

balita



No. 3642, April 14, 2016

GUEST OF HONOR AND SPEAKER



HON. EMMANUEL L. CAPARAS

Acting Secretary
Department of Justice
Republic of the Philippines



KABALITA

No one can do justice to our KABALITA more than the man from whom KABALITA rightfully belongs as he makes a sentimental journey back to his original home, Asia's First Rotary Club.



<u>What's Inside</u>	
Programme	2
President's Corner	3-4
Guest Speaker's Profile /	5-6
Preview of Next Week Guest Speakers	7
The Week that Was	7-10
Golf Fellowship	11-13
DISCON 2016	14-31
Club News Release	31
On the lighter side	32-33
Public Health Nutrition and Child Care	34
Advertisement	35-36

THE ROTARY CLUB OF MANILA

**BOARD OF DIRECTORS and
Executive Officers 2015-2016**

EBOT TAN
President

FRANK EVARISTO
Immediate Past President

TEDDY OCAMPO
Vice President

**SUSING PINEDA
ISSAM ELDEBS
AMADING VALDEZ
BOBBY JOSEPH
NING LOPEZ
OSCAR DEL ROSARIO**
Directors

JORGE SALAZAR
Secretary

CHITO ZALDARRIAGA
Treasurer

DAVE REYNOLDS
Sergeant-At-Arms

ALVIN LACAMBACAL
Assistant Secretary

RAOUL VILLEGAS
Assistant Treasurer

JIMMY CABASE
Deputy Sergeant-At-Arms

PRESIDENT'S CORNER



Dear Fellow Manila Rotarians,

Last week, Hon. Manuel "Lolong" Lazaro, Chairman and CEO of the Philippine Constitution Association and a former Government Corporate Counsel (with the rank, emoluments, and privileges of a Presiding Justice of the Court of Appeals), a Bar Examiner on Labor and Social Legislation, and a Legal Consultant of the Land Bank of the Philippines, the Development Bank of the Philippines, and the Philippine National Bank, a former Manila Rotarian, and who is a currently a Member of the Supreme Court's Sub-Committee on the Revision of Rules on Civil Procedure, was our Guest of Honor and Speaker. He spoke to us on the strengths and weaknesses of our current Constitution and pointed out the numerous provisions in our Constitution which require an enabling law (which, to date, have

not yet been passed). He explained why, in his opinion, our Constitution was framed the way it was, having been drafted by a Constitutional Commission whose members were all chosen by the President. His vast experience as a lawyer, who is involved in many fields of law, including constitutional law, made him a very interesting speaker. A very animated question and answer session was held immediately after his speech, which enabled many of our Club members to discuss particular points/issues with our former member, Lolong.

On news within our Club and the District, last 8 and 9 April 2016, IPP Frank Evaristo, Director Oscar Del Rosario, and Ching Salazar of our Secretariat accompanied me to Brgy. Hamod in the Municipality of Batad, Iloilo, to attend the formal turn-over to certain selected residents of Brgy. Hamod of 30 houses constructed in cooperation with Gawad Kalinga. The 30 housing units cost Php12 Million to build, the funds for which we sourced from the Gov. Kai Foundation of the Rotary Club of Japan. It is located in a section of Brgy. Hamod in the Municipality of Batad, Iloilo, called the "RC Manila – Gawad Kalinga Village". Last 9 April 2016, DG/PP Obet Pagdanganan and DGND/CoS/PP Rudy Bediones attended the 14th Charter Anniversary of the Rotary Club of Quirino Manila Central at the Luk Foo Cantonese Kitchen in Quezon City. Two days later, on 11 April 2016, DG/PP Obet Pagdanganan, DGND/CoS/PP Rudy Bediones, Assistant Secretary Alvin Lacambacal, and I attended the DISCON 2016 Appreciation Dinner/Fellowship hosted by the District at the Le Parc Event Hall, EDSA, Pasay City, for all those who assisted and contributed in one way or another to the success of DISCON 2016. All the committee heads were awarded certificates of appreciation.

Today, we will have as our Guest of Honor and Speaker, Hon. Emmanuel L. Caparas, Secretary of the Department of Justice (the "DOJ"), a former member of our Club, who will describe his plans for the DOJ and the particular issues and problems it faces. Secretary Caparas took over the helm of the DOJ from Secretary Alfredo Benjamin Caguioa, who was recently appointed as an Associate Justice of the Supreme Court of the Philippines.

Please continue to actively participate in and support all of our Club's plans, programs, and activities during the remainder of this Rotary Year. Most importantly, please recommend at least one good recruit to beef up our Club's membership.

Mabuhay ang Rotary Club of Manila!

GUEST OF HONOR AND SPEAKER'S PROFILE

CURRICULUM VITAE

Name: EMMANUEL LEIDO CAPARAS

EDUCATION

A. Elementary

School Attended	Ateneo de Manila University
Years Attended	1965 – 1973

B. High School

School Attended	Ateneo de Manila University
Years Attended	1973 – 1977

C. University

School Attended	University of the Philippines
Years Attended	1977 – 1981
Degree & Course	Bachelor of Arts in Economics

D. Law Studies

School Attended	University of the Philippines
Years Attended	1981– 1985
Degree Attained	Bachelor of Laws

CURRENT ENGAGEMENT / PROFESSIONAL INVOLVEMENT

A. Department of Justice

(Jan 2016 – Present)

Position	Acting Secretary
----------	------------------

(Nov 2015 – Jan 2016)

Position	Undersecretary
Spokesperson	

B. Philippine Judicial Academy

(1997 – Present)

Position Chair, Court Technology Dept (since Apr 2006)

Court of Appeals Mediator (2005-2015)

Mediation Lecturer and Trainer (since 2005)

Professorial Lecturer (since Apr 2002)

PAST WORK / EMPLOYMENT

A. Metropolitan Waterworks and Sewerage System

(June 2011 – Nov 2015)

Position	Member, Board of Trustees (Oct 2011 – Nov 2015)
	Acting Chief Regulator (Nov 2012 – Jun 2014)
	Management Consultant, Office of the Administrator (Jun – Sep 2011)

B. Supreme Court of the Philippines

(Mar 2008 – May 2011)

Position Chief of Office
 Management Information Systems Office

C. Symferon KMR, Inc. (Philippines)**Symferon Knowledge Management Pte Ltd. (Singapore)**

(Feb 2006 – Mar 2008)

Position Co-Founder / Managing Director
 Company Knowledge Management
 Activities Research & Information Systems Development
 New Media (Project Concept, Design and Execution)
 Web/Online Presence (Strategic Development)

D. CD Technologies Asia, Inc.

(Feb 1994 – Feb 2006)

Position Principal Founder
 President / CEO and Chair
 Company Activities Electronic Legal Publishing (*Lex Libris*)
 Computer-aided Research Systems Development
 Database Design & Creation

CD Asia's Annex, Inc.

(1997 – 2005)

Position Principal Founder
 President / CEO
 Co. Activities New Media (Project Concept, Design and Execution)
 Interactive Digital Media Tools Development
 Website Design and Development

E. Office of the Government Corporate Counsel

(Jul 2006 – Mar 2008)

Position IT Consultant

F. Integrated Bar of the Philippines

Position Chair, Publishing Committee
 IT Adviser/Consultant (Sep 2002 – Aug 2003)
 Director, NCLR (Aug 2011 – Jul 2013)

G. Commission on Human Rights

(Mar 2002 – Mar 2003)

Position IT Consultant

H. Sycip Salazar Hernandez & Gatmaitan Law Offices

(Nov 1989 – Jan 1994)

Position Junior and Senior Associate
 Areas of Practice Litigation (civil, criminal and family law)
 Arbitration
 Corporation Law
 Banking and Finance

I. Philippine House of Representatives Electoral Tribunal

(Aug 1988 – Oct 1989)

Office Assigned To SC Associate Justice Florentino P. Feliciano

Position Chief Legal Assistant

J. Supreme Court of the Republic of the Philippines

(16 Sep 1986 – 31 Oct 1989)

Office Assigned To SC Associate Justice Florentino P. Feliciano

Position Senior Law Clerk (Attorney III)

Other Duties Administrative Consultant, SC Library

Special Assistant, SC Computerization Committee

K. Philippine Constitutional Commission of 1986

(02 Jul 1986 – 15 Sep 1986)

Office Assigned To Former Chief Justice Roberto Concepcion

Position Research Attorney

MEMBERSHIP IN ORGANIZATIONS**A. Integrated Bar of the Philippines**

(May 1986 – present)

B. Rotary Club of Manila

(28 Oct 2004 – Jun 2012)

PREVIEW OF GUEST SPEAKERS:**April 21, 2016, 12N, Manila Polo Club****Ms. Mylene Lising**

Archeologist

Rtn.-Officer-in-Charge PE/VP Teddy Ocampo

April 28, 2016, 12N, Manila Polo Club**PD / Atty. Estelito P. "Titong" Mendoza**

E.P. Mendoza Law Office

Rtn.-Officer-in-Charge PP "Archit" Bartolome

May 5, 2016, 12N, Manila Polo Club**Hon. Ferdinand R. Marcos, Jr.**

Senator, Republic of the Philippines

Vice Presidential Aspirant, 2016 Election

THE WEEK THAT WAS....



Rtn. Citos Manalaysay as OIC-Moderator directs the program of activities.



Rtn. Jeric Jucaban delivers an ecumenical prayer.



Dir.-elect Art Lopez leads fellow Rotarians in renewing its commitment to the Rotary Credo by reciting the four (4) way test.



STAR Rtn. Mike Ozaeta introduces the guests, visiting Rotarians and personalities seated at the presidential table.



Rtn. Ani Desierto does the pleasure of introducing **Hon. Manuel M. "Lolong" Lazaro**, Chairman, Philippine Constitution Association; Founding Partner, Manuel M. Lazaro & Associates, Retired Government Corporate Counsel, Former Presiding Justice of the Court of Appeals, Former RCM member, 1976 - 1986, as guest speaker.



Hon. Manuel M. Lazaro, Chairman of PHILCONSA and Former Presiding Justice of the Court of Appeals, presented before Manila Rotarians, Visiting Rotarians and guests, his thoughts on the present Constitution of the Republic of the Philippines, including its flaws and how to further improve the same for the benefit of the Filipino people.



An interactive public forum followed suit post the speech of **Hon. Manuel M. "Lolong" Lazaro**.



Pres. Ebot Tan presents to **Hon. Manuel M. "Lolong" Lazaro** a religious icon of Jesus Christ and Mother and Child as the club's token of appreciation for being the guest speaker.

INTERNATIONAL RELATIONS



DE/Dir. Susing Pineda and **PDG Vince Carlos** present to **Pres. Ebot Tan** the cash donation of **RC Osaka East P12,000** to RCM service projects.

RCM WEEKLY BIRTHDAY CELEBRANT/S



Pres. Ebot Tan presents the birthday celebrants **DE/IPS Albert Alday** and **STAR Rtn. Mike Ozaeta** for the traditional blowing of candle on the birthday cake amidst the singing by the **RCM World-Famous Chorale** of the happy birthday song.

MEMBERSHIP



PDG Vince Carlos introduces **Hon. Hiroyuki Uchida** (Japanese), Consul General, Embassy of Japan, classification: Diplomatic Service-Japan, as co-proposer with **Pres. Ebot Tan**. **DE Art Lopez** introduces **Mr. Lutz H. Kunack** (German), President & Managing Director, Fritz & Macziol Asia, Inc., Classification: Business Service-Information Systems, as proposer.



Pres. Ebot Tan administers the oath of membership pledge to Hon. Hiroyuki Uchida and Mr. Lutz H. Kunack as newest members to the Rotary Club of Manila.

SPECIAL BOARD MEETING



Present during the Special Board Meeting held last April 7, 2016 were: Pres. Ebot Tan, Dir. Oscar del Rosario, PP Cesar Ubaldo, Dir. Susing Pineda, PE/VP Teddy Ocampo, IPP/AG Frank Evaristo, DE Albert Alday, Dir. Amading Valdez and ES Anna Kun Toledo.

YOLANDA REHAB BATAD ILOILO



MANILA ROTARY BUILDS 30 HOUSES, BATAD, ILOILO YOLANDA FAMILIES

The Rotary Club of Manila, First in Asia, turned over thirty (30) houses worth P4.5 million for Typhoon Yolanda Victims in Barangay Hamod, Batad, Iloilo City through the generous donation of Governor KAI (Rotary Japan), Rotary Clubs of Bangkok, Osaka-East, Kowloon-East, in cooperation with Gawad Kalinga and Batad Local Government. Photo shows from left-right: Joana Rabulan, Gawad Kalinga Iloilo City, President Ebot Tan, Rose Cacho, Gawad Kalinga, Head, Iloilo City, Director Oscar del Rosario and Assistant District 3810 Governor and Club Immediate Past President Frank Evaristo.

Rotary Club Manila builds Thirty (30) Houses, Batad, Iloilo Yolanda Families



President Ebot Tan, AG/IPP Frank Evaristo and Director Oscar del Rosario lead in unveiling of a permanent marker together with **Reverend Father Warlito Provide**, Batad Parish Priest, **Ma. Rose Cacho**, Gawad Kalinga Provincial Head, Heirs of **Mr. Domingo and Mrs. Rosa Rubias** who donated the part of their land for this humanitarian assistance housing project in coordination with Gawad Kalinga Foundation.



The permanent marker for the Rotary Club of Manila-Gawad Kalinga Village in Batad, Iloilo.



Reverend Father Warlito Provideo, Batad Parish Priest, with **President Ebot Tan**, **AG/Immediate Past President Frank Evaristo** and **Director Oscar del Rosario** during the blessing of the thirty (30) houses for Typhoon Yolanda victims in Barangay Hamod, Batad, Iloilo.



The 30 row houses (at right) construction cost of Php 4.5 million, built by **Gawad Kalinga** and funded by **Governor KAI (Rotary Japan)**, **Rotary Clubs of Bangkok, Osaka-East, Kowloon-East** and **RC Manila**. Bottom photo shows former house structure of the beneficiaries.



The **Rotary Club of Manila Village** – 30 Houses for Yolanda Families, Batad, Iloilo.

YOLANDA REHAB - BATAD ILOILO



Ma. Rose Cacho, Gawad Kalinga Provincial Head, delivers her message during the formal turn over ceremony.



Councilor Ernesto Balida, SB Member, Batad, deliver his message. At left is Program Master of Ceremony **Ms. Joana Rabulan**.



RCM President Ebot Tan, **IPP/AG Frank Evaristo** and **Director Oscar del Rosario** delivers their message.



Region VI – Western Visayas Municipality of Batad, Hamod, Batad Iloilo through **Councilor Ernesto Balida**, SB Member Batad, presents a plaque of appreciation and a replica of row-houses to the **Rotary Club of Manila** through **President Ebot Tan, AG/Immediate Past President Frank Evaristo** and **Director Oscar del Rosario**, with SC Ching Salazar, in gratitude for their benevolent help as benefactor of the 30 unit houses under Gawad Kalinga Foundation, at Hamod, Batad, Iloilo.



President Ebot Tan, AG/Immediate Past President Frank Evaristo and **Director Oscar del Rosario** presented RCM bannerettes to heirs of **Mr. Domingo** and **Mrs. Rosa Rubias** who donated the part of their land for this humanitarian assistance housing project in coordination with Gawad Kalinga Foundation and **Ma. Rose Cacho**, Gawad Kalinga Provincial Head.



President Ebot Tan, AG/Immediate Past President Frank Evaristo and Director Oscar del Rosario during the symbolic turnover of KEY to the beneficiaries, together with heirs of **Mr. Domingo and Mrs. Rosa Rubias** and **Ma. Rose Cacho**, Gawad Kalinga Provincial Head, **Councilor Ernesto Balida**, SB Member, Batad.



A testimony from **Melanie Cruz**, one of the house-beneficiaries was very emotional, thankful and grateful to the **Rotary Club of Manila** for facilitation and providing the seed money of **Php 4.5 million** through the **Governor KAI (Rotary Japan)**, **Rotary Clubs of Bangkok, Osaka-East, Kowloon-East, & RC Manila**, **Gawad Kalinga** for the construction of the thirty (30) houses, and **Batad Government Officials** for processing the houses to the indigent-beneficiary-victims of destructive typhoon yolanda, and for being given her family a new lease on life, a new beginning after losing a child and experiencing near-death and destruction of properties brought about by destructive typhoon yolanda to their community.



Region VI – Western Visayas Municipality of Batad, Hamod, Batad Iloilo through **Councilor Ernesto Balida**, SB Member Batad, presents a plaque of appreciation to the heirs of **Domingo and Rosa Rubias** who donated the part of their land for the housing project.



Top photo shows the “**Thank You Song**” led by **Gawad Kalinga Iloilo** and **House Beneficiaries**. Bottom photo shows Intermission Dance Number by children of Rotary Village beneficiaries.



Photo shows the house beneficiaries lining-up to thank its benefactor, the **Rotary Club of Manila** led by **President Ebot Tan**, with **AG/Immediate Past President Frank Evaristo** and **Director Oscar del Rosario** in cooperation with **Gawad Kalinga Iloilo** and **Batad Government Officials**.



A sumptuous lunch hosted by **Barangay Hamod, Batad, Iloilo** after a very fruitful-full-filling day formal turnover ceremony with **President Ebot Tan**, **AG/Immediate Past President Frank Evaristo**, **Director Oscar del Rosario**, heirs of **Mr. Domingo** and **Mrs. Rosa Rubias**, **Ma. Rose Cacho**, **Gawad Kalinga Provincial Head**, **Councilor Ernesto Balida**, **SB Member, Batad**.



Lunch for everybody - Yolanda Families and Members of the community.



The Rotary Club of Manila and Gawad Kalinga as partners in service. Photo shows **President Ebot Tan, AG/Immediate Past President Frank Evaristo and Director Oscar del Rosario** with **Rose Cacho**, Gawad Kalinga Provincial Head and her team members.



President Ebot Tan, AG/Immediate Past President Frank Evaristo, Director Oscar del Rosario experiencing riding a jeepney going to the popular Tatoys Restaurant upon arrival in Batad, Iloilo on April 8, 2016, Friday.



SUNSHINE VISIT



Rtn Pabling and Spouse Annie Carpo prepared sumptuous dimsun and misua noodles for Manila Rotarians during the sunshine visit.. Present were PP Boy Guevara (Chairman- Sunshine Committee): PE/VP Teddy Ocampo. PP Archit Bartolome, PD Mike Arambulo, PT Jim Chua and AS Alvin LacAmbacal.



The presentation of the Rotary Membership Milestone Award to Rtn. Pabling Carpo. Photo shows from L-R: PP Archit Bartolome, PE/VP Teddy Ocampo, Rtn. Pabling and Spouse Annie Carpo, PT Jim Chua, PP Boy Guevara and AS Alvin Lacambacal.



presents this

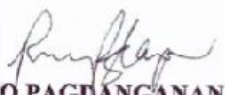
ROTARY MEMBERSHIP MILESTONE AWARD

to

Rtn. PABLING CARPO
Rotary Club of Manila

For his exemplary *45 Years in Rotary Service* giving the full meaning to the principle ideals of Rotary International and its motto **Service Above Self** and its theme **"Be a Gift to the World"**

Given this 2nd day of April 2016 during District Conference 2016 held at The Manila Hotel, One Rizal Park, T.M. Kalaw Manila, Philippines


ROBERTO PAGDANGANAN
District Governor
RY 2015-2016

DISCON 2016



Panel of Interrogators is composed of Dir. Amading Valdez, PDG Lynne Abanilla, Rtn. Tony Lopez and PDG Paco Atayde.



PDG Paco Atayde reading a question submitted to the Panel of Interrogators.



RCM Director Amading Valdez reading a question submitted to the Panel of Interrogators.



RCM Rtn. Tony Lopez reading a question submitted to the Panel of Interrogators.

CLUB NEWS RELEASE



PHILIPPINE DAILY
INQUIRER

SUNDAY, APRIL 10, 2016



LOOKING AHEAD

Senatorial candidate Dick Gordon (second from left), a former tourism secretary, joined a recent meeting of tourism industry movers and shakers who discussed ways to help promote the country under the next administration, at the Wine Museum in Pasay City. From left are Network of Independent Travel and Allied Services Inc. president Robert Lim Joseph; former Tourism Secretary Mina Gabor, president, International School of Sustainable Tourism; Dawnie Roa, director, Tourism Educators and Movers Philippines; Tess Mauricio, former department manager, Tourism Promotions Board; Ma. Rita Matute, deputy executive director, Center for International Trade Expositions and Missions; Rovi Gaetos, executive director, Citem, and former Tourism Undersecretaries Oscar Palabyab and Cynthia Carreon.

PUBLIC HEALTH NUTRITION AND CHILD CARE



HOME REMEDY FOR NOSEBLEEDS

Elias D. Adamos, M.D.

Because of the heat in this summer months and due to the changes in the environmental humidity, nosebleeds or *epistaxis* is a common incident in school and in the household. Nosebleeds, although they are messy and inconvenient, can usually be stopped with home treatment.

Common causes of nosebleeds

Some of the common causes of nosebleeds are low and quick changing humidity, allergies, colds, blow or trauma to the nose, vigorous blowing of the nose in times of nasal congestion, medications (like aspirin), high altitudes, and vigorous picking of the nose. Seated in the nose are small blood vessels that easily rupture when the body is feverish or exposed to extremes of temperature.

Home treatment for Nosebleeds

1. Sit up straight and tip your head on either ways: forward or backward. If you don't really mind that blood drips down your throat and you feel comfortable in tilting your head backwards, then the position pleases you. Otherwise, tilting your head slightly forward is the textbook description in nosebleed initial treatment.
2. Blow all clots out of your nose.
3. Pinch your nostrils by shutting them down with your thumb and your forefinger or apply pressure to the bleeding nostril for about 10 full minutes.
4. Do not peek at your nostrils after a few minutes after the bleeding has stopped. This might trigger bleeding to recur.
5. Wait still for a few minutes or maybe for another 10 minutes, before looking at them in front of a mirror.
6. If it still bleeds, pinch again for another 10 minutes. Most nosebleeds will stop after 10 to 30 minutes of direct pressure.

When to call the doctor

Call for a doctor or go to the doctor's office or emergency room:

1. If the bleeding has not stopped after 30 minutes of direct pressure.
2. If blood runs down the back of your throat even when the nose is pinched.
3. If the nose is deformed after a trauma, blow, or injury to the nose. It may be broken.
4. If nosebleeds recur often.

Prevention

Keep the heat low, most especially in sleeping areas. If your nose becomes very dry because of the heat, breathe moist air for a while (example: take a shower). Put a little petroleum jelly on the inside to help prevent bleeding. A nasal spray with a very little amount of salt may also help. Limit your use of aspirin that can contribute to nosebleeds.

ADVERTISEMENT



Exquisite Wines

Excellent Pleasures

Lasting Experiences

WWW.PWM.COM.PH

2253 Aurora Blvd. Pasay City PH 1300

8322523 / 8537421

philwine@compass.com.ph



FOR MORE PRODUCTIVE MEETINGS

In business, the smallest details make the biggest impact on the bottomline.

Whether you are planning for the rest of the fiscal year, holding a meeting with partners from overseas or a training your team, you will be able to access first-class facilities and the best of Philippine hospitality within our halls.

Hold your next meeting and business conference at The Manila Hotel and seal the deal in five-star luxury. Discuss your requirements with our team by calling 5270011 local 1271 to 1274 or emailing banquet@manila-hotel.com.ph.

M

THE MANILA HOTEL