

balita



No. 3631, January 14, 2016

GUEST OF HONOR AND SPEAKER



Hon. RODRIGO R. DUTERTE

Mayor
Davao City



KABALITA

The Philippine south's version of Dirty Harry, whose claim to fame lies in his no-nonsense style of governance that has made the Fruit Basket of the Philippines one of the safest cities in the world, makes his debut at Asia's First Rotary Club in his bid for the highest office in the land.



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RCM's 25th for RY 2015-16

January 14, 2016, Thursday, 12N, Manila Polo Club McKinley Room

"A Joint Meeting Between Rotary Club of Manila (RCM), Rotary Club of Makati (RCMKT) & Rotary Club of Makati North (RCMN)"**OIC/Moderator: RCM Rtn. Tong Payumo****P R O G R A M T I M E T A B L E**

11:30 PM	Registration & Cocktails	
12:25 PM	Bell to be Rung: Members and Guests are requested to be seated	RCM Rtn. Tong Payumo OIC/Moderator
12:30 PM	Call to Order	RCM PE/VP Teddy Ocampo; RCMKT Pres. Eddie Yap; RCMN Pres. Dieter Brueckner
	Singing of Republic of the Philippines National Anthem Invocation RCM Hymn The 4-Way Test Credo	RCM WF Music Chorale RC MKT PN Jun-Jun Dayrit RCM WF Music Chorale All Rotarians led by RCMN Rtn. Kernan Motoomull
12:40 PM	Introduction of - -Guests and Visiting Rotarians -Personalities seated at the Head Table Welcome Song	RCM STAR Rtn. Jack Rodriguez RCM WF Music Chorale
12:45 PM	Maligayang Bati (Weekly RCM, RCMKT, RCMN Birthday Celebrants) : RCM – Jan. 20...Rtn. Butch Tamayo; RCMN- Jan. 15...PP Pabing Calma, Jan. 19...PP Archie Reano Happy Birthday Song	RCM WF Music Chorale
12:50 PM	President's Corner	RCM PE/VP Teddy Ocampo; RCMKT Pres. Eddie Yap; RCMN Pres. Dieter Brueckner
1:00 PM	Introduction of Guest of Honor & Speaker	RCM PP Boy Guevara
	Address: Honorable Rodrigo R. Duterte Mayor, Davao City	
	Public Forum Raffle of cash prizes Response and presentation of token of appreciation to Hon. Rodrigo R. Duterte	Dir. Bobby Joseph RCM PE/VP Teddy Ocampo; RCMKT Pres. Eddie Yap; RCMN Pres. Dieter Brueckner
2:00 PM	Adjournment	

PRESIDENT'S CORNER



Dear Fellow Manila Rotarians,

As is traditional, we had the Hon. Amando M. Tetangco, Jr., Chairman of the Monetary Board and Governor of the Bangko Sentral ng Pilipinas ("BSP"), as our Guest of Honor and Speaker in our first luncheon general membership meeting for the year last 7 January 2016, in a joint meeting with the Rotary Club of Forbes Park. Governor Tetangco impressed the crowd with his sterling review of the important economic events in 2015 and his views as to how these relate to his bold predictions for the Philippine economy in 2016. Indeed, the BSP Governor never fails to charm many a Philippine businessman, as we had a full house during last Thursday's luncheon meeting.

On news within our Club as they relate to District affairs, the DISCON 2016 Committee is now working in full swing, as its sub-committees begin the painstaking work of organizing a District Conference to remember. The Committee has been meeting almost every Thursday since last year to prepare for this big event, which is traditionally hosted by the club of the incumbent District Governor. Many Manila Rotarians have been tapped for this event and many more are encouraged to help in making this event, so to speak, RCM's finest moment in Rotary Year 2015-2016. The deal has been sealed with the historic Manila Hotel to have it as the venue for the DISCON in 2016, with all the concessions put in place through the help of our very own Manila Rtn. Ricky Yap, who has given much of his time and effort in finding ways to come up with a proposal acceptable for our Club. Today, the Annual Meeting of the members of the Sagip Kabataan Foundation, Inc. will be held to elect the new set of its Board of Trustees, who will serve from January 2016 to December 2016. The Foundation helps children cared for at the Asilo de San Vicente de Paul in Manila.

On news from around the District, except for the help being extended by different District Officers in connection with the preparations for the upcoming DISCON 2016, it's been a relatively quiet week for district activities.

Today, our Guest of Honor and Speaker is the popular Presidential candidate, the Hon. Rodrigo "Digong" Duterte, Mayor of the City of Davao, who will present his platform of government in his bid for the highest office in the land. We will have a joint meeting with the Rotary Club of Makati and the Rotary Club of Makati North, which will be held at the Main Lounge of the Manila Polo Club due to the expected large number of Rotarians and guests who will be attending. This is definitely a luncheon membership meeting to look forward to. Please actively participate in the program and continue to support all of the programs and activities of your Club.

Mabuhay ang Rotary Club of Manila!

GUEST OF HONOR AND SPEAKER'S PROFILE



Honorable Rodrigo R. Duterte

Davao City Mayor

Our guest of honor was born on March 28, 1945 in Maasin, Southern Leyte, the son of lawyer Vicente Duterte of Danao, Cebu and Soledad Roa of Cabadbaran in Agusan. His father was then a practicing lawyer, while his mother was a public school teacher.

He finished his elementary and secondary education in Davao City where his father became the last elected Governor of the undivided Davao Province, now comprising of the provinces of Davao City, Davao del Norte, Davao Oriental, Davao del Sur, Davao Occidental and Compostela Valley. Our guest of honor is now the Chairman of the Regional Peace and Order Council comprising these same provinces.

He is a lawyer by profession having graduated from the San Beda College of Law. He became a City Prosecutor in Davao City for ten years, earning a tough reputation for his spirited and no-nonsense prosecution of criminals and lawbreakers.

He was appointed OIC-Vice Mayor in 1986 by President Cory Aquino thus launching his unblemished political career, City Mayor from 1988-1998; Congressman in 1998 to 2001; City Mayor for a second three terms in 2001-2010; City Vice Mayor in 2010-2013; and again, he is now serving the first term of what could be another three terms, unless Providence and the Filipino people assigns him to greater responsibilities.

He made peace and security the centerpiece of his program of government. He transformed Davao City from being a troubled city to being one of the safest cities in the world.

His plans and programs are anchored on addressing the needs of his constituents, the reason for the unflinching loyalty of Dabawenos to our guest speaker as their Leader.

Aside from being the Most Peaceful City, Davao City is now the Most Livable City in the country; the Most Child Friendly City; the National Awardee for the Best Literacy Program; The Cleanest and Greenest Highly Urbanized City; and the most investor friendly city. All these things became possible under the determined and exemplary leadership of our guest of honor.

Our guest of honor is of the strong belief that given the opportunity and resources, all local governments can do what has been accomplished in Davao City.

Our guest of honor is an accomplished man of humble beginnings. With the blessings of The Almighty, may he see the light and lead our country.

PREVIEW OF NEXT WEEK GUEST SPEAKER

January 21, 2016, 12N, Manila Polo Club



Dr. Mahar Mangahas

President of Social Weather Stations (SWS)

THE WEEK THAT WAS...



Pres. Ebot Tan warmly welcomes Hon. Amando M. Tetangco Jr. upon arrival at the Manila Polo Club.



Welcoming Gov. Amando M. Tetangco Jr. are: IPP/AG Frank Evaristo, Pres. Ebot Tan, Rtn. Hermie Esguerra, Past Monetary Board member Mr. Peter Favila and Mr. Tony Abacan.



DG Obet Pagdanganan, Dir. Susing Pineda and Rtn. Hermie Esguerra in a posterity photo with Past Monetary Board member Mr. Peter Favila and Mr. Tony Abacan.



PP Archit Bartolome as OIC-Moderator directs the program of activities for RCM's 1st thursday luncheon meeting in 2016, jointly with **Rotary Club of Forbes Park. (RCFP)**



RCM Pres. Ebot Tan and **RCFP Presiding Officer IPP John Tiong** alternately call the joint meeting to order.



RCM PD Pepo Nuñez delivers an ecumenical prayer.

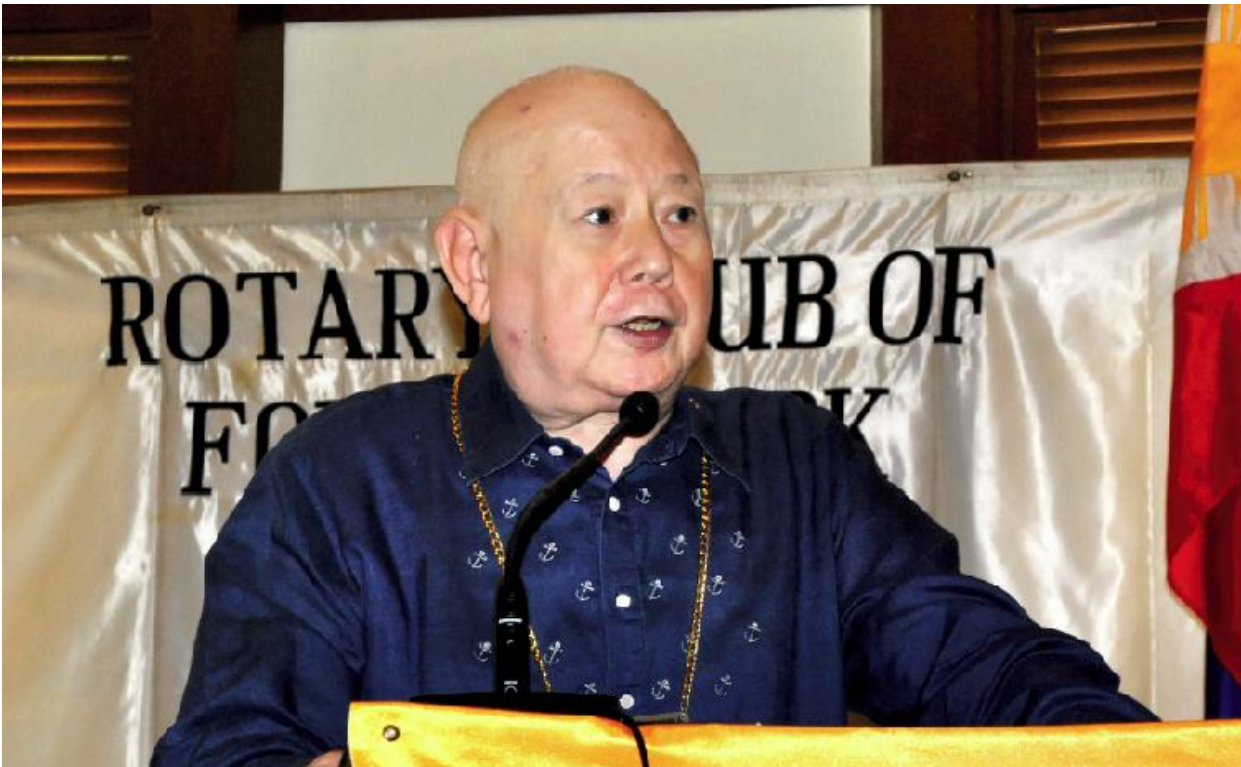




RCFP PP Frankie Adriano leads in renewing its commitment to Rotary by reciting the Four (4) Way Test.



RCM STAR Rtn. Dennis Montecillo introduces the guests, visiting Rotarians and personalities seated at the presidential table.



Dir. Bobby Joseph makes a short announcement on the weekly RCM fund-raising raffle.



Mr. Joaquin "Chino" Maria Gutierrez, a young violin virtuoso performs a special musical medley number. **Rtn. Tong Payumo**, Chairman, Program Committee graciously donated Php 10,000 for **Mr. Gutierrez's** further musical studies abroad.



Dir. Susing Pineda does the pleasure of introducing **Honorable Amando M. Tetangco, Jr.**, Governor and Chairman of the Monetary Board, Bangko Sentral ng Pilipinas (BSP), as guest of honor and speaker.



Chairman of the Monetary Board and Bangko Sentral ng Pilipinas **Governor Amando Tetangco, Jr.** spoke before Manila Rotarians, Forbes Park Rotarians, Visiting Rotarians and guests on his predictions for the Philippine economic landscape this 2016 while summarizing the country's 2015 economy.



An interactive public forum followed suit post the speech of **Governor Amando M. Tetangco, Jr.**



RCM Pres. Ebot Tan and **RCFP IPP John Tiong** response and present the respective clubs' tokens of appreciation to **Governor Amando M. Tetangco, Jr.**



Director Bobby Joseph draws the weekly raffle cash prizes with **Rtn. Hermie Esguerra** winning 1st prize of Php 3,000; **SAA Dave Reynolds** winning 2nd prize of Php 2,000 and **Rtn. Caloy Reyes** winning 3rd prize of Php 1,375.



RCM Pres. Ebot Tan and **RCFP IPP John Tiong** alternately adjourned the meeting.

RCM PAUL HARRIS FELLOW AWARDS PRESENTATION



RCM Pres. Ebot Tan, Director-in-Charge Oscar del Rosario with District Governor Obet Pagdanganan being an awardee as Paul Harris Fellow Major Donor 8-Blue Sapphire Stone. Other awardees were **PD Ner Lonzaga**, Paul Harris Fellow Pins – 4-Blue Sapphire Stone; 3-Blue Sapphire Stone and 2-Blue Sapphire Stone; **Rtn. Thad Liamzon**, New Paul Harris Fellow, **STAR Rtn. Monch Cruz**, New Paul Harris Fellow and **STAR Rtn. Vee David**, New Paul Harris Fellow.

MEMBERSHIP SPONSORSHIP AWARD



Pres. Ebot Tan presents to **PP Boy Ampil** a blue backer lapel pin from Rotary International in recognition for bringing in a new member to the Rotary Club of Manila.

RCM WEEKLY BIRTHDAY CELEBRANT/S



RCM Pres. Ebot Tan and **RCFP IPP John Tiong** present the birthday celebrants **RCM PVP Roy Golez** and **Star Rtn. Monch Cruz** for the traditional blowing of candle on the birthday cake amidst the singing by the **RCM World-Famous Chorale** of the happy birthday song.

BEST CLASS PRESIDENT'S FELLOWSHIP



Best Class Presidents Jan Fellowship. First month of year with PDG Edmond Aguilar and Best Class Presidents for Rotary Year 2014-2015 held a fellowship-new year 2016 last Jan. 9, 2016 at BCP Fely's place in San Marcelino Manila with BCP Chairman Frank Evaristo with Area Coordinator BCP Andrew Co, Cathy Piczon, Kerk Chua, Arlene Divinagracia, Jane Cabaless, Pasay Area Ricky Bajen, Ruby Lorenzo Cavite Area Let Mahiping.

DISCON 2016 MEETING



Meeting with Rtn Ricky Yap for Discon 2016 at the Executive Office, Manila Hotel. from L-R: PE/VP Teddy Ocampo, Rtn. Rickie Yap and DE Albert Alday.

RCM MEDICO-SURGICAL MISSION



Director Ning Lopez (at far right), Director-in-Charge of Community Service A – Health Concern with **Rotarian Sonny Arevalo** (at far left) during a planning and coordinator meeting held last January 12, 2016, with **Rizal Medical Center Hospital Dr. Primo Valenzuela** (middle), project liaison officer, preparatory to the **RCM-Spanish Medico-Surgical Team Outreach Mission** on **February 22, 2016, Monday**, at the **Rizal Medical Center Hospital**. At the back are Dr. Joanna Aguirre and Dr. Hanz Saliendra.



Director Ning Lopez announces the forthcoming **RCM-Spanish Medico-Surgical Team Outreach Mission** during the **Doctor-Surgeon's Conference** held at the **Rizal Medical Center Hospital Conference Room** last January 12, 2016.

MEETING OF WASH & ROTARY PHILIPPINES CENTENNIAL



Calendar date for Rotary Centennial in the Philippines and Asia : A meeting was hosted by DS Dolly Uanang for 2016 Presidential Conference on WASH In Schools for 18-19 March 2016 and preliminary discussion for celebration of Rotary Centennial in the Philippines and Asia.. Photo shows seated in clockwise- **Pres Ebot Tan**, **DG Obet Pagdanganan**, **DS Dolly Uanang**, **PDG Vince Carlos**, **PAT Aslam Muhammad**, **DGND Rudy Bediones**, **RID Guiller Tumangan**, **2016 Presidential Conference on WASH - Chair PP Jerry Davis**, **CoChair PP Kath Aguilar**, **RCM Secretariat ES Anna Kun Toledo** and **PE/VP Teddy Ocampo**.

PRESIDENTIAL CONFERENCE



2016 PRESIDENTIAL CONFERENCE

WASH IN
WATER ♦ SANITATION ♦ HYGIENE
ScH₂Ools

18-19 March 2016
Grand Ballroom - Marriot Hotel
Newport City Complex,
Pasay City, Philippines



WASH it all about?

The UN General Assembly recognizes water and sanitation as a human right, providing political impetus to achieving universal access to water, sanitation and hygiene (WASH) services. Sadly, studies have confirmed that the majority of people with no access to adequate clean water live in Asia and in fact up to 40% of Filipinos have limited or no access to clean water.

Every child has the right to a safe and healthy learning environment, including, WASH services. That's why the Rotary International has declared that water, sanitation and hygiene form part of its six areas of focus. Rotary aims "to give communities the ability to develop and maintain sustainable water and sanitation systems and support studies related to water and sanitation.

WASH CONFERENCE OBJECTIVES

-  To produce concrete actions from conference participants towards the betterment of man's precious resource, WATER.
-  Forum of ideas and discussion about WATER concerns particularly in the Southeast Asia region
-  Highlight WATER situations in schools and among schoolchildren
-  Address WATER education among communities, down to the grassroots level

www.2016rotarypresidentialconferencemanila.org

Register and Nominate!

Manila will be the site and host of the **2016 Presidential Conference on WASH in Schools** (WinS). WASH (stands for Water, Sanitation, Hygiene) is slated to happen this March 18-19, 2016.

The conference is spearheaded by Rotary International that will showcase Rotary programs, projects and advocacy in zones 6B, 7A and 10B. Attending the event will be RI Pres Ravi Ravindran and RI Trustee Chair Ray Klinginsmith.

DG Obet Pagdangan and the Wash Challenge Committee are inviting all **Rotary Clubs of District 3810** (1) to register and show your support to this district activity and (2) to nominate water projects in schools done by the Clubs starting from Rotary year 2013 up to RY 2016 not later than January 18 for assessment and screening of the WASH Committee.

Submit nominations to kathrynagullar2004@yahoo.com.

<i>Early Bird/ January 28, 2016 Php 5,500</i>	<i>Regular/ Event Day January 29, 2016 Php 6,500</i>
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Cash or Check deposit:

Payee: 2016 WASH Presidential Conference Philippines, Inc.

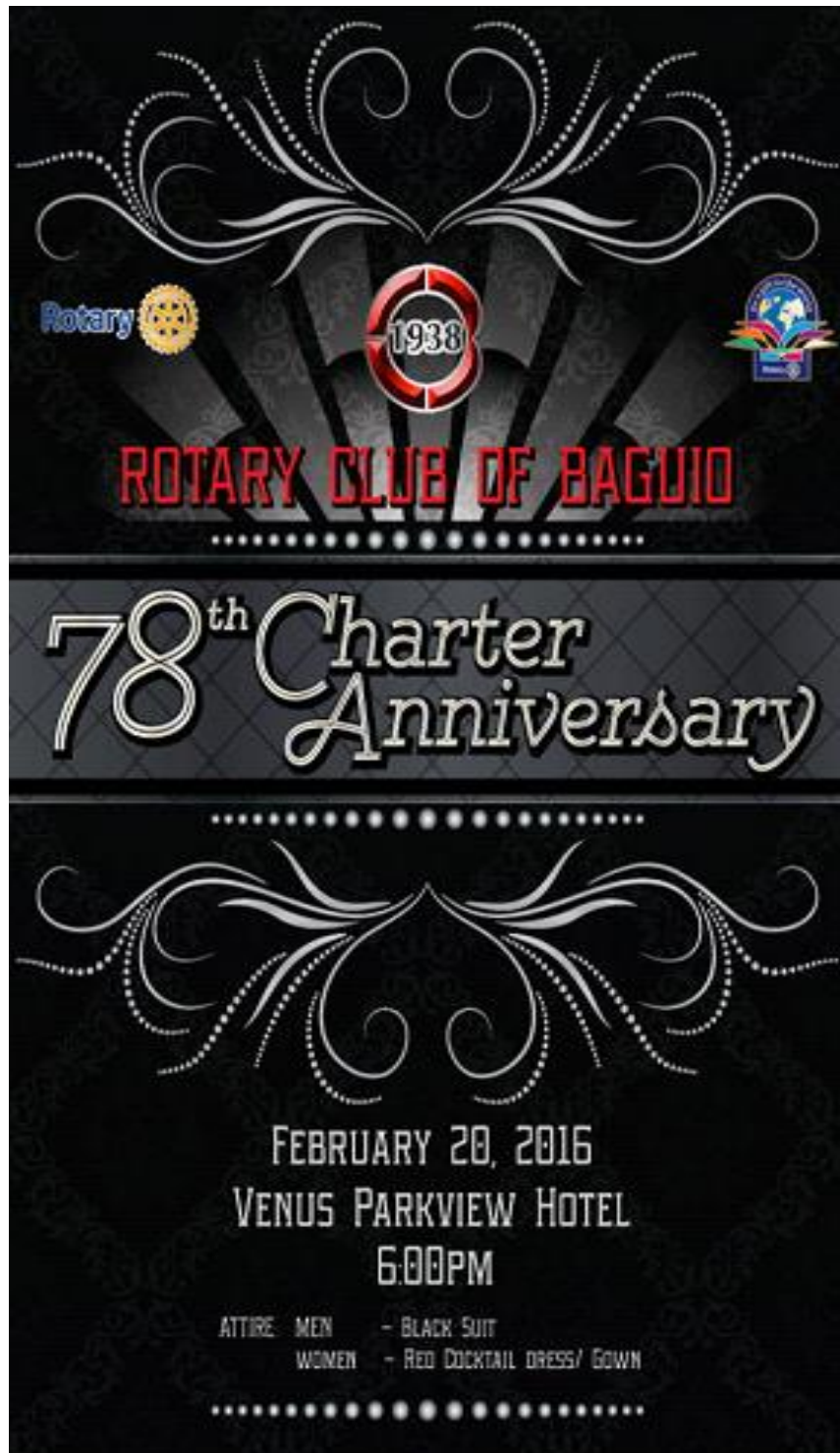
Bank: METROBANK

Savings Account: #096-3-73241421-6

Email deposit slip with registration form to:

2016prescon@gmail.com

INTERCLUB ACTIVITY



DISCON 2016

11 December 2015

Dear Fellow Manila Rotarians,

The culminating activity of a District Governor is the District Conference, where he presents the state of the district to the Rotary International President's Representative and the Rotary club Presidents / leaders and members in the District.

The last Manila Rotarian who served as District Governor was PDG Frankie Roman in Rotary Year 1999-2000. After Rotary Year 2005-2006, our Club was once again represented in the management hierarchy of Rotary International District 3810 and the Rotary International organization by our esteemed member, Governor Roberto "Obet" M. Pagdanganan.

Our respected Gov Obet has restored the leading position of our Club in the District by binding the different leadership in the District into a unified position of service, making R.I. District 3810 into the "Numero Uno World Class Team, Handog sa Mundo" which effectively fosters the 6 Avenues of Service to the community – 1) Peace and Conflict Prevention / Resolution; 2) Disease Prevention and Treatment; 3) Water Sanitation; 4) Maternal and Child Health; 5) Basic Education and Literacy; and 6) Economic and Community Development. His administration has exceeded its goals in membership growth and contributions to The Rotary Foundation because of the unified position the other Rotary clubs in the District have taken.

Let us support our Governor Obet in this last stretch of his outstanding administration of RI District 3810 by registering for the District Conference that will be held in 2016 from 1-2 APRIL 2016 at the Manila Hotel. Incidentally, as is the tradition, our Club, being the home club of the District Governor, will host the event. Registration Fee is Php 3,500.00. Payment may be made in cash, check, or by credit card.

Let us show our fellow Rotarians in the District that we are one with them in service. We shall be circulating periodic updates of payments we receive for DISCON 2016 Registration Fees as acknowledgement of your support.

Thank you very much. We look forward to your active participation and support.

Yours in Rotary,

EUSEBIO V. TAN
President

UPDATE OF PAID REGISTRATION FEE							
(as of January 12, 2016)							
	NAME	Rotary Name	Position		Date of Payment	OR#	AMOUNT
1	Follosco, Ceferino G. Jr.	Jun	Past Treas.		12.3.2015	39865	3,500.00
2	Alday, Albert S.	Albert	Director Elect/Chairman		12.3.2015	39871	3,500.00
			Discon Souvenir Program				
3	Master, Lance	Lance	Past Vice President		1.7.2016	39885	3,500.00
4	Marking, Amado D	Butch	Past Secretary		1.7.2016	39905	3,500.00
5	Zaldaniaga, Felix Francisco S.	Chito	Club Treasurer		1.8.2016	39983	3,500.00
6	Evaristo, Frank A.	Frank	Immediate Past President/ Assistant Governor		1.12.2016	39984	3,500.00

Dear Fellow Manila Rotarians,

RE: DISTRICT CONFERENCE 2016, APRIL 1-2, 2016, MANILA HOTEL

Dear Fellow Manila Rotarian:

The staging of the District Conference (DISCON) symbolizes the culmination of every successful Rotary Year. The purpose of the DISCON is to advance the Object of Rotary through fellowship, inspirational addresses and the discussion of Rotary-related matters. The event not only showcases successful district and club activities but also highlights Rotary programs. Hence, in keeping with tradition, it is the club to which the incumbent District Governor belongs to which hosts the DISCON. Hence, this Rotary Year, it is our club, the Rotary Club of Manila, the First in Asia, which will be hosting this event. The affair is likewise doubly significant as our club celebrates its return to the Rotary International leadership hierarchy in our district after a ten (10) year hiatus in the person of our very own Manila Rotarian ROBERTO "Obet" M. PAGDANGANAN, the incumbent District Governor for this Rotary Year 2015-2016. In this regard, our club invites you to support the culminating activity of our District Governor, the **DISTRICT 3810 DISTRICT CONFERENCE 2016**, which takes place from **April 1-2, 2016** at the Manila Hotel, 1 Rizal Park, Manila.

The event presents a unique opportunity to network with a wide profile of attendees which include Rotarians from all over the district comprising the areas of Manila and Pasay as well as the provinces of Cavite and Occidental Mindoro, including guests from the aforesaid places who are business leaders and professionals alike. Further, it likewise presents a convenient venue to showcase your products, programs and/or services by way of advertising in the **DISTRICT CONFERENCE 2016 SOUVENIR PROGRAM** or by **EVENT SPONSORSHIP**. In the light of the same, enclosed are the DISCON 2016 Advertising Contract and Event Sponsorship Package for your consideration.

In behalf of the organizing committee of DISCON 2016, we wish to convey in advance our overwhelming gratitude for your unwavering support towards this worthwhile endeavor as we eagerly anticipate the Centennial Celebration of Rotary in the Philippines and in Asia by Rotary Year 2018-2019.

Yours in Rotary Service,

IDCoS/ISDG/DE/IPS ALBERT S. ALDAY

Chairman, DISCON 2016 Souvenir Program

PE/VP TEODORO J. OCAMPO PRES. EUSEBIO V. TAN

Host Club Chairman, DISCON 2016 Over-All Chairman, DISCON 2016

Noted by:

ROBERTO M. PAGDANGANAN

District Governor, RY 2015-2016

Over-All Committee Chairman, DISCON 2016

Please list me as an ADVERTISER OF DISTRICT CONFERENCE 2016 SOUVENIR PROGRAM

Company name : _____

Address : _____

Telephone : _____

This is to authorize the **ROTARY CLUB OF MANILA** to print/include your advertisement, as per attached layout, for it to occupy the indicated space below and to agree to pay the corresponding cost/amount indicated.

Rates

☐ Outside Back Cover	Php 50,000
[taken] Inside Back Cover (Rtn John Emyl Eugenio)	25,000
[taken] Inside Front Cover (Dir. Bobby Joseph)	30,000
[taken] Centerspread (PDG Alex Cureg)	25,000
☐ Centerspread (1 page @ Php 25,000)	25,000
☐ Inside Full Page	10,000

AD MATERIALS (CAMERA READY – 8.5 X 11 INCHES)

- ☐ Will deliver to RCM Secretariat on or before February 15, 2016
- ☐ Will email to rcmanila@rcmanila.org
- ☐ Please contact my advertising agency, contact name / contact number/s:

Payment to Rotary Club of Manila is due on or before February 15, 2016

- ☐ Will deliver to Rotary Club of Manila Secretariat
- ☐ Will pay directly to Rotary Club of Manila Metrobank, Port Area, Manila

(Please call the RCM Secretariat at 5271886/87 for the bank account number)

By: _____ Date: _____

Signature over Full name of Advertiser

For further details, please contact **Executive Secretary Anna Kun Toledo** at +63908 8737405 or **Senior Coordinator Ching Salazar**, RCM secretariat, 527-1886 to 87.

ON THE LIGHTER SIDE



PDG VINCE CARLOS

Alternative

A Mormon was seated next to an Irishman on a flight from London.

After the plane was airborne, drink orders were taken.

The Irishman asked for a whiskey, which was promptly brought and placed before him.

The flight attendant then asked the Mormon if he would like a drink.

He replied in disgust, "I'd rather be savagely raped by a dozen whores than let liquor touch my lips."

The Irishman then handed his drink back to the attendant and said, "Me, too, I didn't know we had a choice."

* * * * *

The Importance Of Space

A secretary got an expensive pen as a gift from her boss.

She sent him a 'Thank you note' via e-mail.

Bosses wife read the e-mail and filed for a divorce.

The e-mail read:

"Your penis wonderful. I enjoyed using it last night. It has extra ordinary smooth flow, and a firm stroke. Initially its tip had to be licked to bring it to working order. I loved its perfect size and grip. Felt like I was in heaven when using it. I've always desired it and you fulfilled my wish. Thanks a lot"

Moral: A 'space' is an essential part in English.

* * * * *

First Quarter Results

A very elderly couple is having an elegant dinner to celebrate their 75th wedding anniversary. The old man leans forward and softly says to his wife, "Dear, there is something that I must ask you. It has always bothered me that our 10th child never quite looked like the rest of our children. Now I want to assure you that these 75 years have been the most wonderful experience I

could have hoped for, and your answer cannot take that away. But I must know. Did he have a different father?" His wife drops her head unable to look her husband in the eye. She paused for a moment, then she said, "Yes, yes

he did." The old man was shaken, the reality of what his wife was admitting hit him harder than he expected. With a tear in his eye,

he asked, "who? Who was he? Who was the father? Again the old woman drops her head, saying nothing at first, as she tried to muster the courage to tell her husband the truth. Then finally, she says, "you."

* * * * *

Looking For A Jewish Bride

The Jewish Shiduch (Arranged Marriage)

A good Hassidic family is most concerned that their 30-year-old son is unmarried.

So, they call a marriage broker and ask him to find their son a good wife.

The broker comes over to their house and spends a long time asking questions of the son and his parents as to what they want in a wife/daughter-in-law.

They give him a long shopping list of requirements.

The marriage broker takes a long time looking, and finally asks to visit the family again.

He then tells them of a wonderful woman he has found. He says she's just the right age for the son.

She keeps a Glatt Kosher home, she regularly attends synagogue and knows the prayers by heart, and she's a wonderful cook.

She loves children and wants a large family.

And, to crown it all off, she's gorgeous.

After hearing all this, the family is very impressed and begins to get excited about the prospects of a wedding in the near future.

But the son pauses and asks inappropriately: 'Is she also good in bed?'

The marriage broker answers, 'Some say yes, some say no....'

* * * * *

Breaking Wind

A woman walks into a shop that sells expensive Persian rugs. She looks around and spots the perfect rug and walks over to inspect it. As she bends over to feel the texture of the rug she accidentally breaks wind. Very embarrassed she looks around nervously to see if anyone has noticed her little accident. She turns and sees that standing next to her is a salesman. "Good day Ma'am. How may I help you today?" Very uncomfortable she asks, "Sir how much does this rug cost?" He answers, "Lady, you farted just touching it. You're gonna shit when you hear the price."

* * * * *

Illegal Immigrant

An illegal immigrant picks up a hooker.

"Hey, how much you charge for da hour, sister?" he asks.

"\$100" she replies.

In broken English, he says, "Do you do immigrant style?"

"No, she says.

"I pay you \$200 to do immigrant style."

"No," she says, not knowing what immigrant style was.

"I pay you \$300."

"No," she says.

"I pay you \$400."

"No," she says.

So finally he says, "Ok, I pay \$1,000 to do immigrant style."

She thinks, "Well, I've been in the game for over 10 years now. I've had every kind of request from weirdoes from every part of the world. How bad could immigrant style be? So she agrees and has sex with him. Finally, they finish. Exhausted, the hooker turns to him and says, "Hey, I was expecting something perverted and disgusting. But that was ok. So, what exactly is immigrant style?"

The illegal immigrant replies, "You send my bill to Government."

And that my friendly taxpayer, is exactly what the illegal immigrants and our government are doing to us!

Screwing us and we pay!

The Italian Secret To A Long Marriage

At St. Peter's Catholic Church in Brooklyn, they have weekly husbands' marriage seminars.

At the session last week, the priest asked Giuseppe, who came to the U. S. 60 years ago, and was approaching his 50th wedding anniversary, to take a few minutes and share some insight into how he had managed to stay married to the same woman all these years.

Giuseppe replied to the assembled husbands, "Wella, I've tried to treat her nice, spenda da money on her, but besta of all is, I tooka her to Italy for the 25th anniversary!"

The priest responded, 'Giuseppe, you are an amazing inspiration to all the husbands here! Please tell us what you are planning special for your wife for your 50th anniversary?'

Giuseppe proudly replied, "I gonna go pick her up."

The Enda

CLUB PRESS RELEASE



PUBLIC HEALTH NUTRITION AND CHILD CARE



CHRONIC KIDNEY DISEASE

Elias D. Adamos, M.D.

Chronic Kidney Disease (CKD) is a condition in which the **kidneys have been damaged and have not worked normally for at least three (3) months**. Normally, the kidneys filter extra water and waste of the blood and make urine. The kidneys also help control blood pressure, and they make hormones that the body needs to stay healthy (*United States Preventive Services Task Force*).

CKD disease has increased in incidence in recent years. This is the reason for the proliferation of dialysis centers in the country. Most people with CKD also have diabetes, high blood pressure, or both. Other factors related to CKD are older age and obesity. Chronic kidney disease can be congenital or familial and therefore a history of kidney failure in the family is also a related factor.

Signs and symptoms of CKD

Symptoms related to CKD may not be bothersome. Symptoms may not be present at all. To most people with CKD, symptoms related to the urine and urinary tract that point to CKD may be mild that will not cause serious problems. To some, however, CKD leads to kidney failure.

Two tests that will show that kidneys are working

The two important laboratory examinations for the kidneys are namely: **Urine Albumin** and **Serum Creatinine**. The first is a urine examination while the second is a blood examination. The first test checks a protein that passes into the urine when the kidneys are damaged, while the latter test is used to estimate how well the kidneys are filtering waste out of the blood. **These tests are recommended as routine tests to detect chronic kidney disease or CKD.** They may not apply to people diagnosed with hypertension and diabetes, wherein several other tests are needed as part of health care and health maintenance of people with aforesaid illnesses.

Who should be screened for CKD?

Being healthy also means making smart decisions. Consider your own health and lifestyle. Talk with your personal or family physician or a health care professional about your risk factors for CKD, and consider scientific recommendations. If you need the screening tests and you do get results from the same, go back to your physician to discuss with him about the results of the tests.

Some points to consider

During his assumption of office as health secretary, the late senator, Juan Flavio, initiated a nationwide study to detect risk factors for CKD with the use of urine dipsticks. The results concluded that those from Batangas province, more specifically those from Calaca, Nasugbu, Lemery, and nearby towns, have high risks of developing CKD. The water supply, from deep well in aforesaid province was found to be high in metals that can damage the kidneys overtime.

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