



# balita

No. 3665, September 22, 2016

## GUEST OF HONOR AND SPEAKER



### SECRETARY CARLOS G. DOMINGUEZ, III

Department of Finance  
Republic of the Philippines  
Member, Rotary Club of Manila

## KABALITA

Let our very own Finance Guru with his vast and diverse experience in doing business in the Philippines for decades, being a familiar fixture in the hotel, travel, agriculture, mining, real estate, tobacco and energy industries, create the right digits towards the change our country deserves as he comes home to Asia's First Rotary Club.

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## THE ROTARY CLUB OF MANILA BOARD OF DIRECTORS and Executive Officers 2016-2017

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**RCM's 11<sup>th</sup> for Rotary Year 2016-17**

Thursday, September 22, 2016, 12N, Manila Polo Club McKinley Room

OIC/Moderator : **Rtn. Roy Zosa****Program Timetable**

|          |                                                                                                                                                                                                                       |                                                                                                                          |
|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
| 11:30 PM | Registration and Cocktails                                                                                                                                                                                            |                                                                                                                          |
| 12:25 PM | Bell to be Rung:<br>Members and Guests are<br>requested to be seated                                                                                                                                                  | <b>Rtn. Roy Zosa</b>                                                                                                     |
| 12:30 PM | Call to order<br>Singing of Republic of the<br>Philippines National Anthem<br>Invocation<br>RCManila Hymn<br>The 4-Way Test Credo                                                                                     | <b>Pres. "Teddy" Ocampo</b><br><br><b>RCM WF Music Chorale</b><br><b>Rtn. "Emyl" Eugenio</b><br><br><b>All Rotarians</b> |
| 12:35 PM | Introduction of Guests and Visiting Rotarians and<br>Personalities seated at the Head Table<br>Welcome Song                                                                                                           | <b>STAR Rtn. "Karl" Leung</b><br><b>RCM WF Music Chorale</b>                                                             |
| 12:40 PM | Happy Birthday (Birthday Celebrants:<br>Sept. 16...Rtn. "Sonny" Dominguez;<br>Sept. 22...Rtn. "Willie" Villanueva;<br>Sept. 24...Rtn. "Ed" Angara;<br>Sept. 28...PD "Ed" Lee, Rtn. "Jovee" Ong<br>Happy Birthday Song | <br><br><br><br><br><b>RCM WF Music Chorale</b>                                                                          |
| 12:45 PM | <b><i>"Mid-Autumn Mooncake Festival Celebration"</i></b><br>Distribution of special mooncakes to all Rotarians & Guests<br>courtesy of <b>PVP "Manny" Dy</b>                                                          |                                                                                                                          |
| 12:50 PM | President's Time                                                                                                                                                                                                      | <b>Pres. "Teddy" Ocampo</b>                                                                                              |
| 12:55 PM | Introduction of Guest of<br>Honor & Speaker                                                                                                                                                                           | <b>Rtn. "Tong" Payumo</b>                                                                                                |
|          | ADDRESS: <b>Hon. Carlos G. "Sonny" Dominguez III</b><br>Secretary, Department of Finance;<br>Member, Rotary Club of Manila                                                                                            |                                                                                                                          |
|          | Public Forum<br>Raffle of 10 Special Wines to RCM Members<br>courtesy of <b>PVP "Manny" Dy</b>                                                                                                                        |                                                                                                                          |
|          | Presentation of token of appreciation to <b>Pres. "Teddy" Ocampo</b><br><b>Secretary Carlos G. "Sonny" Dominguez III</b>                                                                                              |                                                                                                                          |
| 2:00 PM  | Response and Adjournment                                                                                                                                                                                              |                                                                                                                          |

## PRESIDENT'S CORNER



Last week, Senator Migz Zubiri laid down for us his very realistic and very much achievable legislative plans and advocacies for change to be effected in our country. Articulate and determined, he gave his bold but innovative solutions to ease traffic along EDSA which has been hounding commuters day in and day out. Indeed, our country needs people like him for us to feel the change we want to have in this nation of ours. On this note, I wish to thank VPE/VP Babe Romualdez for temporarily taking over my chores of calling the meeting to order and overseeing last week's luncheon meeting.

As for updates within our club, in behalf of the Jhocson and Ocampo families, I wish to thank each and everyone of you who sent their condolences and visited the wake of my dearly departed mother last week. It was so heartwarming to know that many Manila Rotarians paid their last respects to my late mother. Rest assured, these acts of kindness of yours will not go unrecognized as I will forever hold these packets of kindness and care close to my heart. On a brighter note, I am proud to announce the appointment of our very own IPD Amading Valdez as Chair of the Social Security System. Indeed, this is another feather added to the cap of the Rotary Club of Manila, the First in Asia.

Updates from around the district include the attendance of many Manila Rotarians at the District Mooncake Festival hosted by the Rotary Chinatown Manila and where our club was likewise a major co-host last September 16, 2016 at the Golden Bay Seafood Restaurant along Macapagal Avenue in Pasay City while on the same day, CoS/IPSDG/PP Cesar Ubaldo likewise attended the Induction Ceremonies of Club Officers of the Rotary Club of Ermita Manila at the Casino Español in Manila. The next day, September 17, 2016, DGN Rudy Bediones, PDG/PP Vince Carlos and IPDG Obet Pagdangan attended the 5<sup>th</sup> Charter Anniversary and Handover Ceremonies of the Rotaract Club of Chinatown Manila at the Sofitel Philippine Plaza Hotel in Pasay City. The following day, September 18, 2016, CoS/IPSDG/PP Cesar Ubaldo attended the funeral of my classmate, the late ASP Hospicia Sy of the Rotary Club of Hiyas ng Maynila in Dumaguete together with DG Ernesto Yuyek. Three days later, September 21, 2016, CoS/IPSDG/PP Cesar Ubaldo and DCoS/SDG/Dir. Albert Alday attended the Governor's Visit of the Rotary Club of Pasay at the Midas Hotel and Casino in Pasay City.

Today, we welcome our very own Secretary Carlos "Sonny" G. Dominguez, III of the Department of Finance, Republic of the Philippines as he speaks on the advocacies and plans of his department towards effecting change in the country. I look forward to your cooperation as we endeavor to make our stars shine this Rotary Year 2016-2017 through meaningful projects and fellowships that will strengthen the bonds of Asia's First Rotary Club.

## GUEST OF HONOR AND SPEAKER'S PROFILE



Mr. Carlos G. Dominguez is the President of PTFC Redevelopment Corporation. He holds an Economics degree and an MBA from the Ateneo de Manila University. He also attended the Executive Program of Stanford University. Currently, he is the President of Retail Specialist, Inc.; Baesa Redevelopment Corporation; Halifax Capital Resources; C.G. Dominguez and Associates Inc.; Huntly Corporation. Chairman and President of Halifax Hotel Davao, Inc. The Linden Suites, Inc. He serves as a Director of RCBC Capital Corporation; United Paragon Mining Corporation; Alsons Consolidated Resources, Inc.; ARDEXCOR; Transnational Diversified Corporation; Diamond Star Agro Products, Inc.; Chairman of Philippine Eagle Foundation and a member of the Board of Trustees of the Ninoy and Cory Aquino Foundation.

He served as Secretary of Agriculture from 1987 to 1989 during the Corazon C. Aquino Administration. Minister of Natural Resources from 1986 to 1987. He was Chairman of Republic Planters Bank from 1987 to 1992, Chairman and President of Philippine Airlines from 1993 to 1995, Chairman of RCBC Capital Corporation from July 1994 to May 2002, Chairman and President of the Philippine Associated Smelting and Refining Corporation from 1999 to 2002, a Director of Manila Electric Company from 2001 to July 2003, a Director of Roxas Holdings, Inc. from 1997 to May 2009, a Director of IPVG Corporation from October 2004 to June 2008. A director of Shangrila Plaza Corporation from 1994 to 2011.

  
**CARLOS G. DOMINGUEZ**

## THE WEEK THAT WAS...



VP “Babe” Romualdez as presiding officer calls the meeting to order.



SAA “Dave” Reynolds as OIC/ Program Moderator directs the program of activities.



Rtn. “Hermie” Esguerra delivers an ecumenical prayer.

**STAR Rtn. “Marcus” Dee** introduces the guests, visiting Rotarians and personalities seated at the presidential table.



## RCM WEEKLY BIRTHDAY CELEBRANT/S



PE “Jimmie” Policarpio, Jr., as the lone birthday celebrant in attendance is presented by IPDG “Obet” Pagdanganan and VP “Babe” Romualdez, presiding officer, and greeted by the RCM World-Famous Chorale with a *“Happy Birthday Song”* for the blowing of candle on the birthday cake.

**STAR Rtn."Jack" Rodriguez,** Co-Chairman, Program Committee does the honour and pleasure of introducing **Hon. Juan Miguel F. "Migz" Zubiri,** Senator, Republic of the Philippines, as guest of honour and speaker.



**Hon. Juan Miguel Zubiri,** Senator of the Republic of the Philippines, presented before Manila Rotarians, Visiting Rotarians and guests, his realistic legislative plans and advocacies meant to uplift the way of life and convenience of Filipinos.



A pro-active open forum by **PE Jimmie Policarpio**, **Rtn. Jack Rodriguez**, **PP Frank Evaristo**, **Rtn. Jess Santos**, **PVP Roy Golez**, **Rtn. Henning Karcher**, immediately followed right after the speech of **Senator Juan Miguel F. "Migz" Zubiri**.



VP "Babe" Romualdez, presiding officer presents to **Senator Juan Miguel F. "Migz" Zubiri** a religious icon of Jesus Christ and Mother and Child as the club's token of appreciation, for being the guest of honor and speaker.

## ROTARY BRIEFING



Proposed new members ( **Mr Renato Policarpio, Mr Tomas L Drilon and Minister Eduardo Devoto of Embassy of Argentina**) attending the Rotary Briefing being conducted by **Chair PDG Alex Cureg, DE/ SAA Lance Masters** and **PD Alvin Lacambacal**.

## D3810 MID-AUTUMN MOONCAKE FELLOWSHIP



### By SAA/DE Lance Masters

Golden Bay Fresh Seafood Restaurant was the venue as almost 600 Rotarians from throughout our Rotary District gathered to celebrate the 22<sup>nd</sup> Annual Chinese Mid-Autumn Mooncake Festival last Friday night, Sept. 16<sup>th</sup>. Many of us were dressed in traditional Mandarin frog-buttoned Cheongsam or Qipao, a "Tang" fashion style that dates back as early as the late Ch'ing dynasty. Almost all those not wearing a Chinese costume were dressed in red color shirts. I asked why red and was informed that, in Chinese culture, "Red corresponds with fire and symbolizes good fortune and joy. Red is found everywhere during Chinese New Year and other holidays and family gatherings. Red is strictly forbidden at funerals as it is a traditionally symbolic color of happiness." Wow, so apparently it is the Chinese equivalent of our "Red Letter" feast or celebration days on the Christian church calendar!

I do not know why I am still so American in my timeliness habits after almost eight years here. The event announcements said it would start at 5:30, so I risked being there at six. Once again, I was one of the first ten people in the room, set for more than 600 guests. We did not start until 8:00 p.m. so, naturally, many of us were famished by the time our supper was served. Banquet food usually is not very good, but Golden Bay always seems to be an exception. We had good food and, for the most part, it was served hot. As a person with no small amount of Food & Beverage experience, I think that serving food hot and fresh an hour and a half after scheduled time is a minor miracle, in and of itself. During dinner, we were entertained by young dancers, who are required to perform in partial exchange for the scholarships provided by host club, RC Chinatown. Also



during dinner, some of the participants who finished their dinner early began the popular line dances, joined by more and more dance lovers.

After dinner, tables were cleared and prizes distributed to "Lauriat tables" (twenty persons each) to begin the traditional Chinese Mooncake Festival Dice Game. The entry price covered the cost of the game, which is pure chance rolls of six dice, thrown in turn around the table. Six levels of prizes ranged from cans of soda to a microwave oven at each table. The first person in the entire room to throw six dice with all fours won a 40" LCD television, contributed by DG Ernesto Yuyek.

Hosted as always by RC Chinatown, thirty-two clubs were Major Co-host Sponsors, including our own RC Manila. An additional twelve clubs were Minor Co-host Sponsors. Major sponsor clubs commit to buying ten seats and minor clubs commit to buying a half table. Our club usually raises additional money beyond dues to be sponsors in such events. Typically, the seats are offered to those who are expected to be there, such as the club president and district officers from the club. Generally, remaining seats are offered to Directors and Officers in recognition of their time and service to the club. Sometimes tickets are offered to Star Rotarians, to introduce them to fellowship beyond the club. Additional seats can be purchased by all Rotarians through the club secretariat. Our club is not always a sponsor of district events, but our members are always welcome to purchase tickets to any event they would like to attend. Of course, none of us should ever have any expectation that our tickets are free to us, paid by the club.



This year our club was represented by IPDG Obet Pagdanganan, DGN Rudy Bediones and spouse Sharon, COS Cesar Ubaldo, SDG Frank Evaristo, ACOS/Dir. Albert Alday, Sec. Ning Lopez, SAA Lance Masters, Star Rtn. Karl Leung and Rtn. Emyl Eugenio.

Upcoming District events, of which our club may or may not be a sponsor, include the following:

- District Governor's Challenge Bowling Tournament: Oct 2, 9, 16, 23 & 30.
- District "On to Atlanta" RI Convention Kick-Off, Oct 3
- District Oktoberfest, Oct 14 (Different from our club celebration)
- District Billiard Competition, Oct 22
- District Halloween Party, Oct 29
- District End Polio Event, Open Ballroom Competition, Nov 26.

You are encouraged to participate in Rotarian fellowships beyond those of our club. Meet Rotarians from other clubs and enjoy the extended networking with other like-minded individuals. If you would like additional information on any of these events, consult the club's secretariat.

\*\*\*\*\*

**District 3810 Annual Mid-Autumn Mooncake Festival** held last September 16, Friday, 6PM, at Golden Bay Seafood & Hot Pot Restaurant, hosted by **RC Chinatown Manila** led by **ASP William Uy**.



**RCManila as Major Co-Sponsor with RCMers' enjoying the festivities at the District 3810 Annual Mid-Autumn Mooncake Festival**, seated from left: **SAA "Lance" Masters**, **SDG/PP "Frank" Evaristo**, **Rtn. "Emyl" Eugenio**, **STAR Rtn. "Karl" Leung**. Standing from left: **Sec. "Ning" Lopez**, **DCOS/SDG/Dir. "Albert" Alday**.



**IPDG "Obet" Pagdanganan**, **DGE "Rudy" and Lady "Sharon" Bediones** with **DCOS/SDG/Dir. "Albert" Alday**, **Sec. "Ning" Lopez**, **SAA "Lance" Masters**, **SDG/PP "Frank" Evaristo**, and **SDG/PP "Cesar" Ubaldo**.



**D-3810 Gov. “Ernie” and Lady “Anna” Yuyek is flanked by DCOS/SDG/Dir. “Albert” Alday, SAA “Lance” Masters, SDG/PP “Cesar” Ubaldo and SDG/PP “Frank” Evaristo.**



**RCMers playing the dice games during the D3810 Mooncake Festival. Standing from L-R: Dir. Albert Alday, SAA Lance Masters, SDG/PP Frank Evaristo.**

## RAC CHINATOWN MANILA INDUCTION



DGN/IPCoS/PP Rudy Bediones, PDG/PP Vince Carlos and IPDG/PP Obet Pagdanganan attended the 5th Charter Anniversary and Handover Ceremonies of the Rotaract Club of Chinatown Manila last September 17, 2016 at the Sofitel Philippine Plaza Manila in Pasay City.

## INTERNATIONAL RELATIONS

September 21, 2016

Dear Fellow Rotarians,

### RE : INVITATION OF ROTARY CLUB OF KOWLOON EAST

The International Relations Committee invites you to participate in the **47<sup>th</sup> Anniversary Fund Raising Ball, Rotary Club of Kowloon East,**

Sunday, November 20...Welcome Dinner in honor of visiting sister clubs

Monday, November 21..47<sup>th</sup> Anniversary Ball at the Ballroom of Grand Hyatt Hong Kong Hotel (# 1 Harbour Road, Hong Kong)

The Grand Hyatt Hong Kong Hotel & Renaissance Harbour View Hotel special room rate as follows:

Grand Deluxe Room...

HK\$ 2,400.00/ HK\$ 2,650.00 ( single/ double Occupancy with one / two international buffet

Grand Deluxe Harbour Room..

HK\$ 2,900 / HK\$ 3,150 (single/double occupancy with one / two international buffet breakfasts.

Contact Person: Ms Nicole Wong tel. # 852 2584 7846; Fax# (852) 2802 0731; email: [Nicole.wong@hyatt.com](mailto:Nicole.wong@hyatt.com)

The Renaissance Harbour View Hotel HK (Address: 1 Harbour Road, Wanchai, HK) HK\$ 1,600.00 (room only) plus 10% service charge per room night, non-commissionable. Final guarantee number will be based on the number of rooms held, which 90% of room block reserved is required.

Contact person:Mr. Vicki Chan ; tel # (852) 25846834; fax# (852) 28240135;email: [vicki.chan2@renaissancehotels.com](mailto:vicki.chan2@renaissancehotels.com)

The following are attending :

- (1) Pres Teddy Ocampo (staying at Grand Hyatt Hotel)
- (2) Dir Issam Eldebs
- (3) Sec. Ning and Joy Lopez : ETD MNL Nov 19 (Saturday) PR 306 ETA HK 5PM; ETD HK Nov 22 (Tuesday) 6PM PR 307; staying at Grand Hyatt Hotel)
- (4) Past President Frank Evaristo & Ms Vicky Montilla (staying at Grand Hyatt Hotel)
- (5) PD Ed Lee ( Chairman, International Relations Committee) & Ms Daffodil Costelo
- (6) PP Francis Juico
- (7) PD Ner & Femy Lonzaga
- (8) PD Bebot & Sylvia Pineda
- (9) Rtn. Jun Bella

Please advise us of your flight and accommodation details so we can advise Rotary Club of Kowloon East of your attendance. Thank you,

Yours in Rotary,

PD ED LEE

Chairman

DIR SUSING PINEDA

Co Chairman

**International Relations Committee**

CC: Pres. Teddy Ocampo ; Dir. Issam Eldebs ; file

---

**R S V P – Rotary Club of Kowloon East  
47<sup>th</sup> Fund Raising Anniversary Nov 20-21,2016**

Dear Chairman Ed Lee,

[ ] Attending alone      [ ] Attending with \_\_\_\_\_

My / our flight details / accommodation are as follows :

Departure from Manila : Date\_\_\_\_\_ (Carrier)\_\_\_\_\_

ETD MNL: \_\_\_\_\_ ETD HK \_\_\_\_\_

Departure from Hong Kong Date\_\_\_\_\_ ( Carrier )\_\_\_\_\_

ETD HK\_\_\_\_\_ ETA MNL \_\_\_\_\_

Accommodation:\_\_\_\_\_

By:\_\_\_\_\_

Signature over Printed Name

Date :\_\_\_\_\_

# RCM GERMAN OKTOBERFEST 2016



Club Number 16985

543 Arquiza Street corner Grey Street, Ermita, Manila  
Contact numbers: 527 1886/1887 Fax number: 527 1885  
Email Address: [rcmanila@rcmanila.org](mailto:rcmanila@rcmanila.org)



## 2016 !!!

**OCTOBER 19TH**  
**Wednesday, 7:00PM**  
**GERMAN CLUB**

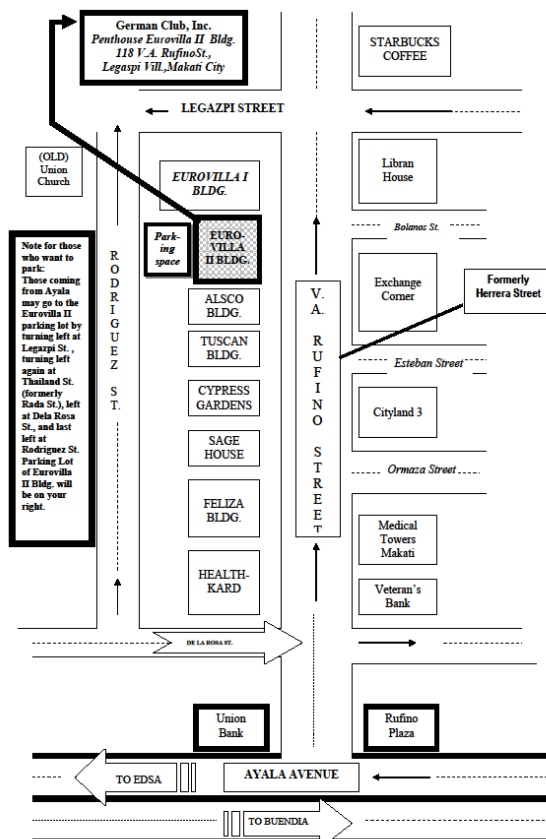
Penthouse, Eurovilla II Building  
118 V.A. Rufino (formerly Herrera Street),  
Legaspi Village, Makati City

### Hosted by:

PSAA Gunter Matschuck Chair, RCM Oktoberfest  
Rtn. Bodo Goerlich  
Rtn. Wolfgang Harle  
Rtn. Uwe Hesse  
Rtn. Henning Karcher  
Rtn. Klaus Muller  
Rtn. Horst Kessler von Sprengelsen  
STAR Rtn. Lutz Kunack

### Co-Hosted by:

Rtn. Mikael Avellan  
PD Knud Hedeager



**REPLY BOX:**

**E-Mail:**

[rcmanila@rcmanila.org](mailto:rcmanila@rcmanila.org);

**Fax: 5271885**

☐ **ATTENDING**  
☐ **REGRETS**

## **BIRTHDAY FELLOWSHIP**

**SEPTEMBER 16, 2016**



**DEAR FELLOW ROTARIANS ,**

**ON SEPT 29, 2016, WE SHALL HAVE PNP GEN RONALD BATO AS GUEST SPEAKER. AFTER THE RCM PROGRAM, WE WILL HAVE THE 1<sup>ST</sup> SEPTEMBER BIRTHDAY FELLOWSHIP AT MY RESIDENCE TO BE HELD AT 136 ROXAS CHUA PACIFIC VILLAGE ALABANG MUNTINLUPA.**

### **GUIDE TO LEAD YOU TO THE PACIFIC VILLAGE, ALABANG, MUNTINLUPA**

**FROM EDSA TAKE SKYWAY ; AT MAGALLANES TAKE LAST EXIT (SOUTH) ; AND WHEN YOU REACH ALABANG ZAPOTE ROAD AFTER 2 TRAFFIC LIGHT BEFORE SHELL STATION, TURN RIGHT (ITS ALSO INFRONT OF JOLLIBBEE). Enclosed is a direction for your guide.**

**WE SHALL HAVE FOOD SINGING DRINKS.**

**THANK U AND SEE YOU ALL..**

**PE JIMMIE POLICARPIO**

# COGS IN THE WHEEL

THE EXPOSURE OF PHILIPPINE PROGRESS  
SINCE 1900  
**MANILA BULLETIN**  
THE PHILIPPINES' LEADING NATIONAL NEWSPAPER

Views • Features Sunday, November 15, 2015

GENTLE BREEZE

## The testimony of a lawyer



By NELLY FAVIS VILLAFUERTE

**L**AST week (November 8), I wrote about the Masada Mystery in this column. On November 10th, I received a letter-reaction from an 89-year-old lawyer, Jesus I. Santos. I am reproducing his letter hereunder:

November 9, 2015

Dear Madam Nelly:

"I read in your Gentle Breeze the 'Masada Mystery' as I have been reading your column for sometime.

"It came to my mind to write you because your column about 'Masada' has something to do with our trust and our love to our God, Jesus Christ.

"Your column made me very happy indeed as to how that faith in us was accidentally by the act of God Himself was able to be implanted in my being and eventually changed my life as to where I am now at my age of 89 years old now.

"Your column inspired me more than ever as I was once inspired when you wrote your 'Masada Mystery'."

"Attached to this humble letter is an article I wrote in 1999, probably guided by the Holy Spirit that has been guiding us always and forever and may we be that instrument of our God to sow the seeds of love, peace, and faith not only to our family but for all especially to the least of His brethren.

"And so, Madam Nelly, a sister in faith, it will be our prayers that may the good Lord bless us and guide us in all the years that He may still give us to the Glory of God.

Your friend and brother in the name of Jesus Christ, our only God,  
**JESUS I. SANTOS**"

\*\*\*

As mentioned in his letter, Atty. Santos wrote on January 20, 1999, in Manila Bulletin an article titled "The people of Israel, the country of my God."

Let me share with you the first few paragraphs of his old article (almost 16 years ago) narrating how his faith in God grew:

"It was many years back when I was only 17 years old that my attention was caught by a thick book on the

old "aparador" of an overseer of the fishponds of the Pascuals in our town. Out of curiosity, I tried to examine the book and I found out that it was a Bible. The chapter in Job was my initiation to the Bible.

"From then on I became an avid reader of this great book and the seeds of faith began to grow in me and guided me throughout my life.

"The book predominantly deals on the life of a great Israelite. His name is Jesus and He is a Nazarene. Everyday since then, I try to meditate on the life of this man 'till the name of His country, Israel, became a part of my mind and being.

"Israel is the country of my God and therefore it is the origin of my faith."

\*\*\*

When Atty. Santos went to Israel, he visited various tourist spots in Israel. The Fortress of Masada (the subject of my article in this column last November 8) was one tourist destination in Israel that Atty. Santos says he will never forget. He says: "To me, faith in God and greatness of the soul are things that made Masada a holy place in Israel." (Quoted from Atty. Santos' 1999 article in Manila Bulletin)

\*\*\*

Atty. Santos started reading the Holy Bible at the age of 17. But do you know that there are others like some of the readers of my articles in this column who are in their late 70s and late 80s who have not yet seen a Bible and are now requesting for copies of the Holy Bible because "they want to catch up and do overtime to know more about our loving God?"

\*\*\*

This column continues to give out copies of the Holy Bible for free to those who cannot afford to buy their own copies. If interested, please send your letter-request to Ms. Nelly Favis-Villafuerte, 5233 Fahrenheit St., Palanan, Makati City. Kindly mention if it is the Tagalog, English, Cebuano, or Ilocano Bible that is preferred.

Be joyful and forgiving! (Comments may be sent to Ms. Villafuerte's email: villafuerte\_nelly@yahoo.com)

## Recto joins judges in int'l design competition

Noted architect Philip Recto has been invited to serve as a jury in an international design competition in Beijing that focuses on innovative solutions to residential building design for the 21st century.



**Recto**

Recto will join an international panel of five judges and the judging will be on Sept. 24 at Beijing Jiao Tong University. Awarding will be on Nov. 8 in Macau during the 2016 annual convention of WACA.

This design competition is being sponsored by the World Association of Chinese Architects (WACA) and is open to architecture students worldwide.

A multi-awarded architect, Recto also served as chairperson, board of jury in the 2015 Metrobank Art & Design Excellence (MADE) design competition held in September last year.

## SPONSORSHIP



**Rtn. Jimmy Tang** generously sponsored the uniforms of the RCM Secretariat as shown in the picture. From L-R: **ES Anna Kun Toledo**, **FC Princess Noemi Javier**, **CC Amiel Hernandez** and **SC Ching Salazar**.

# NEWS RELEASE

**PHILIPPINE DAILY INQUIRER**

**BUSINESS B3**

**Monday, September 19, 2016**

## New SSS Chair

**the Duterte Administration for some key government agencies and state-run firms are coming in slowly, but-make no mistake about it-they do come in surely.**

Biz Buzz learned that another important appointment was made late last week involving one of the largest government financial institutions. We're talking about none other than the Social Security System, which, although not a government owned agency per se (it is owned by the members and pensioners from the private sector), is "government-administered" by law.

According to our sources, Malacanang has chosen constitutionalist and University of the East Law dean Amado Valdez to be the new SSS Chair.

Any doubts as to the importance of this appointment can be dispelled by taking one look at the financial reports of the pension fund. It manages close to P500 billion worth of investments and assets composed of monthly contributions from close to 34 million private sector workers. That's a lot of money and a heavy responsibility.

**And it's a burden Valdez is prepared to bear given his extensive background in the legal profession, augmented by a master's degree in business economics from the University of Asia and the Pacific. He is also part of the Divina Law office as an "of counsel", meaning he works with the firm but is not a partner.**

Previous to this appointment, Valdez hasn't been known to be close to the Duterte camp, but he did file a petition in late 2015 to have then presidential candidate (and frontrunner) Grace Poe disqualified from the race, which was eventually thrown out by the Supreme Court. (Incidentally, Divina Law senior partner Estrella "Star" Elamparo also filed a separate disqualification case against Poe in 2015.)

**In any case, Valdez will have his hands full at the SSS as the fund is once more under pressure from populist lawmakers to raise benefits to its members – something that must be balanced with fiscal prudence that is necessary to prolong the life of the pension fund's financial asset.**

Daxim L. Lucas

Email us at [bizbuzz@inquirer.com.ph](mailto:bizbuzz@inquirer.com.ph).

Get bizbus s alerts and a preview of bizz buzz the evening before it comes out. Text ON INQ BUSINESS to 4467 (2.50/alert).

## ON THE LIGHTER SIDE



**PDG VINCE CARLOS**

### *Too Old To Squat*

An elderly man really took care of his body. He lifted weights and jogged six miles every day.

One morning he looked into the mirror, admiring his body, and noticed that he was suntanned all over with the exception of his penis.

So he decided to do something about that.

He went to the beach, undressed completely and buried himself in the sand, except for his penis left sticking out of the sand.

A bit later, two little old ladies came strolling along the beach, one using a cane to help her get along. Upon seeing the thing sticking out of the sand, the lady with the cane began to move the penis around her cane.

Remarking to the other little old lady, she said: "There really is no justice in the world."

The other little old lady asked: "What do you mean by that?" The first little old lady replied: "Look at that. When I was 20, I was curious about it."

"When I was 30, I enjoyed it."

"When I was 40, I asked for it."

"When I was 50, I paid for it."

"When I was 60, I prayed for it."

"When I was 70, I forgot about it."

"Now that I'm 80, the damned things are growing wild and I'm too old to squat."

\* \* \* \* \*

### *The Nightmare of Aging*

Have you ever been guilty of looking at others your own age and thinking, surely I can't look that old? Well, ... you'll love this one!

My name is Alice Smith and I was sitting in the waiting room for my first appointment with a new dentist. I noticed his dental diploma, which bore his full name.

Suddenly, I remembered a tall, handsome, dark-haired boy with the same name had been in my Secondary School class some 40-odd years ago. Could he be the same guy that I had a secret crush on way back then? Upon seeing him, however, I quickly discarded any such thought. This balding, grey-haired man with the deeply lined face was far too old to have been my classmate.

After he examined my teeth, I asked him if he had attended Morgan Park Secondary School. "Yes, yes, I'm a Morganner!" He beamed with pride. "When did you leave to go to College?" I asked. He answered, "In 1965. Why do you ask?" "You were in my class!" I exclaimed. He looked at me closely. Then the ugly, old, bald, wrinkled, grey-haired, decrepit asked, .....

"What subject did you teach?"

\* \* \* \* \*

**Wise Quips**

Failure is not when your girlfriend leaves you, it's only when you leave her a virgin.

\*\*\*\*\*

Tension is when wife is pregnant!

Terror is when girlfriend is pregnant!

Horror is when both are pregnant!

Tragedy is when you are not responsible for both!

\*\*\*\*\*

The Blue Whale ejaculates over 4 gallons of sperm. When mating, only 10% enter the female. And you always wondered why the sea tasted salty?

\*\*\*\*\*

Why is it that a girl looks down when you say I love you?

To see if you really mean it!

\*\*\*\*\*

Why is sex similar to shaving?

Well, because no matter how well you do it today, tomorrow

You have to do it again with same perfection.

\*\*\*\*\*

Wives are funny creatures. They don't have sex with their husbands for weeks and then they want to kill the woman who does.

\*\*\*\*\*

Wife: My hubby & I have, what he calls-Olympic sex.

Friend: Wow, must be a terrific sex life?

Wife: Not really, it only happens once in 4 years.

\*\*\*\*\*

The stock markets now are like an old man's dick?

Just refusing to rise, and the irony is that everyone is still getting screwed!

\*\*\*\*\*

This week is Breast Awareness Week.

Spread the slogan....."We stare because we care!"

\*\*\*\*\*

The saddest part of a man's body is his balls. The Lord Almighty sentenced them to "Hang Till Death!"

\*\*\*\*\*

A loud scream comes from the bedroom and the husband runs in. He sees a guy leaping out of the window.

Wife yells: That guy just screwed me twice!

Husband: Twice? Why didn't you call me in after he screwed you once?

Wife: Because I thought it was you, until he started the second time.

\*\*\*\*\*

What is the difference between a chicken and a baby?

Chicken is the result of a sitting hen while the baby is the result of standing cock.

\*\*\*\*\*

If a bomb bursts in a bra, what would you get?

Tit-Bits.

And if it bursts in a man's underwear?

Banana split.

\*\*\*\*\*

What's the difference between a bomb & a condom?

In a bomb blast, population decreases

BUT in a condom blast, population increases.

Couple in their nineties are both having problems remembering things. During check-up, the doctor tells them that they're physically okay, but they might want to start writing things down to help them remember.

Later that night, while watching TV, the old man gets up from his chair, 'Want anything while I'm in the kitchen?' he asks. 'Will you get me a bowl of ice cream?

'Sure! Don't you think you should write it down so you can remember it?' she asks. 'No, I can remember it. Well, I'd like some strawberries on top, too. Maybe you should write it down, so not forget it?'

He says, 'I can remember that. You want a bowl of ice cream with strawberries.' 'I'd also like whipped cream. I'm certain you'll forget that, write it down?' she asks. Irritated, he says, 'I don't need to write it down, I can remember it! Ice cream with strawberries and whipped cream—I got it, for goodness sake!'

After about 20 minutes, the old man returns from the kitchen and hands his wife a plate of bacon and eggs. She stares at the plate for a moment.

'Where's my toast?'

\* \* \* \* \*

A senior citizen said to his eighty-year old buddy: 'So I hear you're getting married?' 'Yep!' 'Do I know her?' 'Nope!' This woman, is she good looking?' 'Not really.' 'Is she a good cook?' 'Naw, she can't cook too well.'

'Does she have lots of money?' 'Nope! Poor as a church mouse.'

'Well, then, is he good in bed?' 'I don't know.' 'Why in the world do you want to marry her then?' 'Because she can still drive!'

\* \* \* \* \*

Three old guys are out walking.

First one says, 'Windy, isn't it?'

Second one says, 'No, it's Thursday!'

Third one says, 'So am I. Let's go get a beer.'

\* \* \* \* \*

Morris, an 82 year-old man, went to the doctor to get a physical. A few days later, the doctor saw Morris walking down the street with a gorgeous young woman of his arm. A couple of days later, the doctor spoke to Morris and said, 'You're really doing great, aren't you?'

Morris replied, 'Just doing what you said, Doc: 'Get a hot mamma and be cheerful.' The doctor said, 'I didn't say that....I said, 'You've got a heart murmur, be careful.'

\* \* \* \* \*

A little old man shuffled slowly into an ice cream parlor and pulled him slowly, painfully, up onto a stool...After catching his breath, he ordered a banana split.

The waitress asked kindly, 'Crushed nut?'

'No,' he replied, 'Arthritis.'

# PUBLIC HEALTH NUTRITION AND CHILD CARE



## SOME THINGS YOU SHOULD KNOW ABOUT MULTIVITAMINS (Part 1)

Elias D. Adamos, M.D.

The best way to get your vitamins and minerals is through a balanced diet. Sometimes there is a need to take a vitamin pill, known as multivitamins, to supplement what may be lacking from the foods that you eat. If you don't eat well and you need to take daily multivitamins, this article is for you.

### You need multivitamin supplement if...

1. As mentioned previously, if you don't eat well or you don't have enough appetite to take in a balanced diet, you need a supplement of multivitamins in order for you to get the daily vitamins and minerals requirements.
2. If you don't eat the recommended servings of fruits and vegetables.
3. If you have to limit your diet because of food allergies or intolerance to certain foods.
4. If you suffer from acute or chronic illness, abnormal absorption of foods and liquids brought about by some clinical conditions, and in some situations that may result to appetite loss; multivitamin supplement is indicated.
5. You will benefit from multivitamins if your diet is not equal to your body's calorie expenditure, like in strenuous exercise and activities.
6. Multivitamins are recommended to strict vegetarians who eat no animal products.
7. Seniors who are over 65 years old and seniors less than 65 but due to variety of reasons are unable to get the nutrients they need.
8. Pregnant women and those who are breast-feeding may benefit from multivitamin supplements.

### Some logical advice on multivitamins

1. The efficacy or efficiency of multivitamins is not price-related. In other words, multivitamins don't need to cost too much. Most generic products and store brands are fine.
2. Look for a third-party verification on the label, such as USP or NSF. This means that the product has been tested in a laboratory and meets standards of quality.
3. Look for a multivitamin that contains a wide variety of vitamins and minerals in the appropriate amounts usually 100 percent of the Daily Value (DV). Check the contents to make sure you're not getting too much of any nutrient, which can be harmful. In most cases, if the tablet does not exceed 100 percent of the DV, it's considered safe.
4. Take your multivitamin with food. If it contains iron, don't take a calcium supplement at the same time, since calcium interferes with calcium absorption.
5. Claims such as "stress formula," "high potency," "natural," or "slow release" are often just marketing ploys and only add to the price.

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