



balita

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JULY 9, 2015

GUEST OF HONOR AND SPEAKER



HON. ANDRES D. BAUTISTA

Chairman,
Commission on Elections
Republic of the Philippines



KABALITA

Let your vote count as the Election Czar shows Asia's First
Rotary Club the proper way to choose the next leaders of
our nation.



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THE ROTARY CLUB OF MANILA
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Executive Officers 2015-2016

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Program Timetable

Rotary Year 2015-16 2ND weekly membership meeting

Officer-in-charge & Program Moderator: **Rtn. Tong Payumo**, Chairman,
Program Committee

Thursday, July 9, 2015, 12N, Manila Polo Club McKinley Room

11:30 PM	Registration and Cocktails	
12:25 PM	Bell to be Rung: Members and Guests are requested to be seated	
12:30 PM	Call to order Singing of Republic of the Philippines National Anthem Invocation RCM Hymn The 4-Way Test Credo	Pres. Ebot Tan RCM WF Music Chorale PP Francis Juico RCM WF Music Chorale All Rotarians
12:40 PM	Introduction of - -Guests and Visiting Rotarians -Personalities seated at the Head Table Welcome Song	STAR Rtn. Emyl Eugenio RCM WF Music Chorale
12:45 PM	Maligayang Bati to RCM Birthday Celebrants: July 3.....PD Armie Aquino, July 4.....PD Eric Severino, July 7.....Rtn. Mon Atayde, July 14...COS/PP Rudy Bediones, and July 15...PA Ric Roqueza & PT Muhammad Aslam	
12:50 PM	Induction of Honorary Member to RCM Honorary Membership H.E. KAZUhide ISHIKAWA Ambassador Extraordinary & Plenipotentiary of Japan to the Philippines Brief acceptance message	Pres. Ebot Tan H.E. Kazuhide Ishikawa
12:55 PM	President's Time	Pres. Ebot Tan
1:00 PM	Introducer of Guest of Honor and Speaker	Rtn. Babe Romualdez Co-Chairman, Program Committee
1:05 PM	Address: Public Forum	Honorable Andres D. Bautista Chairman, Commission on Elections
2:00 PM	Response, presentation of token of appreciation to Comelec Chairman, Honorable Andres D. Bautista , and meeting adjournment	Pres. Ebot Tan

PRESIDENT'S CORNER



Dear Fellow Manila Rotarians,

Last Thursday, 2 July 2015, we had a very enjoyable first meeting for Rotary Year 2015-2016 and induction ceremonies. I must thank Sec. Jorge Salazar, Asst. Sec. Alvin Lacambacal, Treasurer Chito Zaldariaga, and House Committee Chair Art Lopez for all their work and support in arranging for a truly efficient and enjoyable meeting last Thursday. I must also thank PD John Cenica for sponsoring a singer and an instrumentalist who performed, and Star Rtn. Jeff Yu for rendering a song, during the meeting.

This coming week, AG/IPP Frank Evaristo, together with Rotarian Tong Payumo and our Secretariat's Ching Salazar, will go to Tabon Tabon, Leyte, from 14-15 July 2015 to participate in the turnover of one new school building with three (3) classrooms which can accommodate 132 students, as well as the rehabilitation of the school library. On 17 July 2015, AG/IPP Frank Evaristo will join me and our Secretariat's Anna Toledo in proceeding to Sapián to turn over some fishing boats to the community.

On news from around the district, last June 27, 2015, Manila Rotarians witnessed the proceedings where our very own DG/PP Obet Pagdanganan accepted the mantle of authority from Outgoing DG Edmond Aguilar during the District 3810 Handover and Induction Ceremonies held at the Philippine International Convention Center (PICC) before some one hundred (100) Rotary club presidents and over two hundred (200) new leaders of the district. Last July 1, 2015, the Vision Project, a joint project between District 3810 and Physicians for Peace spearheaded by PDG Lyn Abanilla with the Rotary Club of Intramuros, the lead club headed by WCP Cosette Chua, took place. Likewise, on that same day, the Governor's Special Concern for Road Safety program was launched and the Promote Road Safety Motorcade was held, with the Rotary Club of Manila South headed by WCP Janina Concepcion-Valdes as lead club. This was followed by a Road Safety Forum and Workshop, where the lead club was the Rotary Club of Manila Midtown led by WCP Teodulo Hidalgo. Last July 5, 2015, a Lakad-Handog Sa Mundo walk for road safety awareness was held, headed by the Rotary Club of Pasay Centro headed by WCP Abee Dizon, aimed at spreading public awareness as regards road safety.

Today, we will have Commission on Elections Chairman Andres "Andy" Bautista as our special guest and speaker. We expect him to share his knowledge with us on the preparations for the upcoming 2016 National Election.

Please see a copy of my inaugural speech, which is printed in today's Balita. I will be asking and appealing to all of you to recommend at least one good recruit within the next three (3) months into our Club.

MABUHAY ANG ROTARY CLUB OF MANILA.

INAUGURAL MESSAGE

RI Director Guiller Tumangan,

District Governor Obet Pagdanganan,

Past District Governors,

District Governors Elect and Nominees,

District Officers,

Past District Officers,

My Classmates, the World Class Presidents,

Distinguished guests,

Fellow Manila Rotarians,

Ladies and Gentlemen,

Good afternoon.

I am deeply honored to accept today the position of President of the Rotary of Club of Manila, the first Rotary Club in Asia.

Firstly, I would like to acknowledge and recognize the many achievements of PP Frank Evaristo and our club's Board of Directors for last year. He and the previous Board of Directors of our Club have indeed accomplished so much that we in our Club can be proud of.

With respect to our plans for this Rotary Year 2015-2016, I invite your attention to the list of activities which has been printed in the souvenir program for today, as well as in the Balita magazine distributed today. I would, however, like to stress that I intend to focus much of my time and efforts this coming Rotary Year on:

1. membership development and retention;
2. membership obligations; and
3. membership benefits.

I believe that the membership of any Rotary club, including our's, sets it apart from any other Rotary club, and that the quality of any club's membership will define its ability and competency to meet the ideals and objectives of Rotary. Our Club used to have more than 400 members. Today, we count only about 220 members. I would like our Club's membership to increase to approximately 400 members again during my term. In this connection, I will be sending out a personal request and appeal to each and every Manila Rotarian for him to identify at least one (1) quality recruit within the next 3 months who we can consider for invitation and acceptance into our Club. I am sure that each Manila Rotarian can easily think of more one quality recruit. Therefore, I do not believe that my request will be taken as unreasonable or too difficult to comply with. If each one of us can bring in at least one quality member this year, we will be able to increase our membership to 400 by the end of this Rotary Year 2015-2016. Good quality members are the life blood of every Rotary club and I want our Club to have the best, the most competent, and the most resourceful within our midst.

At the same time, it would like to remind all our existing members that all of us should comply with the commitments and obligations we made when we joined our Club, particularly our commitment to actively participate in our Club's activities. Also, I would like to strengthen the orientation process of new members so as to ensure that it will be made very clear to all new members as to what is expected of them as Manila Rotarians.

Furthermore, I would like to increase and improve the benefits that will be made available to our Club's members, such as providing better avenues for service, better luncheon meeting speakers, and better fellowship and networking opportunities.

Aside from the aforementioned membership development efforts, I would like to strengthen and improve the public image of our Club and ensure that our reputation as the first and most respected Rotary club in the country is not only maintained, but improved.

I urge all Manila Rotarians to join and support us in all our undertakings and activities this Rotary year. If we are united in our efforts, I sincerely believe that there is nothing that we cannot achieve and accomplish.

Thank you for coming this afternoon and for participating in these induction ceremonies.

I look forward to a fruitful and rewarding Rotary Year and to helping our Club live up to Rotary's motto: "Service Above Self" and to enabling each of our members truly become "A Gift to the World".

DG Obet Pagdanganan developed a cheer for this Rotary Year, and it goes like this:

"District 3810:

NUMERO UNO!

World Class Team:

HANDOG SA MUNDO!"

I would like to add a few lines to the cheer applicable to the Rotary Club of Manila, the first Rotary Club in Asia, as follows:

"District 3810:

NUMERO UNO!

World Class Team:

HANDOG SA MUNDO!

Rotary Club of Manila:

UNA SA LAHAT!"

Mabuhay ang Rotary Club of Manila!

Mabuhay tayong lahat!

Maraming salamat po.

GUEST OF HONOR AND SPEAKER'S PROFILE



ANDRES D. BAUTISTA
(Short Biography)



On May 2015, he was appointed as Chairman of the Commission on Elections (Comelec) to ensure the credible, orderly and peaceful elections. Former Chairman of the Presidential Commission on Good Government ("PCGG") from September 2010 to May 2015. The reforms in 2010 had greatly enhanced the synergy to achieve greater efficiency and effectiveness than in previous years. Some of the major accomplishments were: Recovery of the West LB Fund, Forfeiture of the Joly Bugarin Properties, Recovery of the UCPB Shares, Disposition of the Mapalad Property, Recovery Effort in NYC Related to Vilma Bautista Case and Rated and ranked Best Agency under the Department of Justice for the past two years. The companies under his stewardship continued their profitable run in 2013, posting a consolidated net income of Php 4 billion.

Before his appointment as PCGG Chairman, Andy served as Chief Executive Officer of Shang Properties. As dean of Far Eastern University's Institute of Law, he co-founded the Master of Business Administration-*Juris Doctor* dual degree program with the De La Salle Graduate School of Business and FEU. He is the 1990 Ateneo Law class *valedictorian* and a bar topnotcher. He obtained his Master of Laws from Harvard Law School in 1993. He was previously Chairman and President of the Philippine Association of Law Schools. Holder of the Claudio Teehankee professional chair in Constitutional Law at the Ateneo Law School, he was a member of three Constitutional Reform Commissions under previous administrations. Andy was the President of the Harvard Club of the Philippines from 2012-2013.

He is currently part of the National Executive Board of Parish Pastoral Council for Responsible Voting (PPCRV), the Young Presidents' Organization-World Presidents' Organization (YPO-WPO). Philippine National Committee of the ASEAN Law Association and the Governing Board of the Mandatory Continuing Legal Education Office.

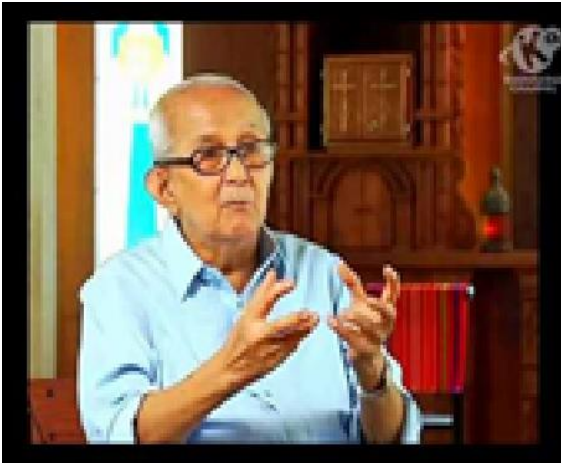
He was previously writing his "My Four Centavos" weekly column for the Philippine Star since June 2009 to May 2015.

Andy worked for seven years with the American international law firm of White & Case based in New York and Hong Kong. He then moved to the English international law firm of Allen & Overy as a consultant before becoming a partner in 2002.

PREVIEW OF NEXT WEEK'S ACTIVITY

Thursday, July 16, 2015

12N, Manila Polo Club, McKinley Room



Dr. Onofre R. Pagsanghan

Professor and Screenplay Writer
Ateneo de Manila University

GUEST OF HONOR AND SPEAKER

By Rtn. Tong Payumo, Program Chairman;
Rtn. Babe Romualdez, Co Chairman

THE WEEK THAT WAS...



PP Benny Laguesma as OIC-
Moderator directs the **RCM 96th
Inaugural Meeting and
Induction Ceremonies** for the
board of directors and officers for
the Rotary Year 2015-16.



Treas. Chito Zaldarriaga
delivers an ecumenical prayer.



PVP Lance Masters introduces the guests, visiting Rotarians and personalities seated at the presidential table.



PP Benny Laguesma does the honor and pleasure of introducing the RCM board of directors and officers for the Rotary Year 2015-16 as precedent to the formal induction ceremony officiated by **DG Obet Pagdanganan**.



DG Obet Pagdanganan administers the oath taking ceremony for the installation of the RCM Board of Directors for the Rotary Year 2015-2016 led by Incoming Pres. **Ebot Tan** together with spouse **Sophie Tan**, with Outgoing Pres. **Frank Evaristo**, Incoming Directors **Susing Pineda**, **Issam Eldebs**, **Amading Valdez**, **Ning Lopez**, **Oscar del Rosario**; and ex-officio members: Incoming Secretary **George Salazar**, Incoming Treas. **Chito Zaldarriaga**, Incoming SAA **Dave Reynolds**, Incoming Asst. Sec. **Alvin Lacambacal**. Among those ex officio officers, unable to attend were Incoming Asst. Treas. **Raoul Villegas**, Incoming Deputy Sergeant-at-Arms **Jimmy Cabase** and **Coen Everts**.



IPP/Dir. Frank Evaristo presents to **Pres. Ebot Tan** the Presidential Gavel of Authority and Presidential Pin marking the smooth transition.



Pres. Ebot Tan presents to **IPP/Dir. Frank Evaristo** a plaque of recognition and immediate past president's pin, as a token of appreciation for his exemplary service to the RCM during the Rotary Year 2014-15.



Sec. George Salazar does the honor and pleasure of introducing newly-installed **Pres. Ebot Tan** for his inaugural address.



Pres. Ebot Tan delivers his inaugural speech.



The RCM World Famous Chorale led by Co-Chairman PS Gus Fajardo serenades Pres. Ebot Tan and Spouse Sophie Tan on their favourite song, as the first couple listens intently as they are seated in front of the group, which elicited warm and appreciative applause from the audience.



Rtn. Geof Yu showcase his singing talent, a first in a Rotary Inaugural and Induction Ceremonies, which gave a good account of himself, eliciting a request for an anchor from the audience.

Ms. Kristel Atinen, guest – singer entertainer, belts out a medley of favourite songs. She was a candidate to Ms. Philippines Earth 2015 and Member of Miss Earth Angels, The Singing Beauty Queens.



Ms. Alpha Trajeco, saxophonist, performs instrumental and song numbers. She regularly plays with popular singers: Mr. Joey Generoso of Side A Band, Mr. Paolo Santos, Ms. Ivy Violan and others. She is one of ABS-CBN's music artists.



Pres. Ebot Tan response and adjournment of the meeting.

CLUB PRESS RELEASE

THE EXPONENT OF PHILIPPINE PROGRESS SINCE 1900
MANILA BULLETIN
 • Friday, June 26, 2011

ANC, DZMM HAILED BY ROTARY CLUB OF MANILA

The ABS-CBN News Channel (ANC) was honored with the Television Station of the Year plum at the Rotary Club of Manila's (RCM) annual Journalism Awards held recently at the New World Hotel. ANC scooped up the recognition for the second after the first back in 2010.

"We are humbled by this acknowledgement of our efforts. At ANC we always strive to be faithful to the needs of our stakeholders for different kinds of information. So this award is a big thing for the entire team. We are always evolving along with the needs of the market. So stay with us because greater things are coming," said Nadia Trinidad, the News head of ANC.

ABS-CBN also won big at the event, bringing home six out of the seven awards handed out by RCM, including Radio Station of the Year for DZMM.

"TV Patrol" anchor Noli de Castro was awarded the Television Male Broadcaster of the Year, while "Fallon Ngayon" and "TV Patrol" anchor Ted Failon was also named the Investigative Reporter of the Year.

DZMM's "To-do-Todo Walang Preno" anchor Vic Lima came away with the Radio Male Broadcaster of the Year, and "Radyo Patrol Balita" anchor Ruby Tayag was given the Radio Female Broadcaster of the Year award.

One of the oldest and most prestigious award-giving bodies in journalism, the RCM Journalism Awards has been recognizing outstanding individuals and organizations in Philippine media annually since 1966.

NADIA TRINIDAD (center) receives the trophy from a Rotary Club of Manila president Frank Evaristo with Sen. Grace Poe (right)

Celebrating excellence in tourism

Some of the Philippine tourism industry's best gathered at the 11th Tourism Awards presentation of the Rotary Club of Manila (RCM) at the New World Makati Hotel. The Rotary Club of Manila is the oldest club in Asia.

Our section assistant editor and award-winning Allure columnist Bim Tenorio Jr. received the Lifestyle Tourism award for his outstanding contributions in the tourism sector through his column "New Beginnings" in The STAR.

Bim said in his acceptance speech, "I was taught early on by my parents that to dream is to travel. So early on in my life, growing up as a little boy in Gulod in the town of Cabuyao in Laguna, I learned to dream a dream. Indeed, to dream is to travel. To travel is to dream."



(From left) RCM president Frank Evaristo, STAR's Bim Tenorio Jr., RCM Tourism Awards chairman Bobby Joseph and RCM immediate past president Rudy Bediones.

Photos by JOEY MENDOZA



(From left) Frank Evaristo, Kingson Sian, Bobby Joseph and Rudy Bediones.

According to RCM president Frank Evaristo, the Rotary Club of Manila Tourism Awards, under the leadership of Robert "Bobby" Lim Joseph Jr., recognizes the exemplary individuals and their contributions to the development of Philippine tourism in becoming a world-class tourist destination in Asia.

Other awardees were Philippine Airlines president and COO Jaime Bautista for airline category; Microtel Inns and Suites Philippines president and CEO Jose Mari del Rosario for budget hotel tourism; Hotel Elizabeth president and CEO Elizabeth Fernando for boutique hotel tourism; University of San Jose Recoletos College of Liberal Arts dean Milagros Castillo-Espina for education category; former Tourism Secretary Vicente Carlos for Rotary tourism; Tesoro's International Inc.'s Ma. Miguel and Alice Guerrero for shopping tourism category; El Camino Travel general manager Vernon Prieto for travel agency category; Campuestohan Highland Resort owner Ricardo Cano Tan for resort category; and Travellers International Hotel Group Inc. president and CEO Kingson Sian for integrated hotel casino resort category.

Congratulations! (Follow me on Instagram @pepperteehankee.)



Ricardo Cano Tan, Vernon Prieto and Bim Tenorio Jr.



Pepe Rodriguez, Jaime Bautista and Babe Romualdez.



(From left) Leda Zaragoza, Dr. Milagros Castillo-Espina, Lydia Castillo, Leny Fabul and Art Lopez.



(From left) Dawnie Ros, Pete Dacuyuy, Teddy Espallardo, Allure's Jaymee Amores and Christine Dayrit.



(From left) Isam Eldebs, Rollo Golez, Muhammad Aslam and New World Makati Hotel GM Farid Schoucair.



Bobby Joseph (extreme right) and Frank Evaristo (ninth from left) with the recipients of the 2015 Rotary Club of Manila Tourism Awards (from left) PAL president and COO Jaime Bautista, Hotel Elizabeth president and CEO Elizabeth Fernando, Tesoro's International Inc.'s Alice and Mike Guerrero, Microtel Inns and Suites Philippines president and CEO Jose Mari del Rosario, former Tourism Secretary Vince Carlos, Bim Tenorio Jr., Travellers International Hotel Group Inc. president and CEO Kingson Sian, Campuestohan Highland Resort owner Ricardo Cano Tan, University of San Jose Recoletos College of Liberal Arts dean Milagros Castillo-Espina

DISTRICT ACTIVITIES FOR THE WEEK

With DG Obet Pagdanganan

By: Sdg Arlene Velez



On Saturday evening, June 27, 2015, the Philippine International Convention Center filled with 1,400 faithful Rotarians from throughout our region. One hundred Rotary club presidents and over 200 new leaders of Rotary International District 3810 took their oaths of office in the Handover and Induction Ceremonies. 2015-16 District Governor Roberto "Obet" M. Pagdanganan formally accepted the mantle of leadership and authority from Outgoing District Governor Edmond "Mond" T. Aguilar and his officers.

Kick off projects began on the first day of the new Rotary year, July 1, 2015.

First off was a vision project conducted in nine schools throughout the area. It was a joint project of D3810 with the international organization, "Physicians for Peace", organized by PDG Lyn Abanilla. The lead Club was RC Intramuros, led by their World Class President, Cosette Chua. Nine World Class Presidents were involved. They did the project simultaneously in their respective chosen schools and beneficiaries.

July first marked the launching of our district's initiatives for the Governor's special concern, Road Safety. It began with a "PROMOTE ROAD SAFETY MOTORCADE." This was a joint project of the "Manila Area" President's, with RC Manila South as the lead club, headed by their World Class President Janina Valdes. Clubs from all four district areas were invited to join the parade. The lead vehicles in the procession were twenty-five various emergency response vehicles provided by the Philippine Red Cross courtesy of the PRC Secretary General, who is WC President Gwen Pang of RC Bonifacio Drive. These attention - getting vehicles were joined by more fire trucks and ambulances, provided by RC Raja Sulayman. Rotary clubs assembled near the Manila Hotel around 9:00 a.m. to promote and to create greater road safety awareness. The motorcade made its route along Roxas Blvd and ended at Universidad de Manila.



The afternoon was filled with a ROAD SAFETY FORUM & WORKSHOP. Beginning at 1:00p.m. and concluding at 5:00p.m., the Universidad de Manila accommodated almost 500 participants. The event was hosted by RC Manila Midtown, led by their World Class President Teodulo Hidalgo, with Chairman Rolley So, District Committee Chair for Road Safety. The forum included representatives from forty-four co-hosting Rotary Clubs from throughout the district, plus Rotaractors and numerous non-government organizations, and some U. Manila students.

Resource speakers were DOTC Asec Dante Lantin; Mr. Jason Salvador, Spokesperson for the Land Transportation Office; Engr. Alberto Suansing, Executive Director for the Philippines of W. H. O. 's Global Road Safety Partnership; P/Supt. Conrado Villanueva, Chief of Philippine National Police Highway Patrol Group; WCP Dr. Gwendolyn Pang, Secretary General, Philippine Red Cross; Dr. John Go, World Health Organization Project Officer for Road Safety; Ms. Elvira Medina, National Center for Commuter Safety and Protection; Mr. Tony Paula Yan, MMDA representative; and Ms. Cynthia Reyes, Automobile Association of the Philippines. An open forum was conducted following the presentations.

On July 5, 2015, LAKAD - HANDOG SA Mundo, a walk for road safety awareness led by World Class President Abee Dizon of RC Pasay Centro. By 5:45 a.m., Rotary clubs from Manila, Pasay, Cavite and Mindoro, plus Rotaractors, Non government organizations, and Pasay fire trucks were gathered in front of Cuneta Astrodome for walk that stretched to an hour along Roxas Blvd then back to Cuneta Astrodome.

The successful Lakad -Handog sa Mundo activity created greater public awareness for Road Safety. Highly visible signs, flags and banners conveyed simple messages to the public on how to prevent road accidents.



Best Class Presidents & Officers Meeting, RY 2015-16



Rotary International District 3810 Best Class Presidents and Officers' meeting, under Immediate Past District Governor Edmond Aguilar recently held its election of officers, with District 3810 Assistant Governor & RC Manila Immediate Past President / Director Frank Evaristo as chairman, held last July 8, 2015, at the Rockwell Club in Makati, to discuss plans and activities of Immediate Past Best Class Presidents for the Rotary Year 2015-16, in consonance with last year's theme *"Light Up Rotary!"* Among the officers who attended were: **BCP Andrew Co, RC Chinatown Manila, BCP Ayett Garcia, RC Intramuros, BCP Ellen Gamotea, RC Malate Prime, BCP Fely Dy, RC Manila 101, Treasurer, BCP Catherine Piczon, RC Manila Midtown, Secretary, BCP Arman Ponce, RC Panday Pira, Sgt.-at-Arms, BCP Naomi Licuanan, RC Pasay Sentro, BCP Gigi Convento, RC Rosario Cavite, BCP Let Maghipus, RC Trece Martirez, Cavite.** In photo from left-right: **BCP Naomi Licuanan, RC Pasay Sentro, BCP Fely Dy, RC Manila 101, BCP Ellen Gamotea, RC Malate Prime, BCP Catherine Piczon, RC Manila Midtown, Secretary, BCP Gigi Convento, RC Rosario Cavite, BCP Cielo Cajayon, RC San Jose Mindoro, BCP Andrew Co, RC Chinatown Manila, BCP Ayett Garcia, RC Intramuros, Chairman BCP Frank Evaristo, District 3810 Assistant Governor and RC Manila Immediate Past President / Director, BCP Arman Ponce, RC Panday Pira, Sgt.-at-Arms, and BCP Cielo Cajayon, RC San Jose Mindoro.**

ON THE LIGHTER SIDE



PDG VINCE CARLOS

Keeping the Passion Alive...

Two eighty year-old pensioners are taking a trip down memory lane by going back to the place where they first met.

Sitting at a cafe, the little old man says, "Remember the first time I met you over 60 years ago? We left this cafe, went round the corner behind the gas works, and I gave you the thrill of your life."

"Why, yes, I remember it well, dear," replies the little old lady with a grin. "Well, for old time's sake, let's go there again, and I'll do it again."

The two pensioners pay their bill and leave the cafe. A young man sitting next to them had overheard the conversation and smiles to himself, thinking it would be quite amusing to see two old timers at it. He gets up and follows them. Sure enough, he sees the two pensioners near the gas works. The little old lady pulls off her knickers and lifts up her dress.

The old man pulls down his pants and grabs the lady's hips, and the little old lady reaches for the fence. Well, what follows is 10 minutes of the most athletic love making the man has ever seen. Limbs are flying everywhere, the movement is a blur, and they do not stop for a single second. Finally, they collapse and don't move for an entire hour.

The young man is stunned. Never in his life has he ever seen anything that equates to this - not in the movies, not from his friends, not from his own experiences.

Reflecting on what he has just seen, he says to himself, "I have to know his secret. If only I could make love like that now, let alone in 50 years' time!"

The two old pensioners have by this time recovered and dressed themselves. Plucking up courage, the man approaches the pensioner.

He says, "Sir, in all my life I have never seen anybody make love like that, particularly at your age! What's your secret? Could you make love like that 60 years ago??"

The pensioner replies, "I don't think so, son. 60 years ago, that fence wasn't electrified!"

* * * * *

Grandma

Grandma calls and announces that she will be coming by for a visit in about half an hour.

When she comes she is surprised to see her grandchild running to her as if possessed and hugging her with all his tiny might.

“What is it, Eric??” She asks. “Now that you’re here, grandma, we have everything!” “Whatever do you mean?” Inquired the surprised granny.

“When you called, mom said: ‘That’s all we need right now.’ So now that you’re here, we have all we need!”

* * * * *

Gorilla

A man and his wife were spending the day at the zoo. She was wearing a loose fitting, pink dress, sleeveless with straps. He was wearing his usual jeans and T-shirt. As they walked through the ape exhibit, they passed in front of a large, silverblack gorilla.

Noticing the wife, the gorilla went crazy. He jumped on the bars, and holding on with one hand and two feet he grunted and pounded his chest with his free hand. He was obviously excited at the pretty lady in the pink dress. The husband, noticing the excitement, thought this was funny.

He suggested: “Now maybe pucker your lips and wiggle your bottom, see what that does.” She played along and the gorilla got even more excited, making noises that would wake the dead.

The husband then suggested she let one of her straps fall to show a little more skin. She did... and the gorilla was about to tear the bars down.

“Now.....show your thighs and sort of fan your dress at him,” he said. This drove the gorilla absolutely crazy and he started doing flips.

The husband smiled sweetly at his wife as he opened the cage door. “Now, tell him you have a headache...”

* * * * *

Wise Old Man

An older, white haired man walked into a jewelry store one Friday evening with a beautiful young girl at his side. He told the jeweler he wanted a special ring for his girlfriend.

The jeweler looked through his stock and found a \$5,000 ring. The old man said, “No, I’d like to see something much more special.”

The jeweler went to his special stock in the safe and brought another ring back. “This one’s \$40,000.” The young lady’s eyes sparkled and her whole body trembled with excitement. The old man said, “I’ll take it!”

The jeweler asked how payment would be made, and the old man said, “By check, but I know you need to make sure my check is good, so I’ll write it now, and you can call the bank on Monday to verify funds. I’ll pick up the ring on Monday afternoon.”

Monday morning, the jeweler called the old man saying, “There’s no money in that account!”

The old man said, “I know I know, but let me tell you about the weekend I just had!”

* * * * *

PUBLIC HEALTH NUTRITION AND CHILD CARE



100 YEARS BEHIND OR WE'RE A BACKWARD COUNTRY? (On Clean Water, Sanitation and Hygiene)

Elias D. Adamos, M.D.

Page 5 of the Philippine Star News on the 4th of July 2015 printed this title: **“Over 7 M Pinoys have no toilets at home.”** The article was based from the concern of Senator Ralph Recto that emanated from a report of the World Health Organization and the United Nations Children’s Fund. The newspaper report also mentioned about use of unsafe and dirty water for drinking and bathing among the poorest of the poor in the rural areas. Accordingly, 2.3 million Filipinos are reported to be using untreated water from rivers and canals for drinking. Some 570,000 Filipinos also use unsanitary facilities such as bucket and open-pit latrines. In the news, it said, *“...seven million Filipinos do not have toilets in their homes and have to defecate just about anywhere.”*

Considering that the Commission on Population data as of January 1, 2015 that we have become the 12th most populated country in the world with 100,730,309 people, the 7 million Filipinos with no toilet might just be considered a small number or a drop in the bucket. But if numbers do not lie, maybe it’s time for us to think: “Has the country’s social services deteriorated? Or are we just a very backward country?”

Social impact

In progressive countries, owning an inside toilet or a toilet inside the home is as universal as having an electric light bulb or a television set. With little research, data would show that in 1919 all of the houses in suburban London were provided or equipped with inside toilet. Are we 100 years behind? Having a toilet, maybe even just a government-provided makeshift one, or just an outside toilet is an absolute necessity these days. More so that in these era of bottled drinking water, even those who live in abject poverty should have accessibility to clean drinking and bathing water.

Impact to health and disease

Feces that goes to the soil is often referred to as “night soil” among students of parasitology. Night soil is the source of larva and/or ova (egg) of parasites that can get inside the body and infect humans. One common parasite that can be contracted from night soil is *Ascaris lumbricoides*, a roundworm that can cause *ascariasis* or human intestinal parasitism. There are other parasites that can come from dirty or parasite infested soil that result from unsanitary disposal of human feces. The eggs are ingested when one dishes with his fingers. Some parasites can even directly penetrate the skin of the soles of the feet. The cycle goes on and will not stop as long human feces egg-laden with worm eggs are scattered on the ground.

Unsanitary drinking water can result to many diseases including *cholera* that can result to diarrhea, dehydration, and in severe cases – death. Dirty water may carry single-celled organisms that are harmful to the body, including *Entamoeba histolytica* that causes *amebiasis*. *Amebiasis* results to diarrhea and malaise. Human carriers emit ameba cysts (eggs) in their stools and when not properly disposed off the cycle continues.

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