There's no scientific claim that noni juice is an effective treatment for high cholesterol.

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