



kabalita

ISSUE NO. 3609

JULY 16, 2015

GUEST OF HONOR AND SPEAKER



Dr. Benjamin E. "Ben" Diokno, PhD
Professor of Economics
University of the Philippines

KABALITA

Let Asia's First Rotary Club's *Iskolar ng Bayan* Educator Par Excellence from the nation's capital show us the correct way of playing the game of numbers towards "Preserving Development Gains Amidst Economic Changes" in a bid to forecast a boon or bane for the Philippines.



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PROGRAM

RCM's 3rd for RY 2015-16

July 16, 2015, Thursday, 12N, Manila Polo Club Turf Room

OIC/Moderator : VP Teddy Ocampo

PROGRAM TIMETABLE

11:30 PM	Registration & Cocktails	
12:25 PM	Bell to be Rung: Members and Guests are requested to be seated	VP Teddy Ocampo OIC/Moderator
12:30 PM	Call to Order Singing of Republic of the Philippines National Anthem	Pres. Ebot Tan RCM WF Music Chorale
	Invocation	PDSAA Tony Lopa
	RCM Hymn	RCM WF Music Chorale
	The 4-Way Test Credo	STAR Rtn. Emyl Eugenio
12:40 PM	Introduction of - -Guests and Visiting Rotarians -Personalities seated at the Head Table Welcome Song	STAR Rtn. Jappy Pascual RCM WF Music Chorale
12:45 PM	Maligayang Bati (Weekly RCM Birthday Celebrants) : July 17...Rtn. Jack Bautista; July 19..DG Obet Pagdanganan; July 20...PVP Lance Masters Happy Birthday Song	 RCM WF Music Chorale
12:50 PM	President's Time	Pres. Ebot Tan
12:55 PM	Introduction of Guest of Honor and Speaker	PD Beda Fajardo
1:00 PM	Address:	Dr. Benjamin E. "Ben" Diokno, PhD Professor of Economics University of the Philippines
	Public Forum Response and presentation of token of appreciation to Dr. Benjamin E. "Ben" Diokno, PhD	Pres. Ebot Tan
2:00 PM	Adjournment	

PRESIDENT'S CORNER



Dear Fellow Manila Rotarians,

Our club, the Rotary Club of Manila, the First in Asia, definitely made a statement by having an eloquent speaker in the person of my co-Ateneo Law alumni and was never an ACCRA Lawyer, although I've known him for 25 years-since 1990, COMELEC Chairman Andy Bautista, as our first speaker for the Rotary Year 2015-2016. His brief but definitely informative speech was a wake up call for all Filipinos that we are definitely a "running" nation so to speak by having the longest list of candidates in almost any election such that the poll body is constrained to adapt ways and means to ensure more accurate elections results. This opening salvo is definitely an indication of the direction our club is taking this year with top brass speakers ready to feed our hungry minds with the information needed for us to succeed as a nation. We owe this to our hard working Program Committee Chairman Rtn. Tong Payumo and his team. One of those dignitaries present was the Japanese Ambassador, His Excellency Kazuhide Ishikawa, who was conferred honorary membership by our club.

On news within our club, AG/IPP Frank Evaristo and Rtn. Tong Payumo, assisted by our very own SC Ching Salazar, lead the turnover of the school house which can accommodate 132 students as well as the repaired school library in Tabon-Tabon, Leyte last July 14-15, 2015.

On news from around the district, last July 10, 2015, DG/PP Obet Pagdanganan and CoS Rudy Bediones were on hand to witness the changing of the guards of the Rotary Club of Quirino Manila Central during their Handover and 14th Induction Ceremonies held at the Legend Seafood Restaurant at the CCP Complex, Pasay City where WCP Ezekiel Koa received the mantle of leadership. Last July 11, 2015, our fellow Manila Rotarians, VP Teddy Ocampo, PP Benny Laguesma, DCC/AS Alvin Lacambacal together with his spouse, Cath and IDCoS/ISDG/IPS Albert Alday joined DG/PP Obet Pagdanganan and CoS Rudy Bediones on the occasion of the Joint Induction Ceremonies and Benefit Dinner of the Rotary Club of Manila Magic and the Rotaract Club of Manila at the Dusit Thani Hotel in Makati City with the theme, "Fire & Ice". During this occasion, our club received a Plaque of Appreciation from the Rotaract Club of Manila, our sponsored Rotaract club, for our "unwithering support and dedication to nurturing and molding the club and its members to be role models, established professionals and stewards of community" and a Certificate of Appreciation from the Rotary Club of Manila Magic, a Rotary club whose membership bulk are considered the pillars of the Rotaract Club of Manila, in grateful recognition of our "valuable contribution" to their club "as a Service Partner". Both awards were received by IDCoS/ISDG/IPS Albert Alday in behalf of our club. Likewise, during this event, for the Rotaract Club of Manila, WCP Ralen Marie Jimenez received the mantle of leadership from BCP Jan Michael Raleigh Cuares while for the Rotary Club of Manila Magic, BCP Marie Goldilyn Uy turned over the reins of leadership to WCP Orladel Berdiomil Tomampoc. Furthermore, sisterhood agreements were signed by the said clubs with their counterparts. Last July 13, 2015, CoS Rudy Bediones attended the Handover Meeting of the District 3810 Past Presidents Council.

Today, we shall have our very own PVP Dr. Benjamin E. Diokno, Chairman of the Board of Regents of the Pamantasan ng Lungsod ng Maynila, UP Professor of Economics and Former Secretary of the Department of Budget and Management who will speak on the topic, "Preserving Development Gains Amidst Economic Changes". Hence, let us all participate by attending our luncheon meeting and by making our presence felt during the open forum which will follow his talk as I encourage each and every Manila Rotarian to take part in the activities of our club this Rotary year.

GUEST OF HONOR AND SPEAKER'S PROFILE



BENJAMIN E. DIOKNO, Ph.D.

- Senior Adviser, International Tax and Investment Center (ITIC)
- Chairman, Board of Trustees, Pamantasan ng Lungsod ng Maynila and concurrently Chairman, Board of Directors, Ospital ng Maynila
- Independent Director, Asia United Bank, Cavite Rural Bank, Rural Bank of Angeles, AU Leasing, and Rebisco Foundation
- Former Secretary of Budget and Management
- Professorial Lecturer, School of Economics, University of the Philippines

Dr. Diokno provides policy advice and conducts research in the following areas: public economics (with focus on structure and scope of government, tax policies and tax reform; government expenditure analysis; national budget, deficit and debt; and decentralization and intergovernmental fiscal relations), public expenditure management, resource economics (with focus on public policy on water and oil), and economic development (with focus on ASEAN transitional economies).

He served the Philippine Government under various capacities: as Secretary of Budget and Management (1998-2001), Fiscal Adviser to the Philippine Senate, Chairman and CEO of the Philippine National Oil Company (PNOC), Chairman of the Local Water Utilities Administration, and Undersecretary of Budget and Finance for Fiscal Operations.

He has represented the Philippines in various international forums.

He has served as adviser/resource person for the World Bank, the Asian Development Bank, the International Monetary Fund, the U.S. Agency for International Development, the Canadian International Development Administration, and the European Commission.

He is a political and economic commentator. He writes a twice-weekly op-ed for the *Business World* and a weekly article for the *Daily Tribune* and the *Malaya Business Insight*.

PREVIEW OF NEXT WEEK'S GUEST SPEAKER

July 23, 2015, 12N, Manila Polo Club McKinley Room



Honorable Juan Edgardo “Sonny” M. Angara

Senator, Republic of the Philippines

Guest of Honor and Speaker

THE WEEK THAT WAS...



Rtn. Tong Payumo, Chairman, Program Committee, as OIC-Moderator directs the program of activities for the 2nd weekly membership meeting of Rotary Club of Manila.



PP Francis Juico delivers an ecumenical prayer.



IPS Albert Alday introduces the guests, visiting Rotarians and personalities seated at the presidential table.



Pres. Ebot Tan administers to Ambassador Extraordinary & Plenipotentiary of Japan to the Philippines, **His Excellency Kazuhide Ishikawa**, the RCM oath of Honorary Membership pledge.



His Excellency Kazuhide Ishikawa delivers brief acceptance message.

Rtn. Babe Romualdez, Chairman, Program Committee, does the honor and pleasure of introducing **Comelec Commissioner Andres D. Bautista**, as guest of honor & speaker.





Commission on Elections (COMELEC) Chairman Andres “Andy” D. Bautista spoke before Manila Rotarians, Visiting Rotarians and guests where he asserted that the Philippines has, on record, the longest list of candidates with as many as 7,000 vying for elective positions in 2016

and even proposed to adopt electronic ballot processing as a means of achieving more accurate results that would dissuade tampering, and thus, essentially, yield faster results for the 2016 Presidential and National Elections.



An interactive public forum followed suit post the speech of **Comelec Commissioner Andres D. Bautista**.



Pres. Ebot Tan & presents to Comelec Commissioner Andres D. Bautista, a religious icon of Jesus Christ and Mother and Child, as the clubs' token of appreciation for being the guest of honor and speaker.

WEEKLY BIRTHDAY CELEBRANT



Pres. Ebot Tan presents the lone birthday celebrant in attendance COS / PP Rudy Bediones for the traditional blowing of candle on the birthday cake amidst the singing by the RCM World-Famous Chorale of the happy birthday song.

COGS IN THE WHEEL



Pres. Ebot Tan with Prime Minister Shinzo Abe, PP Dong Saludo at the 6th Asian Business Summit in Tokyo.

IN THE MAILBOX



Dear President Eusebio,

Greetings from the Rotary Club of Colombo, your sister club in Colombo, Sri Lanka. I write on behalf of President Rohan Karunaratne and the members of RC Colombo.

Let me wish you and your team and members all the very best for a wonderful Rotary year ahead.

This is a very important year for us as our own KR Ravindran is Rotary International President.

So lets try and join up and do a project or an exchange this year.

Will be in touch,

Kind regards

Rajiv

PP Rajiv Walpita
Director - Rotary Foundation
Sister Club Coordinator.

PUBLIC HEALTH NUTRITION AND CHILD CARE



PSYCHOLOGICAL AUTOPSY (Preventing Teenage Suicide)

Elias D. Adamos, M.D.

Life is precious. Teenage life is exciting. We, as parents, have gone through such period and we all know how exhilarating and wonderful it has been. Going back to years, months, weeks, and days, I draw your attention to the time when your teenager was born. You held the tiny hands of your baby. He or she answered back by holding your finger. You soon realized that life is beautiful and is priceless. It is God's gift. Because life is a precious gift, writing about suicide is productive and gainful of attention.

The airwaves gave out the news that a teenage actress currently playing a role in ABS-CBN's *Oh My G!*, was found dead inside her bathroom in Quezon City. She ended her life through suicide by hanging. She was 15. Her suicide note was made available on internet site — *Tumblr*. She was indeed troubled and confused. She was crying for help! Yes, she might have been going through some "identity crisis" but nonetheless and the more that she needed someone to talk her feelings and emotions to. Nobody came by.

Why some men and women commit suicide?

The incidence: The World Health Organization (WHO) declared that 1 million people died from suicide during the past year. It is more shocking and alarming that the number increases each year when stats were reviewed. Many cases of suicide, according to the report, are teenage suicide. Researchers have relied on suicide notes coming from those who have successfully committed suicide and from those who attempted suicide. They found similar themes in their letters. Results of their study were replicated in other studies. Similar results came out. Suicide attempts and successful suicide result from: 1. **A sense of burden from inside and within the troubled individual** (*some notes say: My loved ones would be better off without me.*); 2. **Presence of emotional pain** (*I have a lot of suffering in my life.*); 3. **Escaping from the negative reality** (*Death is the answer to end my pain.*); 4. **Altered social world** (*Death is the answer to my troublesome social relationships.*); and 5. **Hopelessness** (*There is no chance that life will become better.*). Common to both groups are: **Presence of pain, belief that death would end the pain, and hopelessness.** Clinically, they found out that diagnosis of **depression, psychosis or mental illness, and impulsive or explosive personality traits** have been found to add to ideas of suicide. Many letters exhibited confusion: *To live and hang on or to die?*

Preventing teenage suicide

To my thinking, there are two big words in teenage suicide prevention: **Communication** and **Education**. Teenage life is a period of experimentation and committing mistakes, but not a period of ending life through suicide. That's why we're here to guide them. The *Oh My G!* suicide news is a wake up call. Let her story be a call to action. There's love and hope and a valuable science too that can guide us in the right direction. Talk to your youngsters and lead them positively. They need you.



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