



Kabalita

No. 3674, November 24, 2016

GUEST SPEAKER



DR. DILIP DESHMUKH

Founder & Chairman

Rotary Deaf School

Convenor of International RYLA-The Deaf Way

KABALITA

We hear it loud and clear, the Rotary Deaf School Top Honcho is here as we read the signs of the times at Asia's First Rotary Club.

<u>What's Inside</u>	
Programme	2
President's Corner	3
Guest Speaker's Profile	4
Preview of Forthcoming Guest Speakers	5
The Week That Was	6-10
RCM Weekly Birthday Celebrants	11
RC Manila Metro 21st Charter Anniversary	11-12
RCM Centennial Committee	13
Music Committee	14-15
RC Kowloon East 47th Anniversary & Fund Raising Ball	16-26
Cogs in the Wheel	27
News Release	28-29
On the lighter side	30-31
Public Health Nutrition and Child Care	32
Advertisement	33-35

THE ROTARY CLUB OF MANILA

BOARD OF DIRECTORS and

Executive Officers 2016-2017

TEDDY OCAMPO

President

EBOT TAN

Immediate Past President

BABE ROMUALDEZ

Vice President

BOBBY JOSEPH

ALBERT ALDAY

SUSING PINEDA

CHITO ZALDARRIAGA

ART LOPEZ

ISSAM ELDEBS

Directors

NING LOPEZ

Secretary

CHITO TAGAYSAY

Treasurer

LANCE MASTERS

Sergeant-At-Arms

AMADING VALDEZ

Board Legal Adviser

CALOY REYES

Assistant Secretary

RAOUL VILLEGAS

Assistant Treasurer

DAVE REYNOLDS

Deputy Sergeant At Arms

PROGRAM

RCM's 20th for Rotary Year 2016-17

Thursday, November 24, 2016, 12N, Manila Polo Club McKinley Room

OIC/Moderator : **PP “Cesar” Ubaldo**

Program Timetable

11:30 PM Registration and Cocktails

12:25 PM Bell to be Rung:
Members and Guests are
requested to be seated

PP “Cesar” Ubaldo

12:30 PM Call to order

Pres. “Teddy” Ocampo

Republic of the Philippines
National Anthem

RCM WF Music Chorale

Invocation

PVP “Mike” Guerrero

RCManila Hymn

RCM WF Music Chorale

The Four (4) Way Test Credo

**All Rotarians led by
STAR Rtn. “Rocco”
Sarmiento**

12:35 PM Introduction of Guests and Visiting
Rotarians and
Personalities seated at the Head Table
Welcome Song

STAR Rtn. ‘Guille’ Devoto

RCM WF Music Chorale

12:40 PM Happy Birthday (RCM Celebrants)
Nov. 24...Rtn. “Ricky” Laurel;
Nov. 25...Rtn. “Tony” Lopez;
Nov. 26...STAR Rtn. “Mon” Alberto;
Nov. 27...PDSAA “Tony” Lopa
Happy Birthday Song

RCM WF Music Chorale

12:45 PM President’s Time

Pres. “Teddy” Ocampo

12:47 PM Introduction of Guest of Speaker

Rtn. “Johnny” Chotrani

ADDRESS: **Dr. Dilip Deshmukh**

Founder & Chairman of Rotary Deaf School
Former President of Medical Association of
Ichalkaranji, India
Convenor of International RYLA - The Deaf Way,
The First of its kind event in the Rotary World

Public Forum

Response, Presentation of token of appreciation to
Dr. Dilip Deshmukh

Pres. “Teddy” Ocampo

2:00 PM Adjournment

PRESIDENT'S CORNER



Last week, the pride of our club, our very own VPE/VP Babe Romualdez, in his capacity as Special Envoy of the Philippines to the USA, discussed thoroughly the present state of US-Philippine relations and how we could bring back that kind of warmth we are used to.

As for updates within our club, last November 19, 2016, our Rotaract club, the Rotaract Club of Manila held a successful block screening of “Fantastic Beasts and Where To Find Them” at the SM Aura Premier, Bonifacio Global City in Taguig. The days after, November 20-21, 2016, SDG Frank Evaristo, PP Francis Juico, PD Ed Lee, PD Ner Lonzaga, Secretary Ning Lopez, Rtn. Thad Llamzon and I attended the Anniversary Ball of our sister club, the Rotary Club of Kowloon East. Together with us was our ever reliable Executive Secretary Anna Kun Toledo who documented the blow by blow accounts of our sojourn in Hong Kong.

Updates from around the district include the participation of CoS Cesar Ubaldo at the Governor’s Visit of the Rotary Club of Manila Bay at the Tiara Hotel last November 17, 2016 and during the evening of that same day, he likewise attended the 3rd Induction and 2nd Handover Ceremonies of the Rotary Club of España Manila at the Philam Homes Clubhouse in Quezon City where my classmate, ASP Wacky Arca, was inducted as President for RY 2016-2017. Three days later, November 20, 2016, our district launched the End Polio Fund Drive in celebration of The Rotary Foundation’s 100 Years at the Quirino Grandstand in Manila and this event was hosted by the Rotary Club of Ermita Manila. Two days later, November 22, 2016, IPDG Obet Pagdanganan, PDG Vince Carlos, DGN Rudy Bediones and CoS Cesar Ubaldo attended the 21st Charter Anniversary of the Rotary Club of Manila Metro at the Spiral International Buffet of the Sofitel Philippine Plaza Manila in Pasay City. A day later, November 23, 2016, CoS Cesar Ubaldo and SDG/Dir. Albert Alday attended the Governor’s Visit and later, Induction of the Rotary Club of J.P. Laurel Malacañang at the Bayview Park Hotel in Manila where my classmate, ASP Cathy Tindoy, was inducted as President for RY 2016-2017.

Today, we welcome Dr. Dilip Deshmukh, Founder and Chairman of the Rotary Deaf School, as he gives a talk on “Sign Language and Bilingualism in Deaf Education”. I look forward to your cooperation as we endeavor to make our stars shine this Rotary Year 2016-2017 through meaningful projects and fellowships that will strengthen the bonds of Asia’s First Rotary Club.

GUEST OF HONOR AND SPEAKER'S PROFILE



Rtn Dr Dilip Deshmukh is a Charter Member of Rotary Club of Ichalkaranji (Dist 3170). He was Club President during 1986-87 & Asst Gov during 1998-99. He was the Founder & Chairman of Rotary Deaf School during 1981-96. He was the President of Medical Association of Ichalkaranji during 1995-96. He was the Convenor of International RYLA - The Deaf Way held in 2006, the first of its kind event in Rotary World. After attending the International Conference 'The Deaf Way' as a paper presenter hosted by Gallaudet University, Washington D.C in July 1989; he realized the importance of Sign Language. Then as A 'Rotary Volunteer ' he has organized orientation course on 'Sign Language & Bilingualism in Deaf Education' in India as well as in Pakistan, Australia, New Zealand, Russia & Nigeria. He has written a book on this vital subject, which is the only book written by an Indian author. He is a co-investigator of Indo USA Research Project to identify genes causing 'Non Syndromic Hereditary Hearing Impairment '. He is conferred upon by prestigious award 'Service Above Self' by Rotary International. He is a Paul Harris Fellow.

PREVIEW OF FORTHCOMING GUEST SPEAKERS

December 8, 2016, 12N, Manila Polo Club McKinley Room



Rotary Club of Manila Christmas Fellowship (Last Thursday Meeting of 2016) Featured Performers: Mr. Jose Mari Chan, Ms. Dulce Amor, Ms. Caisa Borromeo, RCM World-Famous Chorale....

December 1, 2016, 12N, Manila Polo Club McKinley Room



Hon. AMADO D. "Amading" VALDEZ

Chairman, Social Security System
RCManila Board Legal Adviser and Past Director

January 5, 2017, 12N, Manila Polo Club McKinley Room



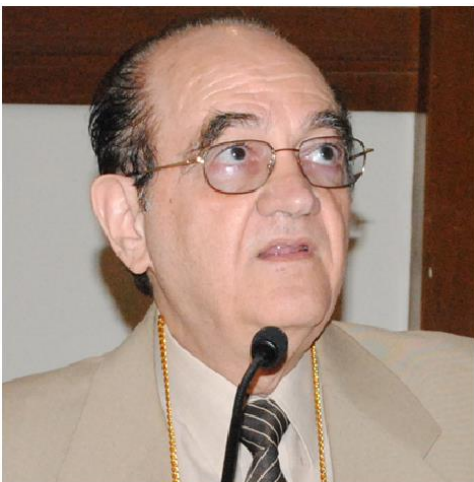
Hon. AMANDO M. TETANGCO, JR.

Governor, Bangko Sentral Ng Pilipinas

THE WEEK THAT WAS...



Pres. "Teddy" Ocampo calls the 19th meeting of the Rotary Club of Manila to order.



Rtn. "Jack" Rodriguez, Co-Chariman, Program Committee, as OIC/Moderator, directs the program of activities.



STAR Rtn. "Jodi" Bantug delivers an ecumenical prayer.



STAR Rtn. "Ric" Ramos leads fellow Rotarians in renewing its commitment to the Rotary Credo by reciting the four (4) way test.



Dir. "Art" Lopez introduces the guests, visiting Rotarians and personalities seated at the presidential table,.



Rtn. "Abe" Pascual, President, Sagip Kabataan Foundation, acknowledges the sponsors/donors to the forthcoming December 1 Christmas Fellowship Cum Gift-Giving for the wards of the Sagip Kabataan Center.



Former member, Mr. **“Andy” Liuson** announces on his book entitled **“Lifestyle”** distributed to **RCMers’** as giveaways.



Rtn. **“Pepe” Rodriguez** introduces **VPE/VP Jose Manuel D. “Babe” Romualdez**, Philippines Special Envoy Designate to the USA, as guest speaker.



VPE/VP Babe Romualdez, Special Envoy of the Philippines to the USA, presented before his fellow Manila Rotarians, Visiting Rotarians and guests, his take on the present state of US-Philippine Relations.





A pro-active open forum immediately followed right after the speech of VPE/VP Jose Manuel D. “Babe” Romualdez.



Pres. “Teddy” Ocampo’s response and presentation to VPE/VP Jose Manuel D. “Babe” Romualdez, a religious icon of Mother and Child, as the club’s token of appreciation, for being the guest speaker.

RCM WEEKLY BIRTHDAY CELEBRANTS



Pres. **“Teddy” Ocampo** presents the birthday celebrants of the week in attendance : PDG **“Vince” Carlos** and Rtn. **“Jun-Jun” Capistrano**, for the blowing of candle on the birthday cake amidst the singing by the **RCM World-Famous Chorale** of the “Happy Birthday” song. Other celebrants acknowledged in absentia were PD **“Knud” Hedeager** and Rtn. **“Mon” Ko**.

RC MANILA METRO 21ST CHARTER ANNIVERSARY





Last November 22, 2016, IPDG/PP Obet Pagdanganan, PDG/PP Vince Carlos, DGN/IPCoS/PP Rudy Bediones and CoS/IPSDG/PP Cesar Ubaldo attended the 21st Charter Anniversary of the Rotary Club of Manila Metro at the Spiral International Buffet of the Sofitel Philippine Plaza Manila in Pasay City.

RCM CENTENNIAL COMMITTEE



RCM Centennial Working Committee met last Thursday Nov 17, 2016 to plan for the RCM - Rotary Centennial in Asia celebration.. held at the German Club that was hosted by **PE Jimmie Policarpio**. Present during the meeting were: **PE Jimmie Policarpio**, **IPDG Obet Pagdanganan**, **Pres. Teddy Ocampo**, **PD Alvin Lacambacal**, **Rtn. Hermie Esguerra** and **ES Anna Kun Toledo**.



From L-R: (seated) **PE Jimmie Policarpio**, **IPDG Obet Pagdanganan**, **Pres. Teddy Ocampo**. (standing) **PD Alvin Lacambacal**, **ES Anna Kun Toledo** and **DGN Rudy Bediones**

WF MUSIC COMMITTEE



WF Music Chorale practice at Bel Air 2, held last Thursday, Nov. 17, 2016. Present were: **PS George Salazar, SAA Lance Masters, PD Beda Fajardo, Star Rtn. Karl Leung, Rtn. Nilo Aventura, PT Jim Chua, PD Oscar del Rosario, Rtn. Jason Ong, Rtn. Jack Bautista, PP Francis Juico, Rtn. Thad Liamzon, Rtn. Jun Jun Capistrano and Musical Director Emil Cruz.**



WF Music Chorale practice at Bel Air 2, held last Thursday, Nov. 17, 2016. Present were: **PS George Salazar, SAA Lance Masters, PD Beda Fajardo, Star Rtn. Karl Leung, Rtn. Nilo Aventura, PT Jim Chua, PD Oscar del Rosario, Rtn. Jason Ong, Rtn. Jack Bautista, PP Francis Juico, Rtn. Thad Liamzon, Rtn. Jun Jun Capistrano and Musical Director Emil Cruz.**

RC KOWLOON EAST 47TH ANNIVERSARY & FUND RAISING BALL



A warm welcome for RCManila delegation at the airport by RC Kowloon East PP Joseph Leung, PP Albert Poon, PE Albert Ip and Pres. Willy Liu.



From L-R: RC Kowloon East Past President Lai Ping Lun, PP Albert Poon, Pres Teddy Ocampo, PP Frank Evaristo and Ms Vicky Montilla were welcomed at the airport Sunday Nov 20, 2016.



Welcome Dinner Nov 20, 2016 at Tung Yuen Restaurant HK in honor of sister clubs - Rotary Clubs of Manila, Bangkok, Taipei East, Taipei Ricardo and Sae Seoul Korea.

RC KOWLOON EAST 47TH ANNIVERSARY & FUND RAISING BALL



1st photo shows RCKowloon East PP Billy Lam with PP Francis Juico and PD Ner Lonzaga.. The delegation of Rotary Club of Manila at the Welcome Dinner Fellowship



At the Welcome Dinner, each sister club participated in the singing fellowship.



Friendship song sung by Rotary club of Kowloon East IPP Victor Lo, PP Albert Poon and Rotary Club of Manila Rtn Thad Liamzon



Rotary Club of Kowloon East Pres Willy Liu thanking visiting sister clubs for gracing the occasion



Presentation of the 85 years history book of Rotary Club of Bangkok (Siam) to Rotary Club of Manila Pres Teddy Ocampo



At the Gala Dinner of RC Kowloon East 47th Fund Raising Ball held at the Grand Hyatt Hotel—visiting Rotary Clubs with RC Kowloon East singing the Rotary Hymn.



Head delegation of sister clubs at the ceremonial lion dance to open the celebration of **Rotary Club of Kowloon East 47th Fund Raising Anniversary Ball**



Ceremonies for the lion dance - Pres Teddy Ocampo with PE Albert Ip (ball chairman)





RCM Delegation With PP Joseph Cheung, PP Francis Juico, Ms. Vicky Montilla, SDG Frank Evaristo, PD Ner Lonzaga, Sec. Ning and spouse Joy Lopez and Rtn. Thad Liamzon.



Rc Kowloon East recognizing distinguished members of the Rotary Club of Manila delegation.



Exchange bannerettes between RCManila and RC Sae Seoul Korea



Pres Teddy Ocampo presenting the club's donation to the Rotary Club of Kowloon East President Willy Liu

COGS IN THE WHEEL



Auckland New Zealand

Pres. Rodrigo Duterte and Cabinet Officials on transit to Auckland, New Zealand, after the Asia Pacific Economic Cooperation (Apec) summit in Peru. Photo shows **Pres. Duterte** with **SSS Chairman Amado D. “Amading” Valdez**, RCM Board Legal Adviser and Past Director, and **Rtn. Carlos G. “Sonny” Dominguez III**, Secretary, Department of Finance, along with other Cabinet Officials with fists raised as trademark of the present administration.

NEWS RELEASE



SUNDAY, NOVEMBER 20, 2016



RCM TURNS OVER 26 HOMES TO TYPHOON VICTIMS: The Rotary Club of Manila, the First in Asia, turned over 26 homes to typhoon victims in Barangay Pamacpacan, Jaen, Nueva Ecija in cooperation with Gawad Kalinga. The turnover was handed by Manila Rotary president Teddy Ocampo, with past president Frank Evaristo, witnessed by Jaen Municipal Mayor Sylvia Austria and land donor Arceli Cua, Feliciano Bolisay (Gawad Kalinga head, Nueva Ecija), Raffy Rodriguez (Gawad Kalinga Jaen coordinator), Jon Ramos (Gawad Kalinga building communities head for Luzon).

BusinessMirror

Thursday, November 17, 2016



ROTARY CLUB OF MANILA TURNS OVER 26 HOMES TO FAMILIES IN NUEVA ECIJA

The Rotary Club of Manila turned over 26 homes to typhoon victims in Barangay Pamacpacan, Jaen, Nueva Ecija, in cooperation with Gawad Kalinga. The turnover was handed by Manila Rotary President Teddy Ocampo with Past President Frank Evaristo, witnessed by Municipal Mayor Sylvia Austria and land donor Arceli Cua, Engr. Feliciano Bolisay (Gawad Kalinga head, Nueva Ecija), Raffy Rodriguez (Gawad Kalinga Jaen Coordinator) and Jon Ramos (Gawad Kalinga Building Communities head for Luzon).

ON THE LIGHTER SIDE



PDG VINCE CARLOS

Southern Humor!

Alabama

A group of Alabama friends went deer hunting and paired off in twos for the day. That night, one of the hunters returned alone, staggering under the weight of an eight-point buck.

"Where's Henry?" the others asked.

"Henry had a stroke o' some kind. He's a couple of miles back up the trail," the successful hunter replied.

"You left Henry layin' out there and carried the deer back?" they inquired.

"A tough call," nodded the hunter. "But I figured no one's gonna steal Henry!"

* * * * *

Georgia

The owner of a golf course in Georgia was confused about paying an invoice, so he decided to ask his secretary for some mathematical help.

He called her into his office and said, "Y'all graduated from the University of Georgia and I need some help. If I wuz to give yew \$20,000, minus 14%, how much would you take off?"

The secretary thought a moment, and then replied, "Everthang but my earrings."

* * * * *

Louisiana

A senior citizen in Louisiana was overheard saying ... "When the end of the world comes, I hope to be in Louisiana ."

When asked why, he replied, "I'd rather be in Louisiana 'cause everything happens in Louisiana 20 years later than in the rest of the world."

* * * * *

Mississippi

The young man from Mississippi came running into the store and said to his buddy, "Bubba, somebody just stole your pickup truck from the parking lot!"

Bubba replied, "Did y'all see who it was?"

The young man answered, "I couldn't tell, but I got the license number."

* * * * *

North Carolina

A man in North Carolina had a flat tire, pulled off on the side of the road, and proceeded to put a bouquet of flowers in front of the car and one behind it. Then he got back in the car to wait.

A passerby studied the scene as he drove by, and was so curious he turned around and went back. He asked the fellow what the problem was.

The man replied, "I got a flat tahr."

The passerby asked, "But what's with the flowers?"

The man responded, "When you break down they tell you to put flares in the front and flares in the back. I never did understand it neither."

* * * * *

Tennessee

A Tennessee State trooper pulled over a pickup on I-65. The trooper asked,

"Got any ID?"

The driver replied, "Bout whut?"

* * * * *

Texas

The Sheriff pulled up next to the guy unloading garbage out of his pick-up into the ditch. The Sheriff asked, "Why are you dumping garbage in the ditch? Don't you see that sign right over your head."

"Yep," he replied. "That's why I'm dumpin' it here, 'cause it says:

'Fine For Dumping Garbage.' "

* * * * *

Y'all kin say whut y'all want 'about the South, but y'all never heard o' nobody retirin' an' movin' North.

PUBLIC HEALTH NUTRITION AND CHILD CARE



WE ARE LIVING IN DANGEROUS TIMES, Part 6 (Understanding and Overcoming Anxiety)

Elias D. Adamos, M.D.

Take the “Generalized Anxiety Disorder Self-Test

Before we go into the description of the signs and symptoms of anxiety and anxiety disorder, I invite you to take a screening tool that can help you find out if you have an anxiety disorder. The test, that is called GAD-7 was developed by Drs. Robert L. Spitzer, Janet B.W. Williams, Kurt Kroenke and their colleagues. It was developed through an education grant from Pfizer. GAD stands for generalized anxiety disorder and the test is equipped with 7 items.

Over the last two weeks, how often have you been bothered by the following problems?

1. Feeling nervous, anxious or on edge
(Check one of the following blanks) _____ 0 (Not at all) _____ 1 (Several days) _____ 2 (More than half the days)
_____ 3 (Nearly every day)
2. Not being able to stop or control worrying _____ 0 _____ 1 _____ 2 _____ 3
3. Worrying too much about different things _____ 0 _____ 1 _____ 2 _____ 3
4. Trouble relaxing _____ 0 _____ 1 _____ 2 _____ 3
5. Being so restless that it is hard to sit still _____ 0 _____ 1 _____ 2 _____ 3
6. Becoming easily annoyed or irritable _____ 0 _____ 1 _____ 2 _____ 3
7. Feeling afraid, as if something awful might happen _____ 0 _____ 1 _____ 2 _____ 3

Add up your results for your checked items. Get the sum of your checked items. Your total score is a guide to how severe your anxiety disorder may be:

0 to 4 = Mild Anxiety
5 to 9 = Moderate Anxiety
10 to 14 = Moderately Severe Anxiety
15 to 21 = Severe Anxiety

If your score is 10 or higher, or if you feel that anxiety is affecting your daily life, call and see your doctor.

(To be continued)

ADVERTISEMENT



Panasonic
JAPAN



NO. 1 WIRING DEVICES



JAPAN BEST
VENTILATING
FANS

SINCE 1909
JAPAN



AIPHONE
JAPAN



TOP ENTRY PHONE SYSTEM

EATON
U.K. **COOPER**



FIRE ALARM SYSTEM

SECURE



HIGH RESOLUTION
CCTV CAMERA



RACK / TOWER ONLINE
UNINTERRUPTIBLE
POWER SUPPLY

**Bringing QUALITY products
you can TRUST.**

Cubao 912-8881 ♦ Manila 733-8161 ♦ Frisco 372-3594



Exquisite Wines

Excellent Pleasures

Lasting Experiences

WWW.PWM.COM.PH

2253 Aurora Blvd. Pasay City PH 1300

8322523 / 8537421

philwine@compass.com.ph



FOR MORE PRODUCTIVE MEETINGS

In business, the smallest details make the biggest impact on the bottomline.

Whether you are planning for the rest of the fiscal year, holding a meeting with partners from overseas or a training your team, you will be able to access first-class facilities and the best of Philippine hospitality within our halls.

Hold your next meeting and business conference at The Manila Hotel and seal the deal in five-star luxury. Discuss your requirements with our team by calling 5270011 local 1271 to 1274 or emailing banquet@manila-hotel.com.ph.

M

THE MANILA HOTEL