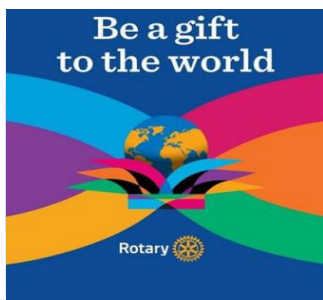




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No. 3615, August 27, 2015

GUEST OF HONOR AND SPEAKER

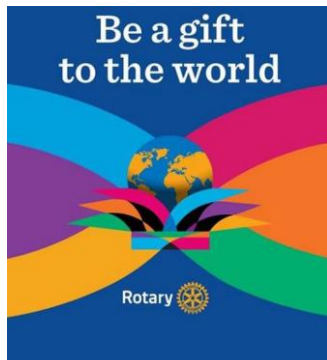


ATTY. ESTELITO "TITONG" P. MENDOZA

Former Solicitor General of the Republic of the Philippines
Former Minister of Justice, Republic of the Philippines
Founding Partner, Estelito P. Mendoza & Associates
Past Director, Rotary Club of Manila

KABALITA

Let our very own Legal Luminary, whose *Iskolar ng Bayan* and Crimson upbringing has made him one of the most sought after counsels of our time, interpret every nook and cranny of the gobbledygook behind Forgotten Prisoners and Innocents Behind Bars at Asia's First Rotary Club.



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THE ROTARY CLUB OF MANILA BOARD OF DIRECTORS and Executive Officers 2015-2016

EBOT TAN
President

FRANK EVARISTO
Immediate Past President

TEDDY OCAMPO
Vice President

SUSING PINEDA
ISSAM ELDEBS
AMADING VALDEZ
BOBBY JOSEPH
NING LOPEZ
OSCAR DEL ROSARIO
Directors

JORGE SALAZAR
Secretary

CHITO ZALDARRIAGA
Treasurer

DAVE REYNOLDS
Sergeant-At-Arms

ALVIN LACAMBACAL
Assistant Secretary

RAOUL VILLEGAS
Assistant Treasurer

JIMMY CABASE
COEN EVERTS
Deputy Sergeant-At-Arms

RCM's 9th for RY 2015-16
 August 27, 2015, Thursday, 12N,
 Manila Polo Club McKinley Room
OIC/Moderator : Rtn. Thad Liamzon

PROGRAM TIMETABLE

11:30 PM	Registration & Cocktails	
12:25 PM	Bell to be Rung: Members and Guests are requested to be seated	Rtn. Thad Liamzon OIC/Moderator
12:30 PM	Call to Order Singing of Republic of the Philippines National Anthem	Pres. Ebot Tan RCM WF Music Chorale
	Invocation	PP Babes Reyes
	RCM Hymn	RCM WF Music Chorale
	The 4-Way Test Credo	All Rotarians
12:40 PM	Introduction of - -Guests and Visiting Rotarians -Personalities seated at the Head Table Welcome Song	Rtn. Ricky Guevara RCM WF Music Chorale
12:45 PM	Maligayang Bati (Weekly RCM Birthday Celebrants) : Aug. 29...Rtn. Albert Siy, Rtn. Alex Arnado; Aug. 30...PDSAA Tony Montinola; Sept. 1....PD Mike Arambulo Happy Birthday Song	RCM WF Music Chorale
12:50 PM	Presentation of Alay Lakad Tee-shirts to Pres. Ebot Tan, IPP/AG Frank Evaristo, Pres., Alay Lakad Foundation, Inc.	IPS Albert Alday , Chair., Alay Lakad Cmte; Sponsor of Alay-Lakad Tee Shirts
12:55PM	President's Time	Pres. Ebot Tan
12:55 PM	Introduction of guest speaker	PD Beda Fajardo
1:00 PM	Address : Public Forum Response and presentation of token of appreciation to PD / Atty. Estelito P. "Titong" Mendoza	PD / Attorney Estelito P. "Titong" Mendoza Founding Partner, Estelito P. Mendoza & Associates Pres. Ebot Tan
2:00 PM	Adjournment	

PRESIDENT'S CORNER



Dear Fellow Manila Rotarians,

Last week's luncheon meeting was special because we had several Bb. Pilipinas 2015 beauty queens with us. They certainly took the entire Rotary Club of Manila and the Visiting Rotarians (who were mostly District Officers and guests) by storm, as many Manila Rotarians and Visiting Rotarians (including District Officers) gamely posed with the beauty queens for posterity. PDG Raffy Garcia of District 3800 made a pitch for Manila Rotarians to regain their rightful place in Philippine Rotary history by urging each and every one of us to give to The Rotary Foundation and to reap its benefits. Let us all take advantage of the counter-part funds being offered by PDG Raffy Garcia to those who will donate to the TRF and take on a Paul Harris Fellowship. The arrangement will, in effect, extend a 50% discount to all those who will avail of the invitation/offer.

On news within our Club, I wish to remind you of the coming Elections for our RY 2016-2017 Board of Directors, which is scheduled on 3 September 2015. For would-be candidates, please be reminded that the deadline to submit your acceptance of your nomination is today, 27 August 2015. So, if you have not yet accepted your nomination, you only have until today to do so. In addition, candidates/nominees are expected to have paid their membership dues for at least one semester in the amount of Php12,500.00 and to effect full payment of other Club-activity financial obligations not later than 27 August 2015. On the part of our other members, please pay your membership dues for at least one semester in the amount of Php12,500.00 not later than 27 August 2015 in order to entitle you to vote. Aside from the elections, I would like to invite you to participate in ALAY LAKAD 2015 with the theme, "Alay Lakad Para Sa Magandang Kinabukasan" scheduled at 8:00am on Sunday, 6 September 2015, at the Quirino Grandstand. Meeting time is at 5:30am at the Planetarium. Those who will participate in the walk will be given a free t-shirt courtesy of the Alay Lakad Chairman and will be entitled to breakfast at the Manila Hotel courtesy of Rtn. Rickie Yap. Please let our Secretariat know of your intention to join the walk and support the ALAY LAKAD FOUNDATION President, our very own AG/IPP Frank Evaristo, and RCM Alay Lakad Chair IDCoS/ISDG/PD/IPS Albert Alday, so that appropriate arrangements for your participation/breakfast can be made.

On news from around the District, last 20 August 2015, DG/PP Obet Pagdanganan and CoS/PP Rudy Bediones attended the 20th Anniversary and the 21st Induction Ceremonies of the Rotary Club of Manila Bay at the Philippine Army Officers' Clubhouse in Bonifacio Global City, where WCP Ramon Ilustre, Jr. was inducted as Club President. Two days later, 22 August 2015, Rtn. Caloy Reyes and I attended the Rotary Leadership Institute (RLI) hosted by the Rotary Club of Pasay Silangan led by WCP Ma. Lowelle Sibunga at One Pacific Place in Makati City. Caloy completed RLI II, while I graduated from the RLI after having completed RLI III. On 24 August 2015, DG/PP Obet Pagdanganan and CoS/PP Rudy Bediones attended the 29th Induction and 30th Handover Ceremonies of the Rotary Club of Rosario Cavite at the Island Cove Hotel and Leisure Park in Binakayan, Kawit, Cavite, where WCP Bernard Garcia was inducted as Club President. A day later, 25 August 2015, DG/PP Obet Pagdanganan and CoS/PP Rudy Bediones attended the Induction and Handover Ceremonies of the Rotary Club of Mamburao Central at the Mamburao Central School, Library Hub Occidental Mindoro, where WCP Chona C. Ordenes was inducted as Club President. The day after, 26 August 2015, DG /PP Obet Pagdanganan and CoS/PP Rudy Bediones attended the Induction and Handover Ceremonies of the Rotary Club of Sablayan Metro in Occidental Mindoro, where WCP Garciano Gonzalvo "Gary" Dimayacyac was inducted as Club President.

Today, a legal luminary and one of the pillars of the Philippine legal profession, our Club's Past Director, Atty, Estelito P. Mendoza, will be the Speaker at our luncheon meeting. He will speak on a very interesting topic of interest, "The Forgotten Prisoners: 'Innocents' in Prison". Please actively participate in the program.

Mabuhay ang Rotary Club of Manila!

GUEST OF HONOR AND SPEAKER'S PROFILE



ESTELITO P. MENDOZA

4th Floor, Dynavision Building
108 Rada Street, Legaspi Village
Makati City, Philippines

Tel. Nos. 817-0016; 817-0119
Fax No. (632) 810-5513
E-Mail emram@globelines.com.ph

Education:

College –

LL.M., Harvard Law School, 1954.
LL.B., cum laude, University of the Philippines, 1952.
A.A., University of the Philippines, 1948.

Experience:

In the practice of Law – Private Practitioner (1952-1971; 1986-Present) principally in corporate law and litigation. Solicitor General of the Republic of the Philippines (1972-1986).

In the Academe – Member of the Faculty, College of Law, University of the Philippines (Instructor, 1954-1957; Asst. Professor, 1957-1958; Professorial Lecturer, 1958-1974). Taught subjects in both public and private law. Participated in several law reform projects. Has also authored legal articles and papers. Member, Board of Regents, University of the Philippines (1979-1985). President, University of the Philippines Alumni Association (1979-1985).

In Government –

In the Executive Department – Minister of Justice/Attorney General (1984-1986); Solicitor General (1972-1986); Undersecretary of Justice (1971-1972); Cabinet Member (1975-1986).

In the Legislative Department – Member, National Assembly (1984-1986); Member, Interim National Assembly (1978-1980); Member, Batasang Bayan (Legislative Advisory Council) (1978). In the National Assembly, Chairman, Committee on Justice; in the Interim National Assembly, Chairman, Committee on the Revision of Laws and Codes and Constitution Amendment. Sponsored vital pieces of legislation such as BP 20 which organized regional assemblies in Regions 9 and 12, BP 52 which called for local elections in 1980 and BP 68, the Corporation Code of 1980.

In Local Government – Governor of the Province of Pampanga (1980-1986).

Experience (continuation):

In International or Foreign Affairs – Chairman, Sixth (Legal) Committee, 31st Session (1976), UN General Assembly; Chairman, Special Committee (of the UN) on the Charter of the United Nations and the Strengthening of the Role of the Organization (1980); Philippine Representative to the Asian-African Legal Consultative Committee (1972-1979); Vice-Chairman of the Philippine Delegation to the UN Seabed Committee and to the Conference on the Law of the Sea (1971-1981); served also as Philippine representative to several multilateral and bilateral conferences and meetings which included, among others, United Nations Conference on the Law of Treaties (1968, 1969); negotiations with the US Government on the amendment of the US-Philippine Military Bases Agreement (1971-1978) and the proposed US-Philippine Extradition Treaty (1981); Special Counsel on Marine and Ocean Concerns (2010).

Honors Received:

LL.B., cum laude, University of the Philippines (1952).
LL.D. (honoris causa) – Central Colleges of the Philippines (1975);
Hanyang University (Seoul, Korea, 1978);
University of Manila (1985);
Angeles University Foundation (1997);
University of the East (2004)
LH.D. (honoris causa) – Misamis University (Philippines, 1985).
Phi Kappa Phi Honor Society (for scholarship).
Pi Gamma Mu (for excellence in the social sciences).
U.P. Alumni Association Professional Award in Law (1975).
Presidential Medal of Merit as Special Counsel on Marine and Ocean Concerns (June 28, 2010). 2013 UPAA Lifetime Distinguished Achievement Award (June 22, 2013).

Professional Affiliations:

Integrated Bar of the Philippines
Philippine Bar Association
International Academy of Trial Lawyers, U.S.A. (1975-Present)

Other Affiliations:

Harvard Law School Alumni
Association of the Philippines (Member, Board of Trustees)

Association of Harvard Alumni
Clubs of Asia (Immediate Past President) Rotary Club of Manila

Business Affiliations:

Current:

San Miguel Corporation (Member, Board of Directors)
Petron Corporation (Member, Board of Directors)
Philippine Airlines, Inc. (Member, Board of Directors)
Philippine National Bank (Member, Board of Directors)

Some Personal Data:

Parents: Guillermo D. Mendoza of Barangay Concepcion, Bacolor, Pampanga
Barbara Patdu of Barangay Sta. Barbara, Bacolor, Pampanga

Both alumni of the then Pampanga Trade School (now Don Honorio Ventura College of Arts and Trades) and their professional life was entirely with the public school system. Both started as public school teachers. His father retired as Chief, Craftsman Division, Bureau of Public Schools and his mother, as Home Economics Supervisor of Bulacan and Bataan.

His entire schooling was in public schools. He graduated from the Lakandula Elementary School in Gagalangin, Tondo, Manila. His high school at the UP High School. His collegiate education at the University of the Philippines.

GUEST OF HONOR AND SPEAKERS



PDSAA Ike Stranathan, as OIC-Moderator directs the program of activities.



Rtn. Geoff Yu delivers an ecumenical prayer.



Rtn. Hermie Esguerra leads in the recitation of the four (4) Way Test.



STAR Rtn. Caloy Reyes introduces the guests, visiting Rotarians and personalities seated at the presidential table.



PD Pepo Nuñez announces the **1st RCM Fellowship** he is co-hosting together with **Rtn. Hermie Esguerra** at the Salvatore, Roof Top, Low Rise Pacific STAR Building located at Sen. Gil J. Puyat Avenue corner Makati Avenue, Makati City. Details to be circularized in an **INVITATION** to be sent out to all RCMers'.



Pres. Ebot Tan, **Sec. George Salazar** joined by **DG Obet Pagdanganan** present to **Mr. Lan Eufemio**, bookkeeper, RCM Secretariat, a certificate of appreciation for services rendered, as he is set to migrate to join his family (Spouse and Kid) in the USA.

Pres. Ebot Tan report on the club's activities during the President's Time.



Pres. Ebot Tan presents to **IPP/AG Frank Evaristo**, Pres., Alay Lakad Foundation, Inc. and **IPS Albert Alday**, Chairman, Alay-Lakad Committee, the club's check donation for the annual walk-for-a-cause scheduled on September 6, 2015, Sunday, meeting time at 5:30AM sharp at the Plenetarium, Padre Burgos Street, Manila.



DG Obet Pagdanganan delivers message and update on the District activities.



Pres. Ebot Tan administers the oath of membership pledge to new RCM member, **Mr. Jovee K. Ong (Filipino)**, President, Victoria Mondiale Corporation, Classification: Furniture & Accessories – Furniture Retailing. Proposer is **PP Boy Ampil**.



The lucky raffle winners of red wines courtesy of PVP Manny Dy were: Dir. Oscar del Rosario, PP Babe Reyes, PVP Roy Golez, PVP Lance Masters, PD Pepo Nuñez, PD Jimmie Policarpio, Rtn. Sonny Arevalo, Rtn. Steve DeKrey, Rtn. Jujut Enriquez, Rtn. Hermie Esguerra, Rtn. Mon Montaña, Rtn. Farid Schoucair.



The Bb. Pilipinas Queens 2015 namely **Miss Rogelie Catacutan** – Bb Pilipinas Supranational, **Miss Janicel Lubina** – Bb Pilipinas International, **Miss Ann Colis**, Bb Pilipinas Tourism, **Miss Christi Lyn McGarry**, Bb Pilipinas Intercontinental, **Miss Hannah Sison** – 1st Runner Up and **Miss Kimverlyn Suiza** – 2nd Runner Up, briefly introduced themselves, exchanged pleasantries and gamely posed for pictures with Manila Rotarians, RY 2015-2016 District 3810 Officers, Visiting Rotarians and guests.



PDG Vince Carlos does the honor and pleasure of introducing **PDG Rafael M. "Raffy" Garcia III**, Chairman, Philippine College of Rotary Governors; Endowment and Major Gifts Adviser, Rotary International, as featured guest speaker.



Chairman of the Philippine College of Governors, Endowment and Major Gifts Adviser (EMGA) and Rotary International District 3800 Past District Governor Rafael "Raffy" M. Garcia, III, spoke before Manila Rotarians, RY 2015-2016 District 3810 Officers, Visiting Rotarians and guests on the importance of giving to Rotary.



An interactive public forum followed suit post the speech of **PDG Rafael M. "Raffy" Garcia III**.



PVP Manny Dy as major gifts donor of Swarovski Necklaces, Earrings with Necklaces and Beauty Products present to the Binibining Pilipinas Queens 2015, namely **Miss Rogelie Catacutan** – Bb Pilipinas Supranational, **Miss Janicel Lubina** – Bb Pilipinas International, **Miss Ann Colis**, Bb Pilipinas Tourism, **Miss Christi Lyn McGarry**, Bb Pilipinas Intercontinental, **Miss Hannah Sison** – 1st Runner Up and **Miss Kimverlyn Suiza** – 2nd Runner Up. Other valuable gifts donors were **Rtn. Johnny Chotrani** (Ladies wristwatches), **PAT Muhammad Aslam** (comforters) and **Director Issam Eldebs** (religious icons).

WEEKLY BIRTHDAY CELEBRANTS



Rtn. Jappy Pascual as lone birthday celebrant is greeted by Pres. Ebot Tan and Bb. Pilipinas Queens 2015, amidst the singing by the RCM World Famous Chorale led by Chairman/PP Babes Reyes of the Happy Birthday song.

ROTARY LEADERSHIP INSTITUTE SEMINAR



Rtn. Caloy Reyes with his classmates in RLI 2, including some WCP's, at the Rotary Leadership Seminars held on August 22, 2015 in Makati.



Pres Ebot Tan receiving the certificate of completion for having completed the Rotary Leadership Institute course. Presenting the certificate of completion is PDG Ed Tumangan and witnessed by PDG Karen Tamayo.

MEMBERSHIP COMMITTEE MEETING



Membership Committee Meeting. Present during the meeting held last Thursday, August 20, 2015 were: Pres. Ebot Tan, Dir. Susing Pineda, PVP Fausto Preysler, Rtn. Babe Romualdez, Rtn. Art Lopez, PDG Vince Carlos, PVP Lance Masters and Rtn. Jujut Enriquez.

COGS IN THE WHEEL

INTERCITY FORUM

Conflict & Quest for Peace in the West Philippine Sea

Guest Speaker: **HON. ROILO GOLEZ**
6th Term Congressman, Paranaque PVP, Rotary Club of Manila

Silver Hall, Rotary Center August 24, 2015 - 7:00 PM

CO-HOST CLUBS:

 DORIS SANCHEZ Bagong Silangan	 ROSSANA PAGUIO Batasan Hills	 MARILOU ABOLOC Camp Panopio	 PAULINE PALISOC Kagitingang Cubao
 WILSON GALEDOS Camp Aguinaldo	 RICKY NERBES Camp Crame	 EDUARDO MADRID Cubao	 WILLARD GRAGEDA Diliman North
 JULIET ALUNAN QC Pearl of the Orient	 NANCY RAQUIZA Ayala Heights	 ROBERTO DELMORO Araneta	 HILARIO YADAO Midtown Cubao
 SHELLEY VEGA, JR. North Balintawak	 DAVID MENDOZA Quezon City	 EDWIN GONDA Roxas	 EDGAR DEL ROSARIO Manila Peninsula

THE ROTARY CLUB OF CUBAO EAST
Be a gift to the world

Lead Host Club:
WCP GARRET "GB" BELTRAN
Rotary Club of Cubao East




PVP Rilo. Golez was the guest speaker in an intercity forum of 14 Quezon City based Rotary Clubs hosted by the Rotary Club of Cubao East headed by President Garret Beltran. Golez spoke on: "Conflict & Quest for Peace in the West Philippine Sea. The 14 Rotary Clubs were: Bagong Silangan (Pres. Doris Sanchez), Batasan Hills (Pres. Rossana Paguio), Camp Panopio (Pres. Marilou Aboloc), Kagitingang Cubao (Pres. Pauline Palisoc), Camp Aguinaldo (Pres. Wilson Galedo), Camp Crame (Ricky Nerbes), Cubao (Pres. Eduardo Madrid), Diliman North (Pres. Willard Grageda), Midtown QC (Pres. Juliet Alunan), QC Pearl of the Orient (Pres. Nancy Raquiza), Ayala Heights (Pres. Roberto Delmoro), Araneta (Pres. Hilario Yadao), Midtown Cubao (Pres. Shelley Vega, Jr.), North Balintawak (Pres. David Mendoza), Quezon City (Pres. Edwin Gonda) and Roxas (Pres. Edgar del Rosario). **PVP Roy Golez** was also guest speaker at RC of Makati last Aug. 25, 12N, in Manila Peninsula.

NOMINATION FOR RCM BOD 2016-2017

August 24, 2015

Dear Fellow Rotarians,

Please be informed of the following when we prepare to elect for our Directors for the Board for RY 2016-2017 on **Thursday – SEPTEMBER 3, 2015:**
ONE THIRD OF THE MEMBERSHIP

QUORUM:
QUALIFICATION TO VOTE and TO BE VOTED UPON

Candidates / Nominees:

MEMBERSHIP DUES (at least one semester's full membership dues or Php 12,500.00) AND FULL PAYMENT OF OTHER CLUB ACTIVITY FINANCIAL OBLIGATIONS PAID UP TO DATE
AUGUST 27, 2015

Electorate: MEMBERSHIP DUES (at least one semester's full membership dues or Php 12,500.00) not later than **AUGUST 27, 2015.**

ELECTION MANUAL Section on Nomination Rules (G):

"Members nominated (and not disqualified for some reason or other) may decline their nomination for valid reason(s). The decision to decline or to accept the nomination should be made in writing and addressed to the Chairman of the Election Committee. However, failure to reply by the nominated member not later than ten (10) days before the Election Day may be regarded by the Election Committee as acceptance of the nomination and as agreement to stand for election to the incoming Board .

**DEADLINE TO SUBMIT YOUR ACCEPTANCE
OR OTHERWISE OF THE NOMINATION:**

AUGUST 27, 2015

Nomination for RCM BOARD OF DIRECTORS OF ROTARY YEAR 2016-2017

List of nominees for the Board of Directors
of Rotary Year 2016-2017 as of August 19, 2015

- (1) Dir. Jesus M. Pineda
- (2) PD Beda Fajardo
- (3) PD John Cenica
- (4) VP Teodoro J. Ocampo
- (5) Rtn Arthur M. Lopez
- (6) Rtn Babe Romualdez
- (7) Dir. Issam Eldebs
- (8) Dir Amado D. Valdez
- (9) Dir. Robert L. Joseph
- (10) Dir. Mariano B. Lopez
- (11) Dir. Oscar del Rosario
- (12) Treas. Felix Francisco Zaldarriaga
- (13) DSAA Jaime M. Cabase
- (14) Rtn Jack Bautista
- (15) Rtn Avenilo Aventura, Jr.
- (16) PD Robert M. Sears
- (17) PD Arsenio Z. Locsin
- (18) Rtn Wilfredo M. Pelino
- (19) Rtn. John Emyl Eugenio
- (20) PS Augusto Z. Fajardo
- (21) Rtn. Antonio S. Lopez
- (22) PSAA Gunter Matschuck
- (23) PAS Conrado Topacio
- (24) PD Phillip Ong
- (25) PD Albert S. Alday
- (26) PT Lito Sibayan
- (27) PVP Lance Masters
- (28) PD Jose Policarpio, Jr.

COMMITTEE ON ELECTION

IPP FRANK EVARISTO

Chairman

PP FRANCIS E. JUICO

Co Chairman

PP CESAR UBALDO

Co Chairman

ALAY LAKAD 2015

August 20, 2015

Circular to all **RCM Members**
Subject: Alay Lakad 2015



Dear Fellow **Rotarians**,

The Alay Lakad Foundation, Inc., our partner in service to the youth sector of society, will be marking its 43rd Anniversary this 2015. Since its inception in 1972, Alay Lakad has continuously gained the unstinted support of the Filipino public as demonstrated by thousands of walkers who participate in the nationwide activity every first Sunday of September. This year's Alay Lakad will be held on September 6, 2015, Sunday, 8:00AM, at the Quirino Grandstand in Manila. The objective of the walk is to raise funds for the out-of-school and marginalized youth. This year's theme is ***"Alay Lakad Para Sa Magandang Kinabukasan."***

The Kiwanis International Philippines Luzon District will chair this year's National Coordinating Committee under the leadership of its Governor, Atty. Melvin Mendoza with Federation of Filipino-Chinese Chamber of Commerce and Industry, Inc. as vice-chair headed by President Angel Ngu.

The Alay Lakad is dedicated to assist the government in enabling and empowering the youth, especially, the out-of-school youth, to become productive and responsible citizens. Raising funds through "walking" was conceptualized by the late DSWD Secretary Dr. Estefania Aldaba Lim to enable the OSY's to go to school through scholarship programs, educational assistance and skills and livelihood trainings to improve their way of life.

To sustain this effort, we need the support of other organizations and individuals who share our commitment and dedication to help the Filipino youth. Through these years, Rotary International District 3810, presently, under the governorship of our very own Past President / District Governor Obet Pagdanganan, is one of the avid supporters of this walk-for-a-cause to benefit the marginalized youth, especially, the out-of-school youth.

With the yearly funds that Alay Lakad generates from the walkers, it has already provided more than 70,000 educational grants, assistance and livelihood opportunities to the out-of-school youth for the improvement of their quality of life. To sustain this effort, we need the support of other organizations and individuals who share our commitment and dedication to help the Filipino youth.

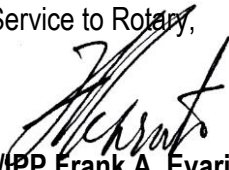
Our Rotary Club of Manila, being the "First in Asia", with the invaluable support of our youth organizations – Rotaract Clubs of Manila and De La Salle University Manila, will again take an active part in this endeavor.

As an added incentive to those who will participate in the walk-for-a-cause, t-shirts will be provided for free courtesy of your Alay Lakad Chairman and complimentary breakfast will be hosted by fellow Rotarian Enrique "Rickie" Y. Yap, Jr. at the Manila Hotel after the program.

Your support and active participation in this worthwhile endeavor will be highly appreciated.

Kindly fill-up early the **REPLY FORM** and send to us via email : rcmanila@rcmanila.org or fax : 527-1885 **on or before August 27 to enable us to prepare & distribute in advance the t-shirts for the participants on September 6, Sunday.**

In Service to Rotary,


AG/IPP Frank A. Evaristo

President, Alay Lakad Foundation, Inc.



IPS/PD Albert S. Alday

Chairman, Alay Lakad Committee
Rotary Club of Manila

REPLY FORM

Attention :

AG/IPP Frank A. Evaristo

President, Alay Lakad Foundation, Inc.

IPS/PD Albert S. Alday

Chairman, Alay Lakad Committee
Rotary Club of Manila

Subject : Alay Lakad 2015, September 6, Sunday
Assembly Time: 5:30 AM SHARP, Planetarium

[☐] YES, I am joining.

[☐] With Family Members &/or Guests

T-Shirt Size

[☐] 3 XL

[☐] 2 XL

[☐] XL

[☐] Large

[☐] Medium

[☐] Small

Quantity

NAME OF MEMBER IN PRINT & SIGNATURE

DATE

CLUB PRESS RELEASE



Alay Lakad walk celebrates 43rd year

Alay Lakad Foundation walk for a cause for the out- of- school youth organizations of the country, marks its 43rd year anniversary on Sept. 6this year.

Conceptualized in 1972 by then Secretary of the Department of Social Welfare and Development (DSWD) Estefania Aldaba Lim, it was intended to raise funds for the benefit of thousands of marginalized and out-of-school youth to be able to send them to school and provide them training skills and opportunities to improve their way of life and become self-sufficient.

Alay Lakad became a Foundation in 1975. It has 32 government and non-government member- agencies. Chapters have also been organized in different parts of the country.

This year, Alay Lakad is celebrating its 43rd year anniversary with the theme “Alay Lakad Para Sa Magandang Kinabukasan” with Kiwanis International Philippines Luzon District on the lead. Kiwanis District Governor Melvin Mendoza designated Past Lt. Governor Richard Agbayani as chairman of the National Coordinating Committee of 2015.

Vice chairman and president Angel Ngu of the Federation of Filipino-Chinese Chamber of Commerce and Industry, Inc. (FFCCCH) also designated Reynolds Sy as overall coordinator for Alay Lakad 2015.

Alay Lakad president Frank Evaristo is inviting everyone to join the walk on Sept. 6, at the Quirino Grandstand, Luneta to raise funds for the benefit of the out-of-school youth nationwide, to finance their scholarship, educational assistance and livelihood training for them to become productive and self-reliant.

President Aquino is the honorary chairman of the Alay Lakad Foundation, Inc.

For more information on Alay Lakad, please call tel. nos. 5226134, or 0909-7504733.

ROTARY TURNS OVER MOTORIZED BOATS:



Mayor Arthur John Biñas (fourth from left) presented to Manila Rotary president Ebot Tan and immediate past president/assistant governor Frank Evaristo (fifth from left) a certificate of gratitude to the Rotary Club of Manila for sponsorship of the nine motorized boat project of Rotary Club of Manila through the generosity of Rotary Japan of Gov Kai in cooperation with the Rotary Club of Roxas

ON THE LIGHTER SIDE...



PDG VINCE CARLOS

For Husbands

Wife : Shall I prepare Curry or Soup today?

Husband : First make it, we'll name it later.

* * * * *

A frustrated husband in front of his laptop:

Dear google, please do not behave like my wife...

Please allow me to complete my sentence before you start guessing & suggesting.

* * * * *

A married man's prayer:

Dear God, You gave me childhood, You took it away, You gave me youth, You took it away.

You gave me a wife ... It's been years now, so just reminding You.

* * * * *

A man brings his best buddy home for dinner unannounced at 5:30 after work.

His wife begins screaming at him and his friend just sits and listens in. "My hair & makeup are not done, the house is a mess, the dishes are not done, I'm still in my pajamas and I can't be bothered with cooking tonight!

What the hell did you bring him home for?"

Husband answers "Because he's thinking of getting married"

* * * * *

Employee : Sir You are like a lion in the office! What about at home???

Boss: I am a lion at home too, but there we have a lion tamer!!!

* * * * *

A couple was having dinner at a fancy restaurant.

As the food was served, the husband said, "the food looks delicious, let's eat."

Wife : honey ... you say a prayer before eating at home.

Husband : that's at home sweetheart ... here the chef knows how to cook.

Best Slogan on a MAN's T-Shirt :

"Please Do Not Disturb me, I am Married and already very Disturbed!"

Another Blonde Joke

A blonde went into a worldwide message centre to send a message to her mother overseas.

When the man told her it would cost \$300, she exclaimed: "I don't have any money."

But I'd do ANYTHING to get a message to my mother."

The man arched an eyebrow (as we would expect). "Anything?" he asked.

"Yes, yes, anything" the blonde promised.

Well, then, "Just follow me" said the man as he walked towards the next room.

The blonde did as she was told and followed the man.

"Come in and close the door" the man said. She did.

He then said, "Now get on your knees." She did.

"Now take down my zipper." She did.

"Now go ahead ... Take it out...." He said. She reached in and grabbed it with both hands.

Then paused.

The man closed his eyes and whispered.. "Well Go ahead."

The blonde slowly brought her mouth closer to it and while holding it close to her lips, tentatively said "Hello. Mum, can you hear me?"

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PUBLIC HEALTH NUTRITION AND CHILD CARE



THE OTHER SIDE OF CYBERBULLYING (What if your child is the bully?)

Elias D. Adamos, M.D.

While parents of the bullied child may find it easy to block the bully and extend their open and loving arms to their child, finding out that your child is the bully can be heartbreaking and disappointing.

When your child is the bully

Once you have established the truth that your child is the bully, don't let your child escape from his misdemeanor scot-free. You have to address the problem head-on. Don't wait for it to go away.

- Talk to your child firmly about his or her actions.
- Explain the negative impact of his or her actions to others. Explain to your child that joking and teasing might seem harmless to one person, but it can be hurtful to another.
- Tell your child about the consequences of his or her actions. Clarify that bullying of any kind or form, is unacceptable. Make clear about the serious (and sometimes permanent) damage it can do to another person. Tell him that it can result to problems in school, home, and in the community.
- Remind him that the use of mobile phones and computers is a privilege given to him. If it is needed to confiscate or restrict your child from the use of electronic gadgets, tell him that you will give back the privilege once his behavior improves. If he needs a cellphone for safety reasons, make sure that it is a phone that can be used only for emergencies. Impose parental controls on your child's devices.
- Talk to your child's teacher or guidance counselor to identify other problem areas that may be related to his being the bully, such as academic performance or untoward behavior in school.
- If your child has difficulty in handling his anger, frustration, and other strong emotions consult a professional, like a therapist, psychologist, or guidance counselor.
- Help the professional of your choice in making your child develop confidence and social skills that can in turn reduce the risk of bullying. "Guidance begins home."
- Always set good examples to your child. Model good online habits to make him understand the benefits and dangers of life in the digital world.

Erratum: I misspelled a word on the third to the last line of the first paragraph in last week's article on Cyberbullying. It should read as "TWITTER" and not as printed. I guess my mistake just showed my real age. My apologies.

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