

balita



No. 3654, July 7, 2016

RCM VALEDICTORY AND YEAR-END AWARDS PRESENTATION FOR RY 2015-2016



KABALITA

At the end of a year where all of us became worthy gifts to the world, it's now time for us to reward those who brought pride to a Rotary year that was.



<u>What's Inside</u>	
Program	2
President's Corner	3-4
Preview of Forthcoming Meeting	5
The Week That Was	5-12
Erratum	13
Club Awards	15-17
Post Humous Award	18
Best Attendance Award	19
Presidential Awards	20-23
District 3810 Handover Induction	24-26
Interclub	27
News Release	28-29
On the lighter side	30-33
Public Health Nutrition and Child Care	32
Advertisement	33-34

THE ROTARY CLUB OF MANILA BOARD OF DIRECTORS and Executive Officers 2015-2016

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FRANK EVARISTO
Immediate Past President

TEDDY OCAMPO
Vice President

SUSING PINEDA
ISSAM ELDEBS
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BOBBY JOSEPH
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OSCAR DEL ROSARIO
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Treasurer

DAVE REYNOLDS
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ALVIN LACAMBACAL
Assistant Secretary

RAOUL VILLEGAS
Assistant Treasurer

JIMMY CABASE
LANCE MASTERS
Deputy Sergeant-At-Arms

PROGRAM

RCM's 48th for Rotary Year 2015-16

July 7, 2016, Thursday, 12N, Manila Polo Club McKinley Room

OIC/Moderator: Treas./DE Chito Zaldarriaga

"Valedictory and Year-End Awards Presentation - Rotary Year 2015-16"

PROGRAM TIMETABLE

11:30 AM	Registration & Cocktails	
12:25 PM	Bell to be Rung: Members and Guests are requested to be seated	OIC/Moderator : Treas./DE Chito Zaldarriaga
12:30 PM	Call to Order	Pres. Ebot Tan
	Singing of Republic of the Philippines National Anthem	RCM World-Famous Music Chorale
	Invocation	AS Alvin Lacambacal
	➤ RCM Hymn	RCM World-Famous Music Chorale
	➤ The 4-Way Test Credo	All Rotarians
12:35 PM	Introduction of - -Guests, Visiting Rotarians & Personalities in Head Table	STAR Rtn. Mike Ozaeta
	➤ Welcome Song	RCM World-Famous Music Chorale
12:40 PM	Presentation of Paul Harris Fellow Pin to Rtn. Colin Patterson	DG Obet Pagdanganan, Pres. Ebot Tan, Dir.-in-Charge Oscar del Rosario
12:42 PM	President's Time	Pres. Ebot Tan
12:45 PM	Entertainment Song Numbers	RCM World-Famous Chorale
1:00 PM	"VALEDICTORY & YEAR-END AWARDS PRESENTATION-ROTARY YEAR 2015-16"	Pres. Ebot Tan, Dir.-in-Charge Susing Pineda, Treas. Chito Zaldarriaga, Chairman, Club Awards Committee
1:30 PM	Valedictory Address	Pres. Ebot Tan
1:55 PM	Raffle of cash prizes	Dir. Bobby Joseph
2:00 PM	Response and Adjournment	Pres. Ebot Tan

PRESIDENT'S CORNER



Dear Fellow Manila Rotarians,

Last Thursday, 30 June 2016, our Club handed out our annual Journalism Awards over dinner at the New World Makati Hotel. We acknowledged and awarded those who we believe performed the best during the year in review in terms of journalism excellence. We also awarded those who we wanted to encourage to continue to do a good job in the coming year. We hope that our awards this year will inspire others to also improve their skills and talents in reporting the news and public affairs in a clear, fair, and independent manner.

On news within our Club, I wish to extend my deep gratitude to our Board of Directors and Officers for Rotary Year 2015-2016, the Chairmen and members of the various working committees during this Rotary Year, and the members of our Secretariat for working very hard and enabling us to garner multiple awards at the Rotary International District 3810 Awards Gala Night last 17 June 2016. Among the awards given to our Club are the following:

1. Platinum Award for Most Outstanding Rotary Club
2. Platinum Award for Most Outstanding Club President
3. R.I. Presidential Citation – Bronze
4. Best In International Service, Category 4, Manila Area
5. Best In Club Administration, Category 4, Manila Area
6. Best In Club Meetings, Category 4, Manila Area
7. Best In Rotary Information Program, Category 4, Manila Area
8. Best Economic and Community Development Project, Category 4, Manila Area
9. Best In Livelihood Project, Category 4, Manila Area
10. Best in Twin Club Project Category 4, Manila Area
11. Best In Media Coverage (TV/Radio), Category 4, Manila Area
12. Best In Public Relation
13. Best In Vocational Service
14. Most Outstanding Club Bulletin
15. Most Outstanding Rotary Club In The District For Highest Contribution To The Rotary Foundation (Absolute)
16. Outstanding Community Service Project
17. Outstanding Participation to the 2016 RI Convention
18. Outstanding Polio Plus Contribution
19. Plaque of Recognition for Hosting & Co-Hosting District Events leading Hosting of District Conference
20. Participation to the Rotary Leadership Awards (RYLA) Category 4, Manila Area
21. District 3810 Greatest Appreciation to Past District Governors:
 - a. PDG Vicente J. "Vince" Carlos
 - b. PDG Alexander P. "Alex" Cureg
22. Outstanding Service Award:
 - a. COS Rodolfo P. Bediones
 - b. PP Frank A. Evaristo
 - c. PP Alvin D. Lacambacal
 - d. PP Bienvenido E. Laguesma

Last Saturday, 2 July 2016, I attended the Handover and Induction Ceremonies of the Rotary Club of Makati West at the New World Makati Hotel, where All Star President Ruy Y. Moreno was installed as the Club's President on the occasion of its 47th Anniversary. Next week, on 14 July 2016, we shall have our own Club's Handover and Induction Ceremonies at 12 noon at the New World Makati Hotel, when All Star President Teddy Ocampo will take his oath as President of our Club for Rotary Year 2016-2017. Please mark that date in your calendars and attend the event.

On news from around the District, last 30 June 2016, DG/PP Obet Pagdanganan, DGND/CoS/PP CoS/PP Cesar Ubaldo, and DCoS/SDG/DE Albert Alday attended the 30th Charter Anniversary and Induction Ceremonies of the Rotary Club of Manila East at the Sunset Room of the Manila Yacht Club in Manila. The following day, on 1 July 2016, World Class DG Obet Pagdanganan turned over the mantle of leadership of District 3810 to All Star DG Ernesto Yuyek at the Handover and Induction Ceremonies held at the Marriott Grand Ballroom in Pasay City, where All Star President Teddy Ocampo and I led the parade of Club Presidents as we marched into the ballroom of the Marriott carrying our Club's banner for the incoming All Star Rotary Year 2016-2017. On the same occasion, CoS/PP Cesar Ubaldo, DCoS/SDG/DE Albert Alday, and SDG Frank Evaristo were sworn into their respective positions as part of the Executive Committee of Rotary International District 3810 for Rotary Year 2016-2017. Two days later, on 2 July 2016, our Club acted as one of the co-hosts of the Joint Dental Mission Project of Rotary International District 3810 (Philippines) and District 2820 (Japan). The other host clubs for this project were the Rotary Club of Manila Remedios Circle and the Rotary Club of Pasay Metro Sunrise. The Joint Dental Mission project held its first day of operations at Sinagtala, Pandacan, Manila, and continued the next day, 3 July 2016, at Maricaban, Pasay. On 4 July 2016, CoS/PP Cesar Ubaldo and DCoS/SDG/DE Albert Alday attended the First Area Meeting of the All Star Team at the Aloha Hotel in Manila. A day later, on 5 July 2016, CoS/PP Cesar Ubaldo and DCoS/SDG/DE Albert Alday attended the Induction Ceremonies of the Rotary Club of University District Manila at the Casino Español in Manila.

Today, 7 July 2016, I will be handling out our Club's annual awards for the aforementioned individuals who contributed much of their time, efforts, and treasure in this Rotary Year. They certainly deserve the recognition and acknowledgement.

Please continue to actively participate in, and support, all of our Club's plans, programs, and activities. Please continue to try to recommend at least one new recruit for the consideration of our Membership and Classification Committee in order to boost the membership of our Club.

Mabuhay ang Rotary Club of Manila!

July 14, 2016, 12N, New World Makati Hotel Ballroom



RCM Inaugural and Induction Ceremonies of the Board of Directors and Officers for the Rotary Year 2016-17 led by President Teddy Ocampo...

THE WEEK THAT WAS...



Pres. Ebot Tan calls the meeting to order for the RCM Journalism Awards Dinner Presentation.



DE Art Lopez, Co-Chairman, Journalism Awards Committee, as OIC/Program Moderator directs the Journalism Awards Dinner Presentation.



IPS/DE Albert Alday delivers an ecumenical prayer.



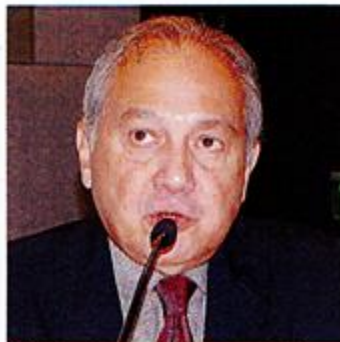
STAR Rtn. Ricky Trinidad leads fellow Rotarians in renewing its commitment to the Rotary Credo by reciting the four (4) way test.



PD Jimmie Policarpio introduces the guests, visiting Rotarians and personalities seated at the presidential table.



Pres. Ebot Tan for the President's Time.



VPE Babe Romualdez, Chairman, Journalism Awards Committee, delivers opening message as a prelude to the RCM Journalism Awards Presentation.



DE Art Lopez, Co-Chairman, Journalism Awards Committee, as Journalism Awards Presenter.

DG Obet Pagdanganan, Pres. Ebot Tan, Director-in-Charge IPP Frank Evaristo, PD Jimmie Policarpio, IPS/DE Albert Alday, STAR Rtn. Ricky Trinidad, present the Journalism Awards Trophies to the Most Outstanding Journalists as Awardees for the Rotary Year 2015-16. The awardees are:



I. Special Awards Category: **Atty. Emiliano P. "Emil" Jurado**, Columnist, "To The Point" – The Standard, accepting the award.



Mr. Rodolfo T. "Rod" Reyes (Posthumous), Former Press Secretary, from 1992-1993 and 1998 to 2000, Founding Publisher/Editor-In-Chief, Manila Standard, with **Spouse VIVINA SANTIAGO "Vina" REYES**, accepting the award.



Mr. Neal H. Cruz (Posthumous), Editor/Columnist, Philippine Daily Inquirer, Manila Chronicle, Daily Globe, Daily Tribune, Daily Express, Evening News, with **MS. DORIS H. CRUZ**, Daughter, accepting the award,

The Journalist-Victims of Maguindanao-Ampatuan Massacre (Posthumous), with **Pres. PAUL GUTIERREZ**, National Press Club, accepting the award.





II. Print, Television and Radio Categories: Newspaper of the Year - **Manila Bulletin**, with **Dr. CRISPULO J. ICBAN, JR.**, Editor-in-Chief, and **Ms. CARMEN SUVA**, Vice President for Public Relations, Manila Bulletin, accepting the award.



Business Newspaper of the Year - **Business World**, with **Mr. ROBY ALAMPAY**, Editor-in-Chief, Business World, accepting the award.



Business Magazine of the Year - **BizNews Asia**, with **RTN. ANTONIO S. "Tony" LOPEZ**, President/Publisher, BizNewsAsia Philippines, Inc., accepting the award.



Regional Newspaper of the Year - **Mindanao Times**, with **MS. AMALIA CABUSAO**, Editor-in-Chief, Mindanao Times, accepting the award.



Regional Broadcaster of the Year – **Mr. RONALD "Ronnie" LLEDO**, TV11, Zamboanga/GBPI, accepting the award.



Television Station of the Year - **CNN Philippines**, with **MR. EDGARD CABANGON**, Chairman of the Board, Nine Media Corporation-CNN, Philippines and **MRS. ARMIE JARIN-BENNETT**, EVP & Marketing Editor, CNN, Philippines, accepting the award.



Television Male Broadcaster of the Year – **Mr. AUGUSTO "Gus" ABELGAS**, ABS CBN Corporation, with **PD Jimmie Policarpio** accepting the award for and in his behalf.



Radio and Television Female Broadcaster of the Year – **Ms. NIMFA R. RAVELO**, Superadyodbbb, 594 Khz, GMA Network Inc. , accepting the award. She was joined by her sister **Ms. PRINCESS PORTIA RAVELO**.



Radio Male Broadcaster of the Year – **Mr. GERRY BAJA** – **DZMM (630AM)**, ABS-CBN **DZMM Radyo Patrol 630**, accepting the award.



Radio Female Broadcaster of the Year – **Ms. JASMINE ROMERO** - **DZMM (630AM)**, ABS-CBN **DZMM Radyo Patrol 630**, accepting the award.



Radio Station of the Year – **DZMM (630AM)**, ABS-CBN **DZMM Radyo Patrol 630**, with **Mr. GERRY BAJA** and **Ms. JASMINE ROMERO** **DZMM (630AM)**, accepting the award.



Investigative Reporter of the Year – **Mr. DAXIM L. LUCAS**, Columnist, Philippine Daily Inquirer, accepting the award. He was joined by Spouse **NADIA TRINIDAD-LUCAS**.



Male Opinion Writer of the Year - **Mr. ALEXANDER "Alex" MAGNO**, Editorial Columnist, The Philippine STAR, accepting the award. He was joined by **Ms. CECILLE SARFATI**.



Female Opinion Writer of the Year – **Ms. ELLEN T. TORDESILLAS**, Columnist, Malaya, accepting the award.



Glossy Lifestyle Magazine of the Year - **PEOPLE ASIA MAGAZINE**, with **MR. JOSE PAOLO DELA CRUZ**, Managing Editor and **MS. JOY AVILA**, Advertising Manager, People Asia Magazine, accepting the award.



Journalist of the Year – **Ms. ANA MARIE PAMINTUAN**, Editor-In-Chief, The Philippine Star, accepting the award.

MEMBERSHIP INDUCTION OF NEW MEMBERS TO RCM



Proposers of New Members: PAS Addie Topacio for Mr. Servando B. "Jun" Alvarez, Jr., DSAA Lance Masters for Mr. Karl A. Leung, DG Obet Pagdanganan for Mr. Michael Allan E. Sicat, and DE Art Lopez for Mr. Wolfgang Kurt Harle deliver brief introductions of their respective RCM members prior to the formal induction ceremony by Pres. Ebot Tan.



Pres. Ebot Tan administers the oath of membership pledge to Messrs. Mr. Servando B. "Jun" Alvarez, Jr. (Filipino), Mr. Karl A. Leung (Filipino), Mr. Michael Allan E. Sicat (Filipino) and Mr. Wolfgang Kurt "Wolf" Harle (German), thereafter being STAR Rotarians, as newest members admitted into the RCM Membership roll.



Rotary Club of Manila, First In Asia Journalism Awards Presentation for Rotary Year 2015-16 led by President EBOT TAN, District Governor OBET PAGDANGANAN, Director-in-Charge / Immediate Past President FRANK EVARISTO, Vice President Elnet BABE ROMUALDEZ, Chairman, Journalism Awards Committee, Director Elnet ART LOPEZ, Co-Chairman, Journalism Awards Committee, Director SUSINO PINEDA, Past Director JIMMIE POLICARPIO, Fund Raising Campaign Manager, Journalism Awards Committee, Past Secretary / Director Elnet ALBERT ALDAY, Relations TONG PAVUJO, Chairman, Program Committee and STAR Rotarian RICKY TRINIDAD, as awards presenters, held last June 30, 2016, GPIU, at the New World Makati Hotel. The Most Outstanding Journalists and Special Awardes were (In the order of awards presentation) Special Posthumous Awardee Mr. RODOLFO T. "Rod" REYES, Former Press Secretary, from 1992-1993 and 1998 to 2000, Founding Publisher/Editor-in-Chief, Manila Standard, with Spouse VIVIANA SANTIAGO "Vina" REYES, accepting the award, Special Posthumous Awardee Mr. NEAL H. CRUZ, Editor/Columist, Philippine Daily Inquirer, Manila Chronicle, Daily Globe, Daily Express, Evening Ideas, with MS. DORIS H. CRUZ, daughter, accepting the award, Special Posthumous Awardee The Journalist-Victims of Maguindao-Ampatuan Massacre, with Mr. PAUL GUTIERREZ, President, National Press Club, accepting the award, Special Awardee Atty. EMILIANO P. "Emil" JURADO, Columist, "To The Point" - The Standard, accepting the award, Newspaper of the Year - MANILA BULLETIN with Dr. CANSIULO J. ICBAN, JR., Editor-in-Chief, and Ms. CARMEN SUVA, Vice President for Public Relations, Manila Bulletin, accepting the award, Business Newspaper of the Year - Business World with Mr. ROBY ALAUPAY, Editor-in-Chief, Business World, accepting the award, Business Magazine of the Year - BizNews Asia, with RTN, ANTONIO S. "Tony" LOPEZ, President/Publisher, BizNewsAsia Philippines, Inc., accepting the award, Regional Newspaper of the Year - MINDANAO TIMES, with MS. ANALLA CABUSAO, Editor-in-Chief, Mindanao Times, accepting the award, Regional Broadcaster of the Year - Mr. RONALDO "Romnie" LLEDO, TV11, Zamboanga/GBPI, accepting the award, Television Station of the Year - CNN PHILIPPINES, with MR. EDGARD CABIANGON, Chairman of the Board, Nine Media Corporation-CNN Philippines and MRS. ARNIE JARIN-BENNETT, EWP & Marketing Editor, CNN, Philippines, accepting the award, Television Male Broadcaster of the Year - Mr. AUGUSTO "Gus" ABELGAS, ABS CBN Corporation, with PO JIMMIE POLICARPIO accepting the award for and in his behalf, Radio and Television Female Broadcaster of the Year - Ms. NIMFA R. RAVELO, Superadyadab, 894 KHz GMA Network Inc., accepting the award, Radio Male Broadcaster of the Year - Mr. GERRY BAJA - DZMM (630AM), ABS-CBN DZMM Radyo Patrol 630, accepting the award, Radio Female Broadcaster of the Year - Ms. JASMINE ROMERO - DZMM (630AM), ABS-CBN DZMM Radyo Patrol 630 accepting the award, Radio Station of the Year - DZMM (630AM), ABS-CBN DZMM Radyo Patrol 630, with Mr. GERRY BAJA and Ms. JASMINE ROMERO DZMM (630AM), accepting the award, Investigative Reporter of the Year - Mr. DAVIM L. LUCAS, Columist, Philippine Daily Inquirer, accepting the award, Male Opinion Writer of the Year - Mr. ALEXANDER "Alex" MAGNO, Editorial Columist, The Philippine STAR, accepting the award, Female Opinion Writer of the Year - Ms. ELLEN T. TORDESILLAS, Columist, Malaya, accepting the award, Glossy Lifestyle Magazine of the Year - PEOPLE ASIA MAGAZINE, with MR. JOSE PAOLO DELA CRUZ, Managing Editor and MS. JOY ANILA, Advertising Manager, People Asia Magazine, accepting the award, and Journalist of the Year - Ms. ANA MARIE PAINTUAN, Editor-in-Chief, The Philippine Star, accepting the award.

Erratum

Our RCM Secretariat Accounting Section Personnel wishes to sincerely apologize to Rotarian Donors/Pledgers for the RCM Journalism Awards Revenue Funds, some of whom have actually remitted donations already, for the inadvertent-overlooked publication of an erroneous Journalism Awards Donor-Pledgers Financial Report which appeared in the BALITA of June 30, 2016. The updated and comprehensive financial report as follows:

Journalism Awards				
		Cash Receipts		205,000.00
		Cash Disbursements:		157,349.63
		Fund Balance		47,650.37
INCOME:				
DATE	OR NO.	PAYOR	Description	Amt rcvd.
5/26/2016	41291	LEE ED	Journalism Awards sponsorship	5,000.00
5/26/2016	41227	ESGUERFA HERMIE	Journalism Awards sponsorship	100,000.00
5/26/2016	41229	LONZAGA NER	Journalism Awards sponsorship	20,000.00
5/26/2016	41230	ANTUNEZ MARIE	Journalism Awards sponsorship	25,000.00
5/26/2016	41231	LAGUESMA BENNY	Journalism Awards sponsorship	20,000.00
6/2/2016	41256	Policapio, Jimmy	Journalism Awards sponsorship	20,000.00
6/2/2016	41256	Policapio - Foliosco Jun	Journalism Awards sponsorship	5,000.00
6/2/2016	41256	Policapio - Marking Butc	Journalism Awards sponsorship	5,000.00
6/2/2016	41272	Pascual , Abe	Journalism Awards sponsorship	5,000.00
			Total Receipts	205,000.00
DATE	REF#	PAYEE	DESCRIPTION	AMOUNT
6/1/2016	15-785	MAYVELYN PATAJO	PETTY CASH MAY 24-31	770.00
6/1/2016	15-788	RONEENA, INC.	50% PAYMENT OF WOOD TROPHY	23,760.00
6/15/2016	15-821	RONEENA, INC	4 THOPHIES FOR JOURNALISM AWARDS.	11,880.00
6/15/2016	15-822	EXCEL GLASS INC.	9 TOURISM AWARDS THROPIES	31,500.00
6/15/2016	15-787	RONEENA, INC	50% PAYMENT OF WOOD TROPHY	21,560.00
6/27/2016	15-847	NEW WORLD HOTEL	Meals of Awardees	24,000.00
6/27/2016	15-841	NEW WORLD HOTEL	Completion of guarantee	29,129.63
7/1/2016	16-714	NEW WORLD HOTEL	Meals of Media and Secretariat	10,750.00
7/1/2016	15-849	Various Waiter	Payment of Tip	2,000.00
6/27/2016	15-843	EMMANUEL SALAZAR	CASOLINE	2,000.00
			Total	157,349.63
			Fund Balance:	47,650.37

MERCEDEZ BENZ E-CLASS SALOON CAR LAUNCHING



Grand launching of the New Mercedes Benz E-Class the masterpiece of intelligence last June 27, 2016 at Shangrila, The Fort. RCMers in photo are: Pres. Ebot Tan, PDG Vince Carlos, IPP Frank Evaristo, Star Rtn. Dong Benedicto and Star Rtn. Mike Ozaeta.

CLUB AWARDS



The Board approved the recommendation of Club Awards Committee headed by Treas. Chito Zalzarriaga, with members - IPP Frank Evaristo, Dir Oscar del Rosario, Sr, Sec. Jorge Salazar, PT Jim Chua :

CLUB AWARDS 2016

- 1 Rotarian of the Year Award –
Rodolfo P. Bediones
District Governor Nominee

In recognition of the invaluable service to the Club, embodying the ideal of service above self on the District level, encouraging active and meaningful participation of the Rotary Club of Manila in the activities of R.I. District 3810 thus enhancing the club relationship with the clubs in the district; public imaging of club activities thru the social media Facebook which activity enhances the public image of the Club; and facilitating the financial donation of Gov Kai (Rotary Japan) whose fund was utilized to restore/rehabilitate livelihood activities and provided homes for the victims of Typhoon Yolanda for Bgy Daga, Cadiz City, Negros Occidental; Roxas City, Capiz and Batad, Iloilo City.



2. Outstanding Rotarian in Club Service –
Albert S. Alday
Chairman, *Balita* Committee
Director Elect RY 2016-2017

In recognition of the invaluable service to the Club for consistently providing editorial service and meaningful content for the RCM award-winning *Balita* for 5 ROTARY YEARS.



3. Outstanding Rotarian in Community
Service - Rtn Dante R. Arevalo

In recognition of the direct and active participation in the planning and execution of the *Medipinas*, a medical / surgical mission conducted for women afflicted with cancer, with Universidad Cardenal Herrera (CEU) Spain and Rizal Medical Center, held for two consecutive Rotary Years 2014-2016, which led to the successful staging of the weeklong medical/surgical mission.

4. Outstanding Rotarian in Vocational
Service- SAA David J. Reynolds



In recognition of his dedication to and support for the Rotary Club of Manila's goal of providing training and education for young, deserving but financially challenged men and women, thus giving these young people a chance to change their lives, earn a vocational degree in seamanship or learn useful vocational skills related to the operation of sea craft.

5. Outstanding Rotarian in International
Service - PD Edgar L Lee



In recognition of his active participation in organizing Rotary Club of Manila delegations to different Clubs abroad and in representing the Club with the international sister club / daughter clubs' inaugural and anniversary meetings, thus expanding contacts for the RCM and building goodwill and better friendships with foreign Rotary Clubs.

6. STAR Rotarian of the Year
Rtn Joaquin Rodriguez



For meaningfully participating in regular weekly meetings and important activities of the Club, for helping the program committee invite speakers for the weekly luncheon meetings, for proposing new members, and most importantly, for setting a good example of true involvement in Rotary, which both regular and STAR Rotarians can emulate.



7 Leon Lambert Lifetime Achievement Award
Past District Governor Francisco S. Roman

In recognition of his pioneering work as 1st District Governor of the new R.I. District 3810 in RY 1999-2000;

And in recognition of Past District Governor Frankie Roman's achievements:

Awards received : Rotary International Significant Achievement Award by RI President Rajendra K. Saboo, who took notice of his achievements as District Governor; award as Chairman of Polio Plus Campaign ; President of Rotary Club of Manila in RY 1991-1992; Most Outstanding Rotarian of the Year Award for Year 1988;

Activities and programs initiated : Seaman's Training School Project, Mount Pinatubo Rehabilitation Project, the Have A Gavel, Will Make Friends Fellowship Tour of clubs in R.I. District 3810;

Outstanding contributions to RCM-related projects : the Boy Scout of the Philippines, an organization initiated by the Rotary Club of Manila, serving as National President of the Boy Scouts of the Philippines, World Chairman of the Asia-Pacific Regional Scout Committee of the World Organization of the Scout Movement, World Chairman of the World Scout Committee, the highest position of the world in the scouting movement; a Baden Powell Fellow of the World Scout Foundation under the patronage of His Majesty, the King of Sweden, a member of the Board of Directors of the World Scout Foundation and a Life Member of the Royal Bench of the World Scout Foundation.



8 Special Award for Distinguished Service to
Rotary Club of Manila, Distinguished Service
to the Rotary District and Exemplary Integrity
District Governor Roberto M.
Pagdanganan

In leading Rotary Club of Manila's effort to meaningfully participate in the activities of R.I. District 3810 and in the Rotary International Convention in Seoul, Korea and for his exemplary performance as District Governor of R.I. District 3810 — Earning the 7th place in the whole Rotary World in terms of membership gain, Making R.I. District 3810 among the top 1% District in the world; For surpassing the target contribution to The Rotary Foundation; and For embodying and exemplifying, in his words and action, the ideals of transparency, participatory decision-making and integrity in his management of the Rotary District of which the RCM is a part.

POST HUMOUS AWARD

In recognition of his unselfish sharing of time, talent, and treasure, thereby nurturing and strengthening relationships among Club members, this Award is hereby posthumously presented to:

1. Rtn Ceferino L. Benedicto,
Member 1995-2016;
Paul Harris Fellow 1996



2. PS Augusto Z. Fajardo,
Member 1985 – 2015;
Paul Harris Fellow 2001



3. Rtn Cesar Bautista, Member
1986-2000; 2003-2015;
Paul Harris Fellow 1992



4. PS Justo M Ortiz, Sr. –
Member 1989-2016;
Paul Harris Fellow 1991, 1996



BEST ATTENDANCE AWARD

For consistently and faithfully attending regular Club meetings and fellowship and other activities, thereby sharing his valuable time, talent, and resources, and making him worthy of receiving the "Best Attendance" Award:



1. DGN Rodolfo P. Bediones, 5 YEARS



2. PDG Vicente J Carlos, 41 YEARS



3. PT James G. Chua, 40 YEARS



4. IPP Frank Evaristo , 5 YEARS



5. Dir Oscar A. del Rosario, Sr. , 1 YEAR



6. Chairman Albert S. Alday , 1 YEAR

PRESIDENTIAL AWARDS

(Recognition of tireless efforts of members within the ranks a Rotary Club serves as an incentive to all members to strive to continue to outdo themselves and perform better each Rotary Year. Giving out tokens of appreciation for a job well done to members who have shared and devoted their time, talent, and treasure during a Rotary Year will encourage and inspire other club members to also contribute their time, talent, and treasure for the Club's activities and outreach programs.)

This Rotary Year, Presidential Awards are presented to:

1. Frank A. Evaristo (Immediate Past President) – who is being cited for: enhancing the public image of the Club thru the publication of club activities and projects in the nation's broadsheets, thereby conveying to the reading public the commitment of Rotary as an organization which assists the government uplift communities in need of shelter, medical assistance, skills, and human development; participating in the turnover of Yolanda Rehab Projects - i.e., the library building in Tabontabon-Leyte and the shelter projects in Cadiz and Capiz; and regularly attending the meetings of the Board of Directors of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.
2. Teodoro J. Ocampo (Vice President / President Elect) – who is being cited for the effective and efficient management of the Rotary International's District 3810 Conference 2016 and District Assembly 2016, and regular attendance at the meetings of the Board of Directors of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World .
3. Jesus M. Pineda, Jr. (Director)– who is being cited for: the prudent and timely consideration of membership proposals to enhance the membership base of the Club, and regular attendance at the meetings of the Board of Directors of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.
4. Issam Eldebs (Director) – who is being cited for overseeing the activities of the committees under Club Service Group A and regularly attending the meetings of the Board of Directors of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.
5. Amado D. Valdez (Director) – who is being cited for his legal advice on issues related to the Club's management, allowing the Board to manage its Board meetings astutely , thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.
6. Robert L. Joseph, Jr. (Director) – who is being cited for: initiating efficient fund raising activities at the Club's weekly luncheon meetings, such as the weekly raffle; providing financial support to the major activities of the Club; singlehandedly managing the annual Tourism Awards since Rotary Year 2004-2005; and regularly attending the meetings of the Board of Directors of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.
7. Mariano M Lopez (Director) – who is being cited for facilitating and coordinating the medical mission for Medipinas and regularly attending the meetings of the Board of Directors of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.
8. Oscar A. del Rosario, Sr. (Director) – who is being cited for his representing the Club thru his active participation in the Lando Relief Mission in Calaumit.

Bulacan, R.I. District 3810, Rotary international , and interclub affairs, thus enhancing club relations, and his regular attendance at the meetings of the Board of Directors of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

9. Jorge Q. Salazar (Secretary)– who is being cited for the administration of the Board's concerns, thereby enhancing the Club's inter-member relationships, and his regular attendance at the meetings of the Board of Directors of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

10. Felix Francisco S. Zalduendo (Treasurer) – who is being cited as the guardian of the Club's funds and treasure; ensuring the proper disbursement of Club funds; efficient management of Club awards selection; and attendance at the meetings of the Board of Directors of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

11. David J Reynolds (Sgt at Arms)– who is being cited for maintaining order and discipline at the regular meetings of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

12. Alvin D. Lacambacal (Assistant Secretary) – who is being cited for: assisting in the administrative concerns of the Board of Directors of the Club; facilitating international brotherly relations with foreign clubs; organizing attendance at this year's Rotary International Convention in Seoul, Korea; facilitating the execution of a Memorandum of Understanding with the Rotary Club of Osaka East for the funding of a joint project; and sharing time with the PDG RMR Rotary Information Committee to co-conduct Rotary orientation for prospective new members of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

13. Raoul A. Villegas (Asst. Treasurer) – who is being cited for making himself available to manage the financial concerns of the Board of Directors of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

14. Lance Masters (Deputy Sergeant at Arms) – who is being cited for actively participating in District affairs; representing the Club in various interclub affairs; and regularly attending the meetings of the Board of the Directors of the Club, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

15. Crispino P. Reyes (President- 1992-1993; Chairman – WF Music Committee)– who is being cited for inspiring the members of the Club by heading the Club's World Famous Chorale and sharing his office space as the venue for the singing fellowship meetings of members, thus enhancing good relations among Club members, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

16. Domingo S. Guevara, Jr. (President 1996-1997; Chairman – Sunshine Committee) – who is being cited for organizing the Club's Sunshine Committee visits to members who are sick, ill, or otherwise indisposed, thereby living up to Rotary International's motto of Service Above Self leading to being a Gift to the World.

17. Elias D. Adamos (Past Assistant Secretary)– who is being cited for his contribution of a regular column on medical advice in the weekly Club publication – the Balita, which allows the Club's members and the general readership to learn how to manage physical and mental health, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

18. Arthur M Lopez (Chairman, House Committee; Director Elect) – who is being cited for facilitating arrangements for the venue of the weekly meetings of the Club and participating in the recognition projects of the Club i.e., the Tourism Awards and Journalism Awards, thereby living up to Rotary International motto of Service Above Self and being a Gift to the World.

19. Jose Manuel D. Romualdez (Chairman, Journalism Awards Committee; Vice President Elect) – who is being cited for effectively leading the search for the deserving awardees of the Club's Journalism Awards RY 2015-2016, which inspire journalists to continue to serve the needs of the diverse sectors of society thru well grounded principles of journalism, thereby living up to Rotary International motto of Service Above Self and being a Gift to the World.

20. Jimmie Policarpio (Director, 2010-2012) – who is being cited for generously hosting meetings of the Journalism Awards Committee and actively participating in the solicitation of nominations in the search for the awardees for the Journalism Awards 2015-2016, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

21. Rtn Farid Schoucair – who is being cited for generously subsidizing the cost for the meetings of members of the Club and their guests at the New World Makati Hotel, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

22. Hector O. Tagaysay (Incoming Treasurer) – who is being cited for coordinating with Gawad Kalinga for the timely turnover of Yolanda Rehab Projects, the funds for which were donated by Gov Kai and our Club's overseas brother Rotary Clubs, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

23. Manny Dy (Vice President 1997-1998) – who is being cited for his generous and unselfish contribution of gifts to the regular membership of the club that enhanced and added color and excitement to the regular meetings of Rotary Club of Manila and enhanced Philippine-Chinese relations, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

24. Gunter Matschuck (Sergeant at Arms RY 2003-2004; Chairman, RCM Oktoberfest Fellowship) – who is being cited for annually leading, together with the other German members of the Club, the annual hosting of the Club's OKTOBERFEST, contributing to the strengthening of the bond and cultural relationships among the members of the Rotary Club of Manila, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

25. Phillip Ong (Director – 2001-2002; Chairman, Special Children Committee) – who is being cited for his unwavering commitment and continuing dedication since RY-2000 to the Club's program involving the nurturing and helping of children born with developmental challenges through the Special Children Project, **that provided** these special children the

opportunity for growth and development, thereby living up Rotary International's motto of Service Above Self and being a Gift to the World.

26. Rtn Felicito Payumo (Chairman, Program Committee) – who is being cited for his dedicated and unrelenting efforts at organizing and managing the weekly Thursday meetings of the Club and for inviting highly qualified and much sought after speakers, resulting in enhanced member attendance and participation at Club meetings, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

27. Fausto Preysler (Vice President – 2009-2010; Chairman, Membership Committee) – who is being cited for his dedicated and untiring advocacy in developing the Club's membership and supporting The Rotary Foundation, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

28. Rtn Brendan Egan (Chairman, Classification Committee) – who is being cited in recognition of his active involvement and participation in the Club's membership development program, which resulted in the acceptance of well-qualified and eligible members, and living up to Rotary International's motto of Service Above Self and thereby being a Gift to the World.

29. Alex Cureg (Dist. Gov. 2008-2009; Chairman, PDG RMR Rotary Information Committee) – who is being cited in recognition of his unselfish sharing of his time to conduct Rotary Briefings for prospective new members of the Club in preparation for membership, thereby living up to Rotary International's motto of Service Above Self and being a Gift to the World.

30. Patricio F. Pineda, Jr. (Director – 2011-2012; Co chairman – PDG RMR Rotary Information Committee) who is being cited for: his participation in PDG RMR Rotary Information Committee and sharing time to conduct Rotary Briefings for prospective new members of the club, in preparation for membership, thereby living up to Rotary's motto of Service Above Self and being a Gift to the World.

31. Rtn Jacinto S. Bautista (Chairman, Sight Conservation Committee) – who is being cited for his sustained service in programs involving restoring eye sight and prevention of blindness for economically marginalized patients thru the Rotary Eye Center, living up to Rotary International's motto of Service Above Self and being a Gift to the World.

32. PD Abe Pascual, is presented the token of appreciation for providing logistical assistance to Medipinas June 2015 and donation of Sagip Kabataan to Hospicio de San Jose made thru Rotary Club of Manila, living up to Rotary International's motto of Service Above Self and being a Gift to the World.

33. Rtn Primo Santos is presented the token of appreciation for liaising the travel requirements of the delegation of Medipinas team to Manila for June 2015 and January 2016 medical missions, living up to Rotary International's motto of Service Above Self and being a Gift to the World.

34. Gawad Kalinga – which is being cited for its partnership with our Club in planning, organizing, and implementing shelter and livelihood projects for Typhoon Yolanda victims within Gawad Kalinga project sites in Batad-Iloilo, Bgy Daga- Cadiz, and Pontevedra, Capiz, thereby assisting our Club in living up to Rotary International's motto of Service Above Self and being a Gift to the World.

35. Rizal Medical Center – which is being cited for being a partner of our Club in the joint medical mission with CEU Cardinal Herrera University of Valencia, Spain, otherwise known as the Medipinas Mission, for two consecutive missions held in June 2015 and February 2016.

DISTRICT 3810 HANDOVER AND INDUCTION

Rotary District 3810 Handover & Induction By SAA PVP Lance Masters

It was another dressed "to the nines" District 3810 celebration last Friday, July 1st, at the Marriott Grand Ballroom in Pasay, as we passed the baton of District leadership from World Class Governor Roberto P. "Obet" Pagdanganan to All Star Governor Ernesto D. "Ernest" Yuyek. Following a Holy Mass and Blessings at 3:00 pm, opening ceremonies commenced at 5:00 pm with



the grand entrance of All Star Presidents and World Class Presidents from all of the clubs in the district. They marched shoulder to shoulder, in unity, to convey their mutual commitment to continuing to work together in our new international theme of "Rotary Serving Humanity."

The parade continued with the incoming District Executive

Committee, Past District Governors, future District Governors, the Immediate Past Rotary International Director and a Lion and Dragon Dance of enormous dimensions

WCG Obet called the assembly to order, flowed by the traditional opening ceremonies including the doxology sung by "The Angelos," the entrance of colors by the Philippines Marines Color Guard, The National Anthems of Japan, Taiwan, and the Philippines, and then the introduction of dignitaries, including several foreign delegations. It actually took more than an hour to complete the roll call of all clubs, including recognition of their incoming and outgoing presidents. Each pair was escorted to the stage, carrying their new club banners.



We were then served dinner to the surprise entertainment of District 381 Inner Wheel Clubs with a licensed Disney song and dance production of highlights from "The Lion King." It was a splendid routine with fine costumes, live singing, and dancing. All this fronted professionally performed music from the Broadway production.



A district level sisterhood signing was completed between our District 3810 and the premier district from Taipei, Taiwan. Governor Obet gave a superb valedictory speech, including especially well prepared PowerPoint slides, which highlighted the impressive accomplishments of the World Class clubs and team during his term. Among these are the extraordinary membership growth, ranking first in Region 7 and 7A (Australia, Indonesia, and the Philippines) and seventh in the world. Some of the finest of the projects undertaken by the 110 clubs of the district were highlighted, as well as triumphs in charitable giving through the Rotary Foundation, marking the second highest in district history (second only to the year in which Don Emilio Yap became a member of the Arch C. Klumpf Society, marking the second highest in district history (second only to the year in which Don Emilio



Yap became a member of the Arch C. Klumpf Society). RCM's own PP Cesar Ubaldo, the District incoming Chief of Staff, introduced Keynote Speaker Senator Aquilino "Koko" Pimentel. Senator Koko himself is a past president of the Rotary Club of Manila Bay (2005-06). Because of his familiarity with Rotary and the new government administration, he drew strong parallels between Rotary and Duterte

All Star Governor Yuyek was inducted by PDG Ed Tumangan. Gov Ernest presented an inspiring 'Inaugural Address and his entire team is excited to build on the accomplishments of the past, committed to bringing the district and our clubs to new highs.



Following an entertainment break, the All Star Team was presented by IPRID Guiller Tumangan, and the All Star Presidents were inducted by DG Ernest. New Clubs were chartered, new Rotarians charged, and new TRF contributors were recognized.



But all that took a very long time. It was already 11:30 pm before the raffle winners were announced and the assembly adjourned.

INTERCLUB



CoS/PSDG/PP Cesar Ubaldo and DCoS/SDG/DE Albert Alday at the Governor's Visit and 45th Handover and Induction Ceremonies of the Rotary Club of University District Manila held at the Casino Español, Manila last July 5, 2016.

PUBLIC IMAGE



Rotary Club of Manila Advertisement showing Medical and Dental Missions on Victory Liner Bus.

"No leader, however strong, can succeed at anything of national importance or significance unless he has the support and cooperation of the people his is tasked to lead and sworn to serve."

- President Rodrigo R. Duterte, June 30, 2016

NEWS RELEASE



NEWSPAPER OF THE YEAR – Manila Bulletin (MB) Editor-in-Chief Gris Ichan Jr. (third from left) and MB Vice President-Public Relations Department Carmen Suva (fourth from left) accept the plaque for Newspaper of the Year from the Rotary Club of Manila (RCM) during its Journalism Awards Presentation 2016 at the New World Hotel Thursday. With them are (from left) District Governor Obet Pagdanganan, Past President Frank Evaristo, Vice President-elect Babes Romualdez, and RCM President Ehot Tan. (Manny Llanes)



Sketches

By ANA MARIE PAMINTUAN



Honeymoon

AWARDS: Speaking of mass media, it was truly a mere coincidence, the audience was told, that the 2016 Journalism Awards ceremonies of the Rotary Club of Manila were held on the same day that Duterte was inaugurated.

From bantering with journalists for two hours after midnight, President Duterte has swung to the other side of the pendulum, shutting out the media after foreign press freedom groups called for a boycott over his comments about corrupt journalists getting killed. As far as I know, no local media organization went along with the boycott – we tried it during the Cory Aquino presidency, as I've written, and it didn't work.

One day soon Duterte will have to settle on a middle ground. He must resume facing the media, but under a regulated environment, as other heads of government do, with his press secretary or spokesman supervising the question and answer. He will have to grow into his job and stop throwing silly tantrums whenever he feels slighted by pesky journalists.

I thank the Rotary Club of Manila, headed by Ehot Tan, for my second award from the club, and I congratulate my fellow awardees.

A special posthumous award was given to the 32 media workers who were massacred in Maguindanao in 2009. The best gift they can have is justice, but there are fears that the late Joker Arroyo might not have exaggerated when he said that litigation of this case, considering the state of our judicial system, could take 200 years.

MEET THE NEW SECRETARY OF TOURISM



The 12th annual Rotary Club of Manila (RCM) Tourism Awards, recognizing tourism stakeholders who have contributed to the growth of tourism development of the country, was held during the luncheon meeting at the Grand ballroom of the New World Hotel Makati (NWHM). Shown is Rotarian Awards Committee chairman Robert Lim Joseph introducing the new Secretary of Tourism Wanda Tulfo Tee to RCM President Ehet Tan and Rotarian Gov. Ohet Pagdanganan.



Malaya awardee. Malaya Business Insight columnist Ellen Tordesillas receives the "Female Opinion Writer of the Year" award from Rotarian Jose Manuel "Bebes" Romualdez, chairman of the Journalism Awards Committee of the Manila Rotary Club of the Mahila Rotary Club. PHOTO BY RHOY COSILLA

ON THE LIGHTER SIDE



PDG VINCE CARLOS

Daddy,

I am coming home to get married soon, so get out your check book. I'm in love with a boy who is far away from me. As you know, I am in Australia...and he lives in Scotland. We met on dating website, became friends on Facebook, had long chats on Whatsapp, he proposed to me on Skype, and now we've had two months of relationship through Viber.

My beloved and favourite Dad, I need your blessing, good wishes, and a really big wedding."

Lots of love and thanks,

Your favourite daughter,
Lilly

My dear Lilly,

Like Wow! Really? Cool! Whatever...I suggest you two get married on Twitter, have fun on Tango, buy your kids on Amazon, and pay for it all through Paypal.

And when you get fed up with this new husband, sell him on eBay.

Love,
Your Dad

The story is told of a father of five children who came home with a toy. He summoned his children and asked which of them should be given the present.

"Who is the most obedient one here? Who never talks back to Mom and does everything that Mom says to do?" he inquired.

There were few seconds of silence, and then all of the children said in one accord: "You play with it Daddy!"

Golden words by a wise man

1. "If you want to change the world, do it when you are a "BACHELOR MAN." After marriage, you can't even change a TV channel."

2. "Listening to wife is like reading the terms and conditions of website. "YOU UNDERSTAND NOTHING, STILL YOU AGREED..."

3. "Chess is the only game in the world, which reflects the status of the husband. "The poor King" can take only one step at a time... While the "Mighty Queen" can do whatever she likes."

4. "All men are brave. Horror movies don't scare them.. But "5 missed calls from wife...surely does..."

A little fun economics

Wife to her Accountant husband: What is inflation?

Husband: Earlier you were 36-24-36. But now you are 48-40-48.
Though you have everything bigger than before, your value has
become less than before.

This is inflation.

Economics is not that difficult if we have the right examples.

Interviewer: What is recession?

Candidate: When "Wine & women" get replaced by "Water & Wife",
that critical phase of life is called Recession!!!

Accountancy Fact:

What is the difference between Liability & Asset? A drunk friend is
liability. But, a drunk girlfriend is an asset.

An Economist beautifully explained two reasons for having 2 wives.

A-Monopoly should be broken.

B-Competition improves the quality of service.

If you have 1 wife, she fights with you!

If you have 2 wives, they will fight for you! Feel the difference and
decides.

Disclaimer: Sender is not having any such experience and not
responsible for any side effects.

When you are in love, wonders happen. But once you get married,
you wonder, what happened.

Philosophy of Marriage: At the beginning, every wife treats her
husband as GOD.. Later, somehow don't know why.. Alphabets get
reversed.

Secret formula for married couples.. "Love One Another" and if it
doesn't work, move the last word to the middle!!!

This is my neighbor

She's single....She lives right across the street. I can see her
house from my living room. I watched as she got home from work
this evening. I was surprised when she walked across the street
and up my driveway. She knocked on my door...I rushed to open it.

She looks at me, and says, "I just got home, and I am so horny! I
have this strong urge to have a good time, get drunk and make
love all night long! Are you busy tonight? I immediately replied,
"Nope, I'm free...I have no plans at all!"

Then she said, "Good! In that case, could you watch my kids?"

It sucks being a senior citizen (^_^)

PUBLIC HEALTH NUTRITION AND CHILD CARE



VIAGRA PROTECTS THE HEART

Elias D. Adamos, M.D.

Sildenafil citrate that is marketed as Viagra became a medical breakthrough when it was proven to manage, if not treat, erectile dysfunction. The medicine became an overnight sensation and was even considered by many consumers as "miracle of science."

Viagra has also gained funny street names, among which: "Agimat" or "Anting-anting" ("amulet" or "charm").

In a study conducted by Andrea Isidori, M.D., Ph.D., and associates at the Sapienza University in Rome, Sildenafil or Viagra, was found to protect the heart. "We found that the main ingredient in Viagra can be used as an effective, safe treatment for several patients with heart disease," Dr. Isidori declared. The findings on 1,622 patients who benefited from the 'cardioprotective effect' of Viagra were reported on BMC Medicine Journal.

In a similar study on Viagra that was conducted by Dr. Ramzi Okaili and associates; the results of which were published in volume 283(3) of the American Journal of Physiology, claim that the chemical component in Viagra that aids in blood flow to help combat erectile dysfunction, has a similar effect on the heart muscles, more particularly those of the left ventricle, wherein the chemical's action to increase blood flow has cured patients with heart failure and various heart problems."

Researchers from the University of Manchester, England say, "Viagra could prevent heart attacks. Patients taking the male impotency drug have lower risk of having a heart attack or dying from heart failure than those not on the medication. The findings were incredibly exciting (Dr. Andrew Trafford, University of Manchester)."

At the University of Washington in Seattle, studies on the same subject, about Viagra, have concluded that 3 days of administration of the drug in patients with heart dysfunction had resulted to marked improvement or reversal of heart problems (Oct 2010, Journal of the Proceedings of the National Academy of Sciences).

Viagra was also given to children who are about to undergo heart surgery for congenital heart disease. The drug had decreased the percentage of mortality of aforesaid patients. The results were attributed to the enhancement and increased in heart circulation and blood flow in children, for congenital heart surgery, after the administration of Viagra (Dr. Yvonne A. Bremer, et al., Pediatric Research, 2005).

What is it in Viagra that can protect the heart?

Sildenafil or Viagra contains a chemical or inhibitor enzyme, Phosphodiesterase type 5 (PDE-5) that works to relax smooth muscles, resulting to increase in blood flow and erection in patients with erectile dysfunction. PDE-5 similarly works in the main-pumping chamber of the heart by increasing blood flow and circulation, resulting to a healthy and well-functioning heart. Viagra also maintains normal blood pressure.

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