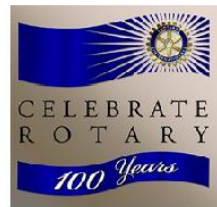




balita

No. 3676, December 8, 2016

THE ROTARY CLUB OF MANILA
BOARD OF DIRECTORS and
Executive Officers 2016-2017



Christmas Fellowship with Repertory Philippines
Artists, Singers, Pianist:
& our RCM World-Famous Chorale



KABALITA

Let the country's premier theatre company and our very own World Famous Chorale serenade us with the joys of the Yuletide season.

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President

EBOT TAN
Immediate Past President

BABE ROMUALDEZ
Vice President

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ALBERT ALDAY
SUSING PINEDA
CHITO ZALDARRIAGA
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Assistant Secretary

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Assistant Treasurer

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Deputy Sergeant At Arms

PROGRAM

RCM's 22ND for Rotary Year 2016-17

Thursday, December 8, 2016, 12N, Manila Polo Club McKinley Room

OIC/Moderator : **PE "Jimmie" Policarpio**, Chairman, Program Committee

Program Timetable

10:45 AM Registration and Cocktails

11:00 AM Thanksgiving Mass sponsored by
Program Chairman PE "Jimmie" Policarpio

12:25 PM Bell to be Rung:
Members and Guests are
requested to be seated :

PE "Jimmie" Policarpio

12:30 PM Call to order

Pres. "Teddy" Ocampo

Republic of the Philippines
National Anthem

RCM WF Music Chorale

Invocation

PD "Ner" Lonzaga

RCManila Hymn

RCM WF Music Chorale

The Four (4) Way Test Credo

**All Rotarians led by
Dir. "Issam" Eldebs**

12:35 PM Introduction of Guests and Visiting
Rotarians and Personalities seated at
the Head Table

Rtn. "Rene" Policarpio

Welcome Song

RCM WF Music Chorale

12:40PM Happy Birthday (RCM Celebrants)

Dec. 2...PP "Ed" Reyes; Dec. 6...Rtn. "Arne" Isberg;
Dec. 8...PD "Alvin" Lacambacal; Dec. 8..Rtn. "Jujut" Enriquez;
Dec.13..STAR Rtn. "Rene" Policarpio; Dec.16..PD "Phil" Ong;
Dec.17..Rtn. "Ave" Cruz; Dec. 19..Rtn. "Mon" Quisumbing;
Dec. 22..PD "Rod" Valencia; Dec. 22..Rtn. "Bob" Sobrepeña;
Dec. 23..Rtn. "Cesar" Sarino; Dec. 26..Rtn. "Joe" De Venecia;
Dec. 27..PP "Boy" Guevara; Dec. 28..Rtn. "Joey" Syjuco;
Dec. 29..DSAA "Dave" Reynolds; Dec. 29..Rtn."Justin" Ocampo

Happy Birthday Song

RCM WF Music Chorale

12:45 PM Induction of new members to RCManila

- I. Brief introduction by Proposers
- II. Formal Induction Ceremony

Pres. "Teddy" Ocampo

Mr. Johannes Albertus Marinus "Hans" Lootzekoot (Dutch)
President and CEO – East West Ageas Life Insurance Corp.
Classification: Insurance-Life Insurance
Proposer: **Rtn. "Rosel" Doval Santos**

Mr. Abdulgani M. Macatoman (Filipino)
 Co-Chairman, Foreign Chamber Council of the Philippines
 Classification: Power Production and Distribution - Solar
 Proposer: **BLA/PD “Amading” Valdez**

Mr. Romeo C. “Romy” Nones (Filipino)
 President, Macrotrade Resources, Inc.
 Classification: Scientific Instruments – Laboratory Equipment
 Proposer: **PD “Alvin” Lacambacal**

Welcome Baby Rotarian Song

RCM WF Music Chorale

12:47 PM President’s Time

Pres. “Teddy” Ocampo

12:50 PM **Christmas Fellowship Performers:**
Repertory Philippines Artists, Singers, Pianist
led by Ms. “Caisa” Borromeo, Mr. “Chesko” Rodriguez;
RCM World Famous Chorale led by Chair. PP “Babes” Reyes

Raffle of prizes courtesy of
 4 units desk fan
 10 red wines courtesy of

PVP “Manny” Dy

Dir. “Bobby” Joseph

2:00 PM Response and Adjournment

Pres. “Teddy” Ocampo

PRESIDENT'S CORNER



Last week, our very own Rtn. Joaquin “Jack” Rodriguez gave us an interesting glimpse on the untold stories behind the powers that be during the ‘70’s to ‘80’s era to the delight of an engaged crowd at our weekly luncheon meeting.

As for updates within our club, our IPDG Obet Pagdanganan made a pitch for our Centennial Celebration at the 2016 Bangkok Rotary Institute from December 1-4, 2016 in Thailand. This was to jumpstart awareness of our centennial celebration as the first Rotary Club in Asia. Likewise, practices and Christmas carolings of our World Famous Chorale is now underway, one of the very reasons which make us proud as Manila Rotarians.

Updates from around the district include the participation of IPDG Obet Pagdanganan and DGN Rudy Bediones at the 2016 Bangkok Rotary Institute from December 1-4, 2016 in Thailand where our very own IPDG Obet Pagdanganan was recognized for having had the highest in net membership during the Rotary Year 2016-2016 while our very own DGN Rudy Bediones underwent training with his fellow DGN’s. A day after, December 5, 2016, IPDG Obet Pagdanganan, DGN Rudy Bediones, CoS Cesar Ubaldo and SDG/DCoS/Dir. Albert Alday attended the District Christmas Party 2016 at the Le Parc Event Hall in Pasay City. This event was hosted by the Rotary Club of Manila Centennial. The next day, December 6, 2016, CoS Cesar Ubaldo attended the Launching of the “On to Atlanta” Rotary International Convention at The Heritage Hotel Manila in Pasay City while IPDG Obet Pagdanganan and DGN Rudy Bediones attended the World Class Presidents Christmas Party at the Cuneta Astrodome in Pasay City.

Today, it’s time for us to reflect on the reason for the season and celebrate the fellowship as Manila Rotarians with our Annual Christmas Fellowship as both the Repertory Philippines and our World Famous Chorale serenade us with the hymns of Christmas. I look forward to your cooperation as we endeavor to make our stars shine this Rotary Year 2016-2017 through meaningful projects and fellowships that will strengthen the bonds of Asia’s First Rotary Club. A Blessed Christmas to and to joys of the Yuletide season to one and all in the service of Rotary!

PREVIEW OF FORTHCOMING GUEST SPEAKERS

January 5, 2017, 12N, Manila Polo Club McKinley Room



HON. AMANDO M. TETANGCO, JR.
Governor, Bangko Sentral Ng Pilipinas

January 12, 2017, 12N, Manila Polo Club McKinley Room



BERNARDO M. VILLEGAS, PhD
Senior Vice President of the University of Asia and the Pacific
Educational Consultant for Parents for Education Foundation Inc.
(PAREF)
Columnist, Manila Bulletin

REPERTORY PHILIPPINES

Repertory Philippines is known as the “most professional english-speaking theater company in the country”. It was formed by five Filipino actors in 1967. It is a non-stock and non-profit professional theater company that aims to create a theater industry in the Philippines that would give venue to actors, directors, designers and other theater workers to use their talents and to earn a living in the work they enjoy. It stages all its productions at REP’S GLOBE THEATER at ONSTAGE in Greenbelt One in Makati.

A group of Five Filipino actors who pooled their meager resources to put up the company — namely Ms. Zeneida Amador, Ms. Carmen Barredo, Mr. Leo Martinez and Mr. and Mrs. Tony Mercado — were the founders of Repertory Philippines in 1967. When they opened their first play, there were seven people in the audience. Only three were paying customers. Today, Repertory Philippines Foundation Incorporated is the Philippines’ only company that has consistently produced at least seven productions a year for forty years. It has an average of 200 performances annually, with audiences ranging in number from 200 to 800 per performance. The company is headed now by Ms. Barredo.

Repertory Philippines had produced more than three hundred plays and is the only company that has productions running every weekend of the year except for the months of June and July. They have productions of Shakespeare’s plays and other classics, comedies and dramas. There were also classical children’s musicals shown on weekend mornings and during the week for school. At present, the company produces four full-length plays, one full-scale musical, one Shakespeare or classic play, and one children’s play each year. Whenever possible, they take shows on the road and they also participated in PHILSTAGE-sponsored outreach activities.

For more than three decades, Repertory Philippines has claimed to achieve three important things. One is that the company established the standard for theater production in the Philippines and paved the way toward more professionalism in Philippine Theater. Another is that the company has trained, developed and launched the careers of many Filipino talents, some of whom have achieved international and national fame. And lastly, they have provided cultural outputs that aid the Department of Education (DepEd) in promoting appreciation of theater literature and theater arts to the general public.



Ms. Caisa Borromeo and **Mr. Chesko Rodriguez** will perform duet song numbers. The former being a winning actress in mainstream; both artists involved in theatre and performing arts, who have worked in Repertory Philippines, Resorts World Manila and in some 9 Theatrical works, Atlantis, Stages, among others.

THE WEEK THAT WAS



Pres. "Teddy" Ocampo calls the 22ND meeting of the **Rotary Club of Manila** to order.



Rtn. "Nicky" Villaseñor as OIC/ Moderator, directs the program of activities.

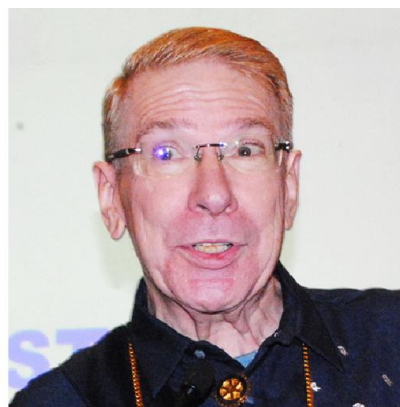


PD "Oca" del Rosaio delivers an ecumenical prayer.



Star Rtn. Zdenek Jankovsky leads in the recitation of the 4-way Test

SAA "Lance" Masters introduces the guests, visiting Rotarians and personalities seated at the presidential table.



SDG/PP "Frank" Evaristo, President, Alay Lakad Foundation, Inc. presents to the **Rotary Club of Manila** through **Pres. "Teddy" Ocampo**, a certificate of recognition to the club's valuable support and members' participation to the annual **"Alay Lakad Walk For A Cause."**



SDG/PP "Frank" Evaristo with brief message post the awarding of certificate of recognition to RCM.



Pres. "Teddy" Ocampo for some brief acknowledgement and announcements during his President's Time.



PD "Oca" del Rosaio introduces fellow member, **Rtn. Joaquin C. "Jack" Rodriguez**, Chairman, Lumad Agro Industrial Ventures Corporation, as guest speaker.



Rtn. Joaquin C. "Jack" Rodriguez presented before Manila Rotarians, Visiting Rotarians and guests a historical account on the life and governance of the late former Philippine President Ferdinand Marcos, among other current issues hugging the limelight.



A pro-active open forum immediately followed right after the speech of Rtn. Joaquin C. “Jack” Rodriguez. Participants were: Anne Baby Ocampo, Rtn. Vee David and Rtn. Tong Payumo.



Pres. “Teddy” Ocampo’s response and presentation to Rtn. Joaquin C. “Jack” Rodriguez a religious icon of Mother and Child, as the club’s token of appreciation, for being the guest speaker



Post-meeting posterity photo with Rtn. Joaquin C. “Jack” Rodriguez (2nd from right) with Pres. “Teddy” Ocampo, PD “Oca” del Rosario and Rtn. “Nicky” Villaseñor.

RCM WEEKLY BIRTHDAY CELEBRANT/S



Pres. “Teddy” Ocampo presents the December-born birthday celebrants in attendance led by himself, together with Dir. “Bobby” Joseph, PDG “Alex” Cureg, PP “Frank” Evaristo, PVP “Mike” Guerrero, PS “George” Salazar, PSAA “Fred” Lim, Rtn. “Manny” Blanco, and STAR Rtn. “Zdenek” Jankovsky, for the traditional blowing of candles on the birthday cake amidst the singing by the **RCM World-Famous Chorale** of the Happy Birthday song.

RCM BOARD MEETING



RCM Board meeting held last Thursday, Dec. 1, 2016 at Manila Polo Club. Show in photo are: **Pres. Teddy Ocampo**, **Sec. Ning Lopez**, **SAA Lance Masters**, **AS Caloy Reyes**, **IPP Ebot Tan**, **Dir. Bobby Joseph**, **VP Babe Romualdez** and **ES Anna Kun Toledo**.

MUSIC COMMITTEE



WF Music Chorale Rehearsal at Infinity Suites, last Tuesday, Dec. 6, 2016. Present were: **PP/Chair. Babes Reyes**, **Rtn. Jack Rodriguez**, **PD Beda Fajardo**, **PP Francis Juico**, **PD Nick Locsin**, **PD Oscar del Rosario**, **PT Jim Chua**, **Rtn. Nicky Villasenor**, **PS George Salazar**, **Rtn. Karl Leung** and **Musical Director Emil Cruz**.



WF Music Chorale renders Christmas Carolling for Rtn. **Henry Villarica** and family. Present during the Christmas Carolling were: PT **Jim Chua**, Pres. **Teddy Ocampo**, PP **Francis Juico**, PD **Beda Fajardo**, Rtn. **Jason Ong**, Rtn. **Jack Rodriguez**, PD **Nick Locsin**, PD **Oscar del Rosario**, PP/Chair. **Babes Reyes**, Rtn. **Nicky Villaseñor**, Rtn. **Karl Leung**, PS **George Salazar** and Musical Director **Emil Cruz**.

DISTRICT 3810 CHRISTMAS PARTY



IPDG Obet Pagdanganan, DGN Rudy Bediones, CoS Cesar Ubaldo and SDG/DCoS/Dir. Albert Alday attended the District Christmas Party 2016 at the Le Parc Event Hall in Pasay City last December 5, 2016.

WCP CHRISTMAS PARTY



IPDG Obet Pagdanganan and **DGN Rudy Bediones** attended the World Class Presidents Christmas Party at the Cuneta Astrodome in Pasay City last December 6, 2016.

UNITED MANILA WCP



DGN Rudy Bediones with the United Manila WCP's on 9 April 2016 at the Aristocrat restaurant

SKFI GIFT GIVING 2016

Sagip Kabataan Foundation Gift Giving 2016 at Asilo de San Vicente de Paul Dec 1, 2016



Welcome song number by the children of Asilo de San Vicente de Paul



Sagip Kabataan Found Pres- PD Abe Pascual with trustees PDG Sonny Ventura and PP Benny Laguesma and Sisters Fe and Daisy



Message of Inspiration by Pres Teddy Ocampo, PDG Sonny Ventura, for the children of Asilo de San Vicente de Paul. Sis Fe (head of social services) delivers message of thanks



Presentation of Books donated by Rtn. Emyl Eugenio represented by Anna Marie de Castro of C & E Foundation.



33 snack packs and 2 boxes of books for the Children of Asilo de San Vicente de Paul through Sagip Kabataan Foundation of RCM donated by Rtn. Emyl Eugenio.



Above photo shows Individual gift packs for the 33 children at Asilo de San Vicente de Paul by PDG Sonny And spouse Lyndia Ventura. Mid photo shows Sagip Kabataan Foundation individual gift packs for the 33 children of Asilo de San Vicente de Paul. 3rd photo shows cartons of assorted nutritious drink and canned food and 1 sack of rice donated by PP Benny Laguesma

SAGIP KABATAAN CHRISTMAS GIFT GIVING 2016				
Thursday December 1, 2016				
Asilo de San Vicente de Paul				
			OR#	AMOUNT
1	Rtn Celso Abastillas		20	10,000.00
2	Rtn Cris Acosta		15	5,000.00
3	Rtn Emyl Eugenio		2 boxes of books & 33 individual snack packs	
4	PP Benny Laguesma		1 box of Milo, 1 box of sardines, 2 boxes of biscuits and 1 sack rice	
5	PD Ner Lonzaga		18	5,000.00
6	Sec Ning Lopez		19	5,000.00
7	Dir Susing Pineda		16	5,000.00
8	PE Jimmie Policarpio		17	5,000.00
9	PT Lito Sibayan		21	3,000.00
10	PD Oscar del Rosario, Sr.		23	5,000.00
11	Ventura, Sonny		33 individual gift packs for the children of Asilo de San Vicente de Paul	
			Php	43,000.00

CONSULAR CORPS BALL



RCM Members who attended the Consular Corps Ball held last December 3, 2016, Saturday, at the Rizal Ballroom of Shangri-La Hotel, Makati. Photo shows Atty. Salvador S. Panelo, Chief Legal Counsel, Office of the President, with BLA/PD "Amading" and Spouse "Nellie" Valdez, SDG/PP "Frank" Evaristo and Ms. "Vicky" Montilla, PD "Ner" and Spouse "Femy" Lonzaga, Rtn. "Celso" and Spouse "Ging" Abastillas, STAR Rtn. "Ric" Ramos, PD "Oca" Del Rosario.



RCM Members DE/Dir. "Bobby" Joseph, Dir. "Art" Lopez, Rtn. "Joe" Assad, Rtn. "Farid" Schoucair and guests enjoying each other's company at the Consular Corps Ball.

ROTARY INSTITUTE IN BANGKOK, THAILAND



DGN Rudy Bediones receiving his Certificate of Recognition from PDG Paul Lee after completing the Seminar for District Governors Nominee Training held at the Centara Grand Hotel in Bangkok, December 1, 2016.



DGN Rudy Bediones with his fellow District Governors Nominee from the Philippines at the Bangkok Rotary Institute in Thailand last December 1-4, 2016.



IPDG Obet Pagdanganan and **DGN Rudy Bediones** with **DG Ernesto Yuyek** and **PDG Ernie Choa** at the Bangkok Rotary Institute in Thailand last December 1-4, 2016.



IPDG Obet Pagdanganan inviting the delegates of the Rotary Zone Institute to the Centennial celebration of the Rotary Club of Manila



RCM's Obet Pagdanganan announcing the Centennial Celebration of RC Manila and the founding of Rotary in Asia in 1919, at the welcome dinner tendered last night by IPDG Chaivai and other Thai IPDGs for Classmates, the "World Class Governors" attending the 2016 Rotary Institute in Bangkok!

SPEECH AT THE 2016 BANGKOK ROTARY INSTITUTE

Delivered by IPDG Roberto "Obet" Pagdanganan, during the Third Plenary Session on December 3, 2016,
Centara Grand Hotel
(with accompanying power point presentation)



RI President-elect Ian Risely, RI Director and Institute Convener Saowalak Rattanaich, other Rotarian dignitaries and guests,
Good afternoon!

Thank you very much, indeed, for this opportunity to present to you some of the best practices on WATER, SANITATION AND HYGIENE, or WASH service projects in the Philippines. Just to put things in context, I will begin by quickly walking you through some facts that are probably familiar to many of you already.

WATER IS LIFE! What a truism!

But of course, the opposite is likewise true. No water, no life! Put another way, lack of water can lead to loss of life, due to poor sanitation.

Unfortunately, poor sanitation is already a crisis of global proportion according to the United Nations World Health Organization. Consider the following statistics:

- 1.) 2.4 Billion people do not have access to proper sanitation facilities;
 *1,000 children under the age of 5 years, are killed each day by a toxic mix of unsafe drinking water;
 *160 Million children suffer from stunting;
 * Poor sanitation causes adverse pregnancy outcomes, spread of diseases, and impacts on the dignity of women and children.
- 2.) Southern Asia is home to:
 *40% of people lacking in sanitation and
 *67% of people practicing open defecation, of which *60% comes from India alone.
- 3.) In the Philippines,
 *74% have improved sanitation, but 8% still practice open defecation.
 *Diarrhea is the 3rd leading cause of child illness and 4th leading cause of deaths among children under 5 years of age.
 *Lack of clean water and sanitary facilities kills 55 people everyday!

Aware of these serious health concerns, Filipino Rotarians have been undertaking numerous community service projects focused on Water, Sanitation and Hygiene. But much remains to be done.

Last March 18-19, 2016, the Presidential Conference on WASH, one of five Presidential Conferences worldwide, was held in the Philippines, led by then RI President Ravi Ravindran and RI Director Guiller Tumangan. Among the activities conducted during the Conference, was a competition to select the most outstanding WASH projects in Rotary. The Board of Judges were led by the President of World Bank, and the UNICEF Resident Representative. Among the twelve winners that they selected were the projects submitted by three of the most outstanding clubs in our District 3810. This afternoon, I'm deeply honored to be tasked to present these winning projects.

1.) ROTARY CLUB OF INTRAMUROS:

The first winning project was undertaken by the Rotary Club of Intramuros Manila, led by World Class President Cosette Chua. RC Intramuros, chartered on March 1, 1981, has conducted numerous service projects over the years, focused on helping indigent children, providing them with health needs, like medicines, vision screening, and proper nutrition.

In the year 2005, the Club launched another flagship project aptly labeled, "HANDOG POSO NG ROTARY", which roughly translated means, ARTESIAN WELL GIFTS FROM ROTARY. Their foreign partner was the Rotary Club of Batemans, RI District 9710, in New South Wales, Australia.

RC Intramuros and RC Batemans, using club funds and matching grants, have been donating artesian wells to rural public schools and villages, in different regions of our country, as shown in the map onscreen: at the National Capital Region, Calabarzon or Southern Tagalog, Central Luzon and even in Zamboanga Peninsula in Mindanao.

Their biggest WASH projects so far, are the following:

- a.) A solar powered integrated water system for a school for Hearing impaired students at the DEAF School in Laguna, and;
- b.) A complete water system, with a 2,500 gallon tank, and electric motor pump, for Hansenite patients in the 2,000-bed Jose Rodriguez Memorial Hospital in Tala, Caloocan City.

2.) ROTARY CLUB OF PASAY WEST:

The second winning entry was submitted by the Rotary Club of Pasay West, led by World Class President Meg Alvero.

RC Pasay West, chartered on May 25, 1993, has adopted the indigenous Aetas of Sitio Calapi in Mabalacat, Pampanga, since 2009, providing them with school supplies, medical needs, and other livelihood supports.

This WASH project which cost One Million Yen, was undertaken by the Rotary Club of Pasay West in partnership with Rotary International District 2700 in Fukuoka, Japan, and RC of Kurumi. This project provided potable water supply to the 82 Aeta families, composed of more than three hundred adults and children.

RC Clark Field, their local partner supervised the project construction. Water was sourced from a mountain spring one kilometer away from Sitio Calapi. It was pumped using the low cost but effective Ram Pump System to three storage tanks, strategically located in the village to facilitate access by the residents, and one storage tank for the Calapi Negrito Elementary School.

Sustainability of the project was assured with the formation of a Rotary Community Corps headed by the Village Chieftain, and the Teacher in charge of the Elementary School.

The joy experienced by the young Aetas in being able to bathe with flowing water and shampoo for the first time, was captured by the following short video. (show video for one minute).

3.) ROTARY CLUB OF HIYAS NG MAYNILA:

The third winning entry, is this WASH project being undertaken by the Rotary Club of Hiyas Ng Manila, which was chartered on June 24, 1998. Their global partners are the Rotary Club of Gimcheon, Korea, RI District 3650 and RIDistrict 3630. The project was spearheaded by World Class President Blue Yeong Jeong Seok and PP Mari Yuda.

Estimated to cost USD175,000, this WASH project will benefit the 2,700 residents in the remote fishing village of Talaotao, Looc, Lubang Island, in the Province of Mindoro. It consists of a complete water system with a four (4) cubic meter concrete water tank, distribution system, a sustainable ecological toilet, and sanitation facilities for the Talaotao Elementary School.

The slides show the school children being taught proper hand washing technics, and given books and other learning materials. The local population and authorities are fully supportive of the project. The TRF Cadre also closely monitors its implementation.

However, construction was delayed by a number of typhoons that visited the island during the last two years. Unfortunately, as many as 20 typhoons hit the Philippines every year. Barring any more major fortuitous event, this WASH project is expected to be finished and fully operational by February, 2017!

WASH community service projects will continue to be prioritized by Philippine Rotary Clubs in the years to come, until the problems caused by poor sanitation and lack of clean water supply are greatly minimized if not eliminated. I'm sure you are all as concerned as we are, about this Rotary area of focus.

2019: ROTARY'S CENTENNIAL ANNIVERSARY IN ASIA!

Before closing, please allow me to update you on something of special interest to all of us Asian Rotarians.

The Rotary Club of Manila, the first in Asia, will celebrate its Centennial Anniversary on June 1, 1919. This will of course also be the centennial anniversary of the FOUNDING OF ROTARY IN ASIA, which calls for great celebration!

Having been designated Chairman of the RCM Centennial Organizing Committee, may I take the liberty to invite everyone, on behalf of RC Manila, so that TOGETHER, WE ASIAN ROTARIANS CAN CELEBRATE OUR STRUGGLES AND SUCCESSES DURING THE FIRST ONE HUNDRED YEARS OF ROTARY IN ASIA!!!

As was mentioned by RI President Elect Ian Risely in his keynote address last night, ASIA is presently, Rotary's fastest growing region in the world! This centennial celebration is therefore, a most opportune time for us to also assess and strategically plan, the significant role of Asian Rotarians in SERVING ABOVE SELF AND DOING GOOD IN THE WORLD in the next 100 years!

We will communicate with you and will highly appreciate your cooperation to ensure a most successful centennial celebration!

MABUHAY AT MARAMING SALAMAT PO!

Kop Kun Kap!

GOVERNOR'S MONTHLY LETTER

GOVERNOR'S MONTHLY LETTER ★ NOVEMBER 2016

ASIA'S FIRST ROTARY CLUB TURNS OVER TWENTY-SIX (26) HOUSING UNITS IN NUEVA ECija

The last batch of shelter projects made possible through the **Rotary Club of Manila** by the **Governor Kai Fund** (Rotary Japan) and our sister clubs, the **Rotary Club of Bangkok**, the **Rotary Club of Osaka East** and the **Rotary Club of Kowloon East**, for victims of Typhoon Santi (2013), Typhoon Lando (2015) and Typhoon Nona (2015) in Barangay Pamacpacan, Jaen, Nueva Ecija were turned over last November 12, 2016. These consisted of twenty-six (26) housing units in cooperation with Gawad Kalinga. **SDG Frank Evaristo** and I were on hand to witness this historic event. Likewise present during the said event were **Mr. Luisito E. Luna** (Project Director), Most Sacred Heart of Jesus Community President **Juanito de la Cruz** and **Mr. Marcos Pangilinan** (Vice President). The selection of beneficiaries was jointly undertaken by the Department of Social Welfare and Development (DSWD), the Parish and the Kapitbahayan. DSWD monitors the participation of beneficiaries' volunteer time in the construction of their units, provides Day Care for the children of the community, sustains the Pangtawid Pangpamilya Program as well as the cash to build houses in that community. A sumptuous meal for the guests followed after the formal presentation of the donation.





RC MANILA-GAWAD KALINGA VILLAGE JAEN, NUEVA ECIJA

ON OCTOBER 13, 2013 TYPHOON SANTI CROSSED NUEVA ECIJA AND DEMASTATED THE AREA. AFTER TWO YEARS TWO POWERFUL TROPICAL CYCLONES STRUCK THE COMMUNITY: TYPHOON LANDO IN OCTOBER 18, 2015 AND TYPHOON NORA IN DECEMBER 19, 2015. THE RESILIENT AND BRAVE FARMERS OF JAEN NUEVA ECIJA WASTED NO TIME IN STARTING THE LONG PROCESS OF REBUILDING THEIR LIVES.

THIS HOME SITE WHICH IS BEING TURNED OVER TODAY TO 26 FAMILIES WAS MADE POSSIBLE THRU THE GENEROSITY OF GOVERNOR KAI (ROTARY JAPAN), ROTARY CLUBS OF BANGKOK, OSAKA EAST, KOWLOON EAST AND MANILA, THE FIRST ROTARY IN ASIA IN COOPERATION WITH GAWAD KALINGA.

TURNED OVER THIS 12TH DAY OF NOVEMBER 2016



The signing of the Memorandum of Agreement between Gawad Kalinga by Mr. Jon Ramos and the Donor -- Mrs. Arceli Cua with Municipal Mayor Sylvia Austria and the Rotary Club of Manila led by President Teddy Ocampo as witnesses. Standing from L to R are Mr. Bebot Bolisay (Provincial Head Gawad Kalinga Nueva Ecija), Luisito E. de Luna (Project Director), Mr. Dante Buan (In Charge of Social Services, Municipality of Jaen), Ms. Paperlyn U. Pablo (DSWD Social Worker Officer) and SDG Frank Evaristo (standing).



Most Sacred Heart Community of Gawad Kalinga witnessed the unveiling of the marker



Singing of the Philippine National Anthem by the Kapitbahayan led by Mrs. Vilma de Leon which was followed by the Invocation of the Project Director



Response in behalf of the beneficiaries was delivered by Armando Villeza followed by the message by DSWD Social Worker Officer Paperlyn U. Pablo.

The awarding of the houses with the symbolic presentation of the key by President Teddy Ocampo, SDG Frank Evaristo, Gawad Kalinga and Mrs. Arceli Chua to the beneficiaries as witnessed by Mayor Sylvia Austria.

ON THE LIGHTER SIDE



PDG VINCE CARLOS

Holy Humor

A father was approached by his small son who told him proudly, "I know what the Bible means!"

His father smiled and replied, "What do you mean, you 'know' what the Bible means?"

The son replied, "I do know!" "Okay," said his father. "What does the Bible mean?"

"That's easy, Daddy..." the young boy replied excitedly, "It stands for 'Basic Information Before Leaving Earth.'"

* * * * *

There was a very gracious lady who was mailing an old family Bible to her brother in another part of the country.

"Is there anything breakable in here?" asked the postal clerk.

"Only the Ten Commandments," answered the lady.

* * * * *

"Somebody has said there are only two kinds of people in the world.

There are those who wake up in the morning and say, "Good morning, Lord," and there are those who wake up in the morning and say, "Good Lord, it's morning."

* * * * *

A minister parked his car in a no-parking zone in a large city because he was short of time and couldn't find a space with a meter.

Then he put a note under the windshield wiper that read: "I have circled the block 10 times. If I don't park here, I'll miss my appointment. Forgive us our trespasses."

When he returned, he found a citation from a police officer along with this note "I've circled this block for 10 years. If I don't give you a ticket

I'll lose my job. Lead us not into temptation."

* * * * *

There is the story of a pastor who got up one Sunday and announced to his congregation: "I have good news and bad news. The good news is, we have enough money to pay for our new building program. The bad news is, it's still out there in your pockets."

* * * * *

While driving in Pennsylvania, a family caught up to an Amish carriage. The owner of the carriage obviously had a sense of humor, because attached to the back of the carriage was a hand printed sign... "Energy efficient vehicle: Runs on oats and grass. Caution: Do not step in exhaust."

* * * * *

A Sunday school teacher began her lesson with a question, "Boys and girls, what do we know about God?"

A hand shot up in the air. "He is an artist!" said the kindergarten boy.

"Really? How do you know?" the teacher asked.

"You know - Our Father, who does art in Heaven.."

* * * * *

A minister waited in line to have his car filled with gas just before a long holiday weekend. The attendant worked quickly, but there were many cars ahead of him. Finally, the attendant motioned him toward a vacant pump.

"Reverend," said the young man, "I'm so sorry about the delay. It seems as if everyone waits until the last minute to get ready for a long trip."

The minister chuckled, "I know what you mean. It's the same in my business."

* * * * *

People want the front of the bus, the back of the church, and the center of attention.

* * * * *

Sunday after church, a Mom asked her very young daughter what the lesson was about.

The daughter answered, "Don't be scared, you'll get your quilt."

Needless to say, the Mom was perplexed. Later in the day, the pastor stopped by for tea and the Mom asked him what that morning's Sunday school lesson was about.

He said "Be not afraid, thy comforter is coming."

* * * * *

The minister was preoccupied with thoughts of how he was going to ask the congregation to come up with more money than they were expecting for repairs to the church building. Therefore, he was annoyed to find that the regular organist was sick and a substitute had been brought in at the last minute. The substitute wanted to know what to play.

"Here's a copy of the service," he said impatiently. "But, you'll have to think of something to play after I make the announcement about the finances."

During the service, the minister paused and said, "Brothers and Sisters, we are in great difficulty; the roof repairs cost twice as much as we expected and we need \$4,000 more. Any of you who can pledge \$100 or more, please stand up."

At that moment, the substitute organist played "The Star Spangled Banner."

And that is how the substitute became the regular organist!

* * * * *

Just sayin' - When you carry the Bible, Satan gets a headache..... When you open it, he collapses..... When he sees you reading it, he faints..... When he sees that you are living what you read, he flees..... And when you are about to forward this message.... He will try and discourage you.. I just defeated him!!! Any other takers?

* * * * *

As this is the last meeting of our club for the year, I wish to extend my Christmas greetings to all of you. Let us thank the Lord for the manifold blessings that He has given us and look forward for a more peaceful and joyful 2017.

PUBLIC HEALTH NUTRITION AND CHILD CARE



BEAT YOUR CHRISTMAS ANXIETY “Have a stress-free Christmas”

Elias D. Adamos, M.D.

Perhaps this Christmas article can be summed up by the words of a famous Christmas song recorded by Judy Garland, for the 1944 MGM musical “Meet Me in St. Louis.” The opening lines to the song, written by American composers, Hugh Martin (1914-2011) and Ralph Blane (1914-1995) penetrates the heart: ***“Have yourself a merry little Christmas. Let your heart be light. From now on our troubles will be out of sight.”***

Today is the 8th of December, the Feast of the Immaculate Conception, and 17 days before Christmas. I am writing this as the 8th part to my series of articles with the title, “We are living in dangerous times.” This piece deals about enjoying Christmas and not worrying about the Holidays.

Christmas: A mixture of excitement and nervousness (Christmas Anxiety)

Christmas to singer Johnny Mathis: “It’s the most wonderful time of the year!” Yes, it is. But to anxiety sufferers – the worriers – Christmas can be the most traumatic time of the year. Reason: *The National Institute for Health and Care* in the United Kingdom was the first to issue guidelines on this subject and defined it as “persistent fear or anxiety about one or more social or performance situations that is out of proportion to the actual threat posed by the situation.” They called it Christmas Anxiety and the condition can start at an early “median age of onset” of 13. The sufferer may recover before adulthood but to some unfortunate ones, the anxiety may persist in adult life. There’s no gender predilection; in other words both men and women can be equally affected.

What triggers Christmas anxiety?

Christmas anxiety may be brought about by: **Financial problems** in the approaching Holidays; **Unhappy memories** (the condition can be present even in the presence of family members during reunions); **Parties** (some are afraid of being talked about if they did not attend so they just attend even though it’s uncomfortable for them); **Toxic relatives** (you will be in the same room with relatives you’ve tried to avoid the rest of the year); **Life-changing events** (separation, annulment of marriage, death of a loved one, chronic illness, retirement, getting removed from your job, etc.); **Life’s monotony** (same faces, same jokes, same stories, same food, same party venue, etc.); and **Lowered immune system** (partying can take you back to old habits: cigarettes, alcohol, unhealthy foods, lack of sleep, lack of exercise, and weather diseases, such as flu and cold).

Beating your Christmas anxiety

The key and instant solution is on you. **Take control over the Holidays instead of letting them control you.** Keep in mind and in your heart: Christmas is not about the value of gifts or giving gifts. It is about your ***“gift of giving and sharing.”*** After all, Christmas is about Christ in the manger – God’s Greatest Gift to all of us. **Merry Christmas and a Happy New Year!**

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