



balita

No. 3682, February 9, 2017

GUEST OF HONOR AND SPEAKER



HON. CHARITO B. PLAZA, MNSA, GSC, DPA, Ph.D.
 Director-General
 Philippine Economic Zone Authority (PEZA)
 Brigadier General, Armed Forces of the Philippines Reserve
 Former Representative, Butuan City

KABALITA

Let the new Foreign Investment Magnet show Asia's First Rotary Club that having a one stop shop is the way to go for the Philippine investment landscape.

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THE ROTARY CLUB OF MANILA BOARD OF DIRECTORS and Executive Officers 2016-2017

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PROGRAM

RCM's 27th for Rotary Year 2016-17

Thursday, February 9, 2017, 12N, Manila Polo Club McKinley Room

OIC/Moderator : **Rtn. "Jack" Rodriguez**

Program Timetable

11:30 AM	Registration and Cocktails	
12:25 PM	Bell to be Rung: Members and Guests are requested to be seated	Rtn. "Jack" Rodriguez OIC/Moderator
12:30 PM	Call to order Republic of the Philippines National Anthem Invocation RCM Hymn RCFP Hymn The Four (4) Way Test Credo	Pres. "Teddy" Ocampo RCM WF Music Chorale Rtn. "Rocco" Sarmiento RCM WF Music Chorale RCFP Music Committee All Rotarians led by Rtn. "Richard" Ang
12:35 PM	Introduction of Guests and Visiting Rotarians and Personalities seated at the Head Table Welcome Song	Rtn. "Jappy" Pascual RCM WF Music Chorale
12:40 PM	Maligayang Bati (RCM Birthday Celebrants) Feb. 10....Dir. "Chito" Zaldarriaga, Rtn. "Rosel" Doval Santos; Feb. 12....PAT "Willy" Lim; Feb. 14....PAT "Val" Araneta Happy Birthday Song	
12:45 PM	Farewell Message	RCM WF Music Chorale Rtn. "Guille" Devoto Deputy Chief of Mission Embassy of Argentina Pres. "Teddy" Ocampo
12:50 PM	President's Time	
12:55 PM	Introduction of Guest of Honor and Speaker	Dir. "Chito" Zaldarriaga
	Address:	Hon. Charito B. Plaza Director-General, Philippine Economic Zone Authority (PEZA) Brigadier General, AFPR, BSC, MNSA, GSC, PhD, DPA Former Representative, First District of Agusan del Norte, 8th, 9th and 10th Congress, 1986-1998
1:25 PM	Public Forum	
2:00 PM	Response, Presentation of Token of Appreciation to Director-General Charito B. Plaza and Meeting Adjournment	Pres. "Teddy" Ocampo

PRESIDENT'S CORNER



Last week, our very own IPDG Roberto "Obet" Pagdanganan gave us a glimpse of what it would be like under a Federalist type of government in our country and as an added sidelight, he likewise dwelled on preparations for the centennial of our club and that of Rotary in the Philippines.

As for update within our club, we are still in the process of gathering Manila Rotarians to attend the 60th Anniversary of our sister club, the Rotary Club of Osaka East this coming May 27, 2017. For more details, please coordinate with our Secretariat. Likewise, our World Famous Chorale received an invitation from the district recently to sing the Philippine National Anthem and the National Anthem of the United States of America during the opening of the DISCON 2017 on March 31, 2017 at the Sofitel Philippine Plaza Manila in Pasay City. In this light, I wish to exhort my fellow members of the chorale to volunteer their services for the same as this is a clear indication that the district recognizes the defining role we have in Philippine Rotary. Last February 3, 2017, Dir. Susing Pineda and his wife, Maritess, tendered a dinner in honor of Guillermo Devoto and SSS Chair PD Amading Valdez where many Manila Rotarians were in attendance. This was held in Greenhills, San Juan.

Updates from around the district include the attendance of CoS/IPSDG/PP Cesar Ubaldo and I at the dance practice for our presentation during the DISCON 2017 last February 7, 2017 at the Philippine Columbian, Plaza Dilao, Paco, Manila. Likewise, CoS/IPSDG/PP Cesar Ubaldo and SDG/DCoS/Dir. Albert Alday are busy with preparations for the DISCON 2017 as the committee now meets every Thursday afternoon.

Today, we welcome the Hon. Charito Plaza, the new Director-General of the Philippine Economic Zone Authority as she enlightens us on the topic, "Special Economic Zones as Umbrella Program for Economic Development". I look forward to your cooperation as we endeavor to make our stars shine this Rotary Year 2016-2017 through meaningful projects and fellowships that will strengthen the bonds of Asia's First Rotary Club.

GUEST OF HONOR AND SPEAKER'S PROFILE



CHARITO B. PLAZA

Brigadier General AFPR

BSC, MNSA, GSC, PhD, DPA

EDUCATIONAL QUALIFICATION

POST GRADUATE STUDIES

Doctor of Philosophy in Peace and Security Administration

UN Commission on Disarmament, PNP and Bicol State University Graduate School

Doctor in Public Administration (Complete Academic Requirements)

National College of Public Administration, University of the Philippines

Doctor of Ecclesiastical Law, honoris causa, Far East Advent School of Theology

Doctor of Humanities, honoris causa, Far Eastern Advent School of Theology

GRADUATE STUDIES

Master in National Security Administration

National Defense College of the Philippines (NDCP)

UNDERGRADUATE STUDIES

Bachelor of Science in Commerce Major in Management

Father Saturnino Urios University, Butuan City

SENIOR EXECUTIVES' STUDIES

Advance International Security Cooperation Course (2014)

Asia Pacific Center for Security Studies, Honolulu, Hawaii, USA

Advance Security Cooperation Course

Asia Pacific Center for Security Studies, 2014

The AFP-IPSP Bayanihan Workshop and Training

Joint by the AFP and the US Department of State, 2011

OplanCari-Sagip : A Disaster Management Exercises

Joint by AFP-PAF and the Malaysian Royal Air Force, 2004

Public Affairs Experts Training

Joint by the AFP and the US Department of State, 2003

Civil Protection & Technical Support Against Chemical Weapons

Joint by the DND and the US Department of State, 2002

Weapons of Mass Destruction Course

Joint by the DND and the US Department of State, 2002

Oplan Sagip: Regional Response on Disasters and Calamities

Joint by the ASEAN Disaster Council, US Department of State and the UN, 2002

Senior Executives Program in National and International Security Management

JFK School of Government, Harvard University, Massachusetts, USA, 2001

Executives Program on Strategies of Persuasion

JFK School of Government, Harvard University, Massachusetts, USA, 2001

Special Course in Conflict Management and Resolution

University of Melbourne, Melbourne, Australia, 2000

Special Course in Anti-Terrorism and Counter-Terrorism

National Civil-Military Institute, San Luis Obispo, California, USA, 2000

Reengineering Diplomacy & Development through Information Technology

US Department of State, Washington, D.C.

Psychological Operations Course

AFP Command and General Staff College

Instructor Pilot Course (Flying Completion Pending)

PAL Aviation School, Philippine Airlines

Special Military Trainings and Field Training Exercises**CAREER SERVICE RECORD****LEGISLATIVE CAREER SERVICE**

Member, 8th, 9th & 10th Congresses

First District of Agusan del Norte (1986-1998)

Acting House Speaker, Women's Month Congressional Celebration, 9th & 10th Congresses

Assistant Majority Leader, 9th Congress

Chairperson, Committee on Tourism, 10th Congress

Vice-Chairman, Committee on National Defense

Chairperson, Sub-Committee on Internal Security, National Defense Committee

Vice Chairperson- Sub-Committee on National Defense

Vice Chairperson, Committee on Public Information, 8th Congress

Member, Committees on Appropriations, Local Government

Member, Trade and Industry

Member, Mass Housing

Member, Public Order and Safety

Member, Foreign Affairs and Committee on Local Government

Youngest Lady Representative at Age 26 in the 8th Congress

EXECUTIVE CAREER SERVICE

Consultant, Adviser or Special Assistant of:

Office of the National Security Adviser, 1998-99

Office of the DILG Secretary, 2001-02

Board of Trustees, Local Government Academy, 2001-02

Philippine National Police, 2001-03

Philippine Public Safety College, 1996-98

Office of the AFP Chief of Staff, 1998-2000

Philippine Air Force, 1998-2000

Philippine Navy, 2002-03

Philippine Army, 1999-2000

DOTC Air Transportation Office, 2000-01

DOTC Office for Transportation Security, 2000-01

MILITARY SERVICE

Brigadier General, AFPSN 125128 (Commissioned Officer)

Armed Forces of the Philippines – Reserve Force

First Woman General in the AFP Reserve Force

First Woman General in the Philippine Air Force

First Woman General from Mindanao

The Youngest Commissioned Lieutenant Colonel at Age 29

The Youngest Colonel at Age 35

Wing Commander (2012-2015)

7th Air Force Wing Reserve, TOG 12 Mindanao, Philippine Air Force

Wing Commander (1989-1998)

3rd Ready Air Reserve Wing Mindanao, Philippine Air Force

Alumni President (formerly) NDCP Alumni Association

National Defense College of the Philippines

SERVICE IN THE ACADEME

University Instructor, Lecturer, and Visiting Fellow

Asia Pacific Center for Security Studies in Hawaii USA

National Defense College of the Philippines, DND

AFP Command and General Staff College, DND

Philippine Military Academy, AFP

DOTC-CAAP Aviation Training Center

Philippine Public Safety College, DILG

Philippine National Police Academy

Bicol University – Graduate School
 University of Santo Tomas – Graduate School
 Caraga State University
 Father Saturnino Urios University

FOREIGN OFFICIAL VISITS

Delegate, World Inter-Parliamentary Union, London, 1992, London
Military Guest, Russian Air Force and the MIG Aircraft Industry,

Moscow, Russia

Visitor, Hawaii National Guards Bureau; Guam National Guards Bureau; National Defense University; Federal Defense Department, Pentagon; UN Commission on Disarmament; UN General Assembly, New York; Naval Post- Graduate School, USA;

Delegate, Official Conferences in Sydney, Melbourne, Canberra, and Darwin, in Australia

Military Visitor, Japan, China, Singapore, South Korea, Malaysia, Thailand, Indonesia, Pakistan, Taiwan

CORPORATE PRACTICE

Associate Consultant, Independent Insights, Inc.,
(a risk control & management consulting firm) Ortigas Center, Pasig City
President and CEO, F.O. Plaza Holdings Inc., Butuan City
Proprietor and Treasury Comptroller, FC Real Estates and Aquaculture Industry, Butuan City

Professional & Socio-Civic Affiliations

Rotary Club of Butuan North
 Albay Lions Club
 Balikatan sa Kaunlaran, Butuan Chapter
 Cultural Planners Associations of the Philippines (CPAP)
 Bantay Bayan Foundation, Inc.
 Philippine Management Association
 National Association of Peace Educators of the Philippines
 ASEAN Inter-Parliamentary Union
 National Association of ROTC Alumni, Inc.
 Reservist Officers League of the Philippines (ROLP)
 Association of Generals and Flag Officers (AGFO)

SPECIAL COMMENDATION

(Honors, Merits, Decorations)

Honorary Titles

BaiMangompiya (Princess of Charity) of Lanao
 Adopted Princess of the 13 Sultanates of Lanao Provinces, Mindanao
BaiSambuyakan (Princess of the Princesses), Manobo Tribe of Caraga
Air Force Honorary Pilot, Honorary Pilot Badge Recipient, Philippine Air Force

Special Awards

Academic Excellence Award (AFP Chief of Staff Award), AFP Chief of Staff GSC Commencement, AFP Command and General Staff College
Most Outstanding Civilian Graduate, NDCP
Celebrity Mother Achiever in Public Service, Golden Mother & Father Foundation
Gintong Ina Awardee, Golden Mother & Father Foundation
Outstanding Mother of the Year Awardee, Golden Mother & Father Foundation

Outstanding Leadership Awardee, NDCP Alumni Association

Meritorious Service Awardee, NDCP Alumni Association

Most Distinguished Award for Exemplary Leadership, NDCP Alumni Association

Grand Marshall, Philippine Independence Day Celebration, USA

Outstanding Citizen of Butuan, City Government of Butuan

Ten Outstanding Students Awardees, Butuan Jaycees

Military Medals and Decorations

Three-time Recipient of the Outstanding Achievement Medal, DND-AFP

Disaster Relief and Rehabilitation Service Medals, DND-AFP

CMO & Civic Action Merit Medals, AFP

Gawad Kultura Award, AFP

Lapu-Lapu Badge, AFP

Commander's Well-Done Job Trophy, Philippine Air Force

Philippine Legion of Honor (pending for final approval)

Lopez-Jaena Award, AFP

Personal Information

Birthdate : 23 November 1957

Birthplace : Butuan City

Spouse : Figurado O. Plaza (deceased)
City Mayor of Butuan City (1972-86)

Children : Flavia Christine Plaza – Flaherty, RN, USA

Figurado Carlo : Financial Advisor

Frederick Chritian : Businessman

Francoise Ferdinand : Registered Nurse

Fidel Francis Clint : BS in Architecture (candidate for graduation)

PREVIEW OF NEXT WEEK GUEST SPEAKERS

Feb. 16, 2017, 12N, Manila Polo Club McKinley Room



His Excellency Sung Kim

Ambassador of United States of America
to the Republic of the Philippines

Feb. 23, 2017, 12N, Manila Polo Club McKinley Room



Rtn. Fidel V. Ramos

Honorary Member, RC Manila
Former President,
Republic of the Philippines

Mar. 2, 2017, 12N, Manila Polo Club McKinley Room



Rtn. Jose "Joe" C. De Venecia

Former Speaker
of the House of Representatives

Mar. 9, 2017, 12N, Manila Polo Club McKinley Room



**Commissioner
Raymund E. Liboro**

National Privacy Commission

THE WEEK THAT WAS...



RCM Pres. “Teddy” Ocampo and RCFP Pres. “Lito” Buñag call the 27th meeting, being a joint meeting of **Rotary Club of Manila** and **Rotary Club of Forbes Park**, to order.



RCM PD “Oscar” del Rosario as OIC/Moderator directs the program of activities.



RCM PD “Jess” Santos delivers an ecumenical prayer.



RCFP IPP "Tedjie" Herbosa leads fellow Rotarians in renewing its commitment to the Rotary Credo through the recitation of the four (4) way test.



RCFP PP "John" Tiong introduces the guests, visiting Rotarians and personalities seated at the presidential table.



RCM PD "Oscar" del Rosario does the honour and pleasure of introducing fellow member **IPDG Roberto M. "Obet" Pagdanganan**, Chairman, RCM Centennial Project Committee, Immediate Past District 3810 Governor, RY 2015-16, as guest of honor and speaker.



IPDG Roberto “Obet” Pagdanganan enlightened his fellow Manila Rotarians, Visiting Rotarians and guests on the topic of Federalism in the Philippines. Also updates fellow members and guests on its plans and programs for the centenary celebration of Rotary Club of Manila, First In Asia.

MESSAGE OF GUEST OF HONOR AND SPEAKER

ROTARY INTERNATIONAL DISTRICT 3810 ROTARY CLUB OF MANILA

A Forum on FEDERALISM FOR THE PHILIPPINES

MANILA POLO CLUB
FEBRUARY 2, 2017

PDG Roberto "Obet" Pagdanganan

FEDERALISM: A political concept and governmental structure where power is constitutionally shared between the national or federal government and the states and other local authorities.

FEDERAL GOVERNMENTS USUALLY EVOLVE OUT OF CONFEDERATIONS OF DIVERSE AND INDEPENDENT STATES OR REGIONS.

Examples: **USA, Switzerland, Germany, Malaysia**

ADVANTAGES OF FEDERALISM:

- 1.) PRECLUDES TYRANNICAL RULE,
- 2.) EASIER TO PASS TAILORED LAWS THAT SUIT ETHNOLINGUISTIC AND CULTURAL DIVERSITIES AND REGIONAL ASPIRATIONS;
- 3.) PROMOTES SOCIO-ECONOMIC SPECIALIZATION AND MORE EQUITABLE NATIONAL DEVELOPMENT,
- 4.) BRINGS GOVERNMENT CLOSER TO THE PEOPLE;
- 5.) ENCOURAGES GREATER CIVIC PARTICIPATION, AND DEVELOPMENT OF A WIDER LEADERSHIP BASE.

DISADVANTAGES OF FEDERALISM:

- 1.) POSSIBILITIES OF CROSS BORDER CONFLICTS, AS STATES COMPETE AGAINST EACH OTHER,
- 2.) REGIONALISM VERSUS A GREATER SENSE OF NATIONHOOD;
- 3.) UNEVEN DEVELOPMENT AMONG STATES;
- 4.) ADDITIONAL EXPENSES ARISING FROM ANOTHER LAYER OF GOVERNMENT STRUCTURE, (WHICH MAY ALSO IMPEDE DEVELOPMENT PROCESS);
- 5.) POSSIBILITIES OF SECESSION BY DISAFFECTED STATES OR REGIONS

PRESENT SITUATION IN THE PHILIPPINES, SOME INDICATORS:

- 1.) POVERTY: ONE OUT OF FOUR FILIPINOS STILL LIVES BELOW THE POVERTY LINE;
- 2.) ABOUT HALF OF FILIPINOS RATE THEMSELVES POOR, DESPITE THE 7% INCREASE IN GDP GROWTH;
- 3.) THE AUTONOMOUS REGION OF MUSLIM MINDANAO REMAINS AS THE POOREST REGION, AGGRAVATED BY THE CONTINUING CONFLICT;
- 4.) MORE THAN HALF OF THE GROWTH IN THE PHILIPPINE ECONOMY BENEFITS ONLY FORTY OF THE RICHEST FAMILIES WHICH INCIDENTALLY CONTROL MORE THAN 90% OF THE PHILIPPINE BANKING SYSTEM;
- 5.) CORRUPTION AND;
- 6.) ILLEGAL DRUGS AND CRIMINALITY, COMPOUNDED BY INVOLVEMENT OF SOME POLICE OFFICERS, AND PUBLIC OFFICIALS.

THE RATIFICATION OF THE PHILIPPINE CONSTITUTION OF 1987, AND THE PASSAGE OF THE LOCAL GOVERNMENT CODE OF 1991 INCREASED SIGNIFICANTLY THE INTERNAL REVENUE ALLOTMENT AND DEVOLVED CERTAIN POWERS TO LOCAL GOVERNMENT UNITS, RESULTING IN SUSTAINED PROGRESS IN A NUMBER OF CITIES AND PROVINCES.

THE ACKNOWLEDGED FATHER OF LOCAL AUTONOMY IN THE PHILIPPINES, FORMER MINISTER OF INTERIOR AND LOCAL GOVERNMENT, AND SENATE PRESIDENT, AQUILINO "NENE" PIMENTEL, JR. !!!

THE OTHER GENTLEMAN WHO MADE THIS LGC POSSIBLE WAS FORMER SPEAKER RAMON "MONCHING" MITRA OF THE HOUSE OF REPRESENTATIVES WITHOUT WHOSE SUPPORT THE LAW WOULD NOT HAVE BEEN ENACTED.

THE LOCAL GOVERNMENT CODE OF 1991 WAS INDEED ONE OF THE MOST IMPORTANT LEGACIES OF THE ADMINISTRATION OF FORMER PRESIDENT CORY C. AQUINO

BUT SOME QUESTIONS BEG TO BE ASKED:

- 1) WHY THE RELATIVELY SLOW AND INEQUITABLE GROWTH OF THE NATIONAL ECONOMY, AND WHY HAVE SOME REGIONS LAGGED BEHIND?
- 2.) WHAT CONSTITUTIONAL AMENDMENTS ARE NECESSARY TO PROMOTE FASTER AND EQUITABLE NATIONAL PROGRESS, AND MINIMIZE CORRUPTION?

CRITICAL ISSUES THAT MUST BE ADDRESSED:

- 1.) WIDESPREAD POVERTY AND INEQUITABLE NATIONAL PROGRESS
- 2.) GRAFT AND CORRUPTION AGGRAVATED BY A CORRUPT ELECTORAL SYSTEM AND AS IS BEING EXPOSED NOW, BY NARCO-POLITICS;
- 3.) WEAKNESS IN LAW ENFORCEMENT AND DISPENSATION OF JUSTICE;
- 4.) EXCESSIVE RESOURCES STILL BEING WITHHELD BY THE NATIONAL GOVERNMENT; NEED TO REVIEW INTERNAL REVENUE ALLOTMENT;
- 5.) POLITICAL DYNASTY

THE PROPOSAL TO REVISE THE CONSTITUTION TO ADOPT A FEDERAL SYSTEM IS TIMELY!!!

IT HAS BEEN THIRTY YEARS SINCE THE PRESENT PHILIPPINE CONSTITUTION WAS RATIFIED;

IT HAS BEEN TWENTY-FIVE YEARS SINCE RA 7160 WAS PASSED.

LET US TAKE THIS OPPORTUNITY TO BUILD ON THE GAINS OF THE LOCAL GOVERNMENT CODE OF 1991, ATTAIN FULL LOCAL AUTONOMY, AND HASTEN EQUITABLE NATIONAL PROGRESS!!!

SOME SALIENT PROPOSALS BEING ADVANCED FOR THE SHIFT TO FEDERALISM:

ONE CONSTITUTION, ONE ARMED FORCES
ONE CENTRAL BANK, ONE MONETARY SYSTEM,
ONE FOREIGN POLICY,
ONE PUBLIC EDUCATION SYSTEM

PRESIDENTIAL SYSTEM:

PRESIDENT AND VICE PRESIDENT TO BE ELECTED TOGETHER

BICAMERAL CONGRESS:

81 SENATORS TO BE ELECTED BY STATE, AND,
684 REPRESENTATIVES TO BE ELECTED BY DISTRICT STATE GOVERNORS, VICE GOVERNORS AND UNICAMERAL LEGISLATURE TO BE ELECTED PER STATE;
PROVINCIAL, CITY, TOWN AND BARANGAY LOCAL GOVERNMENT STRUCTURES TO BE RETAINED

SEATS OF NATIONAL GOVERNMENT TO BE DISPERSED:

FEDERAL EXECUTIVE OFFICIALS TO BE BASED IN METRO- MANILA,
FEDERAL LEGISLATURE TO BE BASED IN CENTRAL VISAYAS,
SUPREME COURT TO BE BASED IN NORTHERN MINDANAO

ELEVEN FEDERAL STATES TO BE CREATED:

FOUR IN LUZON: Northern Luzon, Central Luzon, Southern Tagalog, and Bicol;
FOUR IN VISAYAS: Eastern Visayas, Central Visayas, Western Visayas, and MINPAROM (Mindoro, Palawan, Romblon, and Marinduque),
THREE IN MINDANAO: Northern Mindanao, Southern Mindanao, BangsaMoro,
PLUS THE FEDERAL ADMINISTRATIVE REGION OF METRO- MANILA

STRENGTHENING OF THE JUDICIAL SYSTEM:

- 1.) IMPOSING DEADLINES FOR DECIDING CASES AT THE SUPREME COURT AND LOWER COURTS, INCLUDING SHARIAH AND TRIBAL COURTS,
- 2.) CREATION OF A CONSTITUTIONAL COURT SPECIFICALLY TO RULE ON CONSTITUTIONAL ISSUES, ONE BRANCH EACH IN LUZON, VISAYAS AND MINDANAO

ALLOCATION OF ALL REVENUES, NOT JUST THOSE COLLECTED BY THE BUREAU OF INTERNAL REVENUE, AS FOLLOWS:

FEDERAL GOVERNMENT: 20%
 STATES AND LOCAL GOVERNMENTS: 80%

SHARING OF STATE AND LGUs:

STATES... 30%
 PROVINCES, CITIES, TOWNS AND
 BARANGAYS... 70%
 EQUALIZATION FUND FOR POORER LGUs

SUMMARY OF COMMENTS AND RECOMMENDATIONS:

- 1.) ELECTION OF PRESIDENT AND VICE-PRESIDENT AS A TEAM WILL PROMOTE STRONGER TEAMWORK,
 - 2.) ELECTION OF SENATORS BY STATE WILL ENSURE EQUITABLE REPRESENTATION ACROSS THE NATION.
- ONE MAJOR CONCERN IS THE ADDITIONAL EXPENSES FOR THE 81 SENATORS AND 684 REPRESENTATIVES.
- 3.) CLEARLY DELINEATE THE RESPONSIBILITIES AND AUTHORITIES FEDERAL GOVERNMENT, AND THE STATE AND LOCAL AUTHORITIES TO PREVENT BUREAUCRATIC RED TAPE THAT MIGHT IMPEDE RATHER THAN SPEED UP NATIONAL/LOCAL DEVELOPMENT.
 - 4.) HOW ABOUT HEALTH SERVICES, AGRICULTURE, TRADE AND ENVIRONMENTAL CONCERNS? HOW CAN WE ENSURE NATIONAL COORDINATION AND OPTIMAL USE OF RESOURCES?
 - 5.) WHY NOT MAKE METRO-MANILA A FEDERAL STATE WITH AN ELECTIVE GOVERNOR, VICE GOVERNOR AND LEGISLATURE TO PROMOTE BETTER COORDINATION AMONG THE LOCAL AUTHORITIES? AT PRESENT PAROCHIAL INTERESTS PREVENT THEM FROM EVEN AGREEING ON BASIC TRAFFIC RULES LIKE COLOR CODING, MUCH LESS ON OTHER SERVICES LIKE WASTE DISPOSAL.
 - 6.) THE PROPOSED SHARING OF ALL REVENUES WITH 80% FOR STATE AND LOCAL GOVERNMENTS AND 20% FOR NATIONAL GOVERNMENT MUST BE REVIEWED. THIS MAY RESULT IN A VERY WEAK CENTRAL GOVERNMENT. PERHAPS A 60:40 or 70:30 PROPORTION IN FAVOR OF LOCAL GOVERNMENT WILL BE MORE PRACTICAL, CONSIDERING THAT LGUs HAVE OTHER SOURCES OF REVENUES.
 - 7.) THE EQUALIZATION FUND FOR LGUs SHOULD TAKE INTO CONSIDERATION THE FOLLOWING CRITERIA:
 - a.) POVERTY INDEX, I.E. MORE FOR THE POOR LGUs AND LESS TO THOSE WITH OTHER SOURCES OF INCOME LIKE HIGHLY URBANIZED CITIES, AND;
 - b.) GOOD GOVERNANCE INDEX, MEANING INCENTIVES FOR GOOD PERFORMERS.
 - c.) ANTI- DYNASTY CONSIDERATION: REDUCE ALLOCATION FOR LGUs DOMINATED BY DYNASTIES, (TO BE DEFINED BY LAW).
 - 8.) URGENT REFORM MEASURES FOR CONSIDERATION AS WE AMEND THE CONSTITUTION:
 - a.) STRICT MEASURES MUST BE INSTITUTIONALIZED TO ENSURE TRANSPARENCY AND ACCOUNTABILITY AMONG STATE AND LOCAL OFFICIALS CONSIDERING THE ENORMOUS RESOURCES THAT WILL BE PLACED UNDER THEIR DISPOSAL.
 - b.) ELECTORAL REFORMS TO STOP VOTE BUYING, THE ROOT OF ALL CORRUPTION, MUST BE PUT IN PLACE!
 - c.) MODIFY NATIONAL IN SCOPE AND CIVILIAN CHARACTER OF POLICE FORCE

9.) IT IS ABSOLUTELY NECESSARY TO ENSURE THAT AS WE SEEK TO EMPOWER STATES AND LOCAL AUTHORITIES THROUGH FEDERALISM, THE FEDERAL OR NATIONAL GOVERNMENT REMAINS SUFFICIENTLY STRONG, CAPABLE OF WIELDING NECESSARY POWERS TO PRESERVE THE INTEGRITY OF THE REPUBLIC!

10.) A WEAK NATIONAL GOVERNMENT WILL BE VULNERABLE TO SECESSION BY STRONG STATES, ESPECIALLY WITH THE INSTIGATION OF OUTSIDE FORCES. WE MUST VIGILANTLY GUARD AGAINST THIS POSSIBILITY!

LET US STRIVE TO BUILD A FEDERAL SYSTEM ESPECIALLY SUITED TO THE CULTURES, TRADITION AND ASPIRATIONS OF THE FILIPINO PEOPLE!

MARAMING SALAMAT PO!!! MABUHAY ANG PILIPINAS!!!

RCM CENTENNIAL CELEBRATION: A PRELIMINARY PRESENTATION

1. The Rotary Club of Manila, first in Asia, was founded on June 1, 1919, with American businessman Leon Lambert as Charter President. Thus, we will celebrate the centennial anniversary of the founding of the Rotary Club of Manila and of the Rotary movement in the Philippines and Asia, during Rotary Year 2018-2019, with RCM Past President Rudy Bediones as District Governor for District 3810.
2. During the first week of November, 2016, President Teddy Ocampo relayed to me the request of the RCM Board for me to chair the RCM Centennial Celebration Organizing Committee as Assistant Treasurer Hermie Esguerra could not take the task due to pressure of work and many prior commitments. I suggested other names but no one at that time, according to President Teddy could take the huge task, so they decided on me. Realizing the importance of the responsibility and the urgency of the situation, and with assurances of full support from him and the Board, DGN Rudy Bediones and other well meaning friends and fellow RCMers, including some Past Presidents, I had to reluctantly accept the task.
3. An ad hoc Committee consisting of DGN Rudy, President Teddy, PE Jimmie, Assistant Treasurer Hermie, and PD/IS Alvin Lacambacal, and PDG Obet P., conducted a preliminary strategic planning meeting on November 17, 2016 at the German Club hosted by PE Jimmie Policarpio. The draft plan was presented to the COPP in a meeting on November 24, 2016 at the Manila Polo Club, hosted by PP Boy Guevarra. The resulting preliminary plan was thereafter submitted to the RCM Board.
4. The RCM Board passed a resolution on December 1, 2016 officially designating PDG Obet Pagdanganan as Chairman, with DGN Rudy Bediones and PP Ebot Tan as Co-Chairmen of the RCM Centennial Celebration Organizing Committee (RCCOC). They approved in principle, the proposed plan and the RCCOC was "given the independence to proceed". The RCM Council of Past Presidents, (RCOPP) is to serve as an Advisory Council.
5. Among the more important matters discussed and agreed upon by the RCMCOC

THEME:

1919-2019: ONE HUNDRED YEARS OF SERVICE ABOVE SELF AND FELLOWSHIP AMONG ROTARIANS IN MANILA, THE PHILIPPINES AND ASIA; AND A COMMITMENT FOR GREATER ACHIEVEMENTS AND RELEVANCE IN THE NEXT CENTURY!

VISION:

A yearlong celebration in RY 2018-2019, of the centennial of Rotary Club of Manila, and the founding anniversary of Rotary in the Philippines and in Asia, culminating in a two-day Rotary Centennial Congress on or around June 1, 2019, to highlight the accomplishments during the first 100 years, of Rotarians in Manila, the Philippines and Asia, and lay down the foundation for greater achievements in the next 100 years.

MISSION:

- 1.) To celebrate the success of Rotary in RC Manila, the Philippines and Asia, during 1919-2019; by showcasing significant accomplishments in serving above self, and recognizing outstanding achievers in RCM and other RCs in the Philippines and Asia;
- 2.) To undertake activities that will enhance Rotary's image as the foremost humanitarian service organization in the world that brings together outstanding leaders who take action;
- 3.) To inspire Rotarians in Asia to grow Rotary, propagate its core values and principles, and enhance its relevance in the lives of Asians and other peoples in the world, especially the less fortunate.

SOME PROPOSED ACTIVITIES, AND ACTION POINTS:

- 1.) Rotary Asian Centennial Congress to be held for three days and two nights at the PICC in June, 2019, as close to June 1, 2019 as possible with the President of the Philippines and the RI President as Guests of Honor and Speakers. Outstanding achievers: Rotarians and Rotary Clubs will be recognized during the program. There will a Rotary Friendship Hall for photo exhibits and Humanity in Action showcases.

2.) Rotary International Presidential Conference similar to the one held in March, 2016 with PRIP Ravi Ravindran at the PICC. This may be held in Cebu or Davao during RY 2018-2019. There will be an Asia-wide contest on most outstanding service projects on the area of focus to be highlighted. We need to have this arranged with the RIPN as soon as possible.

AP: RMP and DGN RB to write letter to RIPN Sam Omori;

3.) Rotary Centennial Commemorative Stamp to be issued by the Philippine Postal Office; AP: PP Banit Caasi, volunteered as Committee Chair. Upon his initiative, President Teddy wrote a letter to PPO requesting such issuance, for follow up;

4.) Centennial Coffee Table Book;

AP: Initial discussions made with writer made by PDG Vince Carlos; PE Jimmie has prospective sponsor; for follow up;

5.) LOGO CONTEST on the Rotary Centennial Theme;

AP: To be discussed with Rtn Philip Recto and PP Teody Hidalgo of RC Manila Midtown;

6.) Scouting National Jamboree in 2019, with Rotary Theme, AP: RMP already had preliminary discussion with CP Wendel Avisado of RC Natividad Almeda (Manila Scouts) who agreed in principle. To be taken up during BSP National Executive Board meeting on February 17, 2017;

7.) Asia Pacific Rotaract Regional Conference 2018 to be held in the Philippines, AP: RMP already discussed this with PDRR Alexiz Tan who agreed in principle to highlight the Rotary Centennial; details to be worked out;

8.) Nationwide, Asiawide planting of Rotary Centennial Friendship Trees,

AP: DGN Rudy to coordinate with other Districts for them to include in their priority programs;

9.) Contest for Miss Rotary Club of Manila Centennial 2019

AP: To designate committee Chair;

10.) Centennial Cruise; AP: For further discussion;

11.) Centennial GIANT GARDEN WHEEL, At SM MOA? AP: For further discussion;

12.) Various Contests focusing on the Rotary Centennial Theme:

a.) Essay Writing Contest, AP: To designate Chair and coordinate with Dep Ed and CHED;

b.) Oratorical Contest, AP: Same as (a);

c.) Choral Singing Contest, AP: Designate Chair

d.) On the spot painting contest, AP: Designate Chair;

e.) Centennial Golf Tournament; AP: Designate Chair;

f.) CENTENNIAL SPORTS ROTALYMPICS, Designate Chair;

MARAMING SALAMAT PO!!!

MABUHAY ANG ROTARY INTERNATIONAL!!!

MABUHAY ANG ROTARY CLUB OF MANILA!!!



An interactive open forum followed suit right after the speech of IPDG Roberto M. “Obet” Pagdanganan. Participants were: Rtn. Jess Santos, PE Jimmie Policarpio, Rtn. Henning Karcher, PD Beda Fajardo, Rtn. Celso Abastillas and RCFP PP Frankie Adriano.



RCFP Pres. "Lito" Buñag on a brief announcement.



RCM Pres. "Teddy" Ocampo and RCFP Pres. "Lito" Buñag present to IPDG Roberto M. "Obet" Pagdanganan the respective club's token of appreciation, and calling the meeting adjournment. Also in photo are PD Oscar del Rosario.



Pres. "Teddy" Ocampo, presents to **PDSAA "Tony" Lopa** a 1-Sapphire Paul Harris Fellow Pin (equivalent to 2 Paul Harris Fellows), to join the roster of **Paul Harris Fellows**.

NEW GENERATION

ROTARACT (RAC) CLUB OF DELA SALLE Pres. **"Abigail" Sarmiento** for a brief announcement on its project appealing to members and guests on any voluntary financial donation in support of its worthy endeavour. **RCFP** through **Pres. Lito Buñag** committed P30,000 to show its support; and another P30,000 plus was raised from the respective tables in the hall through the efforts of assigned table collectors by **OIC/Moderator RCM PD "Oscar" del Rosario**.



RCM WEEKLY BIRTHDAY CELEBRANTS

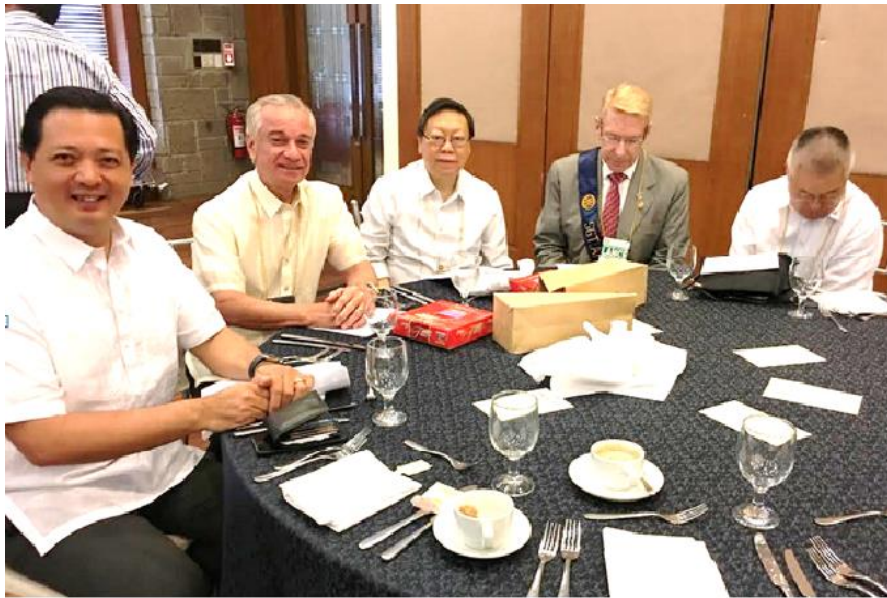


Pres. “Teddy” Ocampo presents the birthday celebrants of the week : IPP “Ebot” Tan, Rtn. “Thad” Liamzon, PAS “Addie” Topacio, and STAR Rtn. “Dong-Dong” Benedicto for the traditional blowing of candles on the birthday cake.

PLANNING MEETING



Thursday Feb 2, 2017, the 1st Planning Meeting of the Incoming Board was held at the Manila Polo Club. Present during the meeting were : PE Jimmie Policarpio, VPE Babe Romualdez, VPE Chito Zaldariaga, DE Caloy Reyes, DE/Dir Issam Eldebs, IS Alvin Lacambacal and DE/Dir Susing Pineda.



Membership Committee met last Jan 26, 2017 at the Manila Polo Club to consider new membership proposals for approval of the Board
BASIC EDUCATION AND LITERACY



Rtn. Richard Ang hosted a dinner meeting to discuss proposed donation of books, computers and wheelchairs for Tacloban Province from New Orleans Rotary Club, USA, last Tuesday, January 31, 2017 at BLACKBIRD Restaurant, Makati City with **Pres. Teddy Ocampo** and **Sen. Migz Zubiri**. Not in photo- **Anthony Gerard "Jonji" Y. Gonzales**, Chief of Staff, Office of the Presidential Assistant for the Visayas.

GOLF FELLOWSHIP

February 1, 2017

To RCM Golfers:

Rotarian "Klaus" Mueller is inviting RCM Golfers to an upcoming RCM Golf Fellowship he is hosting on February 24-25, 2017, Friday – Saturday in Calatagan, Batangas.

Details to follow suit.

To : PD "Knud" Hedeager, Co-Chairman,
Golf Fellowship

☐ Yes, count me in as a participant

☐ Alone ☐ With Guest's:

Signature over printed name of Rotarian

MEMBERSHIP DUES



Dear Fellow Rotarians,

*Just a gentle reminder to all who, **TODATE**, have not yet settled their Annual Membership Dues for RY July 2016 thru June 2017. Your cooperation in updating your account would be truly appreciated.*

Hector O. Tagaysay
Club Treasurer
Rotary Club of Manila
Tel # 5271886/87
Fax # 5271885

COGS IN THE WHEEL



RCM STAR Rotarian Abulgani "Gani" M. Macatoman was recently Resource Speaker at the Manila Board of Realtors, Inc., the oldest and premiere real estate board in the Philippines and in Asia on their 2nd General Membership Meeting sharing before their officers and members the topic ***"Sustainable Real Estate Basics: Return of Investment of Solar Power"***, held last February 7, 2017, at the Pope Pius XII Catholic Center, UN Avenue, Manila.



STAR Rotarian Abulgani "Gani" M. Macatoman receiving his Certificate of Appreciation from **President Mildred O. Gococo, Manila Board of Realtors, Inc.** together with other board members and officers.

DINNER FELLOWSHIP



Dir./DE “Susing” Pineda and Lady “Maritess” Pineda warmly welcome Rotarians, Ladies and Guests in a dinner they graciously hosted at their residence in honor of Board Legal Adviser and SSS Chairman “Amading” Valdez and Rtn. “Guille” Devoto.



Rtn. “Guille” Devoto delivers brief message and appreciation remarks as he assumes a new post in Argentina.



Board Legal Adviser and SSS Chairman “Amading” Valdez delivers brief message and appreciation remarks as he takes the helm of providing a brighter future to the private sector, employees and pensioners of the nation.



RCMers' in photo led by Pres. "Teddy" Ocampo, Treas. "Chito" Tagaysay, DGN "Rudy" Bediones, Rtn. "Guille" Devoto, PP "Boy" Guevara, PVP "Fausto" Preysler, Rtn. "Pepe" Rodriguez, Rtn. "Jo" Assad, STAR Rtn. "Dong-Dong" Benedicto, and Guests.



Dir./DE "Susing" Pineda and Lady "Maritess" Pineda present a special gift to Board Legal Adviser and SSS Chairman "Amading" Valdez.



A posterity picture with Rtn. “Guille” Devoto, with Pres. “Teddy” Ocampo, DGN “Rudy” Bediones, STAR Rtn. “Dong-Dong” Benedicto, and Guest.



Another group of well-wishers with Rtn. “Guille” Devoto, with Treas. “Chito” Tagaysay, PD “Alvin” Lacambacal, DGN “Rudy” Bediones, Rtn. “Jo” Assad and Guest.

ON THE LIGHTER SIDE



PDG VINCE CARLOS

My Doctor Is Priceless

Let me tell you about my doctor. He is very good. If you tell him you want a second opinion, he will go out and come in again.

He treated one woman for yellow jaundice for three years before he realized she was Chinese.

While he was talking to me his nurse came in and said, "Doctor, there is a man here who thinks he is invisible."

The doctor said, "Tell him I can't see him."

Another time a man came running in the office and yelled, "Doctor, doctor, my son just swallowed a roll of film."

The doctor calmly replied, "Let's just wait and see what develops."

One patient came in and said, "Doctor, I have a serious memory problem."

The doctor asked, "When did it start?"

The man replied, "When did what start?"

I remember one time I told my doctor I had a ringing in my ears.

His advice: "Don't answer it."

My doctor sure has his share of nut cases.

One said to him, "Doctor, I think I'm a bell."

The doctor gave him some pills and said, "Here, take these. If they don't work, give me a ring."

Another guy told the doctor that he thought he was a deck of cards.

The doctor simply said, "Go sit over there. I'll deal with you later."

When I told my doctor I broke my leg in two places, he told me to stop going to those places.

You know, doctors can be so frustrating. You wait a month and a half for an appointment, and he says, "I wish you had come to me sooner."

Viagra Jokes

There was a family gathering, with all generations around the table. Mischievous teenagers put a Viagra tablet into Grandpa's drink, and after a while, Grandpa excused himself because he had to go to the bathroom. When he returned, however, his trousers are wet all over.

'What happened, Grandpa?' his children asked.

'Well', he answered, 'I don't really know. I had to go to the bathroom. So I took it out and started to pee, but then I saw that it wasn't mine, so I put it back!'

* * * * *

The lady teacher asks the pupils what kind of medicines they know and what they are used for.

The first pupil said: Panadol?

Very good! And what is it used for?

It is used to headache.

The second pupil said: Priton.

Excellent! And what it is used for?

To help you sleep.

Now it is Johnny's turn and he said: Viagra.

Johnny, what is it used for?

I think it can be used for diarrhea.

Who told you this?

Nobody, but every evening my mother tells my father 'take a Viagra, may be that little shit will get harder.'

The teacher fainted.

* * * * *

Doctor's New Invention

A married couple went to hospital to have their baby delivered. Upon their arrival, he doctor said he had invented a new machine that would transfer a portion of the mother's labor pain to the baby's father.

He asked if they were willing to try it out. They were both very much in favor of it. The doctor set the pain transfer to 10% for starters, explaining that even 10% was probably more pain than the father had ever experienced before.

As the labor progressed, the husband felt fine and asked the doctor to go ahead and kick it up a notch. The doctor then adjusted the machine to 20% pain transfer.

The husband was still feeling fine. The doctor checked the husband's blood pressure and was amazed at how well he was doing. At this point, they decided to try for 50%. The husband continued to feel quite well. Since the pain transfer was obviously helping out the wife considerably, the husband encouraged the doctor to transfer ALL the pain to him.

The wife delivered a healthy baby with virtually no pain. She and her husband were ecstatic and the new little family was able to go home from hospital immediately after the birth.

When they got home, the gardener was dead on the porch...

* * * * *

PUBLIC HEALTH NUTRITION AND CHILD CARE



TOOTH-GRINDING

Elias D. Adamos, M.D.

The medical term for tooth-grinding is *bruxism*. This usually occurs during sleep and the person with the condition is not aware of it. A person with bruxism or one who does tooth-grinding while asleep learns of his condition when a family member notices it.

What happens if you suffer from bruxism?

Over time, chronic bruxism results in loosened teeth and receding gums. The teeth may be pushed out of line and because of this, adjusting is needed. In severe and prolonged cases of bruxism, tooth loss can occur.

Are there medical conditions that are related to bruxism?

Stress and anxiety are contributory factors in tooth-grinding. Fluctuating blood sugar levels can cause bruxism. Bruxism can also develop when the teeth are sensitive to hot and cold.

Natural treatment for bruxism

Adopt a diet scheme that is low in sugar and high in protein and fiber. Eat plenty of fruits and vegetables. Legumes, nuts, and seeds are natural treatment for tooth-grinding. Avoid alcohol. **Alcohol can make tooth-grinding worse.** Avoid processed meat and fast foods. Also, avoid foods that have artificial coloring, preservatives, and foods with added chemical ingredients.

Vitamin supplements to address the problem of bruxism

Deficiencies in calcium are linked to the problem of tooth-grinding. **Calcium and magnesium at 1,500 to 2,000 milligrams (mg) daily is advised.**

Pantothenic Acid or Vitamin B5 reduces stress. The therapeutic dose is **500 mg, taken twice a day.**

Chromium supplement at 200 mg/day normalizes blood sugar levels. If the problem is low sugar level, take *chromium picolinate* form.

Multivitamins that also contain minerals reduces stress.

B-Complex vitamins in high doses are good for nerve function.

Zinc at 50 mg/day helps support the immune system.

Support and Prevention

Dentists recommend a type of splint or support that is worn over the teeth for people with bruxism. This can prevent tooth damage.

Clinical psychologists recommend *biofeedback* therapy for tooth-grinding.

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